

# Delaware Valley Bicycle Club

September 2011



P.O. Box 156  
Swarthmore, PA,  
19081  
www.dvbc.org

**SAVE THE DATE!!! IT'S NOT TOO LATE!!! SAVE THE DATE!!!**

**WORLD'S GREATEST RIDE \***

(\*EDITOR'S SUBJECTIVE OPINION.)

**SUNDAY SEPT 4, 2011, 7:30am**

**BRANDYWINE TOUR**

DETAILS ONLINE @ [WWW.DVBC.ORG](http://WWW.DVBC.ORG)

## TOPA 2011 Another Perspective *by Ricco Luci*

### Day 0 – A four mile tour

*“Just sit right back and you'll hear a tale,  
A tale of a fateful hike, That started from  
the Hampton Inn, Aboard our shiny bikes.  
The mate was a mighty bikin' man, The  
leader brave and sure, 10 riders all set off  
that day, for a four mile tour, a four mile  
tour.”*

After a 6+ hour drive we were all anxious to get out on our bikes and stretch. Something short and easy. “Hey, let's ride down to Presque Isle State park, a narrow peninsula which juts out into lake Erie. It's only 4 miles ...” A quick glance at the hotel's map confirmed, just 3-4 miles: turn Left out of hotel parking lot, 1<sup>st</sup> left, 2<sup>nd</sup> right, 2 miles and there you were. Easy. We meet out front and Buckeye leads us ... not to the left, but right, away from the lake. “We want to stay off of primary roads ...” Long story short, it ended up a 30-some mile ride. Downhill all the way to the lake, and uphill (steeply at times) all the way back. Weather was hot and it was only going to get hotter the next few days. Stretch? More of a death march. Dinner? La comida mexicana. Dave's burrito was right out of Man-n-Food. Easily the size of an average 2 year old – GET IN MY BELLY!

### Day 1 – Nebraska?

Off at 9AM for a 60 mile ride to Tionesta. The name is a Native American word meaning “waters meet.” Most recent Census put the population at 483. The town has suffered several setbacks in recent years including the closure of the areas major employer and a 2002 fire that leveled most of the downtown area. Cleared Erie city traffic relatively quickly

to rolling, open, lightly traveled country roads. A short extremely steep pitch early on found us all dropping into our grannies – Oh man; this is going to be some tour with my 50 pound Surly. Top of the hill a road sign “Nebraska – 4 miles”. Great, Buckeye leads us onto a death ride yesterday and today he steers us to Nebraska!

Stopped at Drake's Well midday. 1<sup>st</sup> oil well in America. Interesting museum and tour. Clear winner over Nebraska's Largest Frying Pan and Arkansas' record setting Ball of String. Pressed on through progressively hillier country ending up with several mile downhill roller coaster (man I could do this all day!) across river



to finish. Nice rooms, suites in fact. Dreamer led a group down for a dip in the river while the rest relaxed. Swimmers had to watch out for these little fish that ....(ask Dreamer for details) Choice of Pizzeria (they actually spoke Italian “Ciao, come stai”) or Subway. Hmm. Split a large pie with Dave. Good day in the saddle. Oils well that ends well. Gnyuck, Gnyuck!

**Day 2 – That's good chewin in there it is.**

71 miles from Tionesta to St Marys. Founded in the early 1800s, St Marys was originally a small Bavarian settlement and home of the 1<sup>st</sup> Benedictine monastery in the US. Like much of the area, it has fallen on hard times with the Straub Brewery being the sole remaining large employer. Show of hands, any Straub drinkers out there? Didn't think so. St. Marys lies in the center of Pennsylvania's elk country. It is one of the few places east of the Mississippi River that allows hunting of wild elk.

Tionesta breakfast choices were minimal. We'd heard from the locals that there was a Pierogi place which sometimes opened for breakfast – “that's good chewin in there it is!”. Luck was on our side this day. You haven't lived until you've had 2 potato, cheese and bacon pierogies over toast with over easy eggs on top. Talk about carb loading.

Appetites slaked we mounted our bikes, turned left off of main street only to come face to face with “the wall”, a 13% 1.5 mile climb up Dutch Hill Road. I cheated and left early to snag my 1<sup>st</sup>, and only, KoM of the trip. Awaited the others and snapped a few pictures. Some pretty fancy weaving and ugly faces as one-by-one the group summited. The temps were oppressive and we couldn't wait to reach the tree shaded roads of the State Forests and Elk reserves an hour or 2 up the road. “Ricco, I've never seen anyone sweat like that, it's just oozing out of you!” Due to a logistics SNAFU we ran out of water – and me sweating like a race horse. As tour director, blame

*(Continued on page 6)*

## Delaware Valley Bicycle Club

P.O. Box 156  
Swarthmore, PA 19081  
www.DVBC.org

Membership in DVBC is encouraged, but non-members are welcome at all our rides and events. Except for the Bonkers Metric, Brandywine Tour, Club Banquet and Bonkers Picnic, all club events are free. Money raised from rides and membership dues is donated to a variety of cycling-related organizations.

DVBC welcomes articles, photographs, and ride reports for the newsletter. Please submit materials to the Editor before the 15<sup>th</sup> of each month. The views expressed in this publication are not necessarily those of DVBC.

**Monthly board meetings are open to all, and are usually held the 1<sup>st</sup> Monday of the month (except December) at 7 p.m., at the Swarthmore Public Library. Contact the President to confirm.**

### CLUB AFFILIATIONS

- \*League of American Bicyclists
- \*Bicycle Coalition of Greater Philadelphia
- \*Adventure Cycling Association
- \*Bicycle Access Council
- \*East Coast Greenway
- \*PA Walks and Bikes
- \*Friends of Ridley Creek State Park
- \*Friends of the Chester Valley Trail

Newsletter Contents © 2011 by DVBC

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## RIDE GUIDELINES & CLASSIFICATIONS

1. Arrive early and **be ready to leave on time**.
2. Make sure your bike is in proper working order **before** you arrive. Ride leaders are not expected to be mechanics.
3. **A helmet is mandatory for all DVBC rides.**
4. Carry a spare tube, patch kit, and water bottle.
5. All Club rides are rated according to the degree of difficulty. Do not “bike off” more than you can do. Go on rides within your ability, interest and experience. If you’re in doubt about your ability, try out a ride one class below the one you’re unsure of and work your way up.
6. Practice safety and obey all traffic laws.
7. Each rider assumes his/her own risk on all rides.
8. Those who ride ahead of the group are on their own ride.
9. Always notify the ride leader before leaving the group.
10. Ride leaders should adhere to the advertised speed of the ride.

**Class D:** For new, inexperienced riders or families: 7-9 mph average moving speed with frequent stops and as few hills as possible. The group will wait for all riders. The ride lengths are usually less than 10 miles, but longer distances are permissible.

**Class C-:** For average riders: 10-11 mph average moving speed with rest stops as needed. The group will wait for stragglers. The recommended distance is 10-30 miles.

**Class C+:** Also for average riders: 12-13 mph average moving speed with rest stops every 45-60 minutes. No obligation to wait for stragglers if cue sheets or maps are provided.

**Class B-:** For more experienced riders: 14-15 mph average moving speed with rest stops at the discretion of the ride leader. No obligation to wait for stragglers if cue sheets or maps are provided.

**Class B+:** For strong riders: 16-18 mph average moving speed with rest stops at the discretion of the ride leader. No obligation to wait for stragglers if cue sheets or maps are provided.

**Class A:** For very strong riders: 18+ mph average moving speed with rest stops at the discretion of the ride leader. No obligation to wait for stragglers if cue sheets or maps are provided.

# September 2011 Ride Calendar

Check the ride calendar at [www.DVBC.org](http://www.DVBC.org) for late additions to this list.  
Check with ride leaders if weather looks threatening.

<p><b>Tue 6:00 pm</b> Miles:TBD Class:C+ <b>Delco Spin</b></p>	<p>Come out for a spin through Swarthmore, Ridley Township, Springfield, Wallingford and Media areas of Delaware County. Since we've been riding for a few months, we'll pick up the pace a bit and the terrain will be vary from rolling to hilly. We will regroup as necessary. Rain cancels. Leave promptly at 6 pm Meet at 320 Market Cafe, Swarthmorewood Shopping Center, South Chester Road (Route 320) and Park Lane Road, Swarthmore, PA 19081. <b>Contact Betsy Ffrench at 610-324-8207 Email: <a href="mailto:EFfrench@wilmingtonTrust.com">EFfrench@wilmingtonTrust.com</a></b></p>
<p><b>Wed 9:30 am</b> Miles:30-60 Class:C+ <b>Docs' Ride</b></p>	<p>Ride starts and ends at the 320 Market Cafe parking lot. Usually a lunch destination. Rain cancels the ride. <b>Contact Larry Green at 610-544-5799 Email: <a href="mailto:largreen@earthlink.net">largreen@earthlink.net</a></b></p>
<p><b>Wed 6:00 pm</b> Miles:30+/- Class:B/B- <b>Andy's B Ride</b></p>	<p>"B" ride [16-17mph avg] Distance 30+/- miles. Meet at main parking lot of Rose Tree Park, Rt 252, Media PA. We ride 'til dusk. Expect hills. No one gets dropped. Start time is promptly at 6:00 pm. Rain cancels ride. <b>Contact Andy Marzano at Email: <a href="mailto:starbrdtack1@yahoo.com">starbrdtack1@yahoo.com</a></b></p>
<p><b>Wed 6:00 pm</b> Miles:30+/- Class:C+ <b>Wed Nite Road Crew</b></p>	<p>This ride is meant to be fun and challenging with some breakaways. Expect hills. Average speeds will be 14 mph or more since it's August and we've got some miles under our belts. The route will change weekly and cue sheets will not be provided. Any rider going off the front is on their own. Start time is promptly at 6:00 pm. Rain cancels ride. Meet at main parking lot of Rose Tree Park, Rt 252, Media PA. <b>Contact Debbie Chaga at 610-494-3033 Email: <a href="mailto:dreamerdeb@gmail.com">dreamerdeb@gmail.com</a></b></p>
<p><b>Friday, Sep 2 9:00 am</b> Miles:49 Class:B- <b>Conshohocken to Kimberton</b></p>	<p>Level B-, 14-15 mph, 49 miles. Meet at SEPTA parking lot in Conshohocken, next to the Outbound Station (on Harry St, between Elm St. &amp; Schuylkill River Trail), near Matsonford Bridge . The ride leaves at 9:00 am. and is a joint ride with Bike Club Phila. Scenic ride from Conshohocken to the Kimberton Whole Foods market in Chester County. The route is a classic Jeff Bakely cue sheet. Terrain is rolling with some brisk hills, but we will stop to regroup as needed. Enjoy some picturesque roads surrounding Valley Forge, near French and Pickering Creeks. Kimberton Whole Foods stop is at the mid-way point. On the return, we can stop at the convenience store in Audubon/Trooper, if needed. Please contact the Leader if weather is questionable. Cue sheets will be available. You may preregister** on the BCP web calendar until Thursday, September 1, 2011 at 10:00 pm. (**To preregister, go to <a href="http://phillybikeclub.org/newbcp/rides/calendar/?view=list&amp;date=1315800000">http://phillybikeclub.org/newbcp/rides/calendar/?view=list&amp;date=1315800000</a>. Scroll down to this ride listing, then click on "Pregister". By entering your name, cell (ride) phone #, and emergency contact #, you'll save time at the ride start.) Hope to see DVBC members join us! <b>Contact Linda McGrane at 267-251-7862 . or <a href="mailto:mcgrane_linda_a@yahoo.com">mcgrane_linda_a@yahoo.com</a></b></p>
<p><b>Sat, Sep 3 8:00 am</b> Miles:26-100 Class:All <b>Brandywine Tour Volunteer Rides</b></p>	<p>An opportunity for our tour volunteers and friends to enjoy the beautiful Brandywine scenery. Start at Pocopson Elementary School in Chester County and select from any of the five tour routes. Ride leaders may or may not emerge on this show-and-go but fear not, you should have no trouble following the arrows or the cue sheets. <b>Contact Dom Zuppo at 484-483-7456 or <a href="mailto:domzdvbc@comcast.net">domzdvbc@comcast.net</a></b></p>
<p><b>Sun, Sep 4 7:00 am</b> Miles:25-100 Class:All <b>35th Annual Brandywine Tour</b></p>	<p>DVBC's Brandywine Tour meanders through the beautiful Brandywine River Valley, crossing 6 major creeks and traversing much of the area where Revolutionary War troops marched and fought at the Battle of the Brandywine. Choice of 26, 50, 65, 80 and 100 mile rides on rolling to hilly terrain start at Pocopson Elementary School. Fully supported tour with cue sheets and maps, sag wagons, clearly marked routes, portable rest rooms, rest stops with great food and tour concludes with pizza and massages. <b>More info: <a href="http://www.dvbc.org">http://www.dvbc.org</a></b> <b>Contact Dom Zuppo at 484-483-7456 or <a href="mailto:domzdvbc@comcast.net">domzdvbc@comcast.net</a></b></p>
<p><b>Sat, Sep 10 8:00 am</b> Miles:40 +/- Class:B+ <b>Paoli Loop</b></p>	<p>Meet at the Moylan-Rose Valley Train Station at Manchester and Woodward Aves. in Nether Providence. My favorite quick route. Out and back. Lumpy but not hilly, pace should be 16-17 depending on who shows. Rain cancels. Threat of rain does not. Email with questions. <b>Contact David Cunicelli at 610 574 9811 or <a href="mailto:davidcunicelli@gmail.com">davidcunicelli@gmail.com</a></b></p>

<p><b>Sat, Sep 10 9:30 am</b> Miles:30-35+ Class:C <b>Ira's Old Ride</b></p>	<p>Join us for an easy pace (12 to 13 mph average) on a scenic hilly ride as we leave from the parking lot next to Selene's (305 West State Street in Media) and head to the Greater Ridley Creek State Park area. No cue sheets, no one dropped. Rain cancels. <b>Contact Shelley Epstein at or <a href="mailto:4epsteins@comcast.net">4epsteins@comcast.net</a></b></p>
<p><b>Mon, Sep 12 6:00 pm</b> Miles:0 Class:All <b>DVBC Monthly Board Meeting</b></p>	<p>DVBC Monthly Board Meeting held at Swarthmore Public Library at 121 Park Avenue (610)543-0436. All are welcome to attend. <b>Contact Dom Zuppo at 484-483-7456 or <a href="mailto:domzdvbc@comcast.net">domzdvbc@comcast.net</a></b></p>
<p><b>Sat, Sep 24 7:30 am</b> Miles:70 Class:B+ <b>Northbrook and Beyond</b></p>	<p>Great ride with all the trimmings. Hills, dales, flat sections and gravel if you dare. Expected pace should be around 16-17. One very quick stop for water and snacks at mile 45. Rain cancels. Threat of rain does not. Email with questions. <b>Contact David Cunicelli at 610 574 9811 or <a href="mailto:davidcunicelli@gmail.com">davidcunicelli@gmail.com</a></b></p>
<p><b>Saturday, Sep 24 9:00 am</b> Miles:35 +/- Class:C+ <b>Paoli Loop</b></p>	<p>Join me for a brisk ride out to beautiful and low traffic Paoli. We will zip up and down the scenic hilly roads and take a short rest stop about halfway through. Bring a snack for the rest stop. Rain cancels. <b>Contact Mary Huis at or <a href="mailto:mary2335@verizon.net">mary2335@verizon.net</a></b></p>

## Ride Scenes



Andy Marzano as seen in various stages of his first triathlon. You can see him leading rides every Wednesday at Rose Tree Park. (From L to R) "OHH the water's too cold!" ... "Ouch! the sun's too hot" ...and Finally "Oofah, where's my beer?"

## BONKERS Cartoons of the DVBC...

by Bob LaDrew



## Bike Dirt

### By FX Pedrix

My Lovely Wife Babs and I have been married for a long time and she enjoys telling me stories about how wonderful other husbands are. So of course she was in her glory when she heard the story about **Rideaway** recently cancelling a week long bike trip out west to go hiking instead with his lovely wife **Marji** out in Washington State. Rideaway figured it was the right thing to do since he was away on Marji's birthday back in July during ToPA when various catastrophes occurred. Thanks Rideaway! Now I've got to live up to you.

**Buckeye** got new carbon wheels for his go-fast ti bike recently. Before he even rode on them, a rider from the Wed Nite ride kicked the front wheel shaking Buckeye up. Then, as he was going-fast on his go-fast, he crashed big time and rolled over several times on Sycamore Mills Rd. Next, he had a flat during the ride he arranged to hand out brochures at the Livestrong Ride. A few of us think those wheels are jinxed. **Alex** offered to take them off Buckeyes hands for a generous offer of \$100. Stay tuned.

Speaking of crashes, **Doc Larry** had a run in with a fire hydrant on MLK drive recently resulting in bruised ribs and quads. He declined an ambulance trip to the hospital and instead opted to have his wife retrieve him and the bike. Both he and his bike are recovering. Doc has been back riding on his Wed rides. Babs of course told me upon hearing this, "See how nice us cycling wives are and how much we put

up with!" Guess she's right.

On August 8th the **Cycling Gourmet** celebrated her 48th birthday (??) leading a ride to her favorite muffin place, Purebread. Of course she had a pistachio muffin.

There's one more tale to tell about the ToPA tour. Seems **Dreamer** has developed a penchant for getting barred from port-a-potties. One day she spied a port-a right next to the road and never mind the fact that there were a pack of workers not far away from it. She pulled next to it and was told by an official looking guy that "Ma'am, you can't stop here." Her response, "You mean I can't use the port-a?" "You can't stop here, this is DOC Ma'am." She took off as she realized DOC was Dept of Corrections. Next Dreamer saw a port-a just inside the open gate to a quarry and rode up to the woman manning the gate and asked if she could use it. The woman nastily replied "You're not even supposed to be here!" So off she rode and finally was able to stop at a corn field. Fortunately, the farmer didn't catch her.

Based on recent posts on the List Serve, the following topics are now banned: religion, politics, polka dot jerseys (polka dots themselves are not banned), bellies, dogs, and children. I think it's still OK to ask questions about squeaky nipples as long as they refer to wheels. And don't talk about my Mama either.

**Jen A, Gary S, Mike Magoo, and Motorola** all rode the Livestrong Ride on August 21st and all finished before the massive thunder and lightning storms. Way to go.

Here's a list of things DVBCers have written me that they are missing this summer: **Bob Martin** and his rides, **Grey Wolf's** Manayunk Ride and

Ming's after, **Dom's** Wed Night C Rides, and finally the #1 thing the guys miss is (drum roll please!), **HAIR**.

The **Cycling Gardener** is currently working on a new garden book with a deadline to be completed Sept 2nd and the book will be due out next year. I wonder if he will have a piece about the attack vine that almost pulled **Wooden Man** off his bike on a Wed ride. Woody was riding along and the vine wrapped itself around his handlebars and fortunately he was able to pull away without going down. We don't need two injured docs.

**Lisa D**, aka "Jan" after Ullrich, says that she rides a lot slower when she does group rides than when she rides alone. On the group rides she chats the whole time. On her own she is "miserably riding by herself" and just hammers.

Dave "**the Monsignor**" Alfe was scheduled to do the 2nd annual Philly Grand Fondo. Still waiting for that report. And what about **Shelley, Double FF, and Vicky's** trip out to Yellowstone and the Grand Tetons? That sounds like a great trip and I want to hear about the ride. And more importantly, what happened off the bike? That's always the fun part. My spies are really falling down on the job.

A thread on the List Serve talked about great songs to sing on a ride. Please send me your favorite song and I'll post a list of them next month.

Summer's coming to and end very soon. So be sure to get out and enjoy the good weather. While you're at it, why not ride or volunteer at the Brandywine on Sept 4th?

## ‘Nuff said...

Aristotelian logic translated for cyclists to understand

“Clear” to turn? Maybe for you, but not for long. Warnings like “Car Back” are good, positives are not – don’t call them out. Are we clear?

(Continued from page 1) TOPA 2011

fell squarely on Buckeye's shoulders. He took it in stride, seeming to revel in our friendly heckling. Peddled over 20 hilly miles in humid 90-some degree heat without a drop. Emerged from the wilderness at some small crossroads, wobbling into a convenience store for succor. Water and Arizona Iced tea never tasted sweeter. Hour and 3 quarts of liquid later felt good enough to hammer the last 12 miles to the hotel. Never mind that from the outside the dilapidated, Dickensian place looked straight out of some third world country - What do you expect for a



hotel called Gunners - a cool shower and cold beer awaited! What, there's a problem with the room reservations? BUCKEYE!!

### Day 3 – Let's get some pic-a-nic baskets Boo Boo

On paper, this hilly 82 mile day from St Marys to State College was to be the hardest of the tour. Lots of state forest land with several cat2/3/4 climbs along the way. How does MapMyRide classify climbs anyway? These were my type of climbs. Several miles at 4-8%. 1<sup>st</sup> climb someone had thoughtfully put a sign indicating average grade 6.5%. Get into a rhythm and think happy thoughts. A refreshing change from the short rolling, 10%+ sprinter's climbs I'd suffered over thus far.

Elk buck scampered across the road between us, 2 cow Elk munching back in the shade. Black bear yearlings in the stream alongside the road. Scamper for cover before I can get the camera out. Hoagies for lunch at family run country store. One last painful climb up and over the ridge into Happy Valley .. and, hey where's the hotel? Oh man, the cue says 12 more miles. 12 miles circling around the town through hilly streets and pre-fab neighborhoods ... 2 kids out walking overtook and passed me while I was struggling up past the park. Butter-

flies were passing me. I was that trashed. What sadist laid out this route anyway? BUCKEYE!!

### Day 4 – I Pass Gas

This Penn State U to Bucknell U leg got off to a bad start with heavy truck traffic and the only flats of the trip. Again, as tour director, responsibility fell upon BUCKEYE sacrifice his tubes by running over the nail for the rest of us. Flatted right by a quarrying operation 'What ... What, I can't hear you .. What?'" Steep ridgeline to the east and we knew sooner or later we had to climb up and over. Water stop at a small park and then start climbing. Road was beautiful, part of PA Bike route V. Hemlock and blooming rhododendron lining both sides. Happy babbling brook. Dave, "I got whiplash from looking left and right so much."

Wow, beautiful cabins, there's one for sale. \$600,000. Wonder what they do to make money around here? Road opened into broad valley, lined with large Amish farmsteads. Lunch at small family grocery. Hitching posts out front. 100 pound bags of salt, sugar and flour. Hoagie, chips, soda and candy bar, \$6.00. Can't beat that. Road sign out front, Lewisburg 31 miles. All of it on rolling roads into a raging headwind. I can't believe Buckeye picked a road with a raging headwind. Played tag with a horse and buggy for an hour. Passed them on the downhills and flats only to have them catch back on the hills. Much friendlier than cars back home.

### Day 5 – Coal Buckets and Chip Seal.

Imagine Rte3 in Newtown Square. Shrink the shoulder to 2 feet. Add a rumble strip to the middle of the shoulder. Add 1000s of roaring coal buckets (dump trucks). Add to that the worst chip seal job you ever saw.. Now you have an appreciation for today's route. That was our fate on this 70-some ride from Lewisburg to Schuylkill Haven. Howling headwinds, short steep hills, long hot hills without a spot of shade. You haven't suffered until you've ridden up a 2 mile hill in the blazing sun on a rumble-stripped, freshly chip sealed shoulder with loaded dump trucks zipping by inches away spewing gravel and coal dust in their wake. Smiling Rookie was blown into a ditch by a pair of trucks. Nothing good to say about this ride. We were in coal country now, the wasted country side, dilapidated houses and strip mines a harsh contrast to the prior



day's forests and streams. For me, this day was the hardest yet. Nice Bed and Breakfast the reward at the end. Guess who got to sleep on the floor? I'm a victim of circumstances – Gnyuck, Gnyuck!

### Day 6 – This thing working? Abbiamo vinto!!

Last day in the saddle. 10 Miles to foot of Hawk Mountain, 1.5 mile climb and then the well known 50-some mile route from the Sanctuary to Lansdale. The western approach is much steeper than the eastern approach we are familiar with. We all stayed together to the base whereupon we immediately spread out. My legs were shot, GG and I struggling up the rough, broken road. Looked down as the road steepened by the summit .... What .... stai scherzando ... tap, tap, tap this thing working? Can I really be going that slowly? For the 1<sup>st</sup> time on the trip I was in my lowest gear, struggling to keep a steady line at an amazing 3 MPH. Frozen fruit bar at the visitors center then on to Lansdale. Arrive at finish around 4PM. TOTALS: 448 miles, 34 hours riding, average speed 13.2MPH, 25 thousand feet of climbing, *Me brüse el cü (And a pain in the ....)*

—RICCO





# DVBC BRANDYWINE TOUR

Sunday, September 4, 2011

26, 50, 65, 80 and 100-mile routes

**Great Food Stops!**

**FREE PIZZA AT THE END OF THE TOUR**

Ride through some of the Delaware Valley's most beautiful scenery. Fully supported with food and drink stops and SAG drivers on all routes. Proceeds from this tour and other club activities support a variety of local bicycling and open-space organizations, with over \$18,000 donated by DVBC in the past five years.

**REGISTER ONLINE AT [WWW.DVBC.ORG](http://WWW.DVBC.ORG)**

**TIME:** 7:30-10 a.m. for all routes. All support services end at 4:30 p.m. Century riders should arrive promptly at 7:30 a.m. Ride held rain or shine.

**PLACE:** Pocopson Elementary School, 1105 Pocopson Road, Pocopson (in Chester County), PA

**DIRECTIONS:** *From Route 202* just south of West Chester, take Route 926 (Street Road) west. Go 2.7 miles to the stop sign. Turn right at stop sign and continue on 926 west one-tenth mile across bridge. (See school as you cross bridge). Turn right at light and take first left into parking lot. *From Route 1* in Chadds Ford, take Creek Rd. (formerly Rte. 100) north 2.7 miles until it merges with Rte. 926 west. Follow Rte. 926 across bridge, then follow directions above. *From West Chester*, follow Route 52 South for 2.7 miles. After crossing bridge over Brandywine Creek, take first left onto Pocopson Road. The school is about 3/4 mile ahead on right.

**COST:** Pre-registration (No longer available too late!): \$25, or \$32 with DVBC PDF membership. Day of the ride: \$30, or \$37 with PDF membership. (PDF members receive all benefits of club membership except for mailed copies of the newsletter, which they can download online at [www.dvbc.org](http://www.dvbc.org). This saves the club printing and mailing costs, and saves trees!)

## Pre-Registration Form (Must be postmarked by August 28)

Name: \_\_\_\_\_ Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone: \_\_\_\_\_ Age: \_\_\_\_\_

Emergency Phone: \_\_\_\_\_ E-mail address: \_\_\_\_\_

Intended ride distance (please check one): 26 miles  50 miles  65 miles  80 miles  100 miles

### Waiver/Release

In consideration of the acceptance of my application for entry into the above event, I hereby waive, release, and discharge any and all claims for damages for death, personal injury, or property damage which I may have, or which may hereafter accrue to me, as a result of my participation in the said event. This release is intended to discharge in advance the promoters, the sponsors, the Delaware Valley Bicycle Club, the promoting clubs, the officials, and any involved municipalities or other public entities and their respective agents and employees from and against any and all liability arising out of or connected in any way with my participation in said event, even though that liability may arise out of negligence or carelessness on the part of the persons mentioned above.

I further understand that serious accidents occasionally occur during bicycle riding; and that participants in bicycle riding occasionally sustain mortal or serious personal injuries, and/or property damage, as a consequence thereof. Knowing the risks of bicycle riding, nevertheless, I hereby agree to assume those risks and to release and hold harmless all of the persons or entities mentioned above who (through negligence or carelessness) might otherwise be liable to me (or my heirs or assigns) for damages. It is further understood and agreed that this waiver, release, and assumption of risk is to be binding to my heirs and assigns.

Signature: \_\_\_\_\_ Signature of parent or guardian: \_\_\_\_\_

years of age.)

(If you are under 18

Please send this signed form, with a check or money order made out to DVBC, by August 28, to:  
Brandywine Tour, Delaware Valley Bicycle Club, PO Box 156, Swarthmore, PA 19081



Delaware Valley Bicycle Club  
 P.O. Box 156  
 Swarthmore, PA 19081  
 www.dvbc.org

**APPLICATION FOR DVBC MEMBERSHIP** (See page 3 of this newsletter for new membership policy.)

Membership includes: DVBC newsletter (10 issues/year), discounts at most Club sponsors, Club subsidized events.  
 Your membership also helps influence local government decisions concerning bicycle issues.

**Annual membership: \$15 per household**

CIRCLE ONE: **NEW** or **RENEWING** Member  
 Newsletter Preference: **Printed copy** (via US Mail) or  
**PDF** (via E-mail—saves trees and \$\$)

Please print clearly and use your 9-digit zip code, if known:

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE \_\_\_\_\_ ZIP: \_\_\_\_\_

PHONE: \_\_\_\_\_ Birth Date: \_\_\_\_\_

EMAIL: \_\_\_\_\_

**The DVBC Safety Fund is used to promote issues regarding cycling safety in the Delaware Valley.**

I wish to contribute (circle appropriate amount):

\$1 \$5 \$10 \$15 \$20 \$25 Other: \$ \_\_\_\_\_

**AMOUNT ENCLOSED:**

\$15 membership + \_\_\_\_\_ Safety Fund = \$ \_\_\_\_\_

**I will volunteer for (circle all interests)**

*Ride Leader Tour Volunteer Newsletter*

Other: \_\_\_\_\_

**Please send your check or money order to: Delaware Valley Bicycle Club, P.O. Box 156, Swarthmore, PA 19081**

In consideration of the acceptance of my application for entry into the DVBC, I hereby waive, release, and discharge any and all claims for damages for death, personal injury, or property damage which I may have, or which may hereafter accrue to me, as a result of my participation in the DVBC. In addition, this release is intended to discharge in advance the promoters, the sponsors, the Delaware Valley Bicycle Club, the promoting clubs, the officials, and any involved municipalities or other public entities (and their respective agents and employees) from and against any and all liability arising out of or connected in any way with my participation in any event, even though that liability may arise out of negligence or carelessness on the part of the persons mentioned above.

I further understand that serious accidents occasionally occur during bicycle riding; and that participants in bicycle riding occasionally sustain mortal or serious personal injuries, and/or property damage, as a consequence thereof. Knowing the risks of bicycle riding, nevertheless, I hereby agree to assume those risks and to release and hold harmless all of the persons or entities mentioned above who (through negligence or carelessness) might otherwise be liable to me (or my heirs or assigns) for damages. It is further understood and agreed that this waiver, release, and assumption of risk is to be binding to my heirs and assigns.

\_\_\_\_\_  
 Signature

\_\_\_\_\_  
 Signature of parent or guardian (if under 18 years)