

Delaware Valley Bicycle Club

August 2011



P.O. Box 156
Swarthmore, PA,
19081
www.dvbc.org

SAVE THE DATE!!! SAVE THE DATE!!! SAVE THE DATE!!!

WORLD'S GREATEST RIDE *

(*EDITOR'S SUBJECTIVE OPINION.)

SUNDAY SEPT 4, 2011, 7:30am

BRANDYWINE TOUR

**BE THERE OR BE TOTALLY LAME
DETAILS ONLINE @ WWW.DVBC.ORG**

TOPA 2011

DVBC Tour of Pennsylvania *by Mary Huis*



The long anticipated ToPA 2011 was a complete success and tons of fun to boot. Eleven participants Dom Zuppo, Jo Ann Fahey, Alex Moeller, Deb Chaga, Doug Bower, Nancy Ness, Rich Andreas, Dave Hartrum, Woody Kotch, and Mary Huis pedaled while Mike Broennle joined the trip as the support person. Captain Doug and Nancy mapped out the route, made the hotel reservations, and traveled the route twice to ensure a smooth running tour.

Our itinerary was: Drive to Erie and Warm-Up Ride in Erie on Sat., July 9th; Erie to Tionesta on July 10th; Tionesta to St. Marys on July 11th; St. Marys to State College on July 12th; a blissful rest day on July 13th; State College to Lewisburg on July 14th; Lewisburg to Schuylkill Haven on July 15th; and Schuylkill Haven to Lansdale on July 16th.

By week's end, we rode 450 miles and climbed 24,873 feet! We stayed in hotels

and one B&B. Pennsylvania is beautiful state and many breathtaking vistas were enjoyed on this tour.

The 26 mile warm-up ride to Presque Isle State Park was a great way to start this exciting week. Presque Isle is a 3,200-acre sandy peninsula that arches into Lake Erie and includes a bike/walking trail and many beaches.

The 65 mile ride from Erie to Tionesta on Sunday included an interesting stop at the Drake Oil Museum where the world's first oil well was drilled in 1859 marking the birth of the oil industry.

Monday's 73 mile ride from Tionesta to St. Marys took us through the picturesque Allegheny National Forest. It was a pleasant leg stretcher for the fun to come the following day.

Our toughest day was Tuesday when we rode 84 miles climbing 6247 feet - a total of 8 climbs. We cycled through the Moshannon State Forest. We stopped for a wonderful lunch stop in the quiet little Pa town of Karthaus.

On Wednesday, We took a midweek rest at State College where most of the

(Continued on page 6)

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Membership in DVBC is encouraged, but non-members are welcome at all our rides and events. Except for the Bonkers Metric, Brandywine Tour, Club Banquet and Bonkers Picnic, all club events are free. Money raised from rides and membership dues is donated to a variety of cycling-related organizations.

DVBC welcomes articles, photographs, and ride reports for the newsletter. Please submit materials to the Editor before the 15th of each month. The views expressed in this publication are not necessarily those of DVBC.

Monthly board meetings are open to all, and are usually held the 1st Monday of the month (except December) at 7 p.m., at the Swarthmore Public Library. Contact the President to confirm.

CLUB AFFILIATIONS

- *League of American Bicyclists
- *Bicycle Coalition of Greater Philadelphia
- *Adventure Cycling Association
- *Bicycle Access Council
- *East Coast Greenway
- *PA Walks and Bikes
- *Friends of Ridley Creek State Park
- *Friends of the Chester Valley Trail

Newsletter Contents © 2011 by DVBC

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RIDE GUIDELINES & CLASSIFICATIONS

1. Arrive early and **be ready to leave on time**.
2. Make sure your bike is in proper working order **before** you arrive. Ride leaders are not expected to be mechanics.
3. **A helmet is mandatory for all DVBC rides.**
4. Carry a spare tube, patch kit, and water bottle.
5. All Club rides are rated according to the degree of difficulty. Do not “bike off” more than you can do. Go on rides within your ability, interest and experience. If you’re in doubt about your ability, try out a ride one class below the one you’re unsure of and work your way up.
6. Practice safety and obey all traffic laws.
7. Each rider assumes his/her own risk on all rides.
8. Those who ride ahead of the group are on their own ride.
9. Always notify the ride leader before leaving the group.
10. Ride leaders should adhere to the advertised speed of the ride.

Class D: For new, inexperienced riders or families: 7-9 mph average moving speed with frequent stops and as few hills as possible. The group will wait for all riders. The ride lengths are usually less than 10 miles, but longer distances are permissible.

Class C-: For average riders: 10-11 mph average moving speed with rest stops as needed. The group will wait for stragglers. The recommended distance is 10-30 miles.

Class C+: Also for average riders: 12-13 mph average moving speed with rest stops every 45-60 minutes. No obligation to wait for stragglers if cue sheets or maps are provided.

Class B-: For more experienced riders: 14-15 mph average moving speed with rest stops at the discretion of the ride leader. No obligation to wait for stragglers if cue sheets or maps are provided.

Class B+: For strong riders: 16-18 mph average moving speed with rest stops at the discretion of the ride leader. No obligation to wait for stragglers if cue sheets or maps are provided.

Class A: For very strong riders: 18+ mph average moving speed with rest stops at the discretion of the ride leader. No obligation to wait for stragglers if cue sheets or maps are provided.

August 2011 Ride Calendar

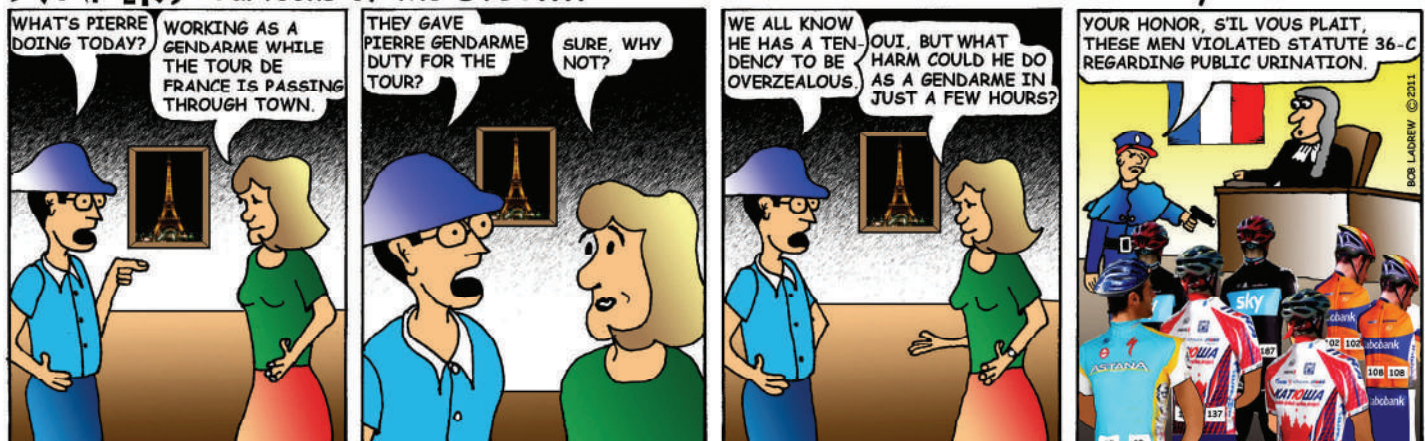
Check the ride calendar at www.DVBC.org for late additions to this list..

*****Recurring Weekday Rides*****

Tues 6:00 pm Miles:TBD Class:C+ Delco Spin	Come out for a spin through Swarthmore, Ridley Township, Springfield, Wallingford and Media areas of Delaware County. Since we've been riding for a few months, we'll pick up the pace a bit and the terrain will be vary from rolling to hilly. We will regroup as necessary. Rain cancels. Leave promptly at 6 pm Meet at 320 Market Cafe, Swarthmorewood Shopping Center, South Chester Road (Route 320) and Park Lane Road, Swarthmore, PA 19081. Contact Betsy Ffrench at 610-324-8207 Email: EFfrench@wilmingtonTrust.com
Wed 9:30 am Miles:30-60 Class:C+ Docs' Ride	Ride starts and ends at the 320 Market Cafe parking lot. Usually a lunch destination. Rain or excessive temperatures cancels the ride. Contact Larry Green at 610-544-5799 Email: largreen@earthlink.net
Wed 6:00 pm Miles:30 +/- Class:B-/B Andy's B Ride	B ride leaving out of Rose Tree Park in Media. Ride will be progressively longer as the days get longer. Contact Andy Marzano at Email: starbrdtack1@yahoo.com
Wed 6:00 pm Miles:30+/- Class:C+ Wed Nite Road Crew	This ride is meant to be fun and challenging with some breakaways. Expect hills. Average speeds will be 14 mph or more since it's August and we've got some miles under our belts. The route will change weekly and cue sheets will not be provided. Any rider going off the front is on their own. Start time is promptly at 6:00 pm. Rain cancels ride. Meet at main parking lot of Rose Tree Park, Rt 252, Media PA. Contact Debbie Chaga at 610-494-3033 Email: dreamerdeb@gmail.com
Mon 6:00 pm Miles:20 + Class:C Multi-Club C Ride	Meet at Church of the Saviour, 651 N. Wayne Ave., Wayne,Pa. Rear Parking Lot. The ride leaves at 6:00 pm. This is the C ride of the Monday Evening Multi-Level Rides with Suburban Cyclists Unlimited and Bicycle Club of Philadelphia. Contact Cate Crosby at catecrosby@gmail.com NOTE: THIS RIDE WILL NOT BE HELD MONDAY AUGUST 1
Fri Aug 5 9:00 am Miles:53 Class:B-/C+ Linda's Ride	Average speed 13-15 mph. Meet at Church of the Saviour, 651 N. Wayne Ave in Wayne, PA, approx. 1/2 mile north of Lancaster Ave/US-30. Rear parking lot (next to athletic field). Repeat of a popular Tom Madle route, we'll ride from COS in Wayne, past Valley Forge, to Ludwig's Corner. Wawa stop at mile 19, and a sit-down rest stop at mile 29. We'll return to Valley Forge and Wayne via Kimberton (optional stop at Kimberton Whole Foods). Route is mostly rolling, with some hills, but we will stop to regroup as needed. Cue sheets will be provided. Please contact the leader if the weather is questionable. You may preregister until Thursday, August 4, 2011 at 10:00 pm. on the Bike Club of Phila. Website. Contact Linda McGrane at 267-251-7862 . or mcgrane_linda_a@yahoo.com
Sat Aug 6 9:30 am Miles:45 +/- Class:C+ Figs for Lunch	Meet in 320 Market lot in Swarthmore. Hilly/rolling suburban roads and some city bike lane riding. Moroccan brunch. Rain cancels ride. Contact Larry Green at 610-544-5799 or largreen@earthlink.net
Sun Aug 7 9:00 am Miles:48 +/- Class:C+ Birthday Muffin Ride	Help me celebrate my birthday with a nice ride out to Purebread Deli in Greenville, De. This is a great route with some hills and a great time trial section on Route 52. Miles don't quite reflect my actual 50 something years old so I'm going to be 48 again :) Ride starts at Rose Tree Park in Media (Route 252 and Rose Tree Road). Contact Mary Huis at mary2335@verizon.net
Mon Aug 8 7:00 pm Miles:0 Class:All DVBC Board Meeting	DVBC Monthly Board Meeting held at Swarthmore Public Library at 121 Park Avenue (610)543-0436. All are welcome to attend. Contact Dom Zuppo at 484-483-7456 or domzdvbc@comcast.net
Thurs Aug 11 5:45 pm Miles:20 + Class:C+ Ridley Creek Ramble	Meet 5:45pm in Rose Tree Park in Media(Route 252 and Rose Tree Road)for a 6pm sharp departure. C+ pace 13-15 mph. Lots of great hills! Rain cancels ride. This is a joint ride with Suburban Cyclists Unlimited (SCU) bike club. Contact Cate Crosby at or catecrosby@gmail.com

Sat Aug 13 8:30 am Miles:62 +/- Class:C+ Kennett Square Metric	Join me for a lovely jaunt out to Country Butcher in Kennett Square. This is a wonderfully scenic ride that loops in and out of De and Pa. Bring \$ for a great food stop. Ride starts promptly at 8:30 at Rose Tree Park in Media (Route 252 and Rose Tree Road). Contact Mary Huis at or mary2335@verizon.net
Sun Aug 14 9:00 am Miles: Class:C A-2-N-1	It's not cycling BINGO! It's cycling and kayaking! Meet in the Marriott parking lot near the Schuylkill River Trail (SRT), adjacent to the Septa Conshocken Train Station at 8:45am for a 9am start. We'll cycle the SRT to Fitzwater Station, where we'll kayak (or canoe) for a couple hours. Kayak rates are \$37; canoe rates are \$42. (More info. @ http://www.canoeandkayak.biz/index.htm). We'll have lunch at "The Fitz" after the water workout. (Menus here - http://www.fitzwaterstation.com/menus.htm), then head back down the SRT. IMPORTANT: If you're planning on kayaking or canoeing, e-mail catecrosby@gmail.com or jthomas@hapusa.com by Wednesday, 8/10 at 12noon with your watercraft preference, so we can have our reservation in on time. Questions? Contact Cate Crosby @ catecrosby@gmail.com or 610-565-1939 Jack "Yellow Shoes" Thomas @ jthomas@hapusa.com or 610-888-2128
Thurs Aug 18 5:45 pm Miles:20 + Class:C+ Ridley Creek Ramble	Meet 5:45pm in Rose Tree Park in Media (Route 252 and Rose Tree Road) for a 6pm sharp departure. C+ pace 13-15 mph. Lots of great hills! Rain cancels ride. This is a joint ride with Suburban Cyclists Unlimited (SCU) bike club. Contact Cate Crosby at or catecrosby@gmail.com
Sat Aug 20 7:30 am Miles:70 +/- Class:B+ Generic Long Ride	Meet at Moylan Rose Valley Train Station (Manchester & Woodward Road) in Nether Providence Township. We'll head out past Chadds Ford and back through West Chester. Pace should be a steady clip around 16 depending on who shows and how hot it is. Hills are on an as found basis. Meaning if I find 'em, we ride 'em. Rain cancels. Threat does not. Stops will be to refill and go. No fun lunch or long breaks. We ride. We laugh. We get sore. We come back. Contact David Cunicelli at 610 574 9811 or davidcunicelli@gmail.com
Sat Aug 20 9:00 am Miles:30-35+ Class:C Ira's Old Ride	Join us for an easy pace (12 to 13 mph average) on a scenic hilly ride as we leave from the parking lot next to Selene's (305 West State Street in Media) and head to the Greater Ridley Creek State Park area. No cue sheets, no one dropped. Rain cancels. Contact Shelley Epstein at or 4epsteins@comcast.net
Sun Aug 21 8:00 am Miles:45 +/- Class:C+ Kountry Kitchen	Join me for an old DVBC favorite ride to our favorite diner in South Jersey. It is a C+ pace ride, average 12 to 13 miles hour over mostly flat terrain. Bring money for breakfast at the Kountry Kitchen. Cue sheets will be available for a short route back. Rain cancels Meet at Kingsway High School, Route 551(Kings Highway) Swedesboro, NJ, just over the Commodore Barry Bridge. Contact Betsy Ffrench at 610-324-8207 or EFfrench@wilmingtonTrust.com
Thurs Aug 25 5:45 pm Miles:20 + Class:C+ Ridley Creek Ramble	Meet 5:45pm in Rose Tree Park in Media (Route 252 and Rose Tree Road) for a 6pm sharp departure. C+ pace 13-15 mph. Lots of great hills! Rain cancels ride. This is a joint ride with Suburban Cyclists Unlimited (SCU) bike club. Contact Cate Crosby at or catecrosby@gmail.com

BONKERS Cartoons of the DVBC....



Sat Aug 27 8:00 am Miles:TBD Class:All Brandywine Paint Ride	You want choices? How about (1) cycle a section of the tour and paint as you go or (2) drive your assignment, paint it quickly, then return to the start and go out for a ride with your friends. Meet at Pocopson Elementary School to split into teams and get spray paint, instructions, and maps. The more the merrier – we'll team newbies with experienced painters, so no worries! Very important work, and your time is very much appreciated! Contact Dom Zuppo at 484-483-7456 or domzdvlc@comcast.net
Sun Aug 28 8:00 am Miles:35 +/- Class:C+ Delco Spin	Come out for a new route through Swarthmore, Springfield, Drexel Hill and maybe over to Media. The terrain will be rolling to hilly. This is a good ride if you are slow on the hills! The ride leader is a slow climber and will wait for anyone that doesn't beat me up the hills. Bring money for a food stop. Meet at the Swarthmore Train Station (above Route 320 underpass) on the inbound(town side) of the tracks, under the clock. Sunday the parking at town meters on Meyers Ave is free. Contact Betsy Ffrench at 610-324-8207 or EFfrench@wilmingtonTrust.com
Sun Aug 28 9:00 am Miles:68-70 Class:B- Scenic Lebanon County	Average speed 14-16 mph. Meet at South Hills Park on Lincoln Ave, South Lebanon Township. Discover some picturesque new routes, courtesy of the Lebanon Valley Bicycle Club. Cycle through Amish & Mennonite farmlands, and green vistas. Lebanon County is filled with peaceful landscapes. Route will include 2-3 rest stops, and cue sheets will be provided. The route begins at South Hills Park on Lincoln Ave in South Lebanon Township: take the main PA Turnpike (I-276/I-76)westbound to the Lebanon/Lancaster Interchange (PA Route 72). Exit onto 72 North for 4-5 miles to Rocherty Rd. Turn right at Rocherty (Sheetz station on the corner). Stay on Rocherty for ~ one mile to Lincoln Ave. Turn left onto Lincoln, and follow Lincoln to South Hills Park. Parking lot is on the right, just past the Lebanon VA Hospital. Please plan on at least 75 mins driving time to Lebanon. Please contact the Leader if you would like to car-pool together from from Phila. area. You may preregister until Saturday, August 27, 2011 at 10:00 pm. on the BCP Website. Contact Linda McGrane at 267-251-7862 .

Ride Scenes

DVBC members sitting around in funny outfits.





10 lbs lighter and 450 miles later, **TOPA 2011** riders climbed at least one hill.

(Continued from page 1) **TOPA 2011**

group walked around the town and finished this recuperative day poolside.

On Thursday, we were on the road again to Lewisburg. This was our "flattest day" - 74 miles with only 2539 feet of climbing. And what a joy it was to fly on this low traffic, rolling, scenic route unencumbered by the mountains and hills that we conquered on Tuesday's tough ride. We had a yet another wonderful lunch stop in another quiet Pa town - Rebersburg.

On Friday, we had what Doug called a "utilitarian ride" 62 miles to Schuylkill Haven and had to endure more traffic. Although the hills were long, they were not too steep. And frankly, after Tuesday's ride, the rest of the tour was not too difficult. We finished the day by staying in a historic B&B in Schuylkill Haven.

On Saturday, we made the final 68 mile trek to Lansdale including the climb over Hawk Mountain. This was another scenic ride. We enjoyed our final lunch

together in Topton. The only bear sighting was made by Rich who saw 2 bear yearlings but when he stopped to take their picture, they ran off in fear.

There are a few "Doug-isms" I think we will always remember about this wonderful trip: 1.) "We only have 35 miles left to ride today - it's a Kountry Kitchen Ride" (the only problem with that analogy was that the KK ride has no monster hills); 2.) "I'm the ring leader of this motley crew" (his introduction at the hotel); 3.) "Tomorrow's ride is 61 miles" - then 5 minutes later - "Tomorrow's ride is 65 miles" - then 5 minutes later - "Tomorrow's ride is 68 miles".

In summary, ToPA 2011 was a great success as measured by the great planning efforts of Doug and Nancy, the myriad of fantastic support provided by Mike (including tons of ice and water), the great, challenging routes and mileages, only 2 flats the entire tour and no mechanicals, great weather, and last, but not least, the fun, lively energy of the participants.

WELCOME NEW MEMBERS 6/21-7/20/11

Sabine & Charles Cranmer
Haverford

David & Nikki Cribbs
Thornton

Charles Cronmiller
Collingdale

John Fernandez,
Lansdowne

Jacquelyn Hickey
Rutledge

Steve Reckefus
Chester

Robert & Rita Triffin,
Drexel Hill



'Nuff said ...simple bike logic

Up or down a hill, even on the flats, call out "On Your Left" or ding your bell when you pass. No surprises. Pass on the right? Rookie move.

-Aristotle

Bike Dirt

By F.X. Pedrix

The lovely Babs and I headed out early on July 4th to the Northbrook Market. We wanted to catch Dreamer's Firecracker Fifty-five ride in all its splendor. We ate apple cider donuts in the gazebo awaiting the arrival of the riders unbeknownst to them. All at once a lively group of 19 mostly clad in red, white, and blue appeared. From our hideaway we were able to see the decorated bikes in their full glory and watched as the **Deli Guy** judged which bike was best. Of course, **Silent John S's** bike was by far the best decorated and he won for the third year in a row. I cannot fully describe how great his bike and he looked. Every possible area was covered with stars or stripes. Way to go John. Dreamer came in second while **Paul Fairweather D's** also looked fine with the tape job he added to his bike. I wonder if he's gotten the goo off yet. None of the riders ever noticed us even when I took a couple photos. Babs and I had to hold the laughter in to remain incognito.



Cate C, guess you could call her "CC Rider", has been very busy lately. She's been leading some Ridley Creek Rambles out of RTP and getting great turnouts and a bunch of new riders. Last month she and **Yellow Shoes** led a joint venture to the Whip Tavern for Bangers and Mash and she also led a ride to the Turks Head Festival in West Chester for a day of music and food. Seems CC has got the DVBC motto down pat, Ride to Eat, Eat to Ride.

Doc Larry continues to lead his Wednesday day rides and also has been getting some new riders including NY transplant **Sabine**. Doc recently was the only person to show for a ride and decided to check out the new Delco Visi-

tor's Center at Rose Tree Park. Who knew? Will have to check that out soon.

Len D stood in as ride leader on the Road Crew ride two weeks in a row and I hear he did even more hills than Dreamer usually does. Atta boy.

Shelley recently led an "Ira's Old Ride" from Selene's and got another good turnout with lots of new and old faces. Her ride report mentioned that Silent John cracks lots of great jokes if you listen hard enough, you'll catch them.

NY Andy has been tearing up the roads every Wed night from RTP. Average mph has been over 17. During one recent ride a couple weird things happened. **Kyle** and **Andy** had a close call with a deer. Kyle's was so close to the deer that he thinks his wheel brushed the deer's tail while Andy was just behind the other wheel. This of course prompted everyone to start calling Kyle "Bucktail." Then, the group noticed that Aston Dan S was constantly stopping on the side of the road which made them think he was having some type of mechanical or physical problem. Not the case. Seems wild raspberries were in season and **Dan** just couldn't resist munching on them. Want to mention that Andy will be completing in his 1st triathlon very soon. Good luck.

Gaspasser put out a request on the list serve for help sweeping the Bike Philly ride on September 11th. Quick as a flash he had an entire DVBC team and had to turn some people away. Of course, more volunteers are always needed so be sure to contact Jill Minnick to sign up.

I had several spies planted on the ToPA tour and got some funny reports. The group lucked out with perfect weather for the entire week with no rain and low humidity although there were some hot days. The participants were **Buckeye, Gigi, Jittery Jo, Dominator, Cycling Gourmet, Dreamer, Alex, Motorola, Wooden Man, Rideaway, and SAG man Gaspasser**. Buckeye and Gigi drove a rental truck out to Erie loaded with the bikes while the rest followed in either Gaspasser's car or another rental car. Once they arrived in Erie on Sat July 9th, they immediately jumped on the bikes for a ride to check out the peninsula on Lake Erie. Basically, the group rode, ate, and drank their way across PA and had a rest day in State College where they just ate

and drank and hung out by the pool. Wooden Man usually rode ahead each day sometimes not even stopping at the designated water stops where Gaspasser would meet up with everyone. He kept the group entertained by telling stories from his health department stint in WV back in the 70's. Motorola was a one-man eating machine eating everything in sight which meant that his "Pass Gas" jersey was applicable for two reasons if you get my drift. Of course the Cycling Gourmet was always smiling even when hills were tough and every meal she ate was the best one yet. The Dominator filmed the rides from a handlebar mounted camera during his week long search for Coke not Pepsi. Jittery made sure she ate cheesecake after every meal. Buckeye chatted the entire way across PA and always gave the mileage and hill counts on each day on the LOW side. Using her iPhone as her guide, Gigi hit Starbucks, Target, and Wegmans and shopped her way back home. Rideaway would ride away from the others on his Burly Surly which was on the heavy side although his quick wit never failed him. He and Motorola were the "brothers with different mothers" and challenged each other to eating contests. Rideaway was the only one who got to see bears. Alex climbed every hill like a mountain goat carrying every ounce he packed and was amazingly able to keep sane while having to wait for the other riders to get ready each day. Dreamer was always on the lookout for beer stops and got some of the guys down to the Allegheny River for a relaxing dip while she told them horror stories of little fish that can get caught in a certain body part. And of course Gaspasser was the man of the hour always there with cold water, snacks, and reconnaissance reports of where they could stop and eat. On the last day they had the pleasure of riding up Hawk Mountain, this time up the steep side, before arriving back at Buckeye's in Lansdale. Total mileage was 450 miles of pain and pleasure. Happily there were only two flats and no crashes and not too many disagreements with the biggest being whether Motorola got to watch Whale Wars when everyone else wanted to watch Le Tour.

I'm talked out for this month. Keep sending in your stories, lies, and innuendos and I'll keep posting them.



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APPLICATION FOR DVBC MEMBERSHIP (See page 3 of this newsletter for new membership policy.)

Membership includes: DVBC newsletter (10 issues/year), discounts at most Club sponsors, Club subsidized events.
Your membership also helps influence local government decisions concerning bicycle issues.

Annual membership: \$15 per household

CIRCLE ONE: **NEW** or **RENEWING** Member
Newsletter Preference: **Printed copy** (via US Mail) or
PDF (via E-mail—saves trees and \$\$)

Please print clearly and use your 9-digit zip code, if known:

NAME: _____

ADDRESS: _____

CITY: _____ STATE _____ ZIP: _____

PHONE: _____ Birth Date: _____

EMAIL: _____

The DVBC Safety Fund is used to promote issues regarding cycling safety in the Delaware Valley.

I wish to contribute (circle appropriate amount):

\$1 \$5 \$10 \$15 \$20 \$25 Other: \$ _____

AMOUNT ENCLOSED:

\$15 membership + _____ Safety Fund = \$ _____

I will volunteer for (circle all interests)

Ride Leader Tour Volunteer Newsletter

Other: _____

Please send your check or money order to: Delaware Valley Bicycle Club, P.O. Box 156, Swarthmore, PA 19081

In consideration of the acceptance of my application for entry into the DVBC, I hereby waive, release, and discharge any and all claims for damages for death, personal injury, or property damage which I may have, or which may hereafter accrue to me, as a result of my participation in the DVBC. In addition, this release is intended to discharge in advance the promoters, the sponsors, the Delaware Valley Bicycle Club, the promoting clubs, the officials, and any involved municipalities or other public entities (and their respective agents and employees) from and against any and all liability arising out of or connected in any way with my participation in any event, even though that liability may arise out of negligence or carelessness on the part of the persons mentioned above.

I further understand that serious accidents occasionally occur during bicycle riding; and that participants in bicycle riding occasionally sustain mortal or serious personal injuries, and/or property damage, as a consequence thereof. Knowing the risks of bicycle riding, nevertheless, I hereby agree to assume those risks and to release and hold harmless all of the persons or entities mentioned above who (through negligence or carelessness) might otherwise be liable to me (or my heirs or assigns) for damages. It is further understood and agreed that this waiver, release, and assumption of risk is to be binding to my heirs and assigns.

Signature

Signature of parent or guardian (if under 18 years)