

# DELAWARE VALLEY BICYCLE CLUB

P.O. Box 156, Woodlyn, PA, 19094-0156

## WINTER 2000 - 2001

## FREE

### Analyzing DVBC Brainstorming Session 2000

By Jan Chadwick, c.i.

If you didn't make it to the brainstorming meeting on November 13, you missed a very productive session, an opportunity to have your voice heard, and lots of **FREE FOOD**. So, you couldn't make it. What did you miss? You missed many long-time DVBC members and a few new members discuss lots of things they like and dislike about DVBC, and try to come up with some new ideas for the future.

What's the bottom line? We like our club! We think we have a pretty cool club and there are a lot of things we do excellently. Attendees said they like our rides, they like our routes, they think the Brandywine Tour route is excellent, they like Bob Leon's rides to the Kountry Kitchen, but most highly rated were the people.



Everyone at the meeting said that it's the people that keep them coming back for more rides.

They say the ride leaders are courteous, the people are friendly, riders aren't left behind when they get flats or mechanical problems, and they said they don't have to worry about being dropped or lost. DVBC members love to cycle, and we've all found that it's more fun to cycle with a group, and what better group of people to ride with than DVBC? So, are we biased? We don't know because not all of you were there! So here's what I'm going to do, I'm going to give you a short summary of some of the things we discussed, and then ask you

to fill out the survey on page 10 of this newsletter and mail it in so we can hear your voice, too.

General membership meetings: the general consensus was that we should continue holding our general membership meetings. The primary purpose of the meetings was determined to be social, and the secondary purpose was informational. We decided that it was better not to hold them every month, but every other month seemed too few, so the decision was for something in between. Several ideas were kicked around about topics, including general maintenance sessions, touring information, sports nutrition and medicine, and training tips. Some club members who are excellent at a few of these things were volunteered, oops, I mean volunteered to lead some of these sessions, and some names of experts were listed for others.

Rides: generally, it was suggested that we need more family rides and some new and different routes for our every-day rides. Training for ride leaders, sign-in sheets, instructional rides, invitational rides, and more paired B & C rides were some of the other items discussed.

Tours: most claimed that we like the tours as they are. A long discussion was held about offering a t-shirt for the tours, but many people expressed concern about the increase in price that this would cause. Everyone agreed that the price for bike tours has gotten ridiculously high recently and that the value of our tour is one of its strongest selling points. The two biggest concerns were the difficult time we have getting volunteers, especially pre-tour

for route development, and the date of our spring tour coinciding with Mother's Day.

Other activities: many stated an interest in other activities and mentioned that this was one thing that other clubs do more of. Examples included: hiking, skiing, softball, organizing biking trips, and monthly dinners. All attendees agreed that our yearly banquet in December and summer picnic had to stay. The LaDrews offered to host the picnic again next year at their spacious country estate, and an idea of a ride, overnight campout on their property, picnic, and ride home, might be an option this year.

Other items discussed at the meeting included the newsletter, website, the safety fund and advocacy. For more detailed notes from the meeting visit [www.dvbc.org](http://www.dvbc.org). We'll get a complete list of the notes online—as soon as I get them to Tony! Let us know what you think about all these things and any ideas you have. A quick note: **THIS IS NOT JUST FOR MEMBERS! WE WANT EVERYONE'S INPUT! WE NEED YOU** in order to make a better bike club. I want to thank all who took time out of their schedules and participated and especially the volunteers who put together a terrific spread!

#### DVBC Annual Banquet

Mon, Dec. 11, 7:00 pm,  
DeMarco's Pasta Pub.

**RSVP by December 1st.**

\$5.00/person. Reservations by  
contacting any board member.

For directions: Bob Leon at 610-833-2365.

**The Delaware Valley Bicycle Club**  
**P.O. BOX 156**  
**Woodlyn, PA 19094-0156**

<http://www.dvbc.org>

### DVBC Meeting Place

Delaware County Peace Center,  
 Springfield Friends Meeting, 1001  
 Old Sproul Road (behind the car  
 wash at Rt. 320 and Old Marple  
 Road). Meetings are usually held  
 the first Monday of most months.

*DVBC welcomes articles and ride  
 reports for the newsletter. Please  
 submit your proofread materials to  
 the Editor before the 15<sup>th</sup> of each  
 month.*

### Board of Directors & Staff

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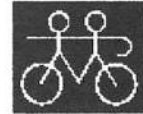
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### Club Affiliations



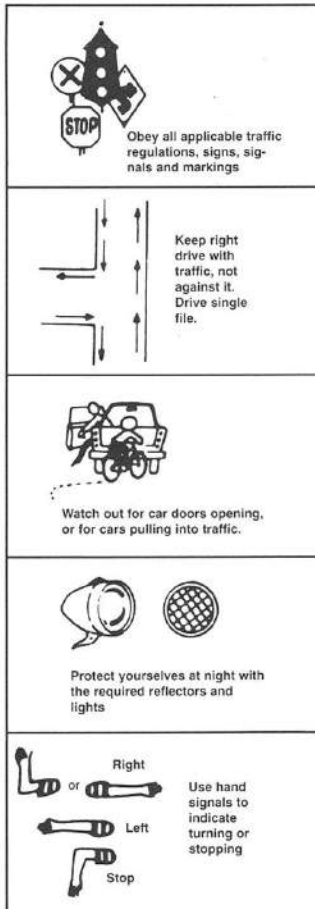
LAB



Bicycle Coalition of the  
 Delaware Valley

*Please note that the views  
 expressed in this publication are  
 not necessarily the views of the  
 DVBC, nor do we endorse  
 products or services advertised.*

## Ride Guidelines



1. Arrive early and *be ready to leave on time*. Rides start no more than 5-7 minutes late.
2. Make sure your bike is in proper working order *before* you arrive.
3. Carry a spare tube, patch kit, and water bottle.
4. Practice safety and obey all traffic laws.
5. A helmet is mandatory for all DVBC rides.
6. All Club rides are rated according to the degree of difficulty. Do not "bike off" more than you can do. Go on rides within your ability, interest and experience. If you're in doubt about your ability, try out a ride one class below the one you're not sure of and work your way up.
7. Ride classifications:
 

**Class D:** For new, inexperienced riders or families: 7-9 mph average moving speed with frequent stops and as few hills as possible. The group will wait for all riders. The ride lengths are usually are less than 10 miles, but longer distances are permissible.

**Class C-:** For average riders: 10-11 mph average moving speed with rest stops as needed. The group will wait for stragglers. The recommended distance is 10-30 miles.

**Class C+:** Also for average riders: 12-13 mph average moving speed with rest stops every 45-60 minutes. No obligation to wait for stragglers if cue sheets or maps are provided.

**Class B-:** For more experienced riders: 14-15 mph average moving speed with rest stops at the discretion of the ride leader. No obligation to wait for stragglers if cue sheets or maps are provided.

**Class B+:** For strong riders: 16-18 mph average moving speed with rest stops at the discretion of the ride leader. No obligation to wait for stragglers if cue sheets or maps are provided.

**Class A:** For very strong riders: 19+ mph average moving speed with rest stops at the discretion of the ride leader. No obligation to wait for stragglers if cue sheets or maps are provided.
8. Each rider assumes his/her own risk on all rides.
9. Those who ride ahead of the group are on their own ride.
10. Always notify the ride leader before leaving the group.
11. Ride leaders should adhere to the advertised speed of the ride.
12. Ride leaders are not expected to be bike mechanics.

**Note:** In the case of questionable weather or road conditions, the Ride Leader may decide to cancel the event. Call the ride leader if in doubt. The general public is invited to all events organized by the Delaware Valley Bicycle Club. Except for the Freedom Tour, Brandywine Tour and Club picnic, all club events are free to the general public. The general public is welcome!

## Wind

by Dominick Zuppo

The ride between the Shore Cycle and Delaware Valley Bicycle Clubs started out simple enough. Attendees met at the Salem Oak Diner for a late October road ride. The weather couldn't have been better: bright sunshine, a warm breeze, and no threat of rain. The plan was to divide into two classes (C and B), meet for lunch, and generally enjoy our journey past the marshlands and farmlands of Southern New Jersey.

We took it slow for the first few miles and gave our muscles time to warm up. Friends chatted and caught up with each other. Along the Delaware River we saw boats, barges, and the occasional power plant. Gradually the two classes split up, with the B riders fading into the distance as the content-to-take-it-easy C riders maintained their steady pace (no bias here, can you tell?).

And then it happened. Maybe, deep in our subconscious, we knew we would eventually face it. But sometimes the mind can trick the body into thinking all is well. And then the body wises up.

Wind.

Wind so strong it swept away the bark of a dog making a beeline for your ankle.

Wind so powerful that it blew out not one, but three tubes of one of our riders! (Technically, I think that's called "air," but you get the idea.)

I hate wind.

WIND: NOUN: 1. a. Moving air,

(cont. on p.9)

## W.W.W. (Woody's Wheel Wise), by Woody Kotch

After a quarter century of riding I've figured some things out, and my mom taught me to share.

### Safety tips for riding in groups, or You are your brother's keeper.

Recreational riding in groups is the basis of our bicycle club. Doing it safely is easy if you stay aware of those around you and the hazards of the road.

1. Ride in single or double file. Three or more across puts the inside rider at too much risk of a collision with a passing or oncoming car, especially if an oncoming car is passing a bicyclist coming towards you.
2. You are responsible for not riding into the riders in front of you. If you hit the rear tire of the bike in front of you, invariably you will go down. Avoid any quick moves or hard braking that the bike behind you may not be able to react to quickly enough in order to avoid hitting you.
3. Keep your eyes up and forward. Don't watch the tire in front of you. Your sight should be at hip or back level of the rider in front of you. This allows you to be aware of what is happening at the front of the group and gives you adequate time to react to changes in direction, speed, and road hazards. When talking to the rider next to you, keep your gaze forward.
4. Keep your hands near your brakes. Don't use aerobars except at the front of the pack.
5. Don't ride overlapping your front wheel and the rear wheel of the bike in front of you. You are in the blind spot of the front rider and a sudden swerve may cause you to collide.
6. Pass only on the left and announce loudly "On your left".
7. Signal to riders behind you of approaching road hazards and direction changes. Announce cars approaching from behind with a "Car Back".

Sharing the road with your fellow bicyclists is one of the sweetest parts of this sport. Riding safely ensures you'll be a "member of the pack" ride after ride.

## WELCOME NEW MEMBERS

Rich Alejandro  
George Bryson  
Gary A. Lindenbaum  
Andrea Youndt

## BONKERS

CARTOONS  
OF THE  
D.V.B.C.





## F.X. Pedrix, P.I.

It was a cold, titanium gray morning and the haze hung over the city like the smoke from some two-bit hooker's cigarette. My head was pounding from a night of too much of everything and my mouth tasted like the entire U.S. Mountain Bike team rode through it with muddy tires. My feet



were propped up on my broken-down desk, and eyes closed when a knock came to the office door. I sat up putting my hand on the piece taped to the underside of my desk.

"It's open," I yelled hoarsely.

The door opened and in walked a tall, statuesque, blond. She was wrapped in an almost full length, tight, red sheath dress. She looked like she was swathed in carbon fiber.

"Are you F.X. Pedrix?" she asked, her tongue played across her full ruby lips.

"Who wants to know?" I returned. "Why... my name is Babs, Babs Bianchi, and I was told you could help me with a problem."

"Maybe, maybe not," I said. "Have a seat." I motioned to the chair across from my desk. She sat, crossing those lovely gams of hers, and pulled a pink handkerchief from her purse.

"Someone murdered my pet squirrel," she cried, tears beginning to stream from her Beagle brown eyes.

"Lady... I mean Babs, you gotta know, I don't do animals. Call the police or the SPCA or something."

"You have to help me, Mr. Pedrix." She reached again into her purse and pulled out a wad of bills as thick as a nine-speed cassette.

"Call me Ped," I said quickly, eyeing the dough. "Gimme the story, I'll see what I can do."

"Last Sunday I let little Colnago, that's my pet squirrel, out in the yard. When I went to bring him in, I found that someone

had run him over and had not even stopped."

"What or who, ran over him?" I asked.

She handed me a piece of paper from her purse. "It's all in there," she sobbed.

It was the autopsy report. Cause of death - transverse 21-mm wide swath of trauma across the squirrel's midsection. "I'll take the case." I told her the price and that there would be no guarantees. She sobbed even more, then peeled off ten large from her wad and handed them to me. With that kind of money I may get out of debt and maybe even buy that new set of wheels I had my eye on.

I headed toward the crime scene on my broken-down 10 speed. It's not much to look at but with the handlebars turned upside down at least it's a comfortable ride. I had decided to canvas the neighborhood of the crime scene. After having six doors slammed in my face, one woman, reluctant at first, told me, "It

(cont. on p. 9)

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# WINTER RIDES



## Recurring Rides

<b>Thursdays, All Winter, 7:30 am</b> Miles: 10-25 Class: C <b>Pancake Breakfast</b>	Leaving from our Havertown home in the Oakmont section. Weather permitting. This is an easy-paced ride of 10-15 miles with a pancake place in between. Please don't forget money and a helmet. We're generally back to start by 9:45 am. Please call the night before, to confirm departing place and time. Contact Joel at 610-789-7673 or joelperish@aol.com
<b>Sundays, All Winter, 10:30 am</b> Miles: ?? Class: C/C- <b>Rose Tree Park</b>	Meet at Rose Tree State Park for a slow-paced ride. This ride is intended to motivate new and existing riders to have a little fun even when it's cold out. Serves as a good base training for the winter and keeps those legs moving. You will be looking a lot better in the spring when you go out with your couch potato friends. Distances, roads, and ride leaders will change. Please look at the schedule for who's leading the ride and call the day before to confirm the ride. If there is no ride leader listed in the newsletter, check the web site or call Tony at 610-416-0514 or tony@craftech.com
<b>DECEMBER 2000</b>	
<b>Sat. Dec. 2, 10:00 am</b> Miles: 35+- Class: B <b>Show &amp; Go</b>	Meet at the Ridley Creek State Park Headquarters. Ride will be decided by who shows and where we want to go. Call Bob at 610-833-2365
<b>Sat. Dec. 2, 10:00 am</b> Miles: 50 Class: B+ <b>Heart Beat Plus</b>	Meet at the Ridley Creek State Park Headquarters. To ride 50 miles in the winter and stay relatively warm you have to pedal fast. First we'll travel north toward Malvern and Grove then follow the Valley and Brandywine Creeks south for some workout in Delaware hills before returning to Pennsylvania and doing a few more hills. Call Ed at 610-358-3055 to confirm the ride.
<b>Sun. Dec. 3, 10:30 am</b> Miles: ??? Class: C/C- <b>Rose Tree Park Ride</b>	Contact Ira at 610 565 4058 or <a href="mailto:ira@dvbc.org">ira@dvbc.org</a> .
<b>Sun. Dec. 3, 10:00 am</b> Miles: 36+- Class: C <b>Kountry Kitchen</b>	Meet at the Kingsway High School, routes 551 and 322. Call Bob at 610-833-2365.
<b>Sat. Dec. 9, 10:00 am</b> Miles: 40 +- Class: B <b>Kountry Kitchen</b>	Meet at the Kingsway High School, routes 551 and 322. Call Bob at 610-833-2365.
<b>Sat. Dec. 9, 10:00 am</b> Miles: 40 +- Class: B <b>After Kountry Kitchen</b>	Meet at the Kingsway High School, routes 551 and 322. We'll go to breakfast with Bob's group and then take off for a few extra fast miles. Call Tony Rocha at 610-416-0514 or <a href="mailto:tony@craftech.com">tony@craftech.com</a> to confirm the ride.
<b>Sat. Dec. 9, 10:00 am</b> Miles: 40+ or ?? Class: C <b>Show &amp; Go</b>	Meet at Ridley Creek State Park Headquarters. The temperature will decide if this will be a road or a mountain bike ride. Call the day before to confirm the ride and the type. Call Sara Clark at 610-353-3494.
<b>Sun. Dec. 10, 10:30 am</b> Miles: ??? Class: C/C- <b>Rose Tree Park Ride</b>	Call Bob at 610-833-2365.
<b>Sun. Dec. 10, 9:30 am</b> Miles: 30-50 Class: B <b>Delaware Tour</b>	Meet at the Chadds Ford Elementary School. We'll go 30-50 miles throughout fabulous, car-less, backcountry Delaware roads. Lots of hills to stay warm. Please call me at 302-654-7393 or email at <a href="mailto:katrinadowidchuk@firstusa.com">katrinadowidchuk@firstusa.com</a> .
<b>Sat. Dec. 16, 10:00 am</b> Miles: 35+- Class: B <b>Show &amp; Go</b>	Meet at the Ridley Creek State Park Headquarters. Ride will be decided by who shows and where we want to go. Call Bob at 610-833-2365
<b>Sun. Dec. 17, 10:30 am</b> Miles: ??? Class: C/C- <b>Rose Tree Park Ride</b>	Call Woody Kotch at 610-566-2736 or <a href="mailto:HRKotch@cs.com">HRKotch@cs.com</a> .
<b>Sun. Dec. 17, 10:00am</b> Miles: 25+- Class: C <b>Show &amp; Go</b>	Meet at the Dunkin Donuts on the corner of Fairview Road and MacDade Blvd. in Ridley. Call Bob at 610-833-2365.

<b>Sun. Dec. 17, 10:00 am</b> Miles: 35+ Class: B+ <b>Hill Rodeo</b>	If you want to stay in shape during the winter, you have to sprint the down hills so you can get to the next up hill as quickly as possible. On this ride, I promise you won't have time to get cold. We'll meet at Rose Tree Park. Call Tony at 610-416-0514 or <a href="mailto:tony@craftech.com">tony@craftech.com</a> to confirm the ride.
<b>Sat. Dec. 23, 10:00 am</b> Miles: 30 +- Class B <b>Show &amp; Go</b>	Meet at the Kingsway High School, routes 551 and 322. Call Bob at 610-833-2365.
<b>Sun. Dec. 24, 10:00 am</b> Miles: 35-60 Class: B- <b>Westtown &amp; Beyond</b>	Start from the Moylan-Rose Valley train station at Woodward and Manchester Roads in Moylan. Ride the scenic hills and valleys through Ridley Creek State Park, Cheyney, and Westtown, and depending on the weather maybe to Chadds Ford, Delaware, and/or West Chester. Contact Ira at 610 565 4058 or <a href="mailto:ira@dvbc.org">ira@dvbc.org</a> .
<b>Sat. Dec. 30, 10:00 am</b> Miles: 30+- Class: B <b>Show &amp; Go</b>	Meet at the Dunkin Donuts on the corner of Fairview Road and MacDade Blvd. in Ridley. Call Bob at 610-833-2365.
<b>Sat. Dec. 30, 9:30 am</b> Miles: 36 Class: B <b>Bagels in Hockessin</b>	BAGELS IN HOCKESSIN, 36 miles, 15-17avg mph depending on weather conditions and cyclists doing the ride, some climbing. Start at 9:30am from Westtown-Thornbury Elementary School on Westbourne Rd. between 926 & Concord. Glenn Lyons (610) 399-0624 or <a href="mailto:Rollingspeed@cs.com">Rollingspeed@cs.com</a>
<b>Sun. Dec. 31, 10:00 am</b> Miles: 50+ Class: B <b>Art Museum</b>	Meet me at Rose Tree Park on rte. 252 for a ride to the Art Museum. We'll stop in Manayunk for fuel. Bring money for food and drinks. Expect a fast pace and a few hills. Call Tony at 610-416-0514 or <a href="mailto:tony@craftech.com">tony@craftech.com</a> to confirm the ride.
<b>Sun. Dec. 31, 10:00 am</b> Miles: 21+ Class: C <b>Manayunk</b>	An easy-paced ride starting from the Drexel Hill Cyclery on Burmont Rd. in Drexel Hill. We'll start there and travel to Manayunk with an optional loop to the Art Museum. Expect some hills, but no one will get dropped. Bring money for a snack. Call Bob Martin at 610.352.2114
<b>Sun. Dec. 31, 10:30 am</b> Miles: ??? Class: C/C- <b>Rose Tree Park Ride</b>	<b>See Web Site</b>
<b>JANUARY 2001</b>	
<b>Sat. Jan. 6, 10:00 am</b> Miles: 35+ Class: B+ <b>Hill Rodeo</b>	If you want to stay in shape during the winter, you have to sprint the down hills so you can get to the next up hill as quickly as possible. On this ride, I promise you won't have time to get cold. We'll meet at Rose Tree Park. Call Tony at 610-416-0514 or <a href="mailto:tony@craftech.com">tony@craftech.com</a> to confirm the ride.
<b>Sat. Jan. 6, 10:00 am</b> Miles: 30 +- Class: B <b>Show &amp; Go</b>	Meet at the Kingsway High School, routes 551 and 322. Call Bob at 610-833-2365.
<b>Sun. Jan. 7, 10:30 am</b> Miles: ??? Class: C/C- <b>Rose Tree Park Ride</b>	Call Woody Kotch at 610-566-2736 or <a href="mailto:HRKotch@cs.com">HRKotch@cs.com</a> .
<b>Sun. Jan. 7, 9:30 am</b> Miles: 30-50 Class: B <b>Delaware Tour</b>	Meet at the Chadds Ford Elementary School. We'll go 30-50 miles throughout fabulous, car-less, backcountry Delaware roads. Lots of hills to stay warm. Please call me at 302-654-7393 or email at <a href="mailto:katrinadowidchuk@firstusa.com">katrinadowidchuk@firstusa.com</a> .
<b>Sun. Jan. 7, 10:30 am</b> All Classes <b>Air Transport Command</b>	Restaurant in Delaware. Join us for a buffet brunch fit for a king. RSVP a must by Jan. 5th. Make your reservation and ask for directions. Call Bob Leon at 610-833-2365
<b>Sat. Jan. 13, 10:00 am</b> Miles: 35+- Class B <b>Show &amp; Go</b>	Meet at the Ridley Creek State Park Headquarters. Ride will be decided by who shows and where we want to go. Call Bob at 610-833-2365
<b>Sat. Jan. 13, 9:30 am</b> Miles: 36 Class: B <b>Bagels in Hockessin</b>	BAGELS IN HOCKESSIN, 36 miles, 15-17avg mph depending on weather conditions and cyclists doing the ride, some climbing. Start at 9:30am from Westtown-Thornbury Elementary School on Westbourne Rd. between 926 & Concord. Glenn Lyons (610) 399-0624 or <a href="mailto:Rollingspeed@cs.com">Rollingspeed@cs.com</a>
<b>Sun. Jan. 14, 10:30 am</b> Miles: ??? Class: C/C- <b>Rose Tree Park Ride</b>	Call Jan Chadwick at 610-541-0784 or <a href="mailto:chadwick@craftech.com">chadwick@craftech.com</a> .
<b>Sun. Jan. 14, 10:00 am</b> Miles: 35-60 Class: B- <b>Westtown &amp; Beyond</b>	Start from the Moylan-Rose Valley train station at Woodward and Manchester Roads in Moylan. Ride the scenic hills and valleys through Ridley Creek State Park, Cheyney, and Westtown, and depending on the weather maybe to Chadds Ford, Delaware, and/or West Chester. Contact Ira at 610 565 4058 or <a href="mailto:ira@dvbc.org">ira@dvbc.org</a> .



<b>Sun. Jan. 14, 10:30 am</b> Miles: 20+- Class C <b>Meandering Around</b>	Meet at the Chadds Ford Elementary School. Expect some hills. Call Bob at 610-833-2365
<b>Sat. Jan. 20, 10:00 am</b> Miles: 50+ Class: B <b>Art Museum</b>	Meet me at Rose Tree Park on rte. 252 just north of rte. 1 in Media for a ride to the Art Museum. We'll stop in Manayunk for fuel. Bring money for food and drinks. Expect a fast pace and a few hills. Call Tony at 610-416-0514 or <a href="mailto:tony@craftech.com">tony@craftech.com</a> to confirm the ride.
<b>Sat. Jan. 20, 10:00 am</b> Miles: 40+ or ?? Class: C <b>Show &amp; Go</b>	Meet at Ridley Creek State Park Headquarters. The temperature will decide if this will be a road or a mountain bike ride. Call the day before to confirm the ride and the type. Call Sara Clark at 610-353-3494.
<b>Sun. Jan. 21, 10:30 am</b> Miles: 13/30+ Class: C-/C <b>Take Your Pick</b>	Meet at Rose Tree Park, (off Rte. 252) and come on out and do a few miles with us. We'll visit Swarthmore in the first loop, and Ridley Creek State Park on the second loop. There are a few hills on the second loop, but don't let that keep you at home. We'll take them slow. We will stop back at the park after the first loop to drop off riders that just want to do the first 13 miles. Call Tony at 610-416-0514 or <a href="mailto:tony@craftech.com">tony@craftech.com</a> to confirm the ride.
<b>Sat. Jan. 27, 10:00 am</b> Miles: 50 Class: B+ <b>Heart Beat Plus</b>	Meet at the Ridley Creek State Park Headquarters. To ride 50 miles in the winter and stay relatively warm you have to pedal fast. First we'll travel north toward Malvern and Grove then follow the Valley and Brandywine Creeks south for some workout in Delaware hills before returning to Pennsylvania and doing a few more hills. Call Ed at 610-358-3055 to confirm the ride.
<b>Sat. Jan 27, 10:00 am</b> Miles: 40 +- Class: B <b>Kountry Kitchen</b>	Meet at the Kingsway High School, routes 551 and 322. Call Bob at 610-833-2365.
<b>Sun. Jan. 28, 10:00 am</b> Miles: 21+ Class: C <b>Manayunk</b>	An easy-paced ride starting from the Drexel Hill Cyclery on Burmont Rd. in Drexel Hill. We'll start there and travel to Manayunk with an optional loop to the Art Museum. Expect some hills, but no one will get dropped. Bring money for a snack. Call Bob Martin at 610.352.2114
<b>Sun. Jan. 28, 9:25 am</b> Miles: 45+ Class: C/C+ <b>Go with Bob</b>	Meet at my house and we'll ride to Bob Martin's. Start at Drexel Hill Cyclery and join the group for a ride to Manayunk. We may come back a different way, depending on who shows up. Call Tony at 610-416-0514 or <a href="mailto:tony@craftech.com">tony@craftech.com</a> to confirm the ride.
<b>Sun. Jan. 28, 10:30 am</b> Miles: ??? Class: C/C- <b>Rose Tree Park Ride</b>	Call David Bennett at 610-626-1344 or <a href="mailto:queenofsheba@craftech.com">queenofsheba@craftech.com</a> .

**FEBRUARY 2001**

<b>Sat. Feb. 3, 10:00 am</b> Miles: 30+- Class: B <b>Show &amp; Go</b>	Meet at the Dunkin Donuts on the corner of Fairview Road and MacDade Blvd. in Ridley. Call Bob at 610-833-2365.
<b>Sat. Feb. 3, 10:00 am</b> Miles: 35+ Class: B+ <b>Hill Rodeo</b>	If you want to stay in shape during the winter, you have to sprint the down hills so you can get to the next up hill as quickly as possible. On this ride, I'll promise you won't have time to get cold. We'll meet at Rose Tree Park. Call Tony at 610-416-0514 or <a href="mailto:tony@craftech.com">tony@craftech.com</a> to confirm the ride.
<b>Sun. Feb. 4, 10:30 am</b> Miles: ??? Class: C/C- <b>Rose Tree Park Ride</b>	Contact Ira at 610 565 4058 or <a href="mailto:ira@dvbc.org">ira@dvbc.org</a> .
<b>Sun. Feb. 4, 9:30 am</b> Miles: 30-50 Class: B <b>Delaware Tour</b>	Meet at the Chadds Ford Elementary School. We'll go 30-50 miles throughout fabulous, car-less, backcountry Delaware roads. Lots of hills to stay warm. Please call me at 302-654-7393 or email at <a href="mailto:katrinadowidchuk@firstusa.com">katrinadowidchuk@firstusa.com</a> .
<b>Sun. Feb. 4, 10:00 am</b> Miles: 36+- Class: C <b>Kountry Kitchen</b>	Meet at the Kingsway High School, routes 551 and 322. Call Bob at 610-833-2365.
<b>Sat. Feb. 10, 10:00 am</b> Miles: 35+- Class: B <b>Show &amp; Go</b>	Meet at the Ridley Creek State Park Headquarters. Ride will be decided by who shows and where we want to go. Call Bob at 610-833-2365.
<b>Sun. Feb. 11, 10:30 am</b> Miles: ??? Class: C/C- <b>Rose Tree Park Ride</b>	Call Jan Chadwick at 610-541-0784 or <a href="mailto:chadwick@craftech.com">chadwick@craftech.com</a> .
<b>Sun. Feb. 11, 10:00 am</b> Miles: 50+ Class: B <b>Art Museum</b>	Meet me at Rose Tree Park on rte. 252 just north of rte. 1 in Media for a ride to the Art Museum. We'll stop in Manayunk for fuel. Bring money for food and drinks. Expect a fast pace and a few hills. Contact Tony Rocha at 610-416-0514 or <a href="mailto:tony@craftech.com">tony@craftech.com</a> to confirm the ride.

<b>Mon. Feb. 12, 7:00 pm</b> <b>DVBC Board Meeting</b>	Meetings are open to all club members. They are held at the Delaware County Peace Center, Springfield Friends' Meeting, 1001 Old Sproul Rd., Springfield. Contact Dave Trout at 610-368-0760 or <a href="mailto:davet@dvbc.org">davet@dvbc.org</a> .
<b>Sat. Feb. 17, 10:00 am</b> Miles: 40 +- Class: B <b>Kountry Kitchen</b>	Meet at the Kingsway High School, routes 551 and 322. Call Bob at 610-833-2365.
<b>Sat. Feb. 17, 10:00 am</b> Miles: 40+ or ?? Class: C <b>Show &amp; Go</b>	Meet at Ridley Creek State Park Headquarters. The temperature will decide if this will be a road or a mountain bike ride. Call the day before to confirm the ride and the type. Call Sara Clark at 610-353-3494.
<b>Sat. Feb. 17, 9:25 am</b> Miles: 45+ Class: C/C+ <b>Go with Bob</b>	Meet at my house and we'll ride to Bob Martin's start in Drexel Hill Cyclery and join the group for a ride to Manayunk. We may come back a different way, depending on who shows up. Call Tony at 610-416-0514 or <a href="mailto:tony@craftech.com">tony@craftech.com</a> to confirm the ride.
<b>Sun. Feb. 18, 10:30 am</b> Miles: ??? Class: C/C- <b>Rose Tree Park Ride</b>	Call Bob at 610-833-2365.
<b>Sun. Feb. 18, 10:00 am</b> Miles: 21+ Class: C <b>Manayunk</b>	An easy-paced ride starting from the Drexel Hill Cyclery on Burmont Rd. in Drexel Hill. We'll start there and travel to Manayunk with an optional loop to the Art Museum. Expect some hills, but no one will get dropped. Bring money for a snack. Call Bob Martin at 610.352.2114
<b>Sat. Feb. 24, 8:00 am</b> Miles: 42-50 Class: C+ <b>Witness Ride</b>	Bob & Judy LaDrew's home near Coatesville, for incontinental breakfast at 8:00am and a rolling-to-hilly ride through Amish country at 9:00am. Call or e-mail for reservations and directions. 610-383-9327. <a href="mailto:2ladrews@netreach.net">2ladrews@netreach.net</a> .
<b>Sun. Feb. 25, 10:30 am</b> Miles: ??? Class: C/C- <b>Rose Tree Park Ride</b>	Call David Bennett at 610-626-1344 or <a href="mailto:queenofsheba@craftech.com">queenofsheba@craftech.com</a> .
<b>Sun. Feb. 25, 10:00 am</b> Miles: 35-60 Class: B- <b>Westtown &amp; Beyond</b>	Start from the Moylan-Rose Valley train station at Woodward and Manchester Roads in Moylan. Ride the scenic hills and valleys through Ridley Creek State Park, Cheyney, and Westtown, and depending on the weather maybe to Chadds Ford, Delaware, and/or West Chester. Contact Ira at 610 565 4058 or <a href="mailto:ira@dvbc.org">ira@dvbc.org</a> .
<b>Mon. Mar. 5, 7:30 pm</b> <b>Members Meeting</b>	The topic will be either Spring Tune-up, presented by Bob Martin, or a presentation by a tour company, Pedal and Pack Europe. Check your March newsletter for info. Meetings are held at the Delaware County Peace Center, Springfield Friends' Meeting, 1001 Old Sproul Rd., Springfield.



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FOR SALE: Men's Raleigh Super Course Mark II touring bike. 12 speed, quick release wheels, light weight rack, 2 paniers, helmet, bike tools, high pressure pump, size 10 bike shoes, car carrier, other accessories. Rear wheel needs 2 spokes. \$50.00.



( F X Pedrix, P I, cont. from p. 4)

doesn't surprise me, those DVBC club members ride around here all the time. One "tough", who rides around in a Benifica uniform, openly professes a hatred of squirrels."

The very next house I stopped at was the house of a DVBC member. The occupant, a three-speed rider named Steve, didn't want to talk to me at first. "Look, that DVBC used to be a nice club, in fact I'm a member, but they got some hard dudes in it now," he said.

I came on strong and told him that we were talking murder and if he knew something he better spit it out now. He visibly wilted. "I...was at De Marco's, you know that DVBC hangout, and like some guy named Tony was bragging about adding another trophy to his roadkill case." I thanked him and slipped him a sawbuck. A good lead, but hearsay nonetheless.

"I'll squeeze that Tony till he explodes like a couple of over-inflated Continentals," I thought.

I knocked on the door of a little old lady, a Mrs. De Rosa. Even though it happened in front of her house, she didn't know anything about the tragic passing of a squirrel; she had been occupied with her granddaughter's first birthday party that day. "Would you like to come in and watch the video?" she asked sweetly.

"No thanks, lady," I said, "I got work to do." She insisted and promised a piece of cake and a cup o' joe. I never turn down food. I sat through the boring video, but the cake and joe were great. Suddenly, I notice a flash of red in the street behind the party. "Play that back, Ma'am...good. Now in slo-mo."

Little old Mrs. De Rosa's granddaughter's birthday videotape captured every detail of low-life Tony's

brutal killing of an innocent squirrel. As a result of my investigation, he was thrown in the slammer. Another club roughneck, who answers to the name of Bobby, is also serving two weeks to life for aiding and abetting. Now decent squirrels everywhere can frolic joyfully again.

(Wind, cont. from p.3)

especially a natural and perceptible movement of air parallel to or along the ground (The American Heritage Dictionary).

Let me tell you, this wind wasn't natural. As we rounded a wide horse-shoe bend in the road, it attacked us with a glancing blow. When we compensated for its force by leaning into it, it would subside. Perceptible? You bet it was, like a South Jersey sewer grate.

Undaunted, we carried on to our first rest stop, had a little snack, and used "the facilities." We checked out the hunters, as I'm sure they checked us out (South Jersey, men in black spandex, very interesting). Back on the bikes and away we went. On to Greenwich.

After a brief stop at the country store, we gathered our bearings and headed for Bridgeton. No problem, right? Wrong!

WIND: NOUN: 2. b. A movement of air coming from one of the four cardinal points of the compass: "the four winds."

How about wind coming from every one of the four cardinal points! East, West, North and sometimes from the South. We passed open water in a marsh and saw swans, Canada geese, and a large flock of migratory birds. But thanks to the wind, we had to keep our eyes on the road to avoid taking an unplanned dip.

Did you know that wind is a four-letter word?

Okay, we did make it to Bridgeton in

one piece. But by the time our group stopped at the 7-Eleven, any thought of following the cue sheet to see the "oak tree in the middle of the road" had permanently faded from memory. We had very simple goals: consumption, hydration, urination (sorry about that), relaxation and direction(s). Specifically, what was the fastest, straightest, and easiest way to get back to Salem?

The customers at the 7-Eleven were very helpful as they tried to explain a way to ride parallel to Route 49. "Follow this road to the first traffic light, turn left, then turn right," one explained. It sounded reasonable, but I think we knew that following Route 49, with its generally wide shoulder, was the way to go.

WIND: NOUN: 4. a. Breath, especially normal or adequate breathing; respiration: "had the wind knocked out of them." (I know, I know, this is the last time, trust me.)

That's exactly the definition I thought of as I headed up another long, gradual hill with the wind in my face. I thought the road sign had said "Salem, 14 miles." Maybe it was a mirage. But the pain in my lungs and my legs wasn't imaginary. It was real, as real as the sight of two of the ladies in our group pulling away from me. As real as the rest stops my partner and I had to take while the neon and red spots of jersey faded in the distance. As real as the gorgeous blond who walked up to the bar and asked me for a light (wait a minute, wrong story!).

Salem. Beautiful, flat Salem, New Jersey. Finally, despite the dogs, the tumbleweeds, and the missing street sign, our journey was complete. With a diner burger under my belt and my bike on its rack, I headed to the Delaware Memorial Bridge, to Pennsylvania, and away from... the WIND!

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## DVBC Survey 2000

*Just a little note: THIS IS NOT JUST FOR MEMBERS!*

Please complete this survey and mail to: **DVBC, P.O. Box 156, Woodlyn, PA 19094.**

Hey, it's winter! You're not riding as much, take some time to think! If we don't hear from you, then we will assume that you like the bike club the way it is or just don't care! Even if you have never been a member or are just taking up cycling, we want your input too!

1. What do you like most about DVBC?
2. What do you like least about DVBC?
3. What kind of topics would encourage you to come to our general membership meetings?
4. How can we improve our monthly rides or what kinds of rides are we missing?
5. Would you or a family member come out for family rides or D-class rides if they were offered?
6. What kinds of rides or what changes could we make to rides that would encourage you to come out on more rides?
7. What changes do you think we should make to our spring and fall tour rides?
8. How should DVBC participate in bicycle advocacy issues, what issues are important, and would you be willing to help?
9. What special activities would you participate in if they were organized?
10. Do you have any other ideas or suggestions?

Name (optional) \_\_\_\_\_

### Quick notes from YOUR membership coordinator:



- Have you not received a recent newsletter?
- Has your newsletter recently arrived torn or destroyed?
- Is the expiration date on your newsletter label incorrect?
- Have you recently moved, or is the address on your newsletter wrong?



If you answered yes to any of these questions, then contact YOUR membership coordinator at [Chadwick@craftech.com](mailto:Chadwick@craftech.com) or (610) 541-0784. I am here to SERVE YOU!

Delaware Valley Bicycle Club  
P.O. Box 156  
Woodlyn, PA 19094-0156



The Delaware Valley Bicycle Club (DVBC) is a non-profit corporation formed to educate the public as to the safe use of the bicycle through lectures, seminars, planned rides, and other activities promoting the bicycle as an efficient and enjoyable means of exercise, recreation, and transportation. Non-members are welcome on rides, but are urged to consider their ability and experience when selecting a ride (see the "Ride Guidelines" on the inside cover). Helmets are mandatory for all rides. The club cannot accept responsibility for accidents or injury when participating in a DVBC event.

### Application for DVBC Membership

(Expires 1 year from date joined/renewed)

Please print clearly and use your 9-digit zip code, if known.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

E-mail: \_\_\_\_\_

**Annual Membership: \$15.00 per household.**

Check one: ☐ new member or ☐ renewal

Membership includes: DVBC Newsletter (10 issues per year), discounts at most Club sponsors, Club subsidized events. Your membership attracts advertisers and helps influence local government decisions concerning bicycle issues.

The DVBC Safety Fund is used to promote issues regarding cycling safety in the Delaware Valley. I wish to contribute:

☐ \$1 ☐ \$5 ☐ \$10 ☐ \$15 ☐ \$20 ☐ \$25 ☐ other: \_\_\_\_\_

Amount enclosed: \$15 (membership) + \_\_\_\_\_ (safety) = \_\_\_\_\_

Please send your check or money order to the:

**Delaware Valley Bicycle Club**  
**P.O. Box 156**  
**Woodlyn, PA 19094-0156**



### Interest Survey

**Your Ride Pace:**  
(check one)

- |  |   |
|--|---|
| <input type="checkbox"/> Class D: <i>slow</i>    | <input type="checkbox"/> Class A: <i>fast</i> |
| <input type="checkbox"/> Class C: <i>average</i> | <input type="checkbox"/> Off-Road             |
| <input type="checkbox"/> Class B: <i>brisk</i>   |   |

**I'll volunteer for:**  
(check all interests)

- |   |  |
|---|--|
| <input type="checkbox"/> Ride Leader    | <input type="checkbox"/> Newsletter Typist   |
| <input type="checkbox"/> Sag Wagon      | <input type="checkbox"/> Newsletter Delivery |
| <input type="checkbox"/> Tour Food Stop |  |