

DELAWARE VALLEY BICYCLE CLUB

P.O. Box 156, Woodlyn, PA, 19094-0156

MAY 2000

FREE

BENEFIT RIDE FOR U.S. BICYCLING HALL OF FAME

Fellow Cycling Enthusiasts:

Pump up your tires, strap on your helmet, load some carbs and join three-time Tour De France winner Greg LeMond in a fun ride for all abilities to benefit the U.S. Bicycling Hall of Fame, a non-profit organization dedicated to the preservation of American cycling history.

LeMond will lead participants from

AT&T and other local corporations for the 25-mile "Ride With The Stars" tour departing from and returning to Somerville, New Jersey, home of the U.S. Bicycling Hall of Fame, at 10 a.m. on Saturday, June 3. Hundreds of riders are expected and there's always room for more!

deductible.

Your donation to participate will go toward preserving one of the most extensive collections of U.S. bicycling memorabilia in the country maintained by the U.S. Bicycling Hall of Fame.

Along with the thrill of pedaling along with one the best known U.S. champion cyclists, registered riders will receive:

- · U.S. Bicycling Hall of Fame Membership
- Limited Edition "Ride With The Stars" Greg LeMond T-shirt

- · Commemorative Poster
- · Bike mechanic and rest stop support along the 25-mile course

Register early and pay only \$50 per person. After May 2, registration is \$60 per person. You may also attend the Pre-Event VIP Induction Dinner on Friday, June 2, at the Elks Club in Bridgewater, New Jersey, to welcome Greg LeMond and new Hall of Fame inductees. This evening

includes a presentation by LeMond, raffles, auctions and fun for all for only \$60 per person. However, you may opt for the Special LeMond Package, which includes the dinner and ride both for only \$100. All registration fees are tax

To register, fill in the form below, enclose it with your check made payable to the U.S.B.H.O.F, and mail it to:

U.S.B.H.O.F 165 Main Street Somerville, NJ 08876

For Greg LeMond bio information and more about the U.S.B.H.O.F see theirWebsite at http://www.usbhof.com/ Thank you for your consideration and support! Contact: 908-722-3620.

DVBC MEMBERS MEETING

Monday, May 1, 2000
Guest Speaker: Ken Edmonds,
Slides and lecture about the
East Coast Greenway
See the Ride Calendar
for more information.

SAVE OPEN SPACE TOUR

Sunday, May 14, 2000

VOLUNTEERS, join the fun and get the satisfaction of helping to make a successful Tour. On the day of the tour we need people to help with registration, food stops and driving a sag vehicle. If you can help with any of these activities, please contact Ira Josephs at bikeira@juno.com or 610.565.4058 or Eric Valencia at eric@dvbc.org.

Freedom Valley Bike Ride

May 21, 2000 Special Promotion by the Bike Coalition of Delaware Valley

If our club preregisters 20 riders by May 5, we get the t-shirt with our club name printed on the back. There is a place on the back of the application to indicate you are part of a "team". If you have already registered, let them know you are with the DVBC. Either way, please contact Ira Josephs so that he can make sure all names have been received. 610.565.4058 or bikeira@juno.com.

The Delaware Valley Bicycle Club P.O. BOX 156 Woodlyn, PA 19094-0156

http://www.dvbc.org

DVBC Meeting Place

Delaware County Peace Center, Springfield Friends Meeting, 1001 Old Sproul Road (behind the car wash at Rt. 320 and Old Marple Road). Meetings are usually held the first Monday of most months.

DVBC welcomes articles and ride reports for the newsletter. Please submit your <u>proofread</u> materials to the Editor before the 15th of each month.

Board of Directors & Staff

Ira Josephs, President & Newsletter Coeditor, 610.565.4058 or bikeira@juno.com

Tony Rocha, Vice President, 610.416.0514 or tony@craftech.com

Bob Leon, *Treasurer*, 610.833.2096 or cbleon@bellatlantic.net

David Bennett, Secretary, 610.626.1344 queenofsheba@craftech.com

Judy LaDrew, Newsletter Assembly & Coeditor, 610.383.9327 or 2ladrews@netreach.net

Dave Trout, Ride Coordintor, 610.368.0760 or dtwave@home.com

Jan Chadwick, Mail Labels & Brochures, 610.541.0784 or chadwick@craftech.com

Christopher Harendza, Web Page, 610.449.6456 or elzchris@netreach.net

Club Affiliations





Bicycle Coalition of the Delaware Valley

Please note that the views expressed in this publication are not necessarily the views of the DVBC, nor do we endorse products or services advertised.

Ride Guidelines

- 1. Arrive early and be ready to leave on time. Rides start no more than 5-7 minutes late.
- 2. Make sure your bike is in proper working order before you arrive.
- 3. Carry a spare tube, patch kit, and water bottle.
- 4. Practice safety and obey all traffic laws.
- 5. A helmet is mandatory for all DVBC rides.
- 6. All Club rides are rated according to the degree of difficulty. Do not "bike off" more than you can do. Go on rides within your ability, interest and experience. If you're in doubt about your ability, try out a ride one class below the one you're not sure of and work your way up.

Ride classifications:

Class D: For new, inexperienced riders or families: 7-9 mph average moving speed with frequent stops and as few hills as possible. The group will wait for all riders. The ride lengths are usually are less than 10 miles, but longer distances are permissible.

Class C-: For average riders: 10-11 mph average moving speed with rest stops as needed. The group will wait for stragglers. The recommended distance is 10-30 miles.

Class C+: Also for average riders: 12-13 mph average moving speed with rest stops every 45-60 minutes. No obligation to wait for stragglers if cue sheets or maps are provided.

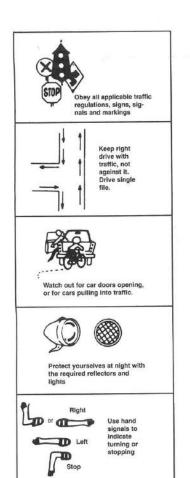
Class B-: For more experienced riders: 14-15 mph average moving speed with rest stops at the discretion of the ride leader. No obligation to wait for stragglers if cue sheets or maps are provided.

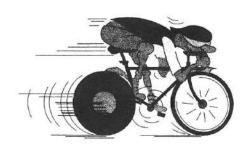
Class B+: For strong riders: 16-18 mph average moving speed with rest stops at the discretion of the ride leader. No obligation to wait for stragglers if cue sheets or maps are provided.

Class A: For very strong riders: 19+ mph average moving speed with rest stops at the discretion of the ride leader. No obligation to wait for stragglers if cue sheets or maps are provided.

- 8. Each rider assumes his/her own risk on all rides.
- 9. Those who ride ahead of the group are on their own ride.
- 10. Always notify the ride leader before leaving the group.
- 11. Ride leaders should adhere to the advertised speed of the ride.
- 12. Ride leaders are not expected to be bike mechanics.

Note: In the case of questionable weather or road conditions, the Ride Leader may decide to cancel the event. Call the ride leader if in doubt. The general public is invited to all events organized by the Delaware Valley Bicycle Club. Except for the Freedom Tour, Brandywine Tour and Club picnic, all club events are free to the general public. The general public is welcome!





Bike Dirt By F.X. Pedrix

I want everyone to know that last month's Bike Dirt was not so much the result of it being April and April Fool's Day as much a result of no news to report. I have always gone by the old newspaper reporter's adage, "If there's no news to report, then make some up." So I made up every thing, including Babs writing the column. although she tells me that she could have written it if she really cared about the subject matter -Ah, isn't it good to have the old, I mean, same Babs back again? For those of you who actually believed last month's column, please contact me; I have an antique tenspeed Huffy to sell you.

Babs told me the other day that

she was sick and tired of hearing me complain about the weather. Although we have had some nice days, we have also had a lot of rain and (the thing I really hate) wind. Even with the weather as it has been, the season is in full swing. You can always tell when spring is here because the harbingers of spring appear: robins, tulips, Shore and Kountry Kitchen rides.

Off and on during the past few years I have tried talking to Babs about the possibility of getting and riding a tandem. Every time I bring it up she runs to the medicine cabinet and brings out a thermometer to take my temperature. It's not the actual act of getting the thermometer that makes me mad; it's the type of thermometer she gets. Anyway, just about everyone knows about our tandem riding newsletter editor and her husband taking a nasty spill early this season. He broke his elbow and she ended up with a broken pelvis. What everyone doesn't know (I had to pay dearly for this information) is that he has been keeping a log of her wheelchair mileage. FYI, he has started riding again. She is healing faster than anticipated and never missed a

newsletter. "What a pair," I told Babs as she headed off to the medicine cabinet again.

I was busy changing to a new set of bike tires and a new cassette, when Babs came down to my shop to put more to-do items on my household to-do list. Seems like she wants to change the paint scheme in the entire house - I can't wait. And, speaking of change, one of our more facially hirsute roadies, confined to a hybrid bike because of a neck problem, is on a mission to help C riders mutate into bikers of B distances at C speeds. By letting riders choose from a variety of scenic routes, "Darwin" is hoping to offer natural selection. The evolution was going well until, on a recent ride, one homo sapiens could not shift onto his big chain ring. The problem: a missing link.

Overheard on a Recent Ride Department: "Boy, I see a lot of \$5000 bikes around: too bad they all have 10 cent legs!!!" as we crawled up a hill shaking off those winter blues.

If you have any good Bike Dirt. club news, gossip, jokes, quotes, comments or any other info, e-mail me at fxpedrix@hotmail.com.

Welcome New Members!

Sheryl Beck

Tim Griest

Patrick Berdoz

Anne Jordan

Eugene Mochan & Kimberly Kaiser

Steve Byrne

Chris Elv

Anne Faulkner Gwen Livingston

Jack Lautsbaugh, Jr. Monika Sloane

Leota Terry

Lori Ward









RIDE CALENDAR May 2000



Weekdays, All month, 7:30 am - Weekday Ramble Miles: 10-20. Class: C

Just about every weekday (Thursday is the Breakfast Ride), weather permitting, we meet for an easy-paced ride. We leave from our Havertown home in the Oakmont Section. Please call the night before, to confirm departing place and time. Call Joel at 610-789-7673.

Monday, May 1, 7:30 pm — General Membership Meeting

Delaware County Peace Center, Springfield Friends' Meeting, 1001 Old Sproul Rd. in Springfield. Our speaker (with slide show) will be Ken Edmonds from Souderton, the MidAtlantic Coordinator of the East Coast Greenway. Come find out 1st hand about this bike trail from Florida to Canada that passes within a few miles of your home. And see how you can participate in the Wave 2000 promotional event in May. The meeting is open to all club members. Contact Ira Josephs at 610.565.4058 or bikeira@juno.com.

Tuesday, May 2, 6:00 pm - Vocabulary Ride - Miles: 15-20, Class: C

We ride every Tuesday evening through various parts of Ridley, Swarthmore, Wallingford and surrounding areas. Meet at the Folsom Pathmark on MacDade Blvd. Contact Dave Trout at 610-368-0760 or dtwave@home.com.

Wednesday, May 3, Morning - Mornin' Ridin' - Miles: 30-35. Class: C-

Join us retired, part timers, evening workers, etc., for a leisurely morning ride to various places in western Delaware & Chester Counties. Bring money for lunch. Call Fran DeMillion prior to ride for time and meeting place. 610-431-2675.

Wednesday, May 3, 6:00 pm - Wednesday Night Training Ride - Miles: 15+ . Class: B

Come on out and take your frustrations out on the bike with a good after work workout. Expect a fast pace and a few hills as we take off from Rose Tree Park (off Rt. 252). We will increase the distance and speed every week if we can. Contact Tony Rocha at H-610-416-0514 or tony@craftech.com to confirm the ride.

Wednesday, May 3, 6:00 pm - Ride with Len - Miles: 20-25. Class: C+/B-

We meet at Kingsway High School, at the intersection of Rt. 322 and Rt. 551 (Kings Highway) New Jersey. Rain cancels. Contact Len at 856-866-1000 ext.3472 or L.zanetich@telesciences.com.

Thursday, May 4, 7:30 am - Pancake Breakfast - Miles: 10-25. Class: C

7:30 am on each Thursday leaving from our Havertown home in the Oakmont section. Weather permitting. This is an easy-paced ride of 10-15 miles

with a pancake place in between. Please don't forget money and a helmet. We're generally back to start by 9:45 am. Please call the night before, to confirm departing place and time. Call Joel at 610-789-7673.

Thursday, May 4, 5:45 pm - Thursday Evening Show & Go - Miles: 20-25. Class: B

Join me for a fast-paced ride from Rose Tree Park (Rt. 252, just North of Rt. 1) on to Thornbury and various routes back to Rose Tree Park. 20 to 25 miles, expect some hills. Call Bob for more details 610-833-2096.

Friday, May 5, 6:00 pm - Ride with Len -Miles: 20-25. Class: C+/B-

See May 3 for details.

Saturday. May 6 - 8:30 am - Chester County - Miles: 65+-. Class: B

Meet behind the Dunkin' Donuts, MacDade Blvd & Fairview Roads, Woodlyn and ride somewhere into Chester County with a stop at Northbrook Orchards. Call Bob 610-833-2096.

Saturday, May 6 - 9:30 am - Paint Ride - Miles: Various Class: All

Come on out and help paint the route markings for the SOS tour. We'll meet at parking lot 15 in Ridley Creek State Park. Rain date will be Sunday May 7. For more information contact Ira Josephs at 610-565-4058 or bikeira@juno.com.

Sunday, May 7, 9:00 am - Jersey Ramble - Miles: 20+. Class: C

We'll meet at the Kingsway High School on Rts. 322 and 551 for a training ride through South Jersey. Call Bob at 610-833-2096

Sunday, May 7, 10:00 am - Double Loop Day - Miles: 52. Class C

Meet at the Kimberton shopping center, Rt. 23 West where O'Gradys is, for a 52-mile ride made up of two loops. Bring snacks for a rest stop on each loop. For more info call Walt at 610-917-8761.

Monday, May 8, 7:00 pm - DVBC Board Meeting -

Delaware County Peace Center, Springfield Friends' Meeting, 1001 Old Sproul Road, in Springfield. The meeting is open to all club members. Contact Ira Josephs at 610-565-4058 or bikeira@juno.com.

Tuesday, May 9, 6:00 pm - Vocabulary Ride - Miles: 15-20. Class: C

See May 2 for details.

Wednesday, May 10, Morning - Mornin' Ridin' - Miles: 30-35. Class: C-

See May 3 for details

Wednesday, May 10, 6:00 pm - Wednesday Night Training Ride - Miles: 15+. Class: B See May 3 for details.

Wednesday, May 10, 6:00 pm - Ride with Len - Miles: 20-25. Class: C+/B-

See May 3 for details.

Thursday, May 11, 5:45 pm — Thursday Evening Show & Go — Miles: 20-25. Class: B

See May 4 for Details.

Friday, May 12, 6:00 pm - Ride with Len - Miles: 20-25. Class: C+/B-

See May 3 for details.

Sat. May 13 - 8:30 am - SOS Tour Volunteers Ride - Miles: Various. Class: All

Tour volunteers only. Ride the Save Open Space Tour to check our route markings and make sure the roads are bicycle friendly. Call Ira, Tony or Bob for details. Phone #'s are in the newsletter.

DVBC SOS TOUR

Sunday, May 14, SOS Tour -Save Open Space 8-9:00 am - 65 & 50 miles 9-10:00 am - 35,18 & 8 miles

Come out and enjoy the Delaware Valley Bike Club's fabulous spring tour, celebrating the theme of Open Space. Tour begins at Ridley Creek State Park, and meanders through parts of beautiful Delaware and Chester Counties. Tour features wonderful scenery, food and water stops, cue sheets, well-marked routes, and sag wagon. Cost: \$10 Day of Tour. Rain or shine. Contact Ira Josephs at 610-565-4058 or bikeira@juno.com for further details.

Tuesday, May 16, 6:00 pm - Vocabulary Ride - Miles: 15-20. Class: C

See May 2 for details.

Tuesday, May 16, 7:00-9:00 pm — Delaware County Cycling Committee

Delco Cycling Committee Meeting. At the Furness Library, off of Rt. 252 in Wallingford, PA. Everyone is welcome. Contact Ira Josephs at 610.565.4058 or bikeira@juno.com.

Wednesday, May 17, Morning - Mornin' Ridin' - Miles: 30-35. Class: C-

See May 3 for details

Wednesday, May 17, 6:00 PM - Wednesday Night Training Ride - Miles:15+. Class: B

See May 3 for details.

Wednesday, May 17, 6:00 pm - Ride with Len - Miles: 20-25. Class: C+/B- See May 3 for details.

Thursday, May 18, 5:45 pm — Thursday Evening Show & Go — Miles: 20-25. Class: B
See May 4 for Details.

Friday, May 19, 6:00 pm - Ride with Len - Miles: 20-25. Class: C+/B-

See May 3 for details.

Saturday, May 20, 9:00 am - Wanna B Ridley Creek - Miles: 30-35. Class C

For those C riders who want to ride longer distances at C speeds with frequent rest stops. We start at the Pathmark in Folsom and ride to and through Ridley Creek State Park. We'll stop for snacks/lunch. Contact Dave Trout at 610-368-0760 or dtwave@home.com.

Sat. May 20, 7:00 am - Ocean City NU - Miles: 126. Class: B

Join me for a ride to the shore and back. We'll meet at the Kingsway High School on Routes 322 and 551. Bring money for food and drink along the way. Call Bob for more details: 610-833-2096.

Sunday, May 21, 8:45 am - Embreeville - Miles: 48+. Class: B

Meet at the Ridley Creek State Park Main Office (off Gradyville Rd. between Rts. 252 & 352 in Edgemont Township) and ride to Unionville, Embreeville and surrounding areas. Expect hills. Contact Christopher Harendza at 610-449-6456 or elzchris@netreach.net.

Sunday, May 21, 9:00 am - Kountry Kitchen - Miles: 35+. Class: C

Join me for a ride to the Kountry Kitchen. We'll meet at that familiar start, Kingsway High School, Routes 322 & 551 in New Jersey. Be there for a relaxing ride to a good breakfast. Call Bob at 610-833-2096.

Tuesday, May 23, 6:00 pm - Vocabulary Ride - Miles: 15-20. Class: C

See May 2 for details.

Wednesday, May 24, Morning - Mornin' Ridin' - Miles: 30-35. Class: C-

See May 3 for details

Wednesday, May 24, 6:00 PM - Wednesday Night Training Ride - Miles: 15+. Class: B See May 3 for details.

Wednesday, May 24, 6:00 pm - Ride with Len - Miles: 20-25. Class: C+/B-

See May 3 for details.

Thursday, May 25, 5:45 pm — Thursday Evening Show & Go — Miles: 20-25. Class: B
See May 4 for Details.

Friday, May 26, 6:00 pm - Ride with Len -Miles: 20-25. Class: C+/B-See May 3 for details.

Sat. May 27, 8:30 am - *Inner 50* - Miles: 70. Class: B

Meet at the Dunkin' Donuts, MacDade Blvd and Fairview Rds., Woodlyn, for a ride to Chester County. Bring or buy lunch along the way. Call Bob 610-833-2096.

Saturday, May 27, 9:00 am - Easy Does It - Miles: 15-20. Class: C-

Meet at the Moylan-Rose Valley train station at Woodward and Manchester Roads in Media for an easy-paced ride into the surrounding countryside. There will be some hills but we'll take 'em slow. For more info, contact Ira at 610.565.4058 or bikeira@juno.com.

Sunday, May 28, 8:30 am - Westtown & Beyond Miles: 60. Class: B

Ride some of DVBC's classic scenic hills and creek valleys. We will pass the Ridley, Chester and Brandywine taking us through Delaware and Chester Counties, West Chester and Delaware. Bring money and/or food for rest stop. Contact Ira at 610-565-4058 or bikeira@juno.com.

Thursday, May 11, 5:45 pm - Thursday Evening Show & Go - Miles: 20-25, Class: B

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- Friday, May 12, 6:00 pm Ride with Len Miles: 20-25. Class: C+/B-See May 3 for details.
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See May 3 for details

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Thursday, May 25, 5:45 pm - Thursday Evening Show & Go - Miles: 20-25, Class: B See May 4 for Details.

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Sunday, May 28, 9:00 am - Train Station - Miles: 25+. Class: C

Meet at the Chadds Ford Elementary School on Route 1 just ¼ mile past Route 100. We'll do an easy ride to Northbrook Train Station. Call Bob 610-833-2096.

Sunday, May 28, 9:30 am — Manayunk - Miles: 21+. Class: C

An easy-paced ride starting from the Drexel Hill Cyclery on Burmont Rd. in Drexel Hill. We'll start there and travel to Manayunk with an optional loop to the Art Museum. Expect some hills, but no one will get dropped. Bring money for a snack. Call Bob Martin at 610-352-2114.

Tuesday, May 30, 6:00 pm - Vocabulary Ride - Miles: 15-20. Class: C

See May 2 for details.

Wednesday, May 31, Morning - Mornin' Ridin' - Miles: 30-35. Class: C-

See May 3 for details.

Wednesday, May 31, 6:00 PM - Wednesday Night Training Ride - Miles:15+. Class: B

See May 3 for details.

Wednesday, May 31, 6:00 pm - Ride with Len - Miles: 20-25. Class: C+/B- See May 3 for details.

Thursday, June 1, 5:45 pm – Thursday Evening Show & Go – Miles: 20-25. Class: B
See May 4 for Details.

Wear a helmet. Dress appropriately. Call the ride leader first to confirm the ride. Ride Coordinator Dave Trout – 610-368-0760 - Email: dtwave@home.com



DVBC MEMBERS:

Subscribe to our club e-mailing list. Find out how by visiting http://list.dvbc.org

STATE INSPECTION EMISSION INSPECTION 24 HOUR TOWING 4-WHEEL ALIGNMENT



JONES' AMOCO

614 MacDADE BLVD. MILMONT PARK, PA 19033

RICK JONES Proprietor

(610) 583-3015

EVENTS CALENDAR

May 6: Mexican Metric, Oaks PA. Suburban Cyclists, wgulick@aol.com. 20-63 mi., \$20 for non-members, SCU, PO Box 401, Horsham PA 19044, 215-362-2216.

May 6: Farmlands Flat Tour, Lincroft NJ. 15, 25, 35, 50, 62, or 100 mi; Central Jersey Bicycle Club, Howie Glick,

732-225-4827. howie-q@erols.com

May 7: Great Five Borough Bike Tour. 30,000 cyclists on the largest bicycle ride in the United States. 42 mi. ride on auto-free but bicycle-full streets of New York through Manhattan, Bronx, Queens, Brooklyn, and over Verrazano Narrows Br. onto Staten Island. Suggest using hybrid or MTB. Bike New York, 891 Amsterdam Av., New York, NY 10025; 212-932-2453. <tedc@bikenewyork.org> www.bikenewyork.org

May 13: Pinelands Triple Loop, Batsto NJ, \$20 for non-members, <sundeck@sprynet.com> Shore Cycle Club, PO Box 492, Northfield NJ 08225-0492.

May 14: Open Space Tour, DVBC. Ridley Creek State Park, Media, PA; 8, 18, 35, 50, or 65 mi. on scenic country back roads through the remaining open space of Delaware and Chester Counties. \$8 by 5/1, \$10 after. Delaware Valley Bicycle Club, P.O. Box 156, Woodlyn, PA 19094-0156, or call Ira Josephs at 610-565-4058 or bikeira@juno.com , www.dvbc.org/

May 15-19: Bike to Work Week

May 20: Ride the Rural Legacy II, Relsterstown, MD. 15, 36, or 65 mi. on rolling to hilly terrain. \$16,

P.O. Box 5402, Towson, MD 21285; 410-337-6877.

May 21: Tour de Cure, Cherry Hill, NJ. American Diabetes Assoc., 1-800-868-7888. www.diabetes.org/tour

May 21: Freedom Valley Bike Ride, 215-829-4937, 9, 16, 32, 64, or 70 mi. Start from Philadelphia, Rosemont, or Phoenixville. Bicycle Coalition of Delaware Valley, Therese Madden, 215-829-4937. tmadden@bcdv.org www.freedomvalleybike.org/

May 21:Horse Farm Tour, Hanover, PA; 10, 25, 35, or 50 mi. Hanover Cyclers, Keith Krout, 412 Hamlet Dr., Spring Grove, PA 17362; 717-225-4194. <kbkhamlet@msn.com> May 21: John Pixton Memorial Poker Ride, Spring House, PA. 22, 32, 55, or 65-mi. Penna. Bicycle Club, \$15 by May 12, \$17 after, Laurama Pixton, 445 Dreshertown Rd., Ft. Washington, PA 1034. Rick Liebert 215-542-7181 (before 9pm).</ri>

May 26-29: Kent County Spring Fling, Chestertown, MD. 4 days on Eastern Shore w/meals & lodging at Washington Coll. Register early because event is always sold out & 210 fewer cyclists can be accommodated this year. Baltimore Bike Club, Dwight Kitchens, 123 Goucher Way, Churchville, MD 21028-121923; FAX either 410-734-4207 or 410-836-2271.

<personal@ssampls.com> www.baltobikeclub.org

June 2: Manayunk Wall Climb, Philadelphia. 5:00 PM start from Main Street, Manayunk. First Union Cycling, Octagon Marketing, 1266 East Main Street, 7th Floor, Stamford, CT 06902; 203-363-1084, Fax: 203-363-1088. www.firstunioncycling.com/manayunk.html

The Save Open Space Tour

Sunday, May 14, 2000 65, 50, 35, 18, and 8 mile routes Sponsored by the Delaware Valley Bicycle Club

Time: 8-9 am for 65 & 50 milers; 9-10 am for 35, 18, & 8 milers.

Place: Ridley Creek State Park, picnic area #15 in Media, PA

Cost: \$8 pre-registration (if postmarked by May 1, 2000) \$10 day of Tour. Tour will be held rain or shine. Services Provided by DVBC: Food & water stops, map/cue sheets, sag wagon, rest rooms, well-marked routes

Routes: The new theme is a celebration of open space, which is being lost to development at a rate of an acre an hour in the region. The scenic tour will begin at Ridley Creek State Park and will meander up & down through parts of Delaware and Chester counties that are still open spaces, including the 1,26 acre "Horse Farm" in western Delaware County planned for future development by Toll Brothers. Routes from previous years subject to change based on the availability of open space! As always, there will be plentiful food and rest stops for all riders!

<u>Description</u>: You travel at your own pace, with family or friends, or make new cycling friends along the way. All ages, all abilities and all types of bikes are welcome. The 8-mile route is a great way for beginners and families to experience the

fun of a tour ride!

<u>Safety</u>: Helmets are mandatory! Make sure your bike is in good condition; use safe cycling habits; obey all traffic laws. We recommend carrying a spare tube/patch kit, tire pump, and tire irons. Each rider assumes his/her own responsibility. <u>For More Information</u>: Call Ira Josephs at (615) 565-4058 or e-mail at <u>bikeira@juno.com</u>.

1	he Save C	pen Spa	ce Tour, I	May 14,	2000	
Name:						
Address:						·
City:	St	ate:			100000000000000000000000000000000000000	Market and the second second second
Phone:	-	Age:	E-r	mail:		
Intended ride distance: □ 65 m	i. □ 50 mi.	□ 35 mi.	□ 18 mi.	□ 8 mi.		*
In consideration of the acceptance of m death, personal injury, or property damage w is intended to discharge in advance the property damage with the my participation in said event, even though the I further understand that serious accides and to release and hold harmless all of (or my heirs or assigns) for damages. It is further understand that serious accides and to release and hold harmless all of the control of the con	hich I may have, or comoters, the spo ir respective agen at liability may aris ents occasionally mage, as a consect the persons or en	ntry into the about which may he insors, the Del ts and employe se out of negligoroccur during be quence thereof, attities mentione	ereafter accrue to aware Valley Books) from and agence or careless bocycle riding; and Knowing the rid d above who (th	o me, as a res icycle Club, the ainst any and ness on the pand that participals is of bicycle rough neglige	eult of my participhe promoting of all liability arising art of the person pants in bicycle riding, neverthence or carelessing	pation in the said event. This release lubs, the officials, and any involved ag out of or connected in any way with is mentioned above. riding occasionally sustain mortal or eless, I hereby agree to assume those ness) might otherwise be liable to me
Signature			Signature	of parent or	guardian (if	rider under 18 years)
Please send this signed from w Save Open Space Tour,Delawa	ith a check o ire Valley Bio	r money or cycle Club,	rder m e c PO Box 15	out to DVE 6, Woodly	C by May	1, to: 94-0156

Special thanks go to our sponsors:







Delaware Valley Bicycle Club P.O. Box 156 Woodlyn, PA 19094-0156







Exp: 9/30/00

Bob & Judy LaDrew 139 Gabel Road Coatesville, PA 19320

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The Delaware Valley Bicycle Club (DVBC) is a non-profit corporation formed to educate the public as to the safe use of the bicycle through lectures, seminars, planned rides, and other activities promoting the bicycle as an efficient and enjoyable means of exercise, recreation, and transportation. Non-members are welcome on rides, but are urged to consider their ability and experience when selecting a ride (see the "Ride Guidelines" on the inside cover). Helmets are mandatory for all rides. The club cannot accept responsibility for accidents or injury when participating in a DVBC event.

	for DVBC Membership year from date joined/renewed)
Please print clearly and	use your 9-digit zip code, if known.
Name:	
Address:	
City:	State: Zip:
Phone:	Date of Birth:
	ship: \$15.00 per household.
discounts at most Club membership attracts	DVBC Newsletter (10 issues per year), sponsors, Club subsidized events. Your advertisers and helps influence local oncerning bicycle issues.
	nd is used to promote issues regarding aware Valley. I wish to contribute:

□\$1 □\$5 □\$10 □\$15 □\$20 □\$25 □ other:

Amount enclosed: \$15 (membership) + ____ (safety) =

- I	nterest Survey	
Your Ride Pace: (check one)	□ Class D: slow □ Class C: average □ Class B: brisk	□ Class A: fast □ Off-Road
I'll volunteer for: (check all interests)	□ Ride Leader □ Sag Wagon □ Tour Food Stop	□ Newsletter Typist □ Newsletter Delivery
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Please send your check or money order to the:

P.O. Box 156
Woodlyn, PA 19094-0156