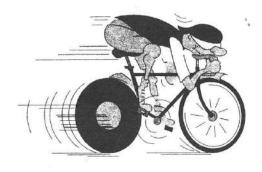


DELAWARE VALLEY BICYCLE CLUB

P.O. Box 156, Woodlyn, PA, 19094-0156 _____

SEPTEMBER 1999

FREE



Bike Dirt

By F.X. Pedrix

I was busy planning my weekend rides for the September Century month when my ever so beautiful wife Babs sat down across the table from me and began noisily preparing her annual threat of divorce papers. "Did you know," I said, "that there is a major century ride on just about every Saturday and Sunday this month, beginning with The DVBC Brandywine Tour?" She shuffled her papers vigorously. "And did you know that I probably won't ride every one of them?" I added sheepishly. "Sign here," she demanded pushing her papers toward me. One of the biggest events this month is The MS 150. Many of our club's members participate in this charitable event and from what I hear they have a blast. If you would like to ride with them or help support their ride drop me an e-mail or call the club president and we will point you to the right people.

Although Babs threatens divorce about this time every year, for the most part we have a happy marriage and have been married for many years. I learned that one of our club members and ride leaders (hint: he whistles when he rides – out of his mouth that Is) is celebrating 33 years of marriage. In order to mark

the occasion they are planning to renew their vows and he has been sporting a new wedding ring. Congratulations and many more. (I wonder, did they get to 33 years because of his bike riding or in spite of it? Mmmmm)

Bicycle Quotes: "Nothing compares to the simple pleasure of a bike ride." - President John F. Kennedy.

I heard that some of our members didn't ride with the club in July because of a minor error by our illustrious Newsletter Assembly Editor. She never changed the month on the cover of the newsletter so that the July issue still said June. Some members then promptly threw it away. This reminds me, I was in the bookstore with Babs the other day and she brings a book up and shoves it in my face triumphantly. "Bicycling for Dummies" was the cover of a big yellow book. Is this what we need, I thought—is this what we want? Besides, I thought all the dummies were out driving cars.

"Ped, I've always known you were a little crazy about this bike riding of yours," said Babs as I was filling up my water bottles, "but going riding on a day when the temperature is 100 degrees and the heat index is 115 is more than crazy. I think you need to see a psychiatrist." "That's OK," I replied, "I think one is going on the ride today. I'll talk to him." Babs stormed back into the family room turning the AC down on the way. The heat has been tough on the riders this summer. The planned double century in July only had four (crazy) riders! They still did 200 - kilometers that is. Kudos to them anyway, considering the temperature was close to 100 that day.

By the way, I heard through the grapevine that the Brandywine Bike Club will be changing the name of their Dog Daze Ride next year to the Massive Manhunt for the Multiple Murderer Ride. Sounds like an exciting ride.

(cont. on page 3)

FROM CIGARETTE SMOKING TO "CHAIN" SMOKIN'

The following are excerpts from an email club member Tony Rocha wrote about Bob Leon's club 150-miler on June 19:

The 150-miler went well. We were a nice group of nine, including two women, and I think we all finished.

Of course the group didn't stick together... that would have been too perfect. Actually, it was only for the last 18 miles that we got separated. We were doing very well, some more tired than others, but all in good spirits. I felt pretty strong and, if I hadn't raced the last 18 miles, I could have done more.

The last 18 went so fast that I can't even tell you what happened. All I know is that around five o'clock we were leaving the Texaco station when Bob Leon said that there were only 18 miles or so to go. Somebody said, "We're going to pick up the pace a little more," and Bob told them, "Knock yourselves out!" Like a fool, I followed the leaders. The few times I had a chance to look at my computer, we were doing over 25. Next thing I know, at 5:45 we were at the parking lot with no fuel left and an average of 17.5 for the whole 150. WOW! What a rush that was! I didn't know I could go that fast for so long.

I was pretty amazed that Katrina was able to lead the pack at that kind of speed. And apparently, from what I've heard, she was being nice to us.

Just that morning before I left the house my wife reminded me that last year at this time I would have spent Saturday on the porch with a cigarette. Then, when I arrived home, she said, "You could have had that pack done by now. How does it feel?"

Cycling is my new addiction.

The Delaware Valley Bicycle Club P.O. BOX 156 Woodlyn, PA 19094-0156

http://www.dvbc.org

DVBC Meeting Place

Delaware County Peace Center, Springfield Friends Meeting, 1001 Old Sproul Road (behind the car wash at Rt. 320 and Old Marple Road). Meetings are usually held the first Monday of most months.

DVBC welcomes articles and ride reports for the newsletter. Please submit your <u>proofread</u> materials to the Editor before the 14th of each month.

Board of Directors & Staff

Ira Josephs, President & Newsletter Coeditor, 610.565.4058 or bikeira@juno.com

Gina Bezdziecki, Vice President & Tour Coordinator, 610.525.0129

Bob Leon, *Treasurer*, 610.833.2096 or cbleon@bellatlantic.net

David Bennett, Secretary

Judy LaDrew, Newsletter Assembly & Coeditor, 610.383.9327 or 2ladrews@netreach.net

Katrina Dowidchuk, Ride Coordintor, 610.789.4438 or greeneggsandham3@juno.com

Jan Chadwick, *Mail Labels & Brochures*, 610.541.0784 or chadwick@compuserve.com

Ann Martha, Regional Events, 215.548.8482 Christopher Harendza, Web Page, 610.449.6456 or elzchris@netreach.net

Club Affiliations





Bicycle Coalition of the Delaware Valley

Please note that the views expressed in this publication are not necessarily the views of the DVBC, nor do we endorse products or services advertised.

Ride Guidelines

- 1. Arrive early and be ready to leave on time. Rides start no more than 5-7 minutes late.
- Make sure your bike is in proper working order before you arrive.
- 3. Carry a spare tube, patch kit, and water bottle.
- 4. Practice safety and obey all traffic laws.
- 5. A helmet is mandatory for all DVBC rides.
- 6. All Club rides are rated according to the degree of difficulty. Do not "bike off" more than you can do. Go on rides within your ability, interest and experience. If you're in doubt about your ability, try out a ride one class below the one you're not sure of and work your way up.
- 7. Ride classifications:

Class D: For new, inexperienced riders or families: 7-9 mph average moving speed with frequent stops and as few hills as possible. The group will wait for all riders. The ride lengths are usually are less than 10 miles, but longer distances are permissible.

Class C-: For average riders: 10-11 mph average moving speed with rest stops as needed. The group will wait for stragglers. The recommended distance is 10-30 miles.

Class C+: Also for average riders: 12-13 mph average moving speed with rest stops every 45-60 minutes. No obligation to wait for stragglers if cue sheets or maps are provided.

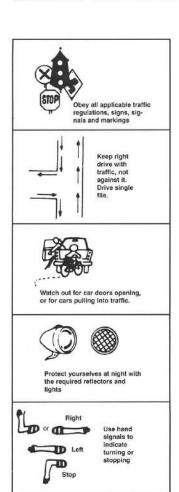
Class B: For more experienced riders: 14-15 mph average moving speed with rest stops at the discretion of the ride leader. No obligation to wait for stragglers if cue sheets or maps are provided.

Class B+: For strong riders: 16-18 mph average moving speed with rest stops at the discretion of the ride leader. No obligation to wait for stragglers if cue sheets or maps are provided.

Class A: For very strong riders: 19+ mph average moving speed with rest stops at the discretion of the ride leader. No obligation to wait for stragglers if cue sheets or maps are provided.

- 8. Each rider assumes his/her own risk on all rides.
- 9. Those who ride ahead of the group are on their own ride.
- 10. Always notify the ride leader before leaving the group.
- 11. Ride leaders should adhere to the advertised speed of the ride.
- 12. Ride leaders are not expected to be bike mechanics.

Note: In the case of questionable weather or road conditions, the Ride Leader may decide to cancel the event. Call the ride leader if in doubt. The general public is invited to all events organized by the Delaware Valley Bicycle Club. Except for the Freedom Tour, Brandywine Tour and Club picnic, all club events are free to the general public. The general public is welcome!



(Bike Dirt, from p. 1)

Bad Joke Department: Q- What do you call two bikes welded together? A- Siamese Schwinns.

I am responsible for the content of this article and the opinions expressed are mine and do not reflect those of the DVBC, its members or editors (thank God). If you have any good Bike Dirt, club news, jokes, quotes, comments or any other info, e-mail me at fxpedrix@hotmail.com.

Come to watch or to volunteer!

Bike for Heroes

Police Mountain Bike Competition

Saturday, Oct. 9, 1999, 1 pm.

Upper Darby Township Police Dept. hosts this 6 mile on road/off road race and police obstacle course.

All full time or part time law enforcement or security bicycle officers are invited to compete. Fee: \$20.00.

All proceeds donated to the Delaware County Law Enforcement Memorial Foundation, to build a monument honoring all law enforcement officers killed in the line of duty in Delaware County, Pa. If you would like to volunteer to help out the day of the event, call Sgt. James Reif, Upper Darby PD, @ 610-734-7695 or udbikesgt@aol.com.

If you'd be willing to pass out DVBC newsletters at this event, call Ira at 610.565.405 or bikeira@juno.com

BIKES FOR SALE

TREK 970 15", 9.0 SL Gripshift 8 SP., V type brakes, Girvin susp. stem, w/o pedals. Better spec than new!! Asking \$400.

TREK 820 18" ATB, 21 SP. R.F., w/rear rack & kickstand. Good cond. Asking \$120.

Specialized Hardrock 21" ATB, 18 SP. R.F., sealed hubs, Deore crank. Asking \$150.

Performance M-106 16" ATB, New condition, gripshift/Shimano, w/o pedals, has short cranks & stem. Asking \$300.

Dyno Nitro 20" BMX, w/3 SP Shimano hub, w/ padset, kickstand & spares. Flyers colors (black/orange/silver). Asking \$75.

Schwinn Mirada 17" Hybrid, 18 SP thumb w/kickstand. Good condition. Asking \$75.

Schwinn High Sierra 18" ATB, 21 SP thumb, street tires 1.50, adj. susp. stem, sealed hubs, rear rack. Asking \$120.

Schwinn Caliente 15" Road (2 bikes) 14 SP D.T. shift, all alloy components, 22 & 23 lb. Exc. mech. cond. Asking \$250 & \$200.

610.494.4280 Ask for Jim, Eves. & Weekends

Welcome New Members!

Pat Greager Alice Kirsch
Michael Ninni Jim Wilding

Manhunt Wipes Out Dog Daze



Escaped multiple murderer Norman Johnston killed the Brandywine Bike Club's Dog Daze ride on Saturday, August 7, disappointing several DVBC members in the process.

After Johnston was spotted in Chester County's Nottingham Park the evening before Dog Daze, an all-out manhunt ensued. Scores of area bikers arrived for the ride on Saturday morning only to learn that the park and surrounding roads had been closed. Police were on hand, but not to ensure safe passage for bikers. Media types were present, but not to interview the fastest riders.

Said one DVBC member as she loaded her bike for the drive home, "I hope they fry Johnston for killing our ride!"

Though a small man, Johnston remains at large.

Notice to Ride Leaders & Riders: Joint ride with Shore Cycle Club, Sat., Oct. 16. B & C rides, Salem, NJ

If you are a new member to the bike club, we encourage you to read the Ride Guidelines on the inside front cover to help you select a ride that is a good fit for you. For your first ride, it's a good idea to choose a ride that sounds easy to you. You'll have more fun and have a better idea about making decisions for future rides.

When you're on a ride, be sure to communicate with the ride leader if you are having difficulty keeping up with the group. The idea for having group rides is to have fun and get more people out riding. If you make a good choice for a group ride, you're more likely to keep riding!







DELAWARE VALLEY BICYCLE CLUB RIDE CALENDAR

RIDE CALENDAR September 1999

Ride Descriptions				
Wednesday, Sept. 1. 6:00 pm	Come take your frustrations out on the bike with a good after-work workout.			
Miles: 20 + Class B	Expect a fast pace and a few hills as we take off from Rose Tree Park (Rt.			
Workout	252, just North of Rte. 1). Call Tony Rocha at H 610.566.0980 or			
	tony@craftech.com.			
Thursday, Sept. 2, Early am	This ride will be held every Thursday throughout the month and will originate			
Miles: 10-25. Class C	from 401 Colfax Road in Havertown at around 7:30 am. Bring money for			
Pancake Breakfast	breakfast. Call Joel and Kate Perlish at 610.789.7673 on the Wednesday			
r driodko Broakiast	before the ride for the exact time.			
Thursday, Sept. 2. 5:45 pm	Every Thursday night in September at 5:45 - Class B Join me for a fast-			
Miles: 20-25. Class B	paced ride from Rose Tree Park (Rt. 252 just North of Dto. 1) on the			
Thursday Night Rides	paced ride from Rose Tree Park (Rt. 252, just North of Rte. 1) on to			
, and a second	Thornbury and various routes back to Rose Tree Park. 20 to 25 miles expect some hills. Call Bob for more details 610.833.2096			
Sunday, September 5	THE BRANDYWINE TOUR sponsored by DVBC			
8:00 - 10:00 am - Start time	This ride has been chosen by the League of American Bicyclists as a Best			
Miles: 28, 50, 100	Biking in America event. Join us for a fully supported ride through the			
Brandywine Tour	beautiful Brandywine River Valley. Travel at your own pace. Century riders			
	to start promptly at 8:00 am. For more information, contact Ira at			
	610.565.4058 or bikeira@juno.com or Bob at 610.833.2096. Also, please			
	see the flyer located in the newsletter.			
Monday, September 6	No members meeting this month.			
Tuesday, Sept. 7. 6:00 pm	NOTE THE CHANGE IN TIME! Join us on a spin through Ridley,			
Miles: 20+. Class C	Swarthmore, Wallingford, and other surrounding areas at a pace			
Vocabulary Ride	conducive to discussion. We meet in the parking lot of the Pathmark			
	in Folsom on Macdade Blvd. Ride Leader Dave Trout 610.368.0760 or			
	e-mail dtwave@voicenet.com.			
Wednesday, Sept 8. 6:15 pm	From Kingsway High School (Rte. 551 and Rte. 322 in Swedesboro, NJ).			
Miles: 20. Class C+/B-	Call Len at Work 609.866.1000 ext. 3472 or Home 609.848.6554 or email			
Ride with Len	8950@home.com with any questions. Rain cancels.			
Wednesday, Sept. 8. 6:00 pm	Workout. See September 1 for details. Miles: 20+ Class B			
Thursday Sant O. 5.45	The state of the s			
Thursday, Sept 9. 5:45 pm	Thursday Night Rides. See September 2 for details. Miles: 20-25.			
Thursday, Sept 9. Early am	Class B.			
Friday, Sept 10. 6:15 pm	Pancake Breakfast. See September 2 for details. Miles: 10-25. Class C.			
Miles: 20. Class C+/B-	From Kingsway High School (Rte. 551 and Rte. 322 in Swedesboro, NJ).			
Ride with Len Again	Call Len at Work 609.866.1000 ext. 3472 or Home 609.848.6554 or email			
Saturday, Sept. 11. 6:30 am	8950@home.com with any questions. Rain cancels.			
Miles:150+ Class B	We'll meet at the Kingsway High School, routes 322 & 551 in			
Avalon NJ	Swedesboro, New Jersey. Join me for our second trip to this shore			
Saturday, Sept. 11. 8:00 am.	point. Bring money for food and water. Call Bob 610-833-2096.			
Miles: 13, 25, 50 +- Class C-/C, C+	Meet at Rose Tree Park, (Rt. 252, just North of Rte. 1) and do a few miles			
Take Your Pick II	with us. The first 13-mile loop is perfect for new riders. I encourage you to			
. a roar rion ii	come out. We will take a ride to Swarthmore and keep a slow pace. There			
	are no major hills on this ride and no one will get dropped. We'll pick up the			
	pace just a little and climb a couple of good hills to complete our 25 miles.			
	The last 25 we'll just have to take it a little faster if we can, so we can get			
	back home. Oh yeah, expect a few hills on this loop also, like you didn't			
	know!! Call Tony Rocha at H 610.566.0980 or tony@craftech.com.			

C.,,,d.,, C.,,40, 0.00				
Sunday, Sept. 12. 8:00 am	Please help me raise money for Multiple Sclerosis by joining me for			
Miles: 40 +/ All Classes	breakfast at the Kountry Kitchen. The cost is \$15.00 per person and			
Kountry Kitchen MS Ride	includes your breakfast. The proceeds will go to the MS Society. We'll			
	meet at that familiar start, Kingsway High School, routes 322 & 551 in			
	Swedesboro, New Jersey. Be there for a relaxing ride to a good			
	breakfast. Call Bob to make your reservations 610-833-2096.			
Monday, Sept. 13. 7:00 pm	Delaware County Peace Center, Springfield Friends' Meeting, 1001 Old			
DVBC Board Meeting	Sproul Rd. in Springfield. The meeting is open to all club members.			
	Contact Ira Josephs at 610.565.4058 or bikeira@juno.com.			
Tuesday, Sept. 14. 6:00 pm	Vocabulary Ride. See September 7 for details. Miles: 20+. Class C.			
Wednesday, Sept. 15. 6:15 pm	Ride with Len. ,See September 8 for details. Miles: 20. Class B-/C+.			
Wednesday, Sept. 15. 6:00 pm	Workout. See September 1 for details. Miles: 20+ Class B			
Thursday, Sept. 16. 5:45 pm	Thursday Night Rides. See September 2 for details. Miles: 20-25.			
	Class B.			
Thursday, Sept. 16. Early am	Pancake Breakfast. See September 2 for details. Miles: 10-25.			
	Class C.			
Friday, Sept 17. 6:15 pm	Ride with Len Again. See September 10 for details. Miles: 20. Class B-/C+.			
Saturday, Sept. 18. 8:30 am	Meet at Rose Tree Park, (Rt. 252, just North of Rte. 1) and do a few miles			
Miles: 13, 30+. Class C-/C & C+/B-	with us. The first 13 mile loop is perfect for new riders and I encourage you			
Take Your Pick	to come out. We will take a ride to Swarthmore and keep a slow pace.			
	There are no major hills on this ride and no one will get dropped. After this			
	first loop as a good warm-up for the faster riders, we will pick up the pace			
	and find some nice hills to climb. Call Tony Rocha at H 610.566.0980 or			
	tony@craftech.com.			
Sunday, Sept. 19. 9:00 am	Come check out the changes in this venerable old ride. And, it even			
Miles: 40-60. Class B	features a new snack stop and some new roads. It's still hilly. Meet at the			
Westtown and Beyond	Moylan-Rose Valley train station at Woodward and Manchester Roads in			
	Media. For more info, contact Ira at 610.565.4058 or bikeira@juno.com.			
Sunday, Sept. 19. 9:00 am	Leave from Ridley Creek State Park, parking lot #15, at 9:00 am. Ride			
Miles: 20 or 35. Class C	distance will be decided by the group showing up to ride. Route will			
Ridley Ramble	travel past Cheney University, into Dilworthtown, travel through points			
	south and into Delaware, before looping back to the Park. With the			
	longer ride, there will be a rest/food stop. Give Tony laccarino a call at			
	610.265.5455.			
Sunday, Sept. 19. 8:00 am	We'll meet at the Kingsway High School, routes 322 & 551 in			
Miles: 45+/ Class C	Swedesboro, New Jersey. We'll stop for lunch and eat at the Fort. Call			
Fort Mott	Bob at 610-833-2096.			
Tuesday, Sept. 21. 6:00 pm	Vocabulary Ride. See September 7 for details. Miles: 20+. Class C.			
Tuesday, Sept. 21. 7:00 pm	Delco Cycling Committee Meeting. At the Kate Furness Library, off of Rte			
DCCC Meeting	252 in Wallingford, PA. Everyone is welcome. Contact Ira Josephs at			
	610.565.4058 or bikeira@juno.com.			
Wednesday, Sept. 22. 6:15 pm	Ride with Len. See September 8 for details. Miles: 20. Class B-/C+.			
Wednesday, Sept. 22. 6:00 pm	Workout. See September 1 for details. Miles: 20+ Class B			
Thursday, Sept. 23. Early am	Pancake Breakfast. See September 2 for details. Miles: 10-25. Class C.			
Thursday, Sept. 23. 5:45 pm	Thursday Night Rides. See September 2 for details. Miles: 20-25. Class B.			
Friday, Sept. 24. 6:15 pm	Ride with Len Again. See September 10 for details. Miles: 20.Class B-/C+.			
Saturday, Sept. 25. 8:30 am	Take Your Pick. See Sept. 18 for details. Miles: 13, 30+. Class C-/C, C+/B-			
Sunday, Sept 26. 9:00 am.	An easy-paced ride starting from the Drexel Hill Cyclery on Burmont			
Miles: 21. Class C	Rd. in Drexel Hill. We'll start there and travel to Manayunk. Expect			
Manayunk	some hills, but no one will get dropped. Bring money for a snack. Call			
	Bob Martin at 610.352.2114.			
	505 Martin at 010.552.2114.			

 $\,\mu\,\,$ Wear a helmet. Dress appropriately. Call the ride leader first to confirm.

 μ I tried to make everything accurate as possible. If it's not, I apologize. Just let me know.

u Email: greeneggsandham3@juno.com

Sunday, Sept 26. 8:30 am. Miles: 60+. Class B/B+ Ridley to Marsh Creek	Meet at the Ridley Creek State Park Headquarters (off Gradyville Rd. between routes 252 and 352 in Edgemont Township) and ride to Downingtown, where we'll pick up lunch, etc., and on to Marsh Creek State Park for a brief lunch stop. We will then return via the same route. Expect a fast pace through the creek valleys as well as some challenging climbs. Contact Christopher Harendza at 610.449.6456 or elzchris@netreach.net.		
Tuesday, Sept. 28 6:00 pm	Vocabulary Ride. See September 7 for details, Miles: 20+. Class C.		
Wednesday, Sept. 29. 6:15 pm	Ride with Len. See September 8 for details. Miles: 20. Class B-/C+.		
Wednesday, Sept. 29. 6:00 pm	Workout. See September 1 for details. Miles: 20+ Class B		
Thursday, Sept. 30. 5:45 pm	Thursday Night Rides. See September 2 for details. Miles: 20-25. Class B.		
Thursday, Sept. 30. Early am	Pancake Breakfast. See September 2 for details. Miles: 10-25. Class C.		







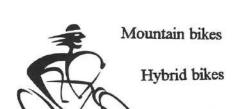




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Largest selection of bikes in Delaware County

Special discounts for club members

Specializing in closeout models

SEPTEMBER

- 4: 4th Annual Bay Country Century. Herrington Harbour Marina, Friendship, MD. Info: Steve Wilk, 702 Barrington Drive, Waldorf, MD 20602 or e-mail swilk@mindspring. com. Hotline Info: 410-721-8990.
- 4: Light of the Moving Bikes. Bicycle Coalition of the Delaware Valley. Starts from the Eastern State Penitentiary in Philadelphia. Registration 6:30 pm. Ride begins at 7:30 pm sharp! Info: Therese Madden: 215-829-4937.
- 5: Brandywine Tour. See flier.
- **6: 21st Annual Labor Day Century.** South Street Recreation Park, McSherrystown, PA. Info: Hanover Cyclers, c/o Bob Nordvall, 33 East Lincoln Ave., Gettysburg, PA 17325 or call 717-637-1060.
- 11: Amish Country Tour: Diamond State Bicycle Club. SASE: Amish Country Tour, P. O. Box 1729, Dover, DE 19903.
- 11: No Baloney Century. Lebanon Valley Bicycle Club, Info: Peggy Schott, 2166 Quentin Rd., Lebanon, PA 17042 or call 717-273-3506 or e-mail <usgd73a@nbn.net>.
- 12: 7th Annual Wheels for Anne Charity Tour. Central Jersey Bicycle Club. Somerset County, NJ. Info: Lisa Boczon 609-448-3074 or Howie Glick 732-225-HUBS or howie-g@juno.com.
- **12: Scenic Schuylkill Century.** Bicycle Club of Philadelphia. SASE: P. O. Box 30325, Phila. PA 19103.
- 12: 10th Annual New York City Century Bike Tour. New York Transportation Alternatives. SASE: 115 W. 30th St., Ste. 1207, NY, NY 10001-4010 or call 212-629-3311.
- **18: Shoo-Fly Classic**. Berks Co. Bicycling Club. SASE: Florence Fink, 227 Wexham Drive, Reading, PA 19607, 610-775-3695 or e-mail FF3526@ aol.com.

- 18: 9th Annual Adams Apple Bike Ride: Info: Gettysburg-Adams County Area Chamber of Commerce, 18 Carlisle St., Ste. 203, Gettysburg, PA 17325 or call 717-334-8151 or see www. visitgettysburg .com/ chamberofcommerce/.
- 18: Jersey Devij. South Jersey Wheelmen. Centerton, NJ. Contact Arthur P. Schalick, Jr., P. O. Box 2705, Vineland, NJ 08362-2705 or call 999-691-3936 or e-mail biker@cccnj.net.
- 18: Univest Grand Prix Cyclosportif 100K Contact Indian Valley BikeWorks at 215-513-7550 or check the website: <www.spartacycling.com/univest grandprix/>
- **18: Potomac Pedaler 100.** Potomac Pedalers Touring Club. Contact George Has, 6878 Fleetwood Rd., Suite D, Mc Lean, VA 22101. Call 202-363-8887 or see www.pptcbike.org.
- **18-19: Women's MTB Workshops.** \$130 for two days at Whitetail Resort, 13805 Blairs Valley Road, Mercersburg, PA 17236, Info: 717-328-9400.
- 18-19:Rehoboth Twin Centuries. Ride from Newark to Rehoboth Beach with the White Clay Bicycle Club. Info: Don Carbaugh, 49 Marsh Woods Lane, Wilmington, DE 19810 or call 302-529-7929 or register online at www.delanet.com/~wcbc.
- 18: AIA Delaware Bike Rally. AIA Delaware Society of Architects. 10 mile route with cue sheet and sealed bike route maps. Prize for most clues correct in shortest time. \$12.00 preregister by Sept.14; \$15 day of ride. Proceeds benefit the Del. Architecture Foundation in support of the children's programs. Info: Arleen Lyons, 302-656-4491 or e-mail alyons@homsey.com
- **18: Free State Ramble.** Baltimore Bicycle Club. Info: 410-792-8308.
- 19: Lake Nockamixon Century. Suburban Cyclists Unlimited. Hatboro-Horsham High School, Horsham, PA.

- Info: Doug Levy 800/737-9529 or SASE: SCU Century, P. O. Box 401, Horsham, PA 19044.
- **19: 2 Ferry Metric Century.** Rocky Hill, CT. Middlesex Bicycle Club, c/o Cheryl Parker, 825 Cromwell Ave., Rocky Hill, CT 06067 or call 860-563-6667.
- **19:** Hillier Than Thou Century.
 Central Jersey Bicycle Club. c/o Phil Apruzzese, 732-873-3987 or Kyle Chu, 732-940-1278 or kchu1@hotmail.com.
- 26: Gap Gallop Century. Lehigh Wheelmen Assn. Call 610-439-4117.
- 26: Reston Century: Reston Bicycle Club, Reston, VA. Call 703-904-0900.
- 26: Bike the Beach Ride. Fairfield, CT. SASE: Bike the Beach 99, The Probus Club of Greater Bridgeport, P.O. Box 1403, Fairfield, CT 06432 or call 203-394-5000.
- **26:** Ramapo Rally. Bicycle Touring Club of North Jersey. Starts in Sloatsburg, NY. Info: 973-284-0404.

OCTOBER

- 1-3: Hagerstown Get-away. Bicycle Club of Phila. Questions to Ray Murtaugh 609-988-0551, raymurt@ aol.com.
- 2: Belleplain Fall Century. Shore Cycle Club. Lake Nummy Parking Lot in the Belleplain State Forest. SASE: c/o Steve Rulli, 609-296-4726, sundeck@sprynet.com.
- 3: 10th Anniversary Fox Chase Cancer Center Stazi Milano Bike Ride. Info: c/o Ariel Bateman, 215-728-2531.



Ride with us and find out why The Brandywine Tour has been selected by the League of American Bicyclists as a Best Biking in America event!

23rd Annual Brandywine Tour

Sunday September 5, 1999 Sponsored by the Delaware Valley Bicycle Club 28, 50 and 100 mile routes

Time: 8-10 AM for all routes (all support services will end at 5PM. Century riders recommended to

arrive promptly at 8 AM)

Place: Chadds Ford Elementary School in Chadds Ford, PA

Directions: From Rte. 476 take exit 3 and follow Rte. 1 South approx. 20 minutes. The School will be on the right aprox. .25 miles South of Rte. 100. From PA turnpike take Rte. 202 South to Rte. 1

South. The school will be on the right approx. .25 miles South of Rte. 100.

Cost: \$8 pre-registration (if postmarked by August 26, 1999) \$10 day of Tour

Tour will be held rain or shine

Expected Attendance: 300-500 riders

Services Provided by DVBC: Food & water stops, cue sheets, sag wagon, rest rooms, marked routes Routes: Scenic back country roads through the beautiful Brandywine River Valley. Century route passes through three counties, including Lancaster County. Full and Half-Centuries pass through King's Cattle Ranch in Buck and Doe Run. The routes range from rolling hills for the 28-miler to rolling and hilly on the longer rides. Plentiful food stops for all riders!

Description: You travel at your own pace, with family or friends, or make new cycling friends along the way. All ages, all abilities and all types of bikes are welcome. The 28-mile route is a great opportunity

for newer cyclists and leisure riders.

Safety: Helmets are mandatory! Make sure your bike is in good condition; use safe cycling habits; obey all traffic laws. We recommend carrying a spare tube/patch kit, tire pump and tire irons. Each rider assumes his/her own responsibility.

For More Information: Ira at (610) 565-4058 or bikeira@juno.com; or Bob at (610) 833-2096.









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The Delaware Valley Bicycle Club (DVBC) is a non-profit corporation formed to educate the public as to the safe use of the bicycle through lectures, seminars, planned rides, and other activities promoting the bicycle as an efficient and enjoyable means of exercise, recreation, and transportation. Non-members are welcome on rides, but are urged to consider their ability and experience when selecting a ride (see the "Ride Guidelines" on the inside cover). Helmets are mandatory for all rides. The club cannot accept responsibility for accidents or injury when participating in a DVBC event.

- T	S. UT9		
Application for (Expires 1 year fr			
Please print clearly and use y	our 9-digit zip	code, if known.	
Name:			
Address:			
City:	State:	Zip:	
Phone:	_ Date of Bi	irth:	1
Annual Membership Check one: ne	w member or	☐ renewal	
Membership includes: DVB0 discounts at most Club sport membership attracts advergovernment decisions concern	nsors, Club su rtisers and	ubsidized events. Your helps influence local	
The DVBC Safety Fund is cycling safety in the Delaward			
□ \$1 □ \$5 □ \$10 □ \$15	□ \$20 □ \$	25 🗆 other:	
Amount enclosed: \$15 (me	embership) +	(safety) =	

Interest Survey

Your Ride Pace:	☐ Class D: slow	☐ Class A: fast
(check one)	☐ Class C: average	☐ Off-Road
	☐ Class B: brisk	
I'll volunteer for: (check all interests)	☐ Ride Leader	☐ Newsletter
	□ Sag Wagon	Typist
	☐ Tour Food Stop	☐ NewsletterDelivery



Please send your check or money order to the:

Delaware Valley Bicycle Club P.O. Box 156 Woodlyn, PA 19094-0156