

DELAWARE VALLEY BICYCLE CLUB

P.O. Box 156, Woodlyn, PA, 19094-0156

JUNE

FREE

President's Column

by Ira Josephs

Wow, did we have a great Open Space Tour! Thank you, thank you, thank you to everyone who helped out and everyone who rode. I suggest to those of you that couldn't make it, plan to celebrate Mother's Day the day before or after next year. Now we can sit back (on our bikes) and relax and enjoy the riding season, keeping in mind our Brandywine Tour on Sept. 5. Will you volunteer or ride, that is the question.

This is a good time to think about bicycle advocacy and what you can do to make our region safer and better for bicycling. I know I get on this soapbox every few months, but I can't help getting so excited about the current developments and I feel there should be a lot more of us helping out. Every time you ride on the Schuylkill River Trail, or bike lanes in Philly or Delaware, on roads with "Share the Roads" signs, or clean wide shoulders in N.J., Del., or Md., think about how nice it would be to have those facilities everywhere we ride and know that we can with just a little time and effort from each of us.

In March, Mike Farrell from the Delaware County Planning Department sent in a request to PennDot for 54 "Share the Roads" signs. This was our second attempt, the first including way too many locations. Mike and I spent a couple of hours with a map and picked places where we ride in dangerous traffic situations. We thought it would benefit our safety to educate motorists there. You could have requested areas where you ride if you

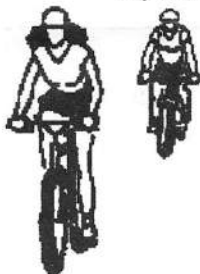
had contacted me or come to our Delaware County Cycling Committee meetings.

John Pickett, the Director of the Delaware County Planning Department, recently gave me a copy of a letter he sent to the PennDot Project Manager for the Route 252 project that is being designed to improve traffic flow from Kirk Lane to the fork adjacent to Rose Tree Park. His letter included specific bicycle improvements like bike lanes, shoulder widening, and reduced speed limits. He cited the Bicycle Coalition of the Delaware Valley and the Delaware Valley Regional Planning Commission (in its Bicycle Improvements on Existing Roadways project) as

identifying this corridor as needing bicycle improvements for people to get to schools, shopping, and work. Those were both projects that a few of us worked on and now we are seeing the fruits of our labors. How satisfying. We are currently working on a bicycle master plan for DelCo that will give the same kind of credence to bike improvement requests when existing roads are being reworked.

Did you ever ride to or from Rose Tree Park? Wouldn't it be nice to have bike lanes on Providence Road there? Could you imagine riding a few miles from Media to the Chester Creek Rail-Trail then going for 20 miles on a trail similar to the Schuylkill Trail out to Chadds Ford? As many of you know, the Chester Creek Trail is well on its way. Look for

(cont. page 3)



Open Space Tour A Success!

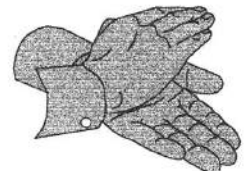
by Gina Bezdziecki

On Sunday, May 9th, DVBC held its first annual Open Space Tour (formerly the Freedom Tour). We could rejoice because the weather was dry and warm, and there were 139 participants. There were also the unrelenting support and efforts of each volunteer involved. All made this tour a pleasant success.

The volunteers were extremely dependable and performed remarkable teamwork. I would like to take this time to especially thank Bob and Cassie Leon, Ira and Ray Josephs, David Bennett, Jan Chadwick, Charlie Stockley, Mark Kern, Elwood Bussom, Woody Kotch and his son, Bob Martin, Ray Stankus, Mike Pigg, and Steve Lake. Also, thanks to Frank Havnoonian of Drexel Hill Cyclery for the use of spare tubes and tires.

DVBC would like to extend its gratitude to both the Genuardi's Family Market of Springfield, and the FreshFields Market located in Wynnewood.

They supported our club's event by donating an assortment of food for use by the participants



at our lunch stops. Your generous donations were greatly appreciated.

Once again, we wish to thank the staff at both Ridley Creek State Park, and the Brandywine Battlefield Park for early access and use of their facilities. Mike Dobbs of Hanson Aggregates, Inc. also extended his kindness by allowing us to use a

(cont. page 3)

The Delaware Valley Bicycle Club
P.O. BOX 156
Woodlyn, PA 19094-0156

www.netreach.net/people/elzchris/dvbc/home-page.htm

DVBC Meeting Place

Delaware County Peace Center,
 Springfield Friends Meeting, 1001
 Old Sproul Road (behind the car
 wash at Rt. 320 and Old Marple
 Road). Meetings are usually held
 the first Monday of most months.

DVBC welcomes articles and ride reports for the newsletter. Please submit your proofread materials to the Editor by the 10th of each month.

Board of Directors & Staff

Ira Josephs, *President & Newsletter Coeditor*,
 610.565.4058 or bikeira@juno.com

Gina Bezdziecki, *Vice President & Tour Coordinator*, 610.525.0129

Bob Leon, *Treasurer*, 610.833.2096

David Bennett, *Secretary*

Judy LaDrew, *Newsletter Assembly & Coeditor*, 610.383.9327 or
 2ladrews@netreach.net

Katrina Dowidchuk, *Ride Coordinator*,
 610.789.4438 or
 greeneggsandham3@juno.com

Jan Chadwick, *Mail Labels & Brochures*,
 610.892.0742

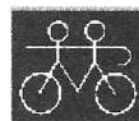
Anne Martha, *Regional Events*,
 215.548.8482

Christopher Harendza, *Web Page*,
 610.449.6456 or elzchris@netreach.net

Club Affiliations



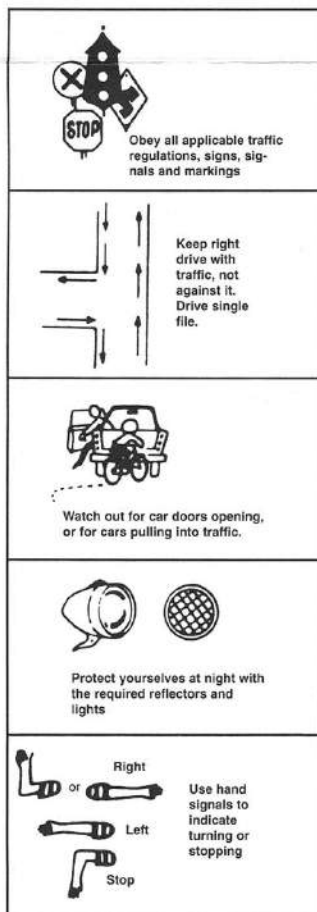
LAB



Bicycle Coalition of the Delaware Valley

Please note that the views expressed in this publication are not necessarily the views of the DVBC, nor do we endorse products or services advertised.

Ride Guidelines



1. Arrive early and be ready to leave on time. Rides start no more than 5-7 minutes late.
2. Make sure your bike is in proper working order before you arrive.
3. Carry a spare tube, patch kit, and water bottle.
4. Practice safety and obey all traffic laws.
5. A helmet is mandatory for all DVBC rides.
6. All Club rides are rated according to the degree of difficulty. Do not "bike off" more than you can do. Go on rides within your ability, interest and experience. If you're in doubt about your ability, try out a ride one class below the one you're not sure of and work your way up.
7. Ride classifications:
Class D: For new, inexperienced riders or families: 7-9 mph average moving speed with frequent stops and as few hills as possible. The group will wait for all riders. The ride lengths are usually less than 10 miles, but longer distances are permissible.
Class C-: For average riders: 10-11 mph average moving speed with rest stops as needed. The group will wait for stragglers. The recommended distance is 10-30 miles.
Class C+: Also for average riders: 12-13 mph average moving speed with rest stops every 45-60 minutes. No obligation to wait for stragglers if cue sheets or maps are provided.
Class B-: For more experienced riders: 14-15 mph average moving speed with rest stops at the discretion of the ride leader. No obligation to wait for stragglers if cue sheets or maps are provided.
Class B+: For strong riders: 16-18 mph average moving speed with rest stops at the discretion of the ride leader. No obligation to wait for stragglers if cue sheets or maps are provided.
Class A: For very strong riders: 19+ mph average moving speed with rest stops at the discretion of the ride leader. No obligation to wait for stragglers if cue sheets or maps are provided.
8. Each rider assumes his/her own risk on all rides.
9. Those who ride ahead of the group are on their own ride.
10. Always notify the ride leader before leaving the group.
11. Ride leaders should adhere to the advertised speed of the ride.
12. Ride leaders are not expected to be bike mechanics.

Note: In the case of questionable weather or road conditions, the Ride Leader may decide to cancel the event. Call the ride leader if in doubt. The general public is invited to all events organized by the Delaware Valley Bicycle Club. Except for the Freedom Tour, Brandywine Tour and Club picnic, all club events are free to the general public. The general public is welcome!

(President's Column, from page 1)
 notices of upcoming public meetings- come and show your support. The Octorara abandoned rail line goes from the end of the Chester Creek Branch in Glen Mills to the Brandywine River Museum and beyond. We have tried to generate some interest in converting that to a trail and now we have the DelCo. Planning Dept. pushing for it. If you live anywhere along Baltimore Pike from Glen Mills to Chadds Ford please let me know. We need support.

The East Coast Greenway is an 80% off-the-road proposed trail from Canada to Key West connecting cities along the East Coast. It will go from N.Y. to Philly to Chester to Wilmington. There are already sections that are completed. Is that amazing that we will be so close to a bicycle highway extending that distance?

They are trying to get designated as one of the President's Millenium Trails. Vote for it on the WEB at www.milleniumtrails.org or call 877 mil trls.

I just read in the Rails to Trails new member magazine that Pittsburgh, the site of this year's International Trails and Greenways Conference, is being transformed from "Steel Town" to "Trail Town" by their biking mayor, Tom Murphy. Also, in the Bicycle Retailer and Industry News they continually report on the bicycle industry's recent commitment to bicycle advocacy,

including putting in their financial support.

Finally, the League of American Bicyclists had a meeting with the Department of Transportation's Secretary, Rodney Slater, and Congressman James L. Oberstar and the Federal Highway Administrator, Kenneth Wykle last November that resulted in a bicycle action plan for encouraging the use of Federal TEA-21 funding. Wykle said, "we are strong advocates of bicycling and walking as modes of transportation."

It seems to me that bicycling has a solid future. I feel like bicycling is going to get easier and safer and more people will be doing it for more reasons. Try commuting to work one or two days a week or more. Watch your fitness level go way up allowing you to ride farther and faster on the weekends. Get involved in this wave of advocacy. Give some money to these organizations I've mentioned and volunteer some time. Talk it up and come to our Delaware County Cycling Committee meetings on the third Tuesday of each month at the HKF Library on Rt. 252 in Wallingford at 7 pm. I'd especially like to find some folks to represent DelCo at some meetings that I can't make during the week at either 8am or 4 pm.

Enjoy the warm cycling season and give something back to the bicycling community so more cyclists can enjoy this great healthy activity. Feel free to contact me with any questions or comments. Ira 610 5654058 or bikeira@juno.com.

(Open Space Tour, from page 1)
 portion of his company's property located on Sweetwater Rd. in Glen Mills, for one of our lunch stops. Again many thanks to each of you for your cooperation and kindness in accommodating our bike club for this tour.

Last, but not least, we praise all of those participants who came out to ride and enjoy our Open Space Tour. We certainly appreciated your support too. We welcome any comments regarding our tours, especially ones for improving them.

Continue to ride, and don't forget to mark your calendar now for our upcoming Brandywine Tour, which will be on Sunday, September 5th, 1999. We hope to see you there as a participant rider or volunteer.

Cycle-E-Gram

The Bicycle Coalition of Delaware Valley is offering free, an electronic monthly newsletter that gives you-up-to-the-minute information on issues important to Delaware Valley bicyclists and actions you can take to help make bicycling better.

To subscribe to the Cycle-E-Gram by email go to <http://list.bcdv.org>. Click on the first highlighted item. Type your email address into the browse mode and click on "go." Sign up for the list called "announce." OR call 215.829.4188, fax 215.829.0426.

We welcome your ride summaries and photographs for the newsletter. Please submit items to one of the staff by the 10th of the month in order to be published in the next newsletter. Thank you.

Judy LaDrew

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DELAWARE VALLEY BICYCLE CLUB

RIDE CALENDAR

June 1999



Ride Descriptions

Tuesday, June 1. 6:30 pm Miles: 20+. Class C <i>Vocabulary Ride</i>	Meet at the Commerce Bank parking lot in Springfield Township (Delco - in front of Border's) for a ride through the Ridley, Swarthmore, Wallingford, and other surrounding areas. Join in discussions of topics from vocabulary to geography or just ride. Call Dave 610-534-0232 or e-mail dtwave@voicenet.com.
Thursday, June 3. Early am Miles: 10-25. Class C <i>Pancake Breakfast</i>	This ride will be held every Thursday throughout the month and will originate from 401 Colfax Road in Havertown at around 7:30 am. Bring money for breakfast. Call Joel and Kate Perlish at 610.789.7673 on the Wednesday before the ride for the exact time.
Thursday, June 3. 5:45 pm Miles: 20-25. Class B <i>Thursday Night Rides</i>	Starting in June every Thursday night at 5:45 - Class B -- Join me for a fast-paced ride from Rose Tree Park (Rt. 252, just North of Rte. 1) on to Thornbury and various routes back to Rose Tree Park. 20 to 25 miles, expect some hills. Call Bob for more details 610.833.2096
Saturday, June 5. 9:30 am Miles: 10,14,30+. Class C/C+ <i>Take Your Pick</i>	Meet at Rose Tree Park, (off Rt. 252) and come on out and do a few miles with us. We'll visit Lawrence Park in the first loop with an optional breakfast stop, and Ridley Creek State Park on the second loop. For those of you who like to sleep late on Sunday, wait for us around 11:00 am at RTP and we'll pick you up for the second loop. There are a few hills on this ride, but don't let that keep you at home. We'll take them slow. Call Tony Rocha at 610.565.0578.
Sunday, June 6. Start: Men: 9:00 am Women: 9:15 am	CHECK OUT THE US PRO CHAMPIONSHIPS in PHILADELPHIA
Monday, June 7. 7:30 pm <i>DVBC Members Meeting</i>	Delaware County Peace Center, Springfield Friends' Meeting, 1001 Old Sproul Rd. in Springfield. The meeting is open to all club members. Contact Ira Josephs at 610.565.4058 or bikeira@juno.com.
Tuesday, June 8. 6:30 pm	Vocabulary Ride. See June 1 for details. Miles: 20+. Class C
Thursday, June 10. Early am	Pancake Breakfast. See June 3 for details. Miles: 10-25. Class C
Thursday, June 10. 5:30 pm	Thursday Night Rides. See June 3 for details. Miles: 20-25. Class B
Saturday, June 12. 7:30 am Miles 100+- Class B <i>Mays Landing</i>	Meet at the Kingsway High School routes 322 & 551 (left at the third light after the Commodore Barry Bridge). We'll take a slightly different route than the last time, but we'll make that stop at the Sugar Hill Deli for the best hoagies in South Jersey. Call Bob 610.833.2096.
Sunday, June 13. 9:00 am Miles: 30. Class C <i>Radnor Ramble</i>	Join Tony Iaccarino for a great route through Radnor, Edgemont and Willistown. Start from the Lancaster County Farmers Market in Wayne, located at Old Eagle Road & Lancaster Ave. Expect rolling hills and beautiful countryside. Call Tony at 610.265.5455.
Sunday, June 13. 8:30 am Miles: 45-60. Class B <i>Westtown and Beyond</i>	Come check out the changes in this venerable old ride. And, it even features a new snack stop and some new roads. It's still hilly. Meet at the Moylan-Rose Valley train station at Woodward and Manchester Roads in Media. For more info, contact Ira at 610.565.4058 or bikeira@juno.com.
Sunday, June 13. 9:00 am Miles: 35+- Class C <i>Franklinville, NJ</i>	Meet at the Kingsway High School routes 322 & 551. We'll travel some old roads and roll down some new ones for our C class training ride to build to that metric century. Call Bob 610.833.2096.

Sunday, June 13. 2:00 pm Miles: 25. Class C <i>After Church Classic</i>	Join Frank Jackson on this convenient Sunday afternoon expedition. Stretch out the legs and prepare for the workweek with a meander to Neuman College and back. The ride will begin from the Pathmark parking lot on MacDade Blvd. in Ridley Township. Call Frank at 610.534.3978.
Monday, June 14. 7:00 pm <i>DVBC Board Meeting</i>	Delaware County Peace Center, Springfield Friends' Meeting, 1001 Old Sproul Rd. in Springfield. The meeting is open to all club members. Contact Ira Josephs at 610.565.4058 or bikeira@juno.com.
Tuesday, June 15. 6:30 pm	Vocabulary Ride. See June 1 for details. Miles: 20+. Class C
Tuesday, June 15. 7-9:00 pm <i>DCCC Meeting</i>	This month's meeting will include the annual meeting of the Friends of the Chester Creek Rail-Trial. Meeting takes place at the HKF Library in Wallingford. Call Ira with questions. 610.565.4058 or bikeira@juno.com.
Wednesday, June 16. 6:00 pm Miles: 7. Class: D <i>Family Ride</i>	Bring mom, dad, kids, brothers, sisters... the entire family, for this great ride together with Frank Jackson. Ride will travel through Ridley and Swarthmore, and will originate at the Pathmark in Ridley. Questions, please call Frank at 610.534.3978.
Thursday, June 17. Early am	Pancake Breakfast. See June 3 for details. Miles: 10-25. Class C
Thursday, June 17. 5:30 pm	Thursday Night Rides. See June 3 for details. Miles: 20-25. Class B
Saturday, June 19. 7:00 am Miles: 150+-. Class B <i>Avalon</i>	Meet at the Kingsway High School routes 322 & 551. This ride will be our second training ride for the double century in July, if you can do 150 miles and be comfortable, you will surely be able to complete a double. Call Bob 610.833.2096 for more details.
Sunday, June 20. 9:00 am Miles 35+-. Class C <i>Father's Day Romp</i>	Meet behind the Dunkin Donuts on MacDade Blvd and Fairview roads. All are welcome to celebrate Father's Day, expect some hills. Call Bob 610.833.2096.
Sunday, June 20. 8:45 am Miles: 60+. Class B+ <i>Doe Run</i>	Meet at Rose Tree Park (on Rt. 252 just north of Rt. 1) for a ride to the beautiful Doe Run Valley of Chester County. Expect a fast pace and some tough climbs. Bring \$ or food. Contact Christopher Harendza at 610.449.6456 or elzchris@netreach.net.
Tuesday, June 22. 6:30 pm	Vocabulary Ride. See June 1 for details. Miles: 20+. Class C
Thursday, June 24. Early am	Pancake Breakfast. See June 3 for details. Miles: 10-25. Class C
Thursday, June 24. 5:30 pm	Thursday Night Rides. See June 3 for details. Miles: 20-25. Class B
Saturday, June 26. 8:00 am Miles: 62 Class C+ <i>Chesapeake Metric</i>	This is a ride for Strong C riders and above, especially those C riders who would like to ride B ride distances with a lesser pace and more rest stops. We will meet behind the Dunkin' Donuts at MacDade Blvd and Fairview Roads in Ridley Township and travel by car to Chesapeake City MD about 35 minutes away. At 9:00 we'll explore historic Chesapeake City then ride to Chestertown MD, have lunch and return. Terrain is rolling. Bring lunch or buy. Should be a great ride. Call Dave for details at 610-534-0232 or e-mail dtwave@voicenet.com.
Sunday, June 27. 9:00 am Miles: 40+. Class C <i>Fort Mott, NJ</i>	Meet at the Kingsway High School routes 322 & 551 for a scenic ride to Fort Mott along the Delaware River. Call Bob for more info 610.833.2096.
Sunday, June 27. 9:00 am Miles: 20. Class C <i>Wissahickon</i>	Meet at River City Diner in Manayunk, for a neato jaunt up through Forbidden Drive, Andorra, to Conshohocken, and back in to Manayunk. Call Tony if you have any questions. 610.265.5455.

Looking For Fun? "Springs, Spokes and Saddles"

The League of American Bicyclists is sponsoring a fun long weekend in Saratoga Springs, New York, June 18-21, 1999. Imagine spending a few days of riding along the Hudson River Valley. Smell the crisp, fresh mountain air. Submerge yourself in one of the world's most famous mineral baths and discover how quickly your sore muscles disappear. Spend the evenings exploring the shops and cafes. Visit the horseracing tracks that helped make Saratoga famous. Come to Saratoga Springs and experience "Springs, Spokes, and Saddles." For information call 202.822.1333 or e-mail bikeleague@bikeleague.org .

Tuesday, June 29. 6:30 pm	Vocabulary Ride. See June 1 for details. Miles: 20+. Class C
Saturday, July 3. 7:00 am Miles: 70+. Class B <i>Marsh Creek via Valley Forge</i>	Meet at Rose Tree Park for an early morning ride to Valley Forge Park and on to Downingtown and Marsh Creek. Call Bob for more info 610.833.2096.
Sunday, July 4. 8:00 am Miles: 10+ Class D <i>July 4th Parade Special</i>	A group of club members of all ride classes got together and did this impromptu ride last year. We had such a good time we thought we would post it for everyone. Meet at the Pathmark parking lot on MacDade Blvd in Ridley Township. We will ride through southern Delco communities and take in the decorations, festivities and at least two parades. You can even decorate your bike. Be sure to call ahead of time in case the parade dates should change. Call Dave 610-534-0232 or e-mail dtwave@voicenet.com

- Wear a helmet. Dress appropriately. Call the ride leader first to confirm.
- I tried to make everything accurate as possible. If it's not, I apologize. Just let me know.
- Call or email me by June 10th to list rides for July 1999. 610.789.4438.
- Email: greeneggsandham3@juno.com

BONKERS



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Ride Events

-compiled by Anne Martha

JUNE

4: Philly Bike To Work Day. c/o Paula Estornell, Philadelphia Department of Streets 215-686-5181 for convoy information.

4: Manayunk Wall Climb. sponsored by First Union and the Pennsylvania Bicycle Club. A climbing time trial open to both professional and amateur USCF racers and citizens. \$12 event fees and registration (4:30 PM) at Main & Leverington Sts. For info, call Connie Miller Scheunemann (215) 361-7485 before 9 PM.

4-6: East Coast Trails. Off road touring around Mt. Misery, NJ. Wayfarers. c/o Larry Benson, P. O. Box 310, Fair Lawn, NJ 07410 or e-mail to cycling@idt.net or see www.phys.psu.edu/DIEHL/wayfarers.html.

4-7: Bourbon, Barns & Bluegrass Rally. LAB National Rally in Louisville, KY, hosted by Louisville Bicycle Club. See www.bikeleague.org or SASE: League of American Bicyclists, 1612 K Street NW, Suite 401, Washington, DC 20006.

5: Get Ready Metric. Fort Mott State Park, Pennsville, New Jersey. Two 50 K loops. \$14 by May 28 / \$17 day of event. South Jersey Wheelmen. See: www.algorithms.com/users/sjwheelmen/.

5: Flatlands Tour of Maryland-Delaware, 31,54,75, and 100 miles. \$4.00. No sag. Bohemia Manor High School, Chesapeake City, MD. Call David Coder of Baltimore Bike Club, 410.788.4450, press 2.

5: Kid's Amateur Bike Challenge. hosted by North Light Community Center, 9:30 am to 1:30 pm at the Pretzel Park in Manayunk (one block above Main Street - - bounded by Silverwood, Rector, Cresson, & Cotton Streets). Info: Jane Glenn: jane@shady.com;

www.netaxs.com/~shady or Manayunk Neighborhood Council: www.libertynet/mnc.

6: First Union U.S. Pro Cycling Championship / Liberty Belle Classic. Philadelphia, PA. 9 am on the Parkway or in Manayunk.

6: 19th Annual Bike-Boat-Bike. 5 to 125 miles of riding around Long Island. Info: Suffolk Bike Riders Club 516-272-3992 (voicemail).

10-13: Penn Jersey Jaunt. Baltimore Bicycle Club comes to Quakertown. c/o Suzie Knable, 1 Houndstooth Ct, Owings Mills, MD 21117 or call 410-356-4644 or e-mail bikeknable@aol.com or see www.Baltobikeclub.org.

11-13: Jersey Pine Barrens Tour. Wayfarers go to Mt. Misery, NJ. c/o Larry Benson, P. O. Box 310, Fair Lawn, NJ 07410 or e-mail to cycling@idt.net or see website www.phys.psu.edu/DIEHL/wayfarers.html.

12: The Jersey Double. 200 miles with 7500 ft of climbing through rural portions of northwest New Jersey. Western Jersey Wheelmen. c/o Bruce Thomson, (908)879-6477, double@pulsar systems.com.

12: Dream Ride for Lancaster County. Lancaster Bicycle Club. A charity event for various non-profit community organizations in Lancaster County, PA. A choice of 5 rides: the 15 mi. Catnap Family Ride, the 30 mi Siesta Tour, the 62 mi. Daydream Ride, the 100 mi. Sweet Dream Tour, or the 176 mile Nightmare Tour to test your legs over flat to hilly terrain. Start / end in Marietta, PA. Rests stops and sag support. SASE: Dream Ride Projects, c/o Ellen Liberto-Martin, PO Box 8582, Lancaster, PA 17604-8582. Call: 717-397-2503. Fax: 717-397-8105. E-mail to Outspokn@concentric.net or see www.concentric.net/~Outspokn/drride.html.

12-13: Subaru/Specialized Women's Cycling Summit. Seminars and rides for women cyclists from the Valley Forge Convention Center. Fees for both days are \$100 which includes meals. Keynote speaker is Sally Edwards. May 31 is the registration cut-off. Call 1-800-722-3799 or see www.specialized.com for details.

13: WABA 100. Washington - Annapolis - Baltimore- Adventure. 100 rolling miles. \$30 (free t-shirt if pre-registered by 5/5). Start times from 6:30 to 10:30 am from Catholic University of America. SASE: c/o Ellen Jones, 733-15th St. NW, #1030, Washington DC 20005-2112 or call 202-628-2500. See www.waba.org or e-mail waba@waba.org.

18-21: Springs, Spokes & Saddles Rally. LAB National Rally in Saratoga Springs, NY hosted by the Mohawk-Hudson Cycling Club. Ride the roads or trails of the Hudson River Valley and the foothills of the Adirondacks Mtns. Additional activities include workshops, nightly entertainments, presentations, vendors, and an ice cream social. See <http://www.bikeleague.org> or SASE: League of American Bicyclists, 1612 K Street NW, Suite 401, Washington DC 20006.

19: Longest Day and Lower Leg Double Century and Century. 100 or 200 miles. Central Jersey Bicycle Club; participants must register by May 15 and must be CJBC members. c/o Gerald Brew, (732) 450-9506, or Steve Marinko, (908) 298-3875.

19: Indian Creek Roll and Stroll. 25/38/63 mi. routes from Harleysville. Benefits Indian Creek Foundation serving persons with developmental disabilities. \$15 registration fee before June 4th; \$25 after. Info: Audrey Mitnick 215-256-1500 or e-mail Dave.Fisher@fast.net.

19: 3rd Annual Ride for Hope.

Ride Events

Phila. Community Health Alternatives sponsors this one day ride to support HIV/AIDS service programs. Fully staffed and supported routes of 8 / 25 / 50 or 100 miles. Contact Steve Arch, 215-563-0652 x222 or see <www.critpath.org/pcha> or e-mail John Zenkus <jjz2116@aol.com>.

19--August 15. Do Something Coast to Coast Challenge. Transcontinental ride from San Francisco to New York City. Details: 1-800-245-3263 or see web: www.dosomething.org.

19-20: BCP Bicycle Camping Tour to NJ. Belleplain State Forest. Bill Cotton 215- 927-4717.

25-27: 9th Annual Mini TOSRV-East. Hostelling International / Eastern N.E. Council of American Youth Hostels. Central Vermont tour. \$80) includes 2 nights' accommodations (hostel & B&B limited to 35 registrants. 2 meals, sag van, cue sheets and patch. SASE: James Merrick, 200 Clare Avenue, Hyde Park, MA 02136 or call 617-361-2051 or <jmerrick@bpl.org>.

25-27: MATES Tandem Rally. Daily rides from Salisbury State U., MD. SASE: Team Friedman, 5514 Callander Dr., Springfield, VA 22151.

26: 3rd Annual Pedal to Preserve Tour. Lancaster County. \$20 advanced registration; \$25 day of event. Rides begin at Garden Spot High School, 669 East Main Street, New Holland, PA. Two marked routes of 18 or 39 miles. Proceeds benefit the Lancaster Farmland Trust. Info: Jessica Marie Abernathy 717-293-0707 or e-mail jess@savelancasterfarms.org or visit the Lancaster Farmland Trust website at: www.savelancasterfarms.org/events.html.

26: Velodrome Veloce Century. Lehigh Wheelmen Assn. Ride one or more of four scenic loops from the Velodrome: 55-mile Ontelaunee Lake

loop; 50-mile Leaser Lake loop: 38-mile Crystal Cave loop (part of the Ontelaunee loop) or a 25-mile section of the Leaser loop. All routes feature rolling terrain with some big hills. The roads are marked, but there is NO SAG service. Some refreshments are provided at the Velodrome. The Veloce is open to the public. There is no charge.

26-27: Garden State Weekend. Big Wheel Bike Tours. Phillipsburg, NJ to Matamoras, PA. SASE: P. O. Box 4185, Palm Desert, CA 92261 or call 760-779-1837. Website www.bigwheelbiketours.com; e-mail ETru bee @aol.com.

27-30: Pedal PA / Rails To Trails Excursion. 278 mi. loop with more than half on rail-trails. College dorms and camping with optional motels & b&b's. Explore the Youghiogheny River Trail with the Rails to Trails Conservancy and Pedal PA. Info: RTC - PA, 105 Locust St., Harrisburg, PA 17101 or call 717-238-1717. Info: Pedal PA, c/o Bob Ingersoll, 1914 Brandywine St., Phila., PA 19130. Tel. 215-561-9679. E-mail <bobi@pedal-pa.com> or see <<http://www.pedal-pa.com>>.

JULY

4:15th Annual Delaware Double Cross. Cross the state twice from Middletown. SASE: White Clay Bicycle Club "Doublecross", c/o Paul Stevenson, 35 Rossiter Circle, Newark, DE 19702; or call 302-368-2167. Register on-line <www.delanet.com/~wcabc>.

18: Raritan Valley Roundup. Central Jersey Bicycle Club. 25/35/50, 100 miles from North Branch Park, Milltown Road, Bridgewater, west of Somerville, NJ. Various routes from 25 to 100 mi. Food, cues, marked routes, sags, rest stops. Preregistration by July 3 -- \$15, optional T-shirt \$5. After July 3, registratraion is \$20 with no option to buy the T-shirt. Info: Bill Rickvalsky: bnssrickvalsky@worldnet.att.net or 732-225-HUBS.

-compiled by Anne Martha

23-25: Eastern Tandem Rally. Gettysburg, PA. Hosted by TOYS (Tandems of York Society). SASE: Rodney and Verna Moseman, 101 East Main St., Lititz, PA 17543 or e-mail tmoseman2@juno.com.

TINICUM -

FORT MIFFLIN TRAIL

Preliminary planning for the Tinicum-Fort Mifflin Trail is currently underway. The idea is to create a safe and attractive bicycling trail that completes the southern end of the Schuylkill River Trail from Historic Bartram's Garden to Fort Mifflin, and loops around the Philadelphia International Airport.

The project team consists of Campbell Thomas & Company, Fort Mifflin on the Delaware, Historic Bartram's Garden, and the National Park Service.

If you have any questions or suggestions, please contact Steve Hammell or Bob Thomas @215.985.4354.

The National Park Service has a brochure about the trail project. If you would like to receive one, call Julia Bell @ 215.597.6473.

Congratulations are in order for the joyful events occurring in some of our members' lives!



June 5th wedding for the daughter of Bob and Cassie Leon.



June 6th wedding of Marianne Kelley and Dan Dillon.



The arrival of Bob Martin's first grandchild.

Delaware Valley Bicycle Club
P.O. Box 156
Woodlyn, PA 19094-0156



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Exp: 9/30/99

Bob & Judy LaDrew
139 Gabel Road
Coatesville, PA 19320

19320-1284 07



The Delaware Valley Bicycle Club (DVBC) is a non-profit corporation formed to educate the public as to the safe use of the bicycle through lectures, seminars, planned rides, and other activities promoting the bicycle as an efficient and enjoyable means of exercise, recreation, and transportation. Non-members are welcome on rides, but are urged to consider their ability and experience when selecting a ride (see the "Ride Guidelines" on the inside cover). Helmets are mandatory for all rides. The club cannot accept responsibility for accidents or injury when participating in a DVBC event.

Application for DVBC Membership

(Expires 1 year from date joined/renewed)

Please print clearly and use your 9-digit zip code, if known.

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Date of Birth: _____

Annual Membership: \$15.00 per household.

Check one: ☐ new member or ☐ renewal

Membership includes: DVBC Newsletter (10 issues per year), discounts at most Club sponsors, Club subsidized events. Your membership attracts advertisers and helps influence local government decisions concerning bicycle issues.

The DVBC Safety Fund is used to promote issues regarding cycling safety in the Delaware Valley. I wish to contribute:

☐ \$1 ☐ \$5 ☐ \$10 ☐ \$15 ☐ \$20 ☐ \$25 ☐ other: _____

Amount enclosed: \$15 (membership) + _____ (safety) = _____

Interest Survey

Your Ride Pace:
(check one)

- | | |
|---|--|
| <input type="checkbox"/> Class D: slow | <input type="checkbox"/> Class A: fast |
| <input type="checkbox"/> Class C: average | <input type="checkbox"/> Off-Road |
| <input type="checkbox"/> Class B: brisk | |

I'll volunteer for:
(check all interests)

- | | |
|---|--|
| <input type="checkbox"/> Ride Leader | <input type="checkbox"/> Newsletter |
| <input type="checkbox"/> Sag Wagon | <input type="checkbox"/> Typist |
| <input type="checkbox"/> Tour Food Stop | <input type="checkbox"/> Newsletter Delivery |



Please send your check or money order to the:

Delaware Valley Bicycle Club
P.O. Box 156
Woodlyn, PA 19094-0156