

## DELAWARE VALLEY BICYCLE CLUB

P.O. Box 156, Woodlyn, PA, 19094-0156

OCTOBER 1998

FREE

### THE 22<sup>nd</sup> ANNUAL BRANDYWINE TOUR WAS A HUGE SUCCESS!!! Thanks to all the volunteers and sponsors:

Bob & Cassie Leon, Ira & Ray Josephs, Charlie Stockley, Woody Kotch, Mark Kern, Elwood Bussom, Jim Hoeffler, Walt Homan, Ken Potts, Chris (Ann) Martha, Jan Chadwick, David & Cynthia Bennett, Bernie & Claudette Langer, Cliff Bars, Genuardi's Supermarkets, Frank Havnoonian of the Drexel Hill Cyclery and Chris Harendza. The volunteers are the stars of the day. Most of all, a huge thanks to Gina Bezdziecki for her diligent, committed and selfless efforts to coordinate the event.



Three riders climb Cossart Road,  
the first of more hills to come.

*Gina's Tour Review is inside →*



Ted Slack and his son on Route 82  
in Hockessin, Delaware.

*All photos by Gina Bezdziecki*

Below: Sponsors of the Tour.

**GENUARDI'S**  
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**The Delaware Valley Bicycle Club**  
**P.O. BOX 156**  
**Woodlyn, PA 19094-0156**

**[www.netreach.net/people/  
elzchris/dvbc/home-page.htm](http://www.netreach.net/people/elzchris/dvbc/home-page.htm)**

### DVBC Meeting Place

Delaware County Peace Center,  
Springfield Friends Meeting, 1001  
Old Sproul Road (behind the car  
wash at Rt. 320 and Old Marple  
Road). Meetings are usually held  
the first Monday of the most  
months.

*DVBC welcomes articles and ride  
reports for the newsletter. Please  
submit your proofread materials to  
the Editors before the 14<sup>th</sup> of each  
month. Articles may be edited for  
grammar, brevity, etc.*

### Board of Directors & Staff

Ira Josephs, *President & Newsletter Co-  
editor*, 610.565.4058 or [bikeira@juno.com](mailto:bikeira@juno.com)

Gina Bezdziecki, *Vice President & Tour  
Coordinator*, 610.525.0129

Bob Leon, *Treasurer*, 610.833.2096

David Bennett, *Secretary*

Jan Chadwick, *Mail Labels & Brochures*,  
610.892.0742

Christine Martha, *Regional Events*,  
215.548.8482

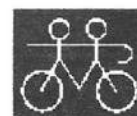
Christopher Harendza, *Newsletter Assembly  
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or [elzchris@netreach.net](mailto:elzchris@netreach.net)

Katrina Dowidchuk, *Ride Coordinator*,  
610.789.4428 or  
[greeneggsandham3@juno.com](mailto:greeneggsandham3@juno.com)  
Please submit your rides by the  
15<sup>th</sup> of each month.

### Club Affiliations



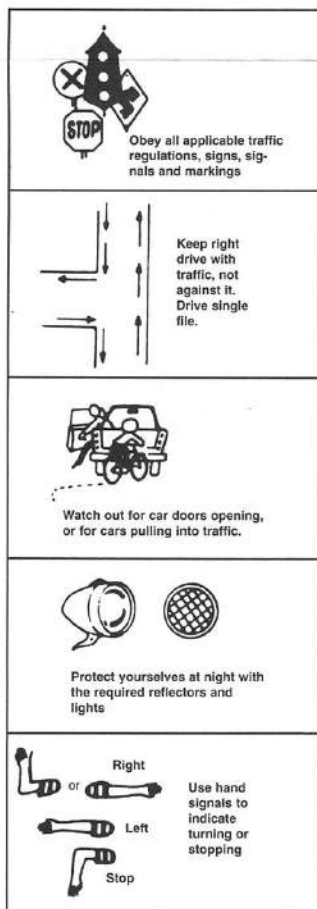
LAB



*Bicycle Coalition of the  
Delaware Valley*

*Please note that the views  
expressed in this publication are  
not necessarily the views of the  
DVBC, nor do we endorse  
products or services advertised.*

## Ride Guidelines



1. Arrive early and *be ready to leave on time*. Rides start no more than 5-7 minutes late.
2. Make sure your bike is in proper working order *before* you arrive.
3. Carry a spare tube, patch kit, and water bottle.
4. Practice safety and obey all traffic laws.
5. A helmet is mandatory for all DVBC rides.
6. All Club rides are rated according to the degree of difficulty. Do not "bike off" more than you can do. Go on rides within your ability, interest and experience. If you're in doubt about your ability, try out a ride one class below the one you're not sure of and work your way up.
7. Ride classifications:  
**Class D:** For new, inexperienced riders or families: 7-9 mph average moving speed with frequent stops and as few hills as possible. The group will wait for all riders. The ride lengths are usually less than 10 miles, but longer distances are permissible.  
**Class C-:** For average riders: 10-11 mph average moving speed with rest stops as needed. The group will wait for stragglers. The recommended distance is 10-30 miles.  
**Class C+:** Also for average riders: 12-13 mph average moving speed with rest stops every 45-60 minutes. No obligation to wait for stragglers if cue sheets or maps are provided.  
**Class B-:** For more experienced riders: 14-15 mph average moving speed with rest stops at the discretion of the ride leader. No obligation to wait for stragglers if cue sheets or maps are provided.  
**Class B+:** For strong riders: 16-18 mph average moving speed with rest stops at the discretion of the ride leader. No obligation to wait for stragglers if cue sheets or maps are provided.  
**Class A:** For very strong riders: 19+ mph average moving speed with rest stops at the discretion of the ride leader. No obligation to wait for stragglers if cue sheets or maps are provided.
8. Each rider assumes his/her own risk on all rides.
9. Those who ride ahead of the group are on their own ride.
10. Always notify the ride leader before leaving the group.
11. Ride leaders should adhere to the advertised speed of the ride.
12. Ride leaders are not expected to be bike mechanics.

**Note:** In the case of questionable weather or road conditions, the Ride Leader may decide to cancel the event. Call the ride leader if in doubt. The general public is invited to all events organized by the Delaware Valley Bicycle Club. Except for the Freedom Tour, Brandywine Tour and Club picnic, all club events are free to the general public. The general public is welcome!

## Century Month & Annual Brandywine Tour Report

By Gina Bezdziecki

Cyclists were out in full force over the Labor Day weekend working their bodies and bikes over many scenic miles of challenging terrain. You could not ask for a finer weekend to kick off the month of September, which is also known as "Century Month." (See Ira's write-up in the President's Column of the September Newsletter.) The weather was absolutely perfect, and there was a handful of relatively local tours going on during this first weekend in September: The state of Maryland offered both the Bay Country Century and the Chestertown Metric Century, while more locally, in our beautiful state of Pennsylvania, the Hanover Cyclists offered their annual Labor Day Century, the Bicycle Club of Philadelphia held their New Hope to New York event and our own Delaware Valley Bicycle Club hosted it's 22<sup>nd</sup> Annual Brandywine Tour. As you can see, the Labor Day holiday weekend was not a time for cyclists to rest. If you somehow managed to miss riding during the holiday weekend, then I certainly hope you were able to make up for it by doing one or more of the many other rides listed during "Century Month."

Now about our recent Brandywine Tour: it was a big success. 325 cyclists attended, and put all of their Spring and Summer training to the test. They arrived from Maryland, New Jersey, New York, Delaware, Virginia, California(!), and of course Pennsylvania. It was a wonderful sight to see so many great folks show up to do our tour. There were many repeat participants as well as "first-timers." There were the racers, the "wanna-be-racers," and the "stop-and-smell-the-roses" types of riders out. Many friends and families came out for the ride too. Our tour went over hill & dale and meandered through parts of Delaware, Chester and Lancaster counties. The countryside offered many beautiful and unique sites: Amish farmlands exhibiting a mosaic of crops of corn,

wheat, soy and tobacco to name a few, and stream valleys which occasionally offered a welcoming covered bridge (especially on the outer 50 loop in Lancaster County). The fields were filled with farm animals, scattered bales of hay, and wildflowers exploding with brilliant colors. You might even have had to share the road with a horse-drawn buggy. There was also that distinctive smell of the country which was not to go unnoticed (if you know what I mean). But I guess it's not so bad when you think about the smog that you would encounter had you been riding in a more industrial area.

During this year's tour we had much to be thankful for. Not only for all of the riders that participated, and the perfect weather, but also for friends like Bernie & Claudette Langer who again allowed us to use their beautiful property in Springdell for one of our food stops. This year we also had two first-time sponsors: Genuardi's Family Markets contributed delicious bagels, and Clif Bars, Inc. donated enough Clif Bars for us to hand out to each participant at registration. For this we are extremely grateful.

Last, but not least, our tour was a complete success because of all of our wonderful volunteers. I have nothing but praise and gratitude to all of the following volunteers: Bob & Cassie Leon, Ira & Ray Josephs, Chris Harendza, Charlie Stockley, Woody Kotch, Mark Kern, Elwood Bussom, Jim Hoeffler, Walt Homan, Ken Potts, Chris (Ann) Martha, Jan Chadwick, and David & Cynthia Bennett (Cynthia made those delicious brownies that quickly disappeared at one of our food stops). Again, thanks to all.

Continue to ride and train during the Fall and Winter to be prepared for our next club tour in May '99 followed by our Brandywine Tour again next September. Let's also continue to support each other's clubs by showing up to ride their tours. Happy cycling to all!



**Left:** After a long, hot (near 90°) ride on the century route, Bob Artus, of Lancaster, PA, gets cooled off by his friend who brought a portable water sprayer.

### DVBC Members Meeting

Monday, October 5 at 7:30 pm  
Delaware County Peace Center,  
Springfield Friends' Meeting,  
1001 Old Sproul Rd., Springfield.



**Greg Cymbala of the Cyclefit Bicycle Shop  
will discuss Mountain Bikes  
and MTB techniques.  
Please Attend!**

# DELAWARE VALLEY BICYCLE CLUB

## October 1998 Ride Calendar



### Regularly Scheduled Rides

Sundays, October 4, 18. *After Church Classic*. See October 4 for details.

Sundays, October 4, 11. *Harper's Ferry Ride*. See October 4 for details.

Thursday, October 1, 8, 15, 22, 29. *Pancake Breakfast*. See October 1 for details

### Ride Descriptions

<b>Thursday, Oct. 1 Early am</b> Miles: 10-25. Class C <i>Pancake Breakfast</i>	Enjoy an easy-paced ride to an area restaurant for a pancake breakfast. This ride will be held every Thursday in October and will originate from various locations in Havertown at around 7:30 am. Bring money for breakfast. Call Joel and Kate Perlsh at 610.789.7673 on the Wednesday before the ride for the exact time and starting location.
<b>Saturday, Oct. 3. 7:00 am</b> Miles: 126+. Class B <i>Ocean City NJ</i>	Meet at the Kingsway High School at Routes 322 & 551 (left at the third light after the Commodore Barry Bridge) for a ride to the boardwalk and back. We may or may not stop for breakfast but will stop for lunch and rest on the Boardwalk. The route is beautiful and mostly flat. Call Bob Leon at 610.833.2096.
<b>Sunday, Oct. 4 9:00 am</b> Miles: 45-50. Class B+ <i>Harper's Ferry</i>	Meet at the Chadds Ford Elementary School (located on Route 1 at the first light west of Route 100) for a quick-paced ride through Lenape, Embreeville and other areas in Chester County and Delaware. Leave your sneakers at home for this great ride. Call John Harper at 610.388.7411.
<b>Sunday, Oct. 4. 9:30 am</b> Miles: 35+. Class C <b>MCC - Metric Century Club</b> <i>South Jersey Ramble</i>	Meet at the Kingsway High School at Routes 322 & 551 (left at the third light after the Commodore Barry Bridge) and ride through farms and horse country with a possible ice cream stop at Richman's. Call Bob Leon at 610.833.2096.
<b>Sunday, Oct. 4. 2:00 pm</b> Miles: 25. Class C <i>After Church Classic</i>	Cheers to Frank Jackson for organizing this convenient Sunday afternoon expedition. Stretch out the legs and prepare for the workweek with a meander to Neuman College and back. Meet at the ACME at Rte. 420 & MacDade Blvd. Questions - call Frank at 610.534.3978.
<b>Monday, Oct. 5. 7:30 pm</b> <i>DVBC Meeting.</i>	Delaware County Peace Center, Springfield Friends' Meeting, 1001 Old Sproul Rd., Springfield. Greg Cymbala of Cyclefit Bicycle Shop will discuss Mountain Bikes and MTB techniques. Call Ira Josephs at 610.565.4058.
<b>Thursday, Oct. 8. Early am</b>	Pancake Breakfast. Miles: 10-25. Class C. See October 1 for details.
<b>Saturday, Oct. 10. 9:30 am</b> Miles: 35. Class C <i>Big House Ride</i>	Check out some new countryside by joining Tony Iaccarino for a journey through Oaks, Trooper and areas West. Ride will begin at Perkiomen Park, so please call Tony if you need directions. 610.265.5455.
<b>Saturday, Oct. 10. 8:00 am</b> Miles: 50. Class B <i>Brandywine Outer 50</i>	Start out at Octorara High School to check out the fabulous countryside as this ride follows the route from our outstanding Brandywine Tour. Call Bob Leon at 610.833.2096.
<b>Sunday, Oct. 11. 9:00 am</b> Miles: 45-50. Class B+ <i>Harper's Ferry</i>	Meet at the Chadds Ford Elementary School (located on Route 1 at the first light west of Route 100) for a quick-paced ride through Lenape, Embreeville and other areas in Chester County and Delaware. Leave your sneakers at home for this great ride. Call John Harper at 610.388.7411.
<b>Sunday, Oct. 11. 9:30 am</b> Miles: 40. Class C (MCC) <i>Doe Run Valley</i>	Chadds Ford Elementary School is the starting point for this Sunday morning extravaganza. Beautiful roads, fabulous countryside and a chance to be back out on your bike! Call Bob Leon with any questions. 610.833.2096.

<b>Monday, Oct. 12. 7:00 pm</b> <i>DVBC Board Meeting.</i>	Delaware County Peace Center, Springfield Friends' Meeting, 1001 Old Sproul Rd. in Springfield. The meeting is open to all club members.
<b>Sunday, Oct. 11. 9:00 am</b> Miles: 30-35. Class B-/C+ <i>Foot Ride</i>	Get a great start to your weekend with a quiet rumble through Swarthmore, Rosemont and Ridley Creek. Join Mike Toof and friends by meeting at the Commerce Bank on Baltimore Pike in Springfield (In front of Borders) or call Mike at 610-543-1160 for further details.
<b>Thursday, Oct. 15. Early am</b>	<i>Pancake Breakfast.</i> Miles: 10-25. Class C See October 1 for details.
<b>Saturday, Oct. 17. 7:00 am</b> Miles: 84+. Class B <i>Mays Landing</i>	Meet at the Kingsway High School at Routes 322 & 551 (left at the third light after the Commodore Barry Bridge) for a ride to Mays Landing, NJ. We may or may not stop for breakfast but we will stop for lunch at the Sugar Hill Deli. Call Bob Leon at 610.833.2096.
<b>Sunday, Oct. 18. 9:00 am</b> Miles: 20. Class C. <i>Gladwyne</i>	Meet at the Drexel Hill Cyclery, 703 Burmont Road, Drexel Hill for a beautiful ride through the Main Line, Gladwyne and Flat Rock Park. Expect a few hills. Call Bob Martin at 610.352.2114.
<b>Sunday, Oct. 18. 9:00 am</b> Miles: 35-45. Class B <i>Pete's Produce.</i>	Meet at the Moylan-Rose Valley train station at Woodward & Manchester Roads and ride through the Glen Mills and Cheyney area to Westtown. There will be a rest stop at Pete's Produce. Expect some hilly terrain. Contact Ira Josephs at 610.565.4058 or bikeira@juno.com
<b>Sunday Oct. 18. 9:30 am</b> Miles: 40+ Class C (MCC) <i>Kountry Kitchen</i>	Join Bob Leon and the Metric Century Club as they continue towards their goal. Meet at the Kingsway High School at Routes 322 & 551 (left at the third light after the Commodore Barry Bridge). We'll ramble through farms & horse country with our breakfast stop at the Kountry Kitchen. Call Bob at 610.833.2096.
<b>Sunday, Oct. 18 2pm</b> Miles: 25 Class C <i>After Church Classic</i>	Cheers to Frank Jackson for organizing this convenient Sunday afternoon expedition. Stretch out the legs and prepare for the workweek with a meander to Neuman College and back. Meet at the ACME at Rte. 420 & MacDade Blvd. Questions - call Frank at 610.534.3978.
<b>Tuesday, Oct. 20. 7:00 pm.</b> <i>Delco Cycling Committee.</i>	Delaware County Cycling Committee Meeting. Get involved in cycling advocacy! Helen Kate Furness Library, Providence Road (Route 252) in Wallingford. Contact Ira Josephs at 610.565.4058 or bikeira@juno.com.
<b>Thursday, Oct. 22 Early am</b>	<i>Pancake Breakfast.</i> Miles: 10-25. Class C See October 1 for details.
<b>Saturday Oct. 24 8:30 am</b> Miles: 40. Class B <i>Doe Run Valley</i>	Chadds Ford Elementary School is the starting point for this Sunday morning extravaganza. Beautiful roads, fabulous countryside and a chance to be back out on your bike! Call Bob Leon with any questions. 610.833.2096.
<b>Sunday, Oct. 25. 9:00 am</b> Miles: 50-55+. Class B/B+ <i>Run Doe Run</i>	Meet at the Ridley Creek State Park Headquarters in Middletown Township (off Gradyville Rd., between Rts. 252 and 352) for fall foliage ride to the Doe Run area of Chester County. Expect a fast pace and hills. A cue sheet will be provided. Contact Chris Harendza at 610.449.6456 or elzchris@netreach.net.
<b>Sunday, Oct. 25. 9:30 am</b> Miles: 28+. Class C (MCC) <i>Brandywine 28 Route</i>	Begin at Chadds Ford Elementary School to re-experience the new 28-mile route from our outstanding Brandywine Tour. Call Bob Leon at 610.833.2096.
<b>Thursday, Oct. 29 Early am</b>	<i>Pancake Breakfast</i> Miles: 10-25. Class C. See October 1 for details.
<b>Saturday, Oct. 31. 8:30 am</b> Miles: 50+ Class B <i>Explore New Jersey</i>	Meet at the Kingsway High School at Routes 322 & 551 (left at the third light after the Commodore Barry Bridge) and ride some of the routes that Bob and his group discovered last winter. The rolling speed will be between 10 and 14 mph. Call Bob Leon at 610-833-2096
<b>Sunday, Nov. 1, 10:00 am</b> Miles: 40 Class A- <i>Grass the Leaves</i>	Okay, I'll have not ridden for a month, so please join me on a tour of Radnor and all kinds of nice roads throughout the western suburbs. Notice the later starting time, so we can all drink coffee before we begin from Haverford Middle School, Darby Rd, just West of Rte.1 in Havertown. Call me with questions. Katrina 610.789.4438.

## Ride Notes:

- Helmets use is **mandatory** on all rides.
- Free 1999 membership for anyone leading 4 or more rides listed rides in 1998. Contact Ira Josephs.
- Please note that every attempt is made to ensure that the information above is accurate. *It is always a good idea to call the ride leader to confirm the time, location, pace, terrain, etc.*
- Contact the Ride Coordinator, Katrina Dowidchuk, at 610.789.4428 or greeneggsandham3@juno.com by the 15<sup>th</sup> of the month, to schedule upcoming rides.

## OCTOBER REGIONAL EVENTS

-Compiled by Christine Martha

**3: Savage Century.** White Clay Bicycle Club. Contact dbundas@bellatlantic.net or 610.255.0799.

**3: Seagull Classic.** Salisbury State Univ. Bicycle Club. Contact 410.548.2530 or Seagull@ssu.edu.

**4: 9th Annual Fox Chase Cancer Center / Stazi Milano Bike Ride.** Benefits the Research Institute for Cancer Prevention of Fox Chase Center. Call 215.728.2531.

**10: Annual Trexlerstown Swap Meet.** Lehigh Valley Velodrome. 9 am, nominal admission. Take PA Turnpike Extension, N to Rt. 22 W, to the

Trexlerstown Exit (Rt. 100 S), follow for 2 miles, then right on Rt. 222. Take 2nd right onto Mosser Rd. for the Velodrome.

**11: Raul Julia Bicycle Challenge to End Hunger.** Bryn Mawr, PA. Pledges benefits the Hunger Project. Call 610.527.3539 or 610.965.8309.

**11: Dewey Beach (DE) Metric Century.** Atlantic Cycling. Contact 301.610.0526, Atlcycle@aol.com

**11: Tour de Port.** Baltimore Bicycle Club. 22 mi. ride around the historic port of Baltimore City. Contact tourduport@aol.com, see www.baltobikeclub.org or call 410.876.9888

**11: 17th Annual Covered Bridges Metric Century.** Central Bucks Bicycle Club. Call 215.579.9393.

**23-25: Cape May Weekend.** White Clay Bicycle Club. Non profit ride, \$85 expenses for rider's expenses. Call 302.764.2644..

*Chris Martha has thoughtfully compiled this list from various sources. Please check the contacts to verify all information. DVBC takes no responsibility for errors.*

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**Julie and Greg Senko** of Springfield, PA, enjoyed the day riding the 50 mile loop of the Brandywine Tour



## **The Upper Darby Township Police Department First Annual Police Mountain Bike Competition**



**Saturday, October 10, at 1:00pm.  
Naylor's Run Park, 1500 Garrett Rd. Upper Darby.**

Proceeds will go to the Delaware County Hero Scholarship Fund, which benefits family members of police officers and firefighters killed in the line of duty.

Competition events include a 6 mile on road/off road race, police obstacle course and bike toss competition. Awards will go to the top three finishers, top three in age 29 and under, top three in ages 30 to 35, top three in ages 36 and up and top three females. All certified bicycle trained police officers and law enforcement personnel are invited to compete. Other Events include a kids bike registration against theft and a bike safety rodeo.

The general public is welcome to attend.

Please contact Sgt. James Reif at 610.734.7695 for more information.

Volunteers to represent DVBC are appreciated. Please call Chris Harendza at 610.449.6456

### **Some Numbers to Celebrate.**

**The DVBC Membership stands at 165, up from 120 earlier this year!  
Please remember to renew! Help keep us strong and continue growing**

**The DVBC web page has had 3,913 visitations since July 1997 !  
(even if 75% of these are "random hits", that is still pretty good)**

## Congratulation to the MCC Club

by Bob Leon

The MCC 2<sup>nd</sup> annual ride to Ocean City was another great success. This year we had 20 riders, up from 12 in 1997.

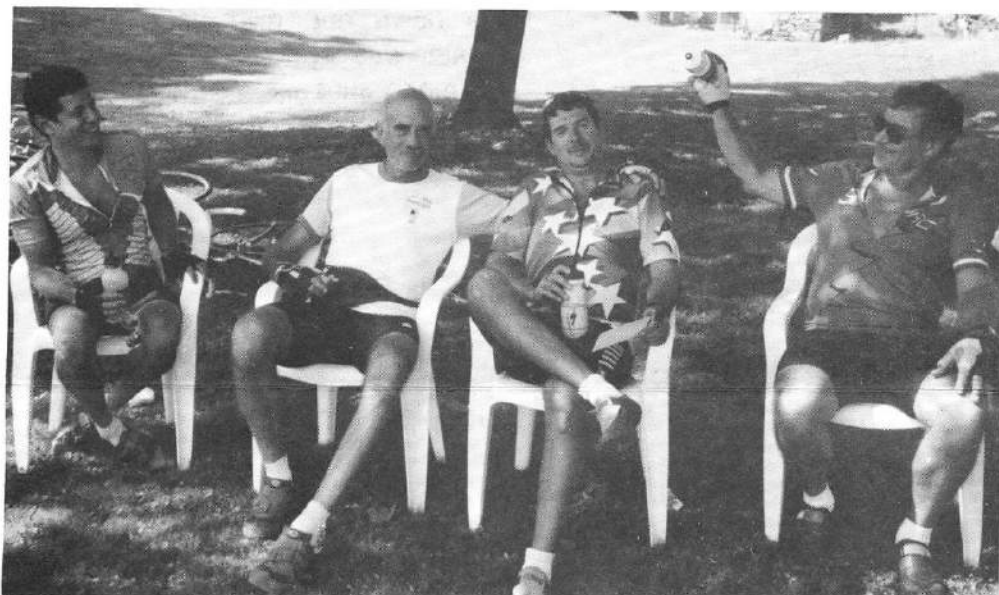
Our trip took us from the Five Points Bar & Restaurant on routes 557 & 540 to the Boardwalk in Ocean City. After a short stay enjoying the sights and sounds we headed out the north end of the island and through Somers Point. We followed route 559 north to Mays Landing where we had a great sandwich at the Sugar Hill Deli before returning to our vehicles.

Our riders have improved greatly over the riding season and some are now riding at a C+ / B- pace. This resulted in splitting the group, with the faster riders riding

ahead on the long stretches. However, we always regrouped at a stop sign or turn. Unfortunately, we pushed our good friend Joyce a bit too hard and she had her first experience with the dreaded BONK! Sorry Joyce!

Everyone had a great time riding and talking. The weather was perfect and the roads lightly traveled by cars. We rode 65 miles and finished the ride with ice cream and milk shakes.

I hope we'll see some new faces next year early in the spring to train with the MCC club for the third annual trip to Ocean City. Keep your pedals turning and thank you for joining me.



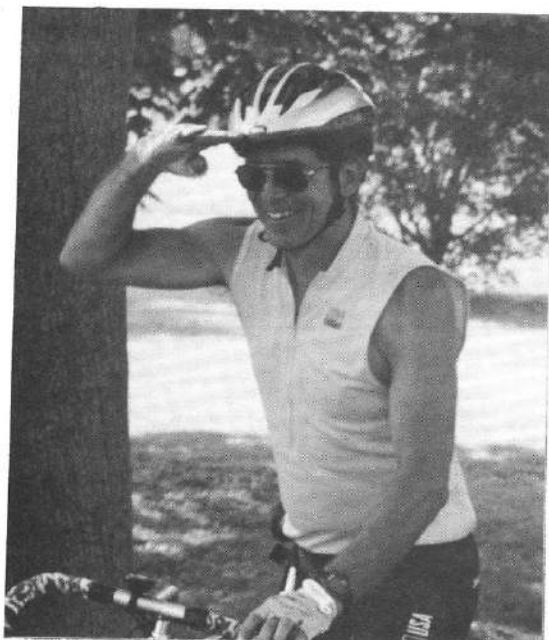
### More Brandywine Tour Pictures

by Gina Bezdziecki

**Left:** From left to right: Dan, Bob Ingersoll, Butch P. and another friend pose at the lunch stop in Springdell.

**Bottom Left:** Bill Robb prepares to leave the Springdell lunch stop.

**Bottom Right:** Ray Stankus and his daughter, Karen. Karen flew in from California to visit her parents and did the 50 mile tour with her Dad. Karen is "signing" I love you to her Dad.



# TOUR OF IOWA ON RAGBRAI.

By Al Dempsey

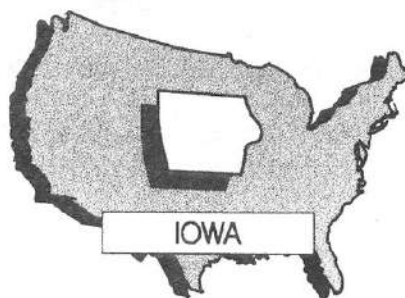
In my last article I mentioned I would be doing the ride across Iowa. This was RAGBRAI's, or Register's (a newspaper in Des Moines) Annual Great Bike Ride Across Iowa, 26<sup>th</sup> ride which was held from 19 to 25 July.

The tour starts in January or February when the application is available on their web site ([www.ragbrai.com](http://www.ragbrai.com)). The application and \$90.00 must be in by 1 April and a lottery drawing is done with the results on their web page by 1 May. Once accepted, they send you a package of information on the ride. Now the work begins. First you have to decide how you're getting to Iowa. I elected to drive to the end of the ride, Sabula, Iowa and leave my car. I arranged for long term parking, costing \$20, and transportation, costing \$70, from Sabula to Hawarden, IA, which was the start of the ride. I started my trip on Thursday night, 17 July. It took 18 hours of driving, \$30.00 in tolls about \$90.00 for gas (V8 Bronco) and 900 miles. I arrived Friday afternoon in Sabula, an Island in the Mississippi River.

The route changes every year and this was Sabula's first time as a host town. I set up my tent along the river and placed the car in the parking area. Dinner was at a local church. You buy all your own meals and every town you ride through is set up to sell you all kinds of great food; it was wonderful. I ate something in just about every town and you go through about half a dozen towns each day on the ride. Friday night we loaded our bikes on rental

trucks, two levels high but well protected.

Saturday morning we had showers, costing \$2.00, in the local school and breakfast at a church, which also sold us a bag lunch for our air-conditioned bus trip to Hawarden. We left Sabula at 7 am and arrived in Hawarden by 3 PM, where I set up the tent. I then headed to the Big Sioux River to ceremonially dip my rear wheel;



a camera is a must. There was a big party in town with a band and every night each host city was the same. Never did I see any problems.

The \$90.00 application fee entitles you to the use of the Register's (newspaper) trailer which carries your camping gear each day. It is best to camp near the trailer. The Register also provides sag service, free bike repair on the tour route and medical care if injured on the route.

Sunday - The ride officially starts each day at 6 am, however there were riders on the road at 5 am. I was on the road by 7:30 after breakfast at the high school. You don't have to worry about finding the route signs, there are 10,000 riders on the road, so the road in front and behind is always

filled with riders. We did 65 miles of gentle rolling country.

Monday - I was on the road by 7; we had 85 miles to do. There were a few hills in the beginning but then leveled out. We ran into a hot spell and a lot of people were having problems with not taking enough fluids. One town set up hoses squirting across the road as we rode in. On a farm the wife was out with her hose to wet us down and give us a drink. Water was available; we just had to make sure we took advantage of the generosity of the people.

Tuesday - Most were up earlier to beat the heat, though it never came. We did 67 miles.

Wednesday - Last night we had rain, which began again an hour into the ride. After that it cleared up. The ride was 63 miles plus a 24 mile loop to do twice for their century. I settled for one loop.

Thursday - was short ride of 46 miles and the first campground without shade.

Friday - was our long ride, 93 miles. I was up early and on the road by 6 am. Again rolling country and I was at our host city by 4 PM.

Saturday - Our last day and 66 miles to reach Sabula. This day was hills all the way, it made us appreciate the other six. I dipped my front wheel in the mighty Miss. and took a shower in a private house for \$2.00. I was headed home by 6 p.m. and home by noon on Sunday 26 July.

It was a great trip, the people and food were wonderful and I'll do it again.

**PLEASE SUBMIT YOUR RIDE REPORTS TO THE NEWSLETTER !**

Delaware Valley Bicycle Club  
P.O. Box 156  
Woodlyn, PA 19094-0156



PHILA PA 191 18:35 10/05/98 #21

Exp: 2/28/99

Robert Martin  
341 Hampden Rd.  
Upper Darby, PA 19082

19082-4000 10



The Delaware Valley Bicycle Club (DVBC) is a non-profit corporation formed to educate the public as to the safe use of the bicycle through lectures, seminars, planned rides, and other activities promoting the bicycle as an efficient and enjoyable means of exercise, recreation, and transportation. Non-members are welcome on rides, but are urged to consider their ability and experience when selecting a ride (see the "Ride Guidelines" on the inside cover). Helmets are mandatory for all rides. The club cannot accept responsibility for accidents or injury when participating in a DVBC event.

### Application for DVBC Membership

(Expires 1 year from date joined/renewed)

Please print clearly and use your 9-digit zip code, if known.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

**Annual Membership: \$15.00 per household.**

Check one: ☐ new member or ☐ renewal

Membership includes: DVBC Newsletter (10 issues per year), discounts at most Club sponsors, Club subsidized events. Your membership attracts advertisers and helps influence local government decisions concerning bicycle issues.

The DVBC Safety Fund is used to promote issues regarding cycling safety in the Delaware Valley. I wish to contribute:

☐ \$1 ☐ \$5 ☐ \$10 ☐ \$15 ☐ \$20 ☐ \$25 ☐ other: \_\_\_\_\_

Amount enclosed: \$15 (membership) + \_\_\_\_\_ (safety) = \_\_\_\_\_

### Interest Survey

**Your Ride Pace:**  
(check one)

- ☐ Class D: *slow* ☐ Class A: *fast*  
☐ Class C: *average* ☐ Off-Road  
☐ Class B: *brisk*

**I'll volunteer for:**  
(check all interests)

- ☐ Ride Leader ☐ Newsletter  
☐ Sag Wagon ☐ Typist  
☐ Tour Food Stop ☐ Newsletter  
Delivery



Please send your check or money order to the:

**Delaware Valley Bicycle Club**  
P.O. Box 156  
Woodlyn, PA 19094-0156