



DELAWARE VALLEY BICYCLE CLUB

P.O. Box 156, Woodlyn, PA, 19094-0156

JUNE 1998

FREE!

NO DVBC MEETING IN JUNE - WE'RE TOO BUSY RIDING

After all that rain we had and then this huge bloom of rides in our June calendar, all we want to do is ride, ride, ride! But mark your calendars for July 6th, when heavyweight bicycle advocate, Bill Hoffman, will be our featured speaker. Bill is a member of the Lancaster Bike Club, the LAB Touring Information Director for Pa., chairman of the LAB Education Committee and vice-chairman of the Pa. Pedalcycle and Pedestrian Advisory Committee. He will speak about bicycle advocacy efforts at the state level.

Our own DVBC member and web guy, Chris Harendza, gave a wonderful presentation at the May meeting on the Internet, DVBC's own web page, and other interesting bicycle web sites. He used an overhead projector with an expensive device to interface with his computer that was loaned by his employer, Montgomery County Community College. It was fun and informative- an excellent introduction for those of us not already hooked into the "net".

Please, if you have any ideas about who or what you would like to see at future meetings, let me know as soon as possible. (Ira at 565-4058 or bikeira@juno.com).

This month's sad news is the total washout of May's Freedom Tour. We had more volunteers than riders. The 9 or so participants reported enjoying the rainy ride, including the 3 or 4 brave souls who completed the total 65 miles. A huge thank you goes out to Tour Director, Gina Bezdziecki and her many

helpers for all the preparations that would have made a great tour had the weather cooperated- David Bennett, Elwood Bussom, Chris Harendza, Rich Hoell, Ira and Ray Josephs, Mark Kern, Woody Kotch, Bob and Cassie Leon, Walt Linton, Bob Martin, Charley Stockley, and Mike Toof.



We've also had a tremendous response to our plea for 'D' ride leaders. Thanks to Dave and Sue Trout for their Wednesday evening rides and Phil Anderson for Sunday evening rides. And thanks to Harry Havnoonian, Leigh Farrell and Victor Gatta from Cyclesport for their 'all classes' Sunday morning rides and this month's new Monday Evening Show and Go To Dinner rides with Amoroso's amateur cycling team. Thanks also go out to new ride leaders Tony Iaccarino for 'C' rides and Katrina Dowidchuk for 'A/B+' rides, and all our other loyal ride leaders- Greg Cymbala, Fran DeMillion, Chris Harendza, Ira Josephs, Bob Leon, Bob Martin, Joel and Kate Perlsh, and Mike Toof.

Lastly, I'd like to thank Chris Martha for our Bicycle Events listing and Jan Chadwick for our member

database and mailing labels. If your name didn't appear somewhere above, either I goofed and am very sorry or you need to pitch in and help the club.

If you are a newer member and haven't been out on a club ride yet, you have no excuses. Take a look at the ride calendar. There are many choices for every rider from amateur racer to family with small children. Please pick out some rides, mark the dates on your calendar, and show up to ride. You'll be glad you did, and so will our ride leaders.

If the reason you haven't been on a club ride is that you feel too unsafe cycling on roads with traffic, then a group ride is just what you need. We usually ride on roads with low traffic volume and at times where there are less cars. Also you will ride with experienced cyclists that can teach you ways to cycle more safely in traffic. And riding in a group you will also be more visible to motorists further increasing your safety.

If you are the above type rider, or one that is more experienced but has concerns about bike/car safety, we want you to come to a special meeting of the Delco. Cycling Committee. We meet under the auspices of the DVBC and Bicycle Coalition of the Delaware Valley and address bicycle safety concerns and work with PADOT and local government to improve cyclists' safety. This will be a town meeting format to inform and solicit feedback on a project that is underway with the Delaware Valley Regional Planning Commission to take 20 miles of state roadway in

(Ira's column is continued inside→)

The Delaware Valley Bicycle Club
P.O. BOX 156
Woodlyn, PA 19094-0156

www.netreach.net/people/elzchris/dvbc/home-page.htm



Board of Directors

President: Ira Josephs, 610-565-4058 or
bikeira@juno.com
Vice Pres: Gina Bezdziecki, 610- 525-0129
Treasurer: Bob Leon 610-833-2096
Secretary: David Bennett

Staff

Editor: Chris Martha 215-548-8482
Mail Labels: Jan Chadwick 610-892-0742
Covers, Web Page and Ride Coordinator:
Christopher Harendza 610-449-6456 or
elzchris@netreach.net

Please submit your upcoming rides
by the 14th of each month;
please call before 9 pm.

DVBC Meeting Place

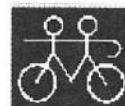
Delaware County Peace Center/ Springfield
Friends Meeting, 1001 Old Sproul Road
(behind the car wash at Rt. 320 and Old
Marple Road). Meetings are usually held the
first Monday of the most months.

***DVBC welcomes articles and ride reports for
the newsletter. Please submit your materials
before the 14th of each month.***

Club Affiliations



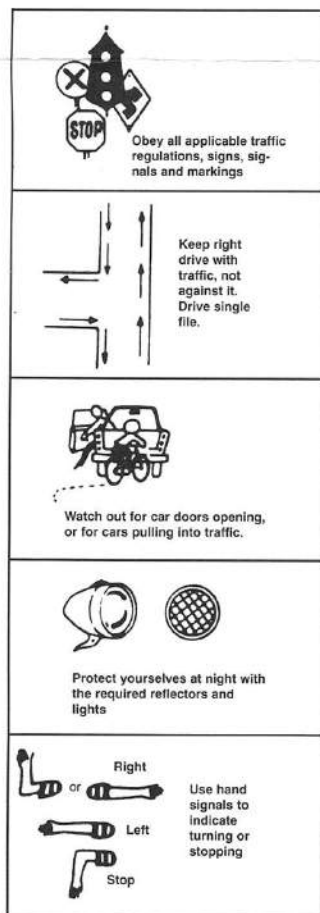
LAB



Bicycle Coalition of the Delaware Valley

*Please note that the views expressed in
this publication are not necessarily the views
of the DVBC, nor do we endorse products or
services advertised.*

Ride Guidelines



1. Arrive early and *be ready to leave on time*. Rides start no more than 5-7 minutes late.
2. Make sure your bike is in proper working order *before* you arrive.
3. Carry a spare tube, patch kit, and water bottle.
4. Practice safety and obey all traffic laws.
5. A helmet is mandatory for all DVBC rides.
6. All Club rides are rated according to the degree of difficulty. Do not "bike off" more than you can do. Go on rides within your ability, interest and experience. If you're in doubt about your ability, try out a ride one class below the one you're not sure of and work your way up.
7. Ride classifications:
Class D: For new, inexperienced riders or families: 7-9 mph average moving speed with frequent stops and as few hills as possible. The group will wait for all riders. The ride lengths are usually less than 10 miles, but longer distances are permissible.
Class C-: For average riders: 10-11 mph average moving speed with rest stops as needed. The group will wait for stragglers. The recommended distance is 10-30 miles.
Class C+: Also for average riders: 12-13 mph average moving speed with rest stops every 45-60 minutes. No obligation to wait for stragglers if cue sheets or maps are provided.
Class B-: For more experienced riders: 14-15 mph average moving speed with rest stops at the discretion of the ride leader. No obligation to wait for stragglers if cue sheets or maps are provided.
Class B+: For strong riders: 16-18 mph average moving speed with rest stops at the discretion of the ride leader. No obligation to wait for stragglers if cue sheets or maps are provided.
Class A: For very strong riders: 19+ mph average moving speed with rest stops at the discretion of the ride leader. No obligation to wait for stragglers if cue sheets or maps are provided.
8. Each rider assumes his/her own risk on all rides.
9. Those who ride ahead of the group are on their own ride.
10. Always notify the ride leader before leaving the group.
11. Ride leaders should adhere to the advertised speed of the ride.
12. Ride leaders are not expected to be bike mechanics.

Note: In the case of questionable weather or road conditions, the Ride Leader may decide to cancel the event. Call the ride leader if in doubt. The general public is invited to all events organized by the Delaware Valley Bicycle Club. Except for the Freedom Tour, Brandywine Tour and Club picnic, all club events are free to the general public. The general public is welcome!

DELAWARE VALLEY BICYCLE CLUB

June 1998 Ride Calendar

Regularly Scheduled Rides

Most Mondays, June 8, 15, 22 & 29. *Show and Go to Dinner*. See June 8 for details.
 Most Mondays, June 2, 23, & 23. *Tuesday Evening Show & Go*. See June 8 for details.
 Wednesdays, June 3, 10, 17 & 24. *Wednesday Evening D Rides*. See June 3 for details.
 Wednesdays, June, 3, 10, 17 & 24. *Wednesday Show & Go*. See June 3 for details.
 Thursdays, June 4, 11, 18 & 25. *Pancake Breakfast*. See June 4 for details.
 Thursdays, June 4, 11, 18 & 25. *After Work Show & Go*. See June 4 for details.
 Sundays, June 7, 14, 21 & 28. *Sunday ATB Rides*. See June 7 for details.
 Sundays, June 7, 14, 21 & 28. *Sundays with HH*. See June 7 for details.
 Most Sundays, June 7, 14, & 21. *Parks and Lakes D Rides*. See June 7 for details.



Ride Descriptions

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| Most Tuesdays, June 2, 23 & 30. 6:30 pm. Miles: 11-15. Class C+. <i>Tuesday Evening Show & Go</i> . | Join Mike Toof for moderately paced rides through the Swarthmore and Rose Valley areas. This ride will be held most Tuesdays , except for June 9 and 16. Meet at the Commerce Bank, near Borders on Baltimore Pike in Springfield. Call Mike at 610-543-1160. |
| NEW Every Wednesday Eve., June 3, 10, 17 & 24. 6:15 pm. Miles: 7-10+. Class D/C-. <i>Wednesday Evening D Rides</i> . | Meet at the Pathmark Market in Folsom (McDade Blvd. near Route 420) for easy paced recreational rides every Wednesday evening in June. Ride into Ridley Township, Swarthmore and surrounding areas at a slow pace on mostly flat terrain. The leaders will wait for all riders. This is a great opportunity for new riders and those who desire a recreational pace. Contact Dave or Sue Trout at 610-534-0232 or dtwave@voicenet.com |
| NEW Every Wednesday Eve. June 3, 10, 17 & 24. 6:15 pm. Miles: 25. Class A/B+. <i>Wednesday Eve. Show & Go</i> . | Join Katrina Dowidchuk for fast-paced rides through Radnor and areas west every Wednesday evening in June. Meet at the Haverford Middle School on Darby Road, just east of Eagle Rd., in Havertown. Contact Katrina at 610-789-4438. |
| Every Thursday Morning. June 4, 11, 18 & 25. Early am. Miles: 10-25. Class C. <i>Pancake Breakfast</i> . | Enjoy an easy-paced ride to an area restaurant for a pancake breakfast. This ride will be held every Thursday in June and will originate from various locations in Havertown at around 7:30 am. Bring money for breakfast. Call Joel and Kate Perlsh at 610-789-7673 on the Wednesday before the ride for the exact time and starting location. |
| Every Thursday Evening June 4, 11, 18 & 25. 5:45 pm. Miles: 20-25. Class B. <i>After Work Show & Go</i> . | Meet at Rose Tree Park, on Rt. 252, just north of Rt. 1, for regular "After Work Show and Go" rides to various locations in the area. Rides will be held every Thursday in June. Call Bob Leon at 610-833-2096. |
| Saturday, June 6. 8:45 am. Miles: 50+. Class B. <i>Kountry Kitchen</i> . | Meet at the Kingsway High School at Routes 322 & 551 (left at the third light after the Commodore Barry Bridge) for a ride through South Jersey and a hearty breakfast at the Kountry Kitchen in Elmer. Call Bob Leon at 610-833-2096. |
| Every Sunday Morning. June 7, 14, 21 & 28. 8:00 am. Miles: 10+. Class: All. <i>Sunday ATB Ride</i> . | Greg Cymbala will be leading All Terrain Bicycle rides for all classes of riders every Sunday in June. Meet at the Jewish Community Center on Garden of Eden Road, off Route 202, south of the Concord Mall in Delaware. Greg would like all riders to call him at 610-876-9450 to discuss your ride class. |

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| Every Sunday Morning. June 7, 14, 21 & 28. 9:00 am. Miles: 20-30. Class B, C, D. <i>Sunday's with HH</i> | Meet at Cyclesport Bike Shop at Old State and Providence Roads in Media for a ride to various area locations. The ride will break into 2-3 groups depending upon your desire and ability and will be held every Sunday in June. Call Harry Havnoonian, Leigh Farrel or Victor Gatta at 610-565-9535. |
| Sunday, June 7. 9:30 am. Miles: 28. Class C. <i>MCC Goes to the Races.</i> | Join Bob Leon and the "Metric Century Club" (MCC) for their ongoing training to reach the Jersey Shore. It is still not too late in the season to prepare for the big ride! This ride will be a bit different - meet at the Schuylkill River Trail Head, at Valley Forge Park near the Betzwood Bridge, for a ride to the First Union (Core States) Pro Cycling Race before returning to Valley Forge. Bring or buy lunch. Call Bob at 610-833-2096. |
| NEW Most Sunday Evenings, June 7, 14, & 2. 6:00 pm. Miles: 7-10. Class D/C- <i>Parks & Lakes Ride.</i> | Meet at the Acme Market near Route 420 and McDade Blvd. for an easy recreational ride to Ridley Park and Prospect Park. The route is mostly flat and the ride leader will wait for all riders. This is another great opportunity for new riders and those who desire a recreational pace. The ride will be held most Sunday evenings in June. Call Phil Anderson at 610-328-5152. |
| NEW Most Mondays, June 8, 15, 22 & 29. Miles: Variable. 6:15 pm. Class B, C & D. <i>Show & Go to Dinner</i> | Join Harry Havnoonian and the Amoroso Racing Team, Philadelphia's premier amateurs, for a multi-class "Show and Go" ride to various area locations. The racers will be in a Monday "recovery mode" and will be there to help out. There will be multiple ride leaders and they will wait for all riders. Bring your wallet if you wish to join the group for dinner and drinks at a local restaurant. Meet at Cyclesport Bike Shop at Old State and Providence Roads in Media. The ride will be held most Mondays in June, except June 1. Call Harry Havnoonian or Leigh Farrel at 610-565-9535. |
| Monday, June 8. 7:00 pm. <i>DVBC Board Meeting.</i> | Delaware County Peace Center, Springfield Friends' Meeting, 1001 Old Sproul Rd. in Springfield. |
| Saturday, June 13. 8:30 am. Miles: 30. Class C-. <i>Pedal Paddle the Brandywine</i> | Join Fran DeMillion for a delightful day of cycling and canoeing. Meet at the Northbrook Canoe Company, on Northbrook Road, off Route 842, west of West Chester. Bring or buy lunch. The 1:00 canoe ride is optional and if you would like to participate you can reserve a canoe by calling 610-793-2279. The canoeing on the Brandywine is very easy. Call Fran at 610-431-2675 for details. |
| Saturday, June 13. 7:00 am. Miles: 126+. Class B. <i>Ocean City, New Jersey.</i> | Meet at the Kingsway High School at Routes 322 & 551 (left at the third light after the Commodore Barry Bridge) for a ride to the boardwalk and back. Call Bob Leon at 610-833-2096 for more details. |
| NEW Saturday, June 13. 9:30 am. Miles: 7-10 +. Class D/C-. <i>Schuylkill Easy Cruiser Ride.</i> | Meet at the Valley Forge trail head, near the Betzwood Bridge for an easy paced recreational ride along the Schuylkill River Trail. The pace is slow, the terrain is flat and the leaders will wait for all riders. This is a great opportunity for new riders and those who desire a recreational pace. Call Dave or Sue Trout at 610-534-0232. |
| Sunday, June 14. 8:45 am. Miles: 65. Class B/B+. <i>Free Freedom Tour.</i> | The May tour was a washout so here is your chance to do the ride. Meet at Ridley Creek State Park in Edgemont Township, lot #15. The average rolling speed will be 15-16 mph but we might have a couple of cue sheets left - so if you don't want a fast pace come on out anyway and do your own thing. Bring lunch and or money for snacks. Contact Christopher Harendza at 610-449-6456 or elzchris@netreach.net. |
| Sunday, June 14. 9:30 am Miles: 35+. Class C. <i>MCC Kountry Kitchen.</i> | Meet at the Kingsway High School at Routes 322 & 551 (left at the third light after the Commodore Barry Bridge) for a ride through South Jersey and a hardy breakfast at the Kountry Kitchen in Elmer. Call Bob Leon at 610-833-2096. |
| Tuesday, June 16. 6:00 pm. Miles: 20. Class C. <i>Valley Forge Show & Go.</i> | Meet at the lower parking lot of the Visitor's Center at Valley Forge Park for a beautiful ride through the park and into the surrounding areas. You can expect a few hills but Tony will wait for all riders. Call Tony Iaccarino at 610-265-5455. |

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| Tuesday, June 16. 7:00 pm. <i>Delco Cycling Committee.</i> | Delaware County Cycling Committee Meeting, Helen Kate Furness Library, Providence Road in Wallingford. This will be a town meeting on the Delaware Valley Regional Planning Commission's State Roadway Improvement For Cyclists Project. Call Ira Josephs at 610-565-4058. |
| Sunday, June 21. 9:00 am. Miles: 35-45. Class B. <i>Ira's Summer Solstice Ride.</i> | Meet at the Moylan-Rose Valley train station at Woodward & Manchester Roads and ride through the Glen Mills and Cheyney area to Westtown. There will be a rest stop at Pete's Produce. Expect some hilly terrain. Call Ira Josephs at 610-565-4058. |
| Sunday, June 21. 9:30 am Miles 25+. Class C. <i>MCC Northbrook Orchards.</i> | Meet at the Chadds Ford Elementary School (located on Route 1 at the first light west of Route 100) for a ride into the Brandywine Valley to Northbrook Orchards for lunch. Call Bob Leon at 610-833-2096. |
| Tuesday, June 23. 6:00 pm. Miles: 20-25. Class C. <i>Radnor Ramble</i> | Meet at the Farmer's Market (Lancaster Avenue/Route 30) and Eagle Road and ride into the surrounding areas. You can expect a few hills but the ride leader will wait for all riders. Call Tony Iaccarino at 610-265-5455. |
| Saturday, June 27. 8:30 am. Miles: 65+. Class B. <i>Northbrook Orchards.</i> | Meet at the Woodlyn Hechinger Shopping Center behind the Dunkin' Donuts at McDade Blvd. and Fairview Road. The ride will proceed through Swarthmore, Media, Ridley Creek State Park, Thornbury and along route 100. Bring food or money for lunch at Northbrook Orchards. Call Bob Leon at 610-833-2096. |
| Sunday, June 28. 9:00 am. Miles: 50. Class B+. <i>Kat Ride.</i> | Meet at Rose Tree Park, on Rt. 252 just north of Rose Tree Rd. and Rt. 1, for a fast-paced ride to the Chadds Ford Area. Expect some hills. Contact Katrina Dowidchuck at 610-789-4438 for details. |
| Sunday, June 28, 9:30 am. Miles: 30+. Class C. <i>MCC South Jersey Ramble.</i> | Meet at the Kingsway High School at Routes 322 & 551 (left at the third light after the Commodore Barry Bridge) and ride some of the routes that Bob and his group discovered this past spring-like winter. The rolling speed will be between 10 and 14 mph. Call Bob Leon at 610-833-2096. |

*****Please Note: There is NO Club Meeting this month: The July Meeting will feature Cycling Advocate, Bill Hoffman (see Ira's Article). Mark your calendar !!!!*****

- Helmets use is mandatory on all rides.
- Free 1999 membership for anyone leading 4 or more rides listed rides in 1998. Contact Ira Josephs.
- Please note that every attempt is made to ensure that the information above is accurate. *It is always a good idea to call the ride leader before the ride to confirm the time, location, pace, terrain, etc.*
- Contact the Ride Coordinator, Christopher Harendza, at 610- 449-6456 or elzchris@netreach.net, by the end of the second week of the month, to schedule upcoming rides. *Please call before 9:00 pm.*



NEW MEMBERS

DVBC would like to give a big welcome to its new members! We hope that you have a great year and look forward to seeing you on DVBC rides and tours.

- Emily Silvis
- Frank Morrissey
- Carolyn Bookhart
- Roger Riolo
- Harry Havnoonian
- Victor Gatta
- Robert Glickman
- Leigh Farrell
- Jessica Mangina
- Craig Karkoska
- Jean Neumann
- Peter Snyder
- Alex Moeller
- Lois Long



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FOR SALE Bicycle Storage System

Originally in back room of MLE in Media, very stable and heavy duty. Accommodates 64 bikes hanging by one wheel. It is seven and a half feet tall, 10 feet long or 15 with extensions, and 10 feet wide. The construction is painted heavy gauge steel and consists of 4 supporting posts, 2 top side pieces that are tracks, and 4 cross members with wheels for sliding that are drilled with three-eighth inch holes on 12 inch centers. All hardware is included. Its in very good condition and is very cheap.

FOR MORE INFORMATION CALL IRA AT 610 565 4058

RIDE REPORT:

SMITHBRIDGE BRANDYWINE

A small group of B riders (Ira Josephs, Don Larson, Katrina Dowidchuk, Larry Greene, John Harper and a visitor, Bruce) joined me on May 17 for this half century out of Rose Tree Park. It was my third time leading this ride and its inception stems from my interest to do something different. It was a cloudy and cool 60° morning, but nobody was complaining after the recent 10+ days of rain and the 90° heat the day before.

The ride began with a spin through Media and proceeded out Knowlton Road, a beautiful road along Ridley Creek which is usually heavy with traffic. However, we got out early enough and avoided the metal dinosaurs. We rode out Concord Road, south onto Foulk Road and climbed Garnet Mine Road and spun over to Smith Bridge, one of the most beautiful, albeit narrow, routes in the area, especially near the Brandywine Creek. Oh, and the hills! We flew north on Route 100 from Delaware to the rest stop at the Chadds Ford Wawa. Our average rolling speed was over 16.5 mph for the first half of the trip. We continued north on Rt. 100 to Creek Road and climbed Rt. 842 into West Chester, where we caught up with "Kat" and "Sneaker Man" (John H.) We cruised back into the Westtown Cheyney area to Creek Road and back through Ridley Creek Park, where we were, unfortunately, witness to the aftermath of a rather awful crash of a helmetless roller blader.

Our final average rolling speed was 15.7 mph. Hopefully some planning and reconnaissance rides will minimize some of the problem areas and make this a regular event. Finally, if "Sneaker Man" ever gets shoes, we are in big trouble. Thanks to all for coming out.

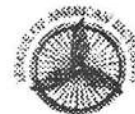
-Christopher Harendza

THANK YOU DAN CORALUZZI.

Dan and his family will be moving to Connecticut this summer where he has taken a job as an ER nurse at Yale University. He will also be continuing his education to become a nurse practitioner at Yale. This is a tremendous achievement and the club wishes him the best of luck! Dan has served as past president of DVBC and has led the "Daily Dose" rides for several years. The time Dan has donated to the club is greatly appreciated.

-Christopher Harendza

NEWS FROM L.A.B.



GEAR North & National Rally

Have you registered for the 1998 L.A.B. GEAR North & National Rally?

Join us August 14-17 at Babson College in Wellesley, Massachusetts for ...Great Rides ~ Spectacular Scenery~ Super Sightseeing in nearby Boston ~ Fantastic Food - a real taste of New England! ~ Incredible 100-foot Sundae ~ Outstanding Exhibits (Terry Precision Bicycles, Ciclismo Classico, Bicycle Posters & Prints, Bycue, LaCorsa Tours and more!) ~ Fascinating Workshops on a wide range of topics ~ Amazing Entertainment including Irish duo The Molly McGuires ~ L.A.B. Annual Members Meeting ~ A chance to hear the unbelievable adventures of world bicycle traveler and Spokesongs author Willie Weir ~ And a chance to meet nine-time National Champion cyclist Paul Curley, current Director of Cycling for World Team Sports.

For further information e-mail us at bikevent@aol.com, visit our website at www.bikeleague.org, or the old fashioned way: League of American Bicyclists, 1612 K Street, NW, Suite 401, Washington, DC 20006-2802; Ph.(202)822-1333; Fx. (202) 822-1334.

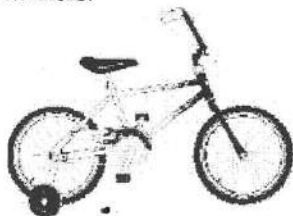
**PLEASE SUBMIT YOUR RIDE REPORT
TO THE NEWSLETTER!
LET PEOPLE HEAR ABOUT YOUR RIDES!**

(Ira's column, continued from front page)

Delaware County and make improvements for bicyclists thereby encouraging new and old riders to cycle more. Find out what we have come up with after many meetings and many hours of riding and driving our proposed routes in this follow up to last February's meeting where we presented the idea to local bicyclists. This is an important step for cyclists in the suburbs to begin to safely share the road with cars- an improvement that could have far reaching benefits to everyone in the community. We'll meet Tuesday June 16th from 7-9 O'clock at the Furness Library on Providence Road (Rt. 252) in Wallingford. Please come if you can.

...and now for more thank you's. To all the DVBC members who came to the Amateur Bike Challenge and helped make that a big success- Gina Bezdziecki, Steve Downing, Bruce Haines, Walt Homan, Ira Josephs, and Sue and Bob McKinney. We worked alongside volunteers from other sponsoring groups to make for a smooth

running event where a good time was had by all. Congratulations to all the kids who raced and their families- they were all big winners.



Kids are the future of cycling

As you can see, our club is a very vital group in the bicycle community and local community at large. Our success truly depends on our members and I feel very proud to be a part of DVBC. I want to thank each and every member for making the Club what it is today.

Even though we lost around \$200 on this years Freedom Tour, and only made about \$200 on last years (which also had a poor turnout due to bad weather), we're still very flush with about \$2500 in the bank. Our membership has increased to about 135 and is still rising. We have more rides than ever before. The newsletter comes

out on time and looks good and we have interesting and informative speakers for our meetings. We can still always use new blood with new ideas and energy, so if you want to get behind the scenes and help to organize and run this great Club, call an officer or come to the board meetings, 2nd Monday of the month, 7:00 at the Peace Center in Springfield.

Our next big club event is the Brandywine Tour on Sunday, September 6 of Labor Day Weekend starting from Chadds Ford Elementary School. What a great alternative to fighting the traffic on the roads and the crowds at the shore or mountains. You can keep cool and stay close to home by coming to the Brandywine Valley for our Fall Tour either bringing your friends along to ride with or volunteering to put on the event and doing the volunteers' ride the day before. I hope to see you there, or at a meeting or on a ride. Until then, please ride safely.

-Ira Josephs, President

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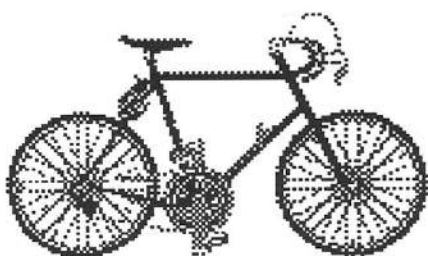
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REGIONAL EVENTS - JUNE 1998

3: Philadelphia Bikes To Work: Bicycle Coalition of Philadelphia. Join an organized local bicycle caravan for your daily commute. 215-BICYCLE.

5-8: Garden State Bicycle Event. Matamoras PA to Cape May Point, NJ. 245 mi. Contact Evan Trubee, Big Wheel BikeTours, ebt71@voicenet.com. or check the website at <<http://www.bigwheelbike.com>>

5-8: Del Mar Va Tour. White Clay Bicycle Club. 80 to 100 mi. per day. Newark to St. Michaels. Info: Mario Nappa 302-239-1179 or e-mail <nappa@delanet.com>.

6: Get Ready Metric: South Jersey Wheelmen. 32 or 64 mi. loops from Fort Mott State Park, by the Delaware River in historic Pennsville, NJ. \$14 by 5/28 then \$17. Includes Map, sag, painted route, patch and food. SASE: SJW, P. O. Box 2705, Vineland, NJ 08360 or call Arthur Schalick, Jr., 609-848-6123.

6: Tour de Shore: Shore Cycle Club. from Marriott Seavue Resort, Absecon, NJ. 20/28/50/62.3 mi. loops. \$30 / \$40 day of event plus \$50 pledges. Benefits the Atlantic City Rescue Mission SASE: P. O. Box 5358, Atlantic City, NJ 08404 or call 609-345-5517, ext. 28.

6-7: Tour de Cure: various American Diabetes Assn. benefits. Belvedere NJ, Morristown NJ, West

Windsor NJ. or Wilmington DE. Call 800-TOUR-888.

7: Eckerd Family Fun Ride: Phila., PA. Registration opens at 6:30 AM at 22nd & the Parkway. The ride along the *First Union U. S. Pro Championship* course with the challenge of the Manayunk Wall begins promptly at 7 AM. Preregistration fee: \$15 individual/ \$25 family (2 adults and 2 children age 12 or under); \$5 additional fee after May 29. Proceeds benefit the American Diabetes Assn. Call 1-800-DIABETES or 610-828-5003.

7: 2nd Annual Psyched to Bike: Bucks Co. Council on Alcoholism and Drug Dependence. 22 / 46/ and 62 mi. routes starting at 8 AM from Central Park, Wells Rd., Doylestown, PA (behind Delaware Valley College). \$15.00 for the fully supported tour. Pre-register (free t-shirts to the first 100 pre-registrants) with Priscilla Weishaw, 215-345-6644 for information, call Bob Allen, 215-822-3072.

12: ACS Bike-athon Night at T-town. Free evening at the races for bikeathon participants. Info, call 1-800-JOIN-ACS or 215-985-5317.

12-14: K.A.M.E.L '98. Harrisburg Bicycle Club's "Kutztown and Millersville Eastern Loop," a popular touring weekend. For information, call 717-975-9879 or see the HBC website: <<http://www.igateway.com/clients/mfm5565/HBC.html>>.

13: Big Brothers / Big Sisters Bike-athon. Jersey Shore Touring Society. 10/25/40/62/100 mi. in Northern New Jersey starting in Lincroft. Benefits the Big Brothers / Big sisters Organization of Monmouth County. For info. call 732-544-2224.

13: The 4th Annual Dream Ride for Lancaster County, PA.

Lancaster Bicycle Club. Three rides for charity: Sweet Dream 100 mi. / challenging century, Daydream 63 rolling mi. and Catnap for 30 easy mi. A fourth ride, the 176 mi. 12,200 ft. of climbing Nightmare Tour is not open to new registrants. All rides start from Riverview Elementary School, Route 441, Marietta, PA Dir.:Route 30 to Columbia and exit Route 441 North. For information on the 1999 Nightmare Event, call Alan Mc Elhenry 717-653-6960. SASE: Dream Ride Projects, P. O. Box 8582, Lancaster, PA 17604-8582 or call 717-397-8105 or FAX: 717-397-8105.

13: The Jersey Double: Western Jersey Wheelmen. 200 mi. with 7,500 ft. of climbing through rural NW New Jersey. Info: c/o Bruce Thomson, 213 Black River Road, Long Valley, NJ 07853-3067 or call 973-285-5010 (day) or 908-879-6477 (eve) or 973-539-3190 (fax) or e-mail <double@pulsarsystems.com>

13: Longest Day / Lower Leg: 200 / 100 mi. Central Jersey Bicycle Club. Must be a CJBC member by May 2 to be eligible to ride the double century. SASE: CJBC, P. O. Box 2202, Edison, NJ 08818 or call Brian Molter, 732-329-1402 or e-mail molterbh@injersey.com.

14: Cyclefest '98. Hat City Cyclists, Danbury, CT. Routes from Rogers Park Middle School vary from 5 to 104 mi. \$15. c/o Paul Siegel, P. O. Box 1034, Bethel, CT 06801; Tel. 203-790-6836.

14: Wheels for Meals. Bethlehem, PA. c/o Jen Hudak, 1264 Saddle Drive, Nazareth, PA. Tel. 908-537-4044.

14: Scenic Century. Cumberland Valley Cycling Club. Williamsport, MD. 25/50/ 63 or 100 mi. in western MD. SASE c/o Beth Evans, P. O. Box 711, Hagerstown, MD

21740; tel. (301) 733-3061.

14: Mt. Airy Metric Century. Atlantic Cycling. Brad Wilcox, 301-610-0526. <Atlcycle@aol.com>.

19-21: MATES Tandem Rally: Baltimore Bicycle Club. daily rides around St. Mary's College in southern MD. \$198 per person. Info, call 703-978-7937 or e-mail <bike42@nicom.com>.

20: Indian Creek Roll and Stroll: Benefits the Indian Creek Foundation serving persons with developmental difficulties. 25/38/65 mi. scenic well marked and sag supported routes from Harleysville, PA. SASE: Indian Creek Foundation, 573 Yoder Rd., P. O. Box 225, Harleysville, PA 19438 or contact Mindy Moyer, 215-256-1500 or e-mail Dave Fisher <dxfisher@nni.com>.

20: Pedal to Preserve '98: A benefit for the Lancaster Farmland Trust. 18 or 39 mi. \$25 day of event registration. Info.: Melissa A. Cauler 717-293-0707 or e-mail <met@pptnet.com>.

20: Velodrome Veloce Century. Lehigh Wheelmen. 25 / 50/55 mi. loops to total 25 to 130 mi. across rolling terrain and big hills! All rides start from the Lehigh Valley Velodrome. Info: Barron Bregenzer, 610-432-7937. or SASE: Lehigh Wheelmen Assn., P. O. Box 356, Bethlehem, PA 18016.

20-27: Hancock to Hancock: Wayfarers Tours. Hancock, NY to Hancock, MD. <<http://www.phys.psu.edu/DIEHL/wayfarers.html>>.

26-28: 2nd Annual Tour de Montes: Baltimore Bicycle Club. Contact Al Gigliotti 301-617-4996.

27: Ride for Hope. Phila., PA. c/o Peter Dunn, 1201 Chestnut St., Philadelphia, PA 19107; 215-563-

0652.

28: No Name Century and Picnic. Central Bucks Bicycle Club, P. O. Box 295, Buckingham, PA 18912.

28: Carmel Tandem Bicycle Ride. 44, 66, or 88 flat to rolling miles in south New Jersey. Start 8:30 at Carmel Fire Hall in Carmel NJ. \$38 (\$45 if after 6/19) fee includes lunch, marked routes, sag support, patch, and spaghetti dinner. Sponsored by Carmel Volunteer Fire Department. For more info, contact Larry April; 118 West Ave.; Millville, NJ 08332; or call 609-451-9075.

28: 13th Annual Bay to Bay Ride. Bettertown, MD. Benefit for the Chestertown, MD Lions Club Dog Leader Program for the Blind. 104 / 86 / 78 / 50 / 27 mi. routes starting at 7 AM from the Bettertown Beach front. \$15 until June 10; thereafter \$20. Includes: map, routes, sag, "BYCUE" Q-sheet holders (for the first 500 riders), 5 food stops, and swimming in the Chesapeake Bay. Send an S.A.S.E.: c/o Jim Gent, 7 Cedar Chase Court, Chestertown, MD 21820-1665.

28: Great City Ride: Bicycle Club of Philadelphia. A day of guided bicycle tours to see the historic sights of Philadelphia. 215-PDL-BIKE or call Lyn Hedrick, 215-483-3618.

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5: 13th Annual Delaware Double Cross. White Clay Bicycle Club. from Middletown H. S., 120 Silver Lake Rd. Middletown, DE. Directions: DE rt. 299 between Middletown and Odessa. You can see the school before the left turn onto Silver Lake Rd. Silver Lake is the first right after leaving town. Contact: Paul Stevenson, 35 Rossiter Circle, Newark, DE. 302-368-2167.

12: ACS Bike-athon: fully supported 52/78 /100 km flat routes from Independence Historical Park, Voorhees or Hammonton, NJ to Lenape Park in Mays Landing, NJ. \$25 registration / \$75 min. pledge. Return buses \$20. Call 215-JOIN-ACS for more info.

12: Gold Coast Tour '98. Huntington Bicycle Club, Long Island, NY. Begins 7 A.M. at Hazeltine Corporation in Greenlawn. 25/50/65 /100 mi. routes. \$13 by June 30 (includes T-shirt); \$15 after. SASE: HBC-GC, 50 Lindron Avenue, Smithtown, NY 11787 or call 516-942-2084.

18: Tour de Lebanon Valley. SASE: Lebanon Valley Bicycle Club, 124 W. Church St., Annville, PA 17003-1306.

19: RVRUP: The Raritan Valley Round-Up returns to Hunterdon County. Central Jersey Bicycle Club. 100. 50, 25 mi from North Branch Park, North Branch, NJ. Info: Howie Glick, 3 Tracy Drive, Fords, NJ 08863 or 732-225-HUBS.

25-26: MS 150 PA Dutch Tour. Starts and ends in Morgantown, PA, with an overnight in Kutztown. 50 / 75 / 100 mi. daily. Minimum pledge of \$150 plus \$25 registration includes marked routes, food stops, sag support, mechanics, meals and lodging. National MS Society, Greater Delaware Valley Chapter, One Reed St., Phila., PA 19147 or call 215-271-1500 or see website <<http://www.nmss.org>>.

Events List compiled by Chris Martha.

This list of rides has been gleaned from local bicycle club newsletters and private foundation or commercial brochures, internet listings, the Mid-Atlantic Cycling Pages, LAB, Adventure Cycling, and *Bicycling Magazine*. Please check the contacts. The club has no responsibility for errors or omissions.

Delaware Valley Bicycle Club
P.O. Box 156
Woodlyn, PA 19094-0156



Exp: 2/28/99

Robert Martin
341 Hampden Rd.
Upper Darby, PA 19082

The Delaware Valley Bicycle Club (DVBC) is a non-profit corporation formed to educate the public as to the safe use of the bicycle through lectures, seminars, planned rides, and other activities promoting the bicycle as an efficient and enjoyable means of exercise, recreation, and transportation. Non-members are welcome on rides, but are urged to consider their ability and experience when selecting a ride (see the "Ride Guidelines" on the inside cover). All rides are subject to cancellation due to weather. If in doubt about the weather or difficulty of the ride, please call the ride leader. Helmets are mandatory for all rides. The club cannot accept responsibility for accidents or injury when participating in a DVBC event.

Application for DVBC Membership

(Expires 1 year from date joined/renewed)

Please print clearly and use your 9-digit zip code, if known.

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Date of Birth: _____

Annual Membership: \$15.00 per household.

Check one: ☐ new member or ☐ renewal

Membership includes: DVBC Newsletter Magazine (10 issues per year), discounts at most Club sponsors, Club subsidized events. Your membership attracts advertisers and helps influence local government decisions concerning bicycle issues.

The DVBC Safety Fund is used to promote various issues regarding cycling safety in the Delaware Valley. I wish to contribute:

☐ \$1 ☐ \$5 ☐ \$10 ☐ \$15 ☐ \$20 ☐ \$25 ☐ other: _____

Amount enclosed: \$15 (membership) + _____ (safety) = _____

Interest Survey

Your Ride Pace:
(check one)

- ☐ Class D: *slow* ☐ Class A: *fast*
☐ Class C: *average* ☐ Off-Road
☐ Class B: *brisk*

I'll volunteer for:
(check all interests)

- ☐ Ride Leader ☐ Newsletter Editor
☐ Sag Wagon ☐ Newsletter Typist
☐ Tour Food Stop ☐ Newsletter Delivery



Please send your check or money order to:

Delaware Valley Bicycle Club
P.O. Box 156
Woodlyn, PA 19094