

# DELAWARE VALLEY BICYCLE CLUB

P.O. Box 274, Drexel Hill, PA 19026

JUNE  
~~JULY~~ 1996

**FREE!**

## U.S. Olympic Trials Excursion

Carpools to Trexlertown leave from the Delaware County Peace Center at 5:15 P.M. Thursday June 6, for the Lehigh Valley Velodrome and the U.S. Olympic Trials: Women's Sprint Final, Men's U.S. Championship Points Race Final, and Men's Sprint Rounds. Ernie Munns is reserving the block of tickets. Call him for details and costs: 610-259-3327.

## Chiropractor, Dr. Charles C. Miller June Meeting Speaker

Throughout the world, athletes are turning to chiropractic care to maintain optimum body performance. Dr. Charles C. Miller, who will speak at the June meeting, has been a practicing chiropractor for 22 years. Dr. Miller's specialty is the "Activator Technique," in adjusting the spine and the extremities.

Misalignments of the spinal bones and joints puts undue pressure on the nerves and soft tissue around those areas. If left untreated, these stresses eventually lead to degeneration and disease.

Dr. Miller will be demonstrating his "low force" techniques and their benefits to all patients: pregnant women, children, athletes, and the elderly.

## May's Meeting: Bob Ingersoll's Pedal Pennsylvania

1995 was the inaugural year for a new bicycle touring company -- Pedal Pennsylvania. By securing the assistance of bicycle clubs around the state, Bob Ingersoll has put together a spectacular tour from Pittsburgh to

Philadelphia with overnight accommodations and evening dinners on the campuses of state universities.

This route in 1996 has become the "Penn-Central" scheduled to roll the week of July 20 -- 27. A new route from Erie to Philadelphia will debut this month for the week of June 15--23. Thirty participants from the 1995 tour are returning to do this "Great Northern Crossing." Like their 1995 predecessor, these tours will feature college dorm accommodations or indoor camping at high school gyms. This year, there's a new Pedal PA shirt -- a real biking jersey with pockets!

At the May general meeting, Bob showed his slides from 1995. We enjoyed seeing our local friends including Rich Bernhard and Doug Kennedy. Doug is quoted in the tour brochure as saying, "Gosh, it was a 7-day party!"

Pedal PA is now luring riders from other states, especially touring veterans tired of riding GOBA, CAM, and RAGBRAI.

Last minute summer vacation planners should be happy to know that there's still room for more and Bob is willing to take riders up to the day before the trips begin! DVBC members who are interested in Pedal PA should call 215-561-9679.

## Ivan Brown

Ivan Brown, will be riding in the Philadelphia -- Washington D.C. AIDS Ride, this June 21-23. As a participant, Ivan needs to raise \$1400. Call him (610)583-2465 and pledge your support. Ivan has been training since February, and through his efforts, he has made last month's DVBC Freedom Tour an AIDS-Ride official training event. Catch a glimpse of Ivan's poster at Drexel Cyclery.

## Board of Directors

### President

Ernest Munns ..... (610) 259-3327

### Vice President

Dan Coraluzzi ..... (610) 789-0187

### Treasurer

Frank Havnoonian ..... (610) 449-3305

### Secretary

John Roman ..... (610) 853-2915

### Members at Large

Gina Bezdziecki ..... (610) 525-0129

## Ride Coordinator

All Rides: Ira Josephs

10 Applebough La.

Rose Valley, PA 19065

(610) 565-4058

*Please contact the Ride Coordinator  
before the 7th of each month.*

## Club Addresses

### Editor:

DVBC

P.O. Box 274

Drexel Hill, PA 19026

### Membership & Club Box:

DVBC

P.O. Box 274

Drexel Hill, PA 19026

### Newsletter/Special Events:

DVBC

P.O. Box 274

Drexel Hill, PA 19026

## Items for Sale & Ride Reports:

DVBC

P.O. Box 274

Drexel Hill, PA 19026

The views expressed in this publication are not necessarily the views of the Delaware Valley Bicycle Club, nor do we endorse products or services advertised.

Letters to the Editor must be signed to be considered for publication.



## League of American Bicyclists

The National Organization of Bicyclists

190 W. Ostend St., Suite 120

Baltimore, MD 21230-3731

## DVBC Meeting Place

Delaware County Peace Center, 1001 Old Sproul Rd. (near car wash at Rt. 320 & Old Marple Rd.). First Monday of month. Doors open at 7:00 p.m. Public welcome.

## DVBC Newsletter Staff

Editors..... Ernie Munns

Chris Martha

Racing Editors ..... Frank Havnoonian

Rich Patterson

Special Events ..... Rich Patterson

Advertising ..... Richard Hoell

Rides ..... Ira Josephs

Assembly ..... Frank Havnoonian

Mailing Labels ..... Mike Keating

## Ride Guidelines

1. Arrive 10 to 15 minutes early and be READY TO LEAVE ON TIME! Rides will start no more than 5 to 7 minutes late!
2. Make sure your bike is in proper working order BEFORE you arrive.
3. Carry a spare tube, patch kit, pump and water bottle.
4. Practice safety and obey all traffic laws.
5. Wearing a helmet is usually not mandatory, but is encouraged. (A helmet is mandatory for all rides.)
6. Do not "bike off" more than you can do. Go on rides within your ability, interest and experience.
7. **RIDE CLASSIFICATIONS:**

**CLASS D:** For new, inexperienced riders or families: speed 5 - 7 mph, frequent stops, as few hills as possible. Group will wait for all riders. Mileage usually less than 10 miles, but longer distances permissible.

**CLASS C-:** For average riders: 7 - 8 mph, rest stops as needed. Group will wait for stragglers. Distance recommended: 10 - 30 miles.

**CLASS C+:** Also average riders: 9 - 10 mph, rest stops every 45 - 60 minutes. No obligation to wait for stragglers if cue sheets or maps are provided by the ride leader.

**CLASS B-:** For more experienced riders: 11 - 12 mph, stops every 15 - 20 miles. No obligation to wait for stragglers if cue sheets or maps are provided.

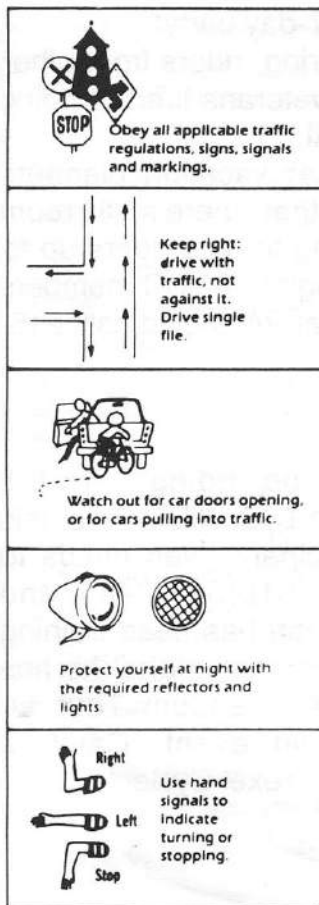
**CLASS B+:** For strong riders: 13 - 15 mph, stops every 20 - 30 miles. No obligation to wait for stragglers if cue sheets or maps are provided.

**CLASS A:** For very strong riders: 16 - 20 mph, stops every 30 - 50 miles. No obligation to wait for stragglers if cue sheets or maps are provided.

**TIME TRIAL:** Timed event. Again, you must obey all traffic laws. A hard helmet is mandatory. You must yield the right of way at all times. Club time trials should not be regarded as races, but as training rides.

8. Each rider assumes his/her own risk on all time trials and touring rides.
9. Those who ride ahead of the group are on their own ride.
10. Always notify the ride leader before leaving the group.
11. Ride leaders should adhere to the advertised speed of the ride.
12. Ride leaders are not expected to be bike mechanics.

**NOTE:** In the case of questionable weather or road conditions, the Ride Leader may decide to cancel the event. Call the Ride Leader if in doubt. All Club rides are rated according to degree of difficulty. If you're in doubt about your cycling ability, try out a ride one class below the one you're not sure about and then work your way up. The general public is invited to all events organized and conducted by Delaware Valley Bicycle Club. A program is presented by the Club for bicyclists of all ages, all abilities, and all interests. Except for the Freedom Tour, Brandywine Tour and Club picnic, all club events are free to the general public. The general public is welcome!



# RIDE CALENDAR

*\*Free membership for ride leaders*

**Helmet use is mandatory on all rides!**

Sat, Jun 1 • ? Miles: 15-25 • Class B <i>Daily Dose</i>	Wanted: friendly riders with a sense of humor for daily rides of varying lengths. Meet in the Drexel Hill area and try one of our local routes. Call for time and location: Tom Sota at (610) 789-7248 or Dan Coraluzzi at (610) 789-0187. Rides are planned every day this month, weather permitting.
Sun, Jun 2 • 9:30 a.m. Miles: 8-12 • Class C+ <i>Glendale Park</i>	Meet in front of the Burlington Coat store in the Manoa Shopping Center (Glendale Rd. & W. Chester Pk.) in Havertown. This is a short ride to Glendale Park on Darby Creek to test your bike handling skills. From there we'll ride to Lawrence Park Industrial Park for several laps. We'll also challenge Fairview Rd. - "The Wall", if up to it. John Roman: (610) 853-2915.
Sun, Jun 2 • 3:00 p.m. Miles: 28 • Class C+ <i>Tri-County Tour</i>	Meet at the Courtyard Marriott in Wayne (Swedesford Rd. & Drummers La.) for a pleasant little tour of Chester, Delaware & Montgomery Counties. This ride is very scenic, mostly rolling hills with a couple of long (but do-able) climbs. We will avoid major roads for 95% of the ride. Call Caroline at (610) 688-5821 for directions and more info.
Mon, Jun 3 • 7:30 p.m. <i>DVBC Meeting</i>	Doors open at 7:00, meeting starts at 7:30. Delaware County Peace Center, Springfield Friends' Meeting, 1001 Old Sproul Rd., Springfield.
Thu, Jun 6 • 6:15 p.m. Miles: 20 • Class C <i>After Work w/ Fran</i>	Meet at Cheyney University in the big parking lot on Creek Rd. off Rt. 926. Enjoy short, easy-paced rides through the very scenic Ridley & Chester Creek valleys. Route & distance will vary with weather and participants so be sure to call ahead first: Fran, (610) 431-2675 for more info.
Thu, Jun 6 • ? Miles: 5-30 • Class C <i>Pancake Breakfast</i>	Meet at Manhattan Bagel in the Manoa Shopping Center (W. Chester Pk. & Eagle Rd., Havertown). Each Thursday enjoy an easy-paced ride to a different local restaurant for a pancake breakfast. Bring money for breakfast. Please call if you are coming and get details then. Joel and Kate Perlsh: (610) 789-7673.
Sat, Jun 8 • ? Miles: 15-25 • Class B <i>Daily Dose</i>	Wanted: friendly riders with a sense of humor for daily rides of varying lengths. Meet in the Drexel Hill area and try one of our local routes. Call for time and location: Tom Sota at (610) 789-7248 or Dan Coraluzzi at (610) 789-0187. Rides are planned every day this month, weather permitting.
Sat, Jun 8 • ? Miles: 35-50 • Class B <i>Ride with the Racers</i>	We'll leave from the Moylan-Rose Valley area for a ride into Philly to the CoreStates riders' hotel. Get close-up looks at the bikes and riders then ride out on the course with the racers. Call to confirm starting time & location. Ira: (610) 565-4058.
Sun, Jun 9 • ? Miles: 156 • Class Pro <i>Corestates Pro</i>	THE biggest one-day bicycle race! Many of the top riders in the world will participate. Ten laps from the Art Museum through Fairmount Park to Manayunk ("The Wall") and back. Double check the starting time in the sports section the week of the race. Race runs a little over 6 hours.
Mon, Jun 10 • 7:00 p.m. <i>DVBC Board Meeting</i>	DVBC Executive Board Meeting at 7:00 p.m. Delaware County Peace Center, Springfield Friends' Meeting, 1001 Old Sproul Rd., Springfield.
Thu, Jun 13 • 6:15 p.m. Miles: 20 • Class C <i>After Work w/ Fran</i>	Meet at Cheyney University in the big parking lot on Creek Rd. off Rt. 926. Enjoy short, easy-paced rides through the very scenic Ridley & Chester Creek valleys. Route & distance will vary with weather and participants so be sure to call ahead first: Fran, (610) 431-2675 for more info.
Thu, Jun 13 • ? Miles: 5-30 • Class C <i>Pancake Breakfast</i>	Meet at Manhattan Bagel in the Manoa Shopping Center (W. Chester Pk. & Eagle Rd., Havertown). Each Thursday enjoy an easy-paced ride to a different local restaurant for a pancake breakfast. Bring money for breakfast. Please call if you are coming and get details then. Joel and Kate Perlsh: (610) 789-7673.
Sat, Jun 15 • ? Miles: 15-25 • Class B <i>Daily Dose</i>	Wanted: friendly riders with a sense of humor for daily rides of varying lengths. Meet in the Drexel Hill area and try one of our local routes. Call for time and location: Tom Sota at (610) 789-7248 or Dan Coraluzzi at (610) 789-0187. Rides are planned every day this month, weather permitting.
Sat, Jun 15 • 10:00 a.m. Miles: 35 • Class C+/B- <i>35 &amp; Hilly</i>	Meet at the Springfield Friends Meeting/Delaware County Peace Center, 1001 Old Sproul Rd. (near Rts. 1 & 320), Springfield. Enjoy some of Delaware County's most beautiful scenery at a moderate pace. Expect a few serious hills, though. Call Walt at (610) 543-2608.
Sun, Jun 16 • 9:00 a.m. Miles: 28 • Class C+ <i>Tri-County Tour</i>	Meet at the Courtyard Marriott in Wayne (Swedesford Rd. & Drummers La.) for a pleasant little tour of Chester, Delaware & Montgomery Counties. This ride is very scenic, mostly rolling hills with a couple of long (but do-able) climbs. We will avoid major roads for 95% of the ride. Call Caroline at (610) 688-5821 for directions and more info.
Tue, Jun 18 • 7-9:00 p.m. <i>Delco Cycling Committee</i>	Delaware County Cycling Committee Meeting, Helen Kate Furness Library, Providence Rd., Wallingford, PA. For more info call Ira at (610) 565-4058.
Thu, Jun 20 • 6:15 p.m. Miles: 20 • Class C <i>After Work w/ Fran</i>	Meet at Cheyney University in the big parking lot on Creek Rd. off Rt. 926. Enjoy short, easy-paced rides through the very scenic Ridley & Chester Creek valleys. Route & distance will vary with weather and participants so be sure to call ahead first: Fran, (610) 431-2675 for more info.

## RIDE CALENDAR, *continued*

Thu, Jun 20 • ? Miles: 5-30 • Class C <i>Pancake Breakfast</i>	Meet at Manhattan Bagel in the Manoa Shopping Center (W. Chester Pk. & Eagle Rd., Havertown). Each Thursday enjoy an easy-paced ride to a different local restaurant for a pancake breakfast. Bring money for breakfast. Please call if you are coming and get details then. Joel and Kate Perlsh: (610) 789-7673.
Sat, Jun 22 • ? Miles: 15-25 • Class B <i>Daily Dose</i>	Wanted: friendly riders with a sense of humor for daily rides of varying lengths. Meet in the Drexel Hill area and try one of our local routes. Call for time and location: Tom Sota at (610) 789-7248 or Dan Coraluzzi at (610) 789-0187. Rides are planned every day this month, weather permitting.
Sat, Jun 22 • 9:00 a.m. Miles: 65 • Class B-/C+ <i>Mexican Metric 65</i>	Meet at Lower Perkiomen Park. Take Rt. 422 West to Oaks exit; turn right (onto Egypt Rd.). Turn right at the Park and go all the way back to lot on left. Bring lunch. Cue sheets provided. For more information call Walt at (610) 543-2608.
Sun, Jun 23 • 9:30 a.m. Miles: 20 • Class C+/B- <i>Flat Rock Park</i>	Meet at the Burlington Coat Factory in the Manoa Shopping Center (Glendale Rd. & W. Chester Pk.) in Havertown. Enjoy a scenic ride along Mill Creek to Flat Rock Park on the Schuylkill. Pass through Havertown, Ardmore and a few hilly sections. For more information call John Roman at (610) 853-2915.
Thu, Jun 27 • 6:15 p.m. Miles: 20 • Class C <i>After Work w/ Fran</i>	Meet at Cheyney University in the big parking lot on Creek Rd. off Rt. 926. Enjoy short, easy-paced rides through the very scenic Ridley & Chester Creek valleys. Route & distance will vary with weather and participants so be sure to call ahead first: Fran, (610) 431-2675 for more info.
Thu, Jun 27 • ? Miles: 5-30 • Class C <i>Pancake Breakfast</i>	Meet at Manhattan Bagel in the Manoa Shopping Center (W. Chester Pk. & Eagle Rd., Havertown). Each Thursday enjoy an easy-paced ride to a different local restaurant for a pancake breakfast. Bring money for breakfast. Please call if you are coming and get details then. Joel and Kate Perlsh: (610) 789-7673.
Sat, Jun 29 • ? Miles: 15-25 • Class B <i>Daily Dose</i>	Wanted: friendly riders with a sense of humor for daily rides of varying lengths. Meet in the Drexel Hill area and try one of our local routes. Call for time and location: Tom Sota at (610) 789-7248 or Dan Coraluzzi at (610) 789-0187. Rides are planned every day this month, weather permitting.
Sun, Jun 30 • 9:00 a.m. Miles: 25 • Class C <i>Gladwyne</i>	Meet at the Drexel Hill Cyclery at 703 Burmont Rd., Drexel Hill. Enjoy a hilly, but easy-paced ride to Gladwyne through some very scenic areas. Call Saturday night if you are coming. Frank Havnoonian: (610) 449-3305 (evenings) for more information.

\*Free 1996 membership for anyone leading 4 or more listed rides in 1995. Call Ira (610-565-4058) or Doug (610-543-4664) for details.



## The Grapevine

**Unraveling the Unabike.** Get back, Greg. Move over, Missy. Take a hike, Tinker. The only podium this year's most famous cyclist will likely appear on is the witness stand. Yes, we're talking about that most unusual cyclist, **Ted Kaczynski**, a.k.a. the alleged Unabomber. Kaczynski's Unabike made the news nationwide, doubtless earning it a future home in Chicago's bicycle museum if not Ripley's Believe It Or Not in Vegas. After exhaustive research, we were unable to determine the make of Ted's ride. But this much we know: It's a red single speed with high-rise bars and copious rust. Neighbors remember Ted for his freewheeling style. Kaczynski rode with his pants carefully tucked in his socks and stored his wallet in a Ziplock bag to protect against puddles. He always rode with a backpack and carried loads that included Spam, canned tuna and 10-pound bags of flour, among more flashy contents. Say what you will about Ted the suspected bomber, the man is a hell of a rider. Kaczynski commuted on this modest bike over mountain roads almost daily and routinely pedaled to Helena, Montana, 50 miles away.

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# PHOTOGRAPHY

by joel & kate perlish

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## June Events



**1: Atlantic City Rescue Mission Ride.** 20/28/50/62 mi. Start from Marriott Seaview Golf Club, Absecon, NJ. Ride is a benefit for the homeless. \$25, includes T shirt, map and sag. Prizes for top fund raisers. Shore Cycle Club, P.O. Box 492, Northfield, NJ 08225 c/o Janet Reinhard • (609)965-4823.

**1: 12th Annual Cycling for a Cure:** Leukemia Society. Start at Phila. Art Museum at 7 A.M. Registration \$15 by 5/28; \$20 after, \$5 for child under age 13 if accompanied by paying adult. \$50 pledges min. Timed laps along West River Drive. Info: 215-232-1100.

**2: Freedom Valley Bike Ride:** Bike for Better Biking! 9, 16, 32 & 64 mi. 8 A.M. from Philadelphia Water Works and Austin Park, Rosemont. \$20. Free T-shirt to pre-registered riders (by 5/12) Bicycle Coalition of Delaware Valley & American Youth Hostels, 624 S. 3rd Street, Philadelphia, PA 19147. (215)829-4188. If combined with **Pedal for Parkinson's Ride** (\$50 in pledges min.)

**7-9: 10th Annual Chesapeake Bay Bike Tour** at Salisbury State University, American Lung Association. \$45.00 by 5/15; \$65 after plus \$200 in pledges.

**7-10: G.E.A.R.** Millersville, PA. LAB. 413-288-BIKE.

**8: Get Ready Metric Century,** Pennsville, NJ. 8 A.M. Fort Mott State Park. 50/100 km flat to rolling. \$10 until 5/31 then \$15. Map, patch, sag, rte. marks, cue sheets, lunch. South Jersey Wheelmen, P.O. Box 2705, Vineland, NJ 08360-1076. (609) 848-6123.

**9: Thrift Drug Family Fun Ride:** American Diabetes Assn. 6 A.M. 22nd St. & the Parkway, Phila. Ride the Corestates U.S. Championship course. Applications at Thrift Drug Stores or call 610-828-5003.

**9: Tour de Cure:** American Diabetes Assn. Atlantic Cty, NJ. 1-800-TOUR-888.

**14-16: KAMEL** (Kutztown and Millersville Eastern Loop) Hershey 8 A.M. Sand Hill Lions Club 185 mi. rolling to very hilly. \$100 must register by 5/8. Map, cue sheet, lodging. Harrisburg BC, John Donoughe, 1554 Locust St., New Cumberland, PA 17079-1550 (717) 774-5073.

**15: 5th Annual Roll & Stroll.** Indain Creek Foundation. 7 A.M. at 573 Yoder Rd., Harleysville, PA 19438. Call 215-256-1500. Registration \$15 by May 17; \$25 walk-in, plus \$50 pledge min. 62.5 / 38 / 25 / 7.5 mi. loops. Tank top for pre-registrants, GT bicycle Show, lunch, SAG support.

**15: Jersey Double XIV:** Western Jersey Wheelmen's 200 mi. ride from dawn through dusk. Sag, cue sheets, marked route, T shirt! SASE to: Bruce Thomson, 213 Black River Road, Long Valley, NJ 07853-3067, (210)285-5010 -day; (908) 879-6477 -- eve.

**15: The Longest Day & Lower Leg:** High Point to Cape May in one day; Lower Leg -- half that distance! Must become a member of CJBC. More Info: (908) 329-1402.

**16-23: Pedal Pennsylvania, Great Northern Crossing** Erie to Philadelphia. SASE to Bob Ingersoll, 1914 Brandywine Street, Phila., PA 19130.

**21-26: Bike Virginia Civil War Odyssey.** SASE: Bike Virginia, P.O. Box 203, Williamsburg, VA 23187-0203. (804) 229-0507.

**21-23: Philadelphia to D.C. AIDS Ride.** 250 mi. \$45 to register plus \$1400 in pledges. SASE to Philadelphia-D.C. AIDS Ride, 1215 Connecticut Ave, NW, 3rd Fl., Washington, DC, 20036.

**22-23: PA Dutch Classic.** National MS Society. \$150 pledges, 150 mi. (75 mi. / 2 days) Allentown / Millersville, PA. 1-800-225-8360

**23-28: Bike for the Health of PA:** American Lung Association. \$750 includes everything in this PA crossing from Mc Keesport to Philadelphia. Fully supported, college dorm and 1 hotel for accommodations -- no camping! 1-800-932-0903.

**30: Bay to Bay Ride:** Lions Clubs. 50-67-86-107 mi. SASE: Jim Gent, 7 Cedar Chase Ct., Chestertown, MD 21620.

**30: South Jersey Sizzler:** Tandems East. Send SASE to Mel Kornbluth, 86 Gwynwood Rd., Pittsgrove, NJ 08313.

## July Events

**3-7: LAB National Rally,** Dayton OH. 1-800-288-BIKE.

**7: Delaware Doublecross:** White Clay BC. 8 AM, Port Penn, DE. \$8 before 6/30; \$10 at start. SASE; Aaron Chen, 446 Haystack Drive, Newark, DE 19711, (302) 731-1456.

**9-11: Eastern Tandem Rally.** Lancaster, PA. SASE to Verna and Rodney Mosemoan, 101 E. Main St., Lititz, PA 17543.

**14: ACS Bike-a-thon.** SCU is organizing a team with captains Saul Miller & Mike Seidman. Call (215) 985-5314 for a registration form.

**14 -19: The Whole Hudson River Valley.** An Inn to Inn Tour from the mouth of the river in New York Bay to its source in the Adirondacks. Choose between 50 moderate miles or 70 serious miles each day. Cost \$499.00. Limited to 16 serious cyclists. Send \$50 deposit to Bicycle Club of Philadelphia, c/o Pete O'Dell, 538 Basilica Circle, Philadelphia, PA 19128. Info: Peter O'Dell at 215-482-1440 or PNO@aol.com

**14-19: Bicycle Tour of Colorado:** 415 miles over 5 CO passes. Start and finish in Breckenbridge, CO. Benefit for Mile High Down Syndrome Association. \$200 plus \$15 for T-shirt. \$25 late registration after May 15. SASE to : Bicycle Tour of Colorado, 3500 S. Wadsworth Blvd. #201, Lakewood, CO 80235 or call: 1-800-985-9399.

**20: Tour de Lebanon Valley.** 7A.M. 50 km loops. Moderately Hilly. \$10 until 7/13; then \$12. Patch, sag, marked route, snacks. Lebanon Valley BC c/o James Deaven, 124 W. Church St., Annville, PA 17033 (717) 867-0950.

**21: Raritan Valley Round-Up '96.** North Branch Park, North Branch, NJ. Info: Howie Glick, 3 Tracy Drive, Fords, NJ 08863.

**21-27: Pedal Pennsylvania, Penn-Central: 7-Day Pittsburgh to Philadelphia.** SASE to Bob Ingersoll, 1914 Brandywine St., Philadelphia, PA 19130.

**28: Double or Nothing Tandem Ride:** Tandems East. SASE to Mel Kornbluth, 86 Gwynwood Rd., Pittsgrove, NJ 08313.

**28-- Aug. 2: Maine Moose Tour:** SASE: Maine Wheels Bicycle Club, ic/o Meerle and Molly Glines, 225 Paris Hill Road, South Paris, Maine 04281. (207) 743-2577.

## OTHER EVENTS

**May 2 -- October 4: Bicycle History Expo.** Paine Webber Art Gallery, 1285 Avenue of the Americas (6th Avenue & 51st St.), New York, NY 10019. Open Monday through Friday, 8 A.M. to 6 P.M.

**August 2-4: Blue & Gray Rally.** Bicycle Federation of PA, Gettysburg U. \$50 plus room & board. Register by 6/7. SASE to B&G '96, c/o Tom Helm, 480 Saint Johns Dr., Camp Hill, PA 17011-1331. (717) 975-0888.

**August 11-16: New England Adventure '96.** Tri-State Wheelers, P.O. box 809 Saratoga Springs, NY 12866. \$418 by June 1; limited to 100 riders.

**September 15: PKD Challenge.** 20/50 mi. Starts from Belmont Ave. at CoreStates Bank. Rita Chadwick (215) 643-7845.

**October 5: Seagull Classic:** 65/100 Salisbury State University Bicycle Club, SASE: Sea Gull Century, Campus Box 3046, Salisbury, MD 21801. Must register by July 1.

**1997 RAGBRAI XXV:** 450 to 550 mi. routes from the Missouri River to the Mississippi River. For lottery info: RAGBRAI, P.O. Box 822, Des Moines, IA 50303-0622. Registration deadline is April 1. To be certain to go, join Rainbow Cyclists: Box 2463, Waterloo, IA 50704, before Dec. 31, 1996. Single -- \$15; Family -- \$20 membership fee. You will then receive newsletters on RAGBRAI, but apply as soon after Jan. 1, 1997 as possible.

## FOR SALE:

**Tandem** 20/18 CroMo 21 spd. Deore DX/LX and many extras. Very low mileage. Asking \$800. Also: child stoker kit \$120; suspension stem \$30; suspension seatpost \$80. Ask for Jim or leave message (610) 623-7545.

**Schwinn Prelude 24",** 10 spd. \$250.00. Ask for Kris (610) 469-2216.

**Burley Tandems:** Samba 21/18 \$500; Zydeco 20/16 \$450. Jim Burke (610) 918-7363.

**Trek Aluminum 1200:** 21.3" 12 spd. Shimano 105, Matrix Iso C rims. \$260. Dan (610) 616-4835.

**Raleigh RT300:** 17" for petite rider, Upgraded to 21 spd triple chainring 52/40/28, thumb shifters, SPD-A525 pedals. Just 2 yrs. old. \$250. Chris (215) 548-8482 leave message.

# 1996 LEHIGH COUNTY VELODROME

## 1996 Friday Schedule

June 4-9 U.S. Olympic Team Trial -- Cycling  
 June 14 Full Cycle Bike Shop Keirin Cup and the U. S. Women's Open  
 June 20-21 CoreStates Festival of Speed featuring Chili's Time Trials  
 June 28 International Challenge  
 July 12 Bicycling Magazine's Madison Cup & Bike Line Team Challenge  
 July 19 Fan Appreciation Night  
 July 26 Volunteer Recognition Night  
 August 2 EDS presents U.S.A. vs the World  
 August 9 East Penn Bank Fastest Man on Wheels presented by East Penn Publishing  
 August 16 EDS National Tandem Championships  
 August 23 1996 Mid-Atlantic Championships  
 August 30 Air Products Night  
 September 6 The Morning Call Season Finale presented by Reading Outlet Center

## 1996 Tuesday Schedule

June 4 Olympic Trials Competition  
 June 11 Sprint Series U.S.A. #1  
 June 18 Mid-Atlantic Team Challenge  
 June 25 Gotham Cyclists Keirin Night  
 July 2 Mid-Atlantic Omnium Night  
 July 9 Mid-Atlantic Madison  
 July 16 Sprint Series U.S.A. #2  
 July 23 Olympic Sprint Championships  
 July 30 Keirin Revenge Night  
 August 6 Mid-Atlantic Team Challenge Revenge  
 August 13 Madison Revenge  
 August 20 Mid-Atlantic Championships Preview  
 August 27 Sprint Series U.S.A. Finale

Amateur Racing Gates Open -- 6:30 P.M.  
 Races Start - 7:30 P.M.  
 Festival Racing - \$3.00

Professional Racing Gates Open 6:30 P.M. Races Start 7:30 P.M. General Admission - \$6.00/ Reserved Finish Line Seating - \$7.00 \$2.00 Discounts Available for Children under 12 and Senior Citizens 65 and Over. Children under 2 are free.



## We're With You All The Way:

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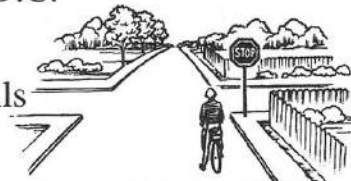
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Teaching Basic Traffic Survival Skills



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Basic	\$30	\$35
Advocate	\$50	\$60
Senior:	\$20	\$24
Student/Ltd. Inc.:	\$20	\$24

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 TELEPHONE (\_\_\_\_) \_\_\_\_\_

To Join by Phone Call 1-800-288-BIKE

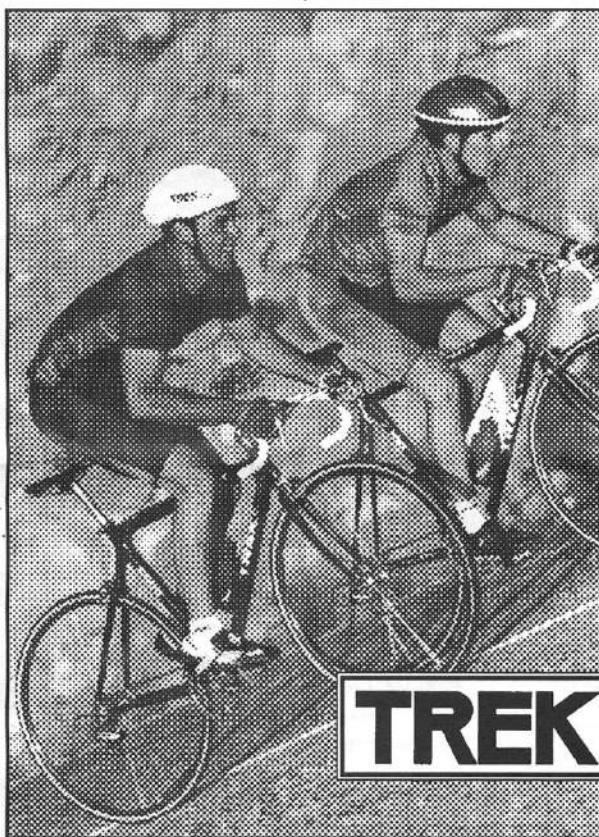
Or make checks payable to:

League of American Bicyclists, 190 W. Ostend St., #120, Baltimore, MD 21230 (410) 539-3399/FAX (410) 539-3496



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OXFORD VALLEY  
215-547-7460

PAOLI  
610-647-8023

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610-935-9111

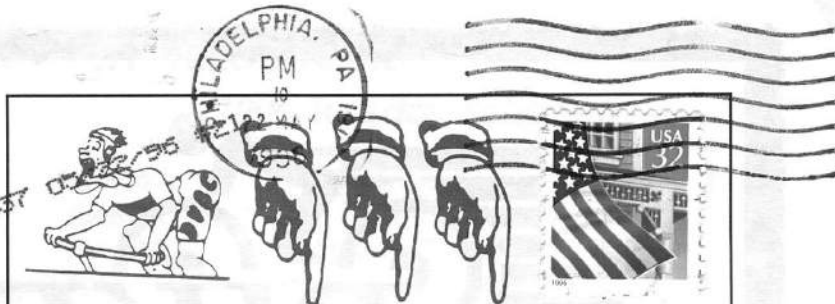
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WAYNE  
610-687-1110

WEST CHESTER  
610-436-8984

PHILA PA 191 20:37



MARTRO01 Exp. 02/28/97  
Robert Martin  
341 Hampden Rd.  
Upper Darby, PA 19082

The above label constitutes a DVBC membership card with expiration date listed.

## FIRST CLASS MAIL

The Delaware Valley Bicycle Club (DVBC) is a non-profit corporation formed to educate the public as to the safe use of the bicycle through lectures, seminars, planned rides, and other activities promoting the bicycle as an efficient and enjoyable means of exercise, recreation, and transportation.

Non-members are welcome on rides, but are urged to consider their ability and experience when selecting a ride. (See Ride Guidelines.) All rides are subject to cancellation due to weather. If in doubt about the weather or level of difficulty of the ride, please call the ride leader. Though the use of safety equipment is strongly urged—and helmets are required on all rides—the club cannot accept responsibility for accidents or injury while participating in a DVBC event.

### Application for DVBC Membership (Expires 1 year from date joined/renewed)

Please print clearly and use 9-digit Zipcode, if known.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Membership: \_\_\_\_\_ (per household) \$15.00

Membership includes: DVBC Newsletter Magazine (10 issues per year), discounts at most Club sponsors, Club subsidized events, and free Bicycle Touring Newsletter published quarterly (\$3 value). Your membership attracts advertisers and helps influence local government decisions concerning bicycle issues.

### INTEREST SURVEY

I'll volunteer for:

#### Ride Pace

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> Class D: slow    | <input type="checkbox"/> Ride Leader       | <input type="checkbox"/> Newsletter Collator     |
| <input type="checkbox"/> Class C: average | <input type="checkbox"/> Sag Wagon Driver  | <input type="checkbox"/> Advertising Coordinator |
| <input type="checkbox"/> Class B: brisk   | <input type="checkbox"/> Tour Food Stop    | <input type="checkbox"/> Newsletter Co-editor    |
| <input type="checkbox"/> Class A: fast    | <input type="checkbox"/> Newsletter Editor | <input type="checkbox"/> Newsletter Delivery     |
| <input type="checkbox"/> Off-Road         | <input type="checkbox"/> Newsletter Typist | <input type="checkbox"/> Triathlon Editor        |

Please send your check or money order to:

**Delaware Valley Bicycle Club**  
P.O. Box 274  
Drexel Hill, PA 19026

The DVBC Safety Foundation is established to promote bicycle safety in the Delaware Valley using posters, flyers, bumper stickers and rewards.

I wish to donate to the DVBC Safety Foundation:

☐ \$1 ☐ \$2 ☐ \$5 ☐ \$10 ☐ \$15 ☐ \$20 ☐ \$25

### Membership to DVBC Subdivisions

You must join the main organization (left half of this form) in order to be able to join a DVBC subdivision.

☐ \$7.00 DVBC-Team Drexel Hill (Road Racing)  
Drexel Hill Cyclery

☐ \$5.00 Team Delaware Valley Bicycle Club  
Team Casual! (Road Racing)

Total Amount Enclosed