

## DELAWARE VALLEY BICYCLE CLUB

P.O. Box 274, Drexel Hill, PA 19026

*MAY*  
~~APRIL~~ 1995

**FREE!**

From the Prez:

The April meeting had our own Frank Havnoonian give us some pointers on repairing our bikes on the road. Also Frank gave us some news on new things coming out on some bikes. We learned some easy ways to fix our bikes and preventive maintenance for future rides. Everyone enjoyed his talk.

"May Meeting" The Guest Speaker for this meeting will be Beverly Rorer, who will speak on her international trip to New Zealand. This should prove to be interesting to all.

Don't forget The Freedom Tour on May 7, 1995.

# FREEDOM TOUR

# MAY 7

## Board of Directors

### President

Ernest Munns ..... (610) 259-3327

### Vice President

Dan Coraluzzi ..... (610) 789-0187

### Treasurer

Frank Havnoonian ..... (610) 449-6154

### Secretary

John Roman ..... (610) 853-2915

### Members at Large

Gina Bezdziecki ..... (610) 525-0129

## Ride Coordinators

**A/B Rides:** Doug Kennedy  
913 Mt. Holyoke Pl.  
Swarthmore, PA 19081  
(610) 543-4664

**C/D Rides:** Ira Josephs  
10 Applebough La.  
Rose Valley, PA 19065  
(610) 565-4058

*Please contact the Ride Coordinators  
before the 7th of each month.*

## DVBC Newsletter Staff

**Editors**..... Ernie Muns

John Roman

**Racing Editors** ..... Frank Havnoonian

Rich Patterson

**Special Events** ..... Rich Patterson

**Advertising** ..... Richard Hoell

**A/B Rides** ..... Doug Kennedy

**C/D Rides** ..... Ira Josephs

**Assembly** ..... Frank Havnoonian

**Mailing Labels** ..... Mike Keating

## Club Addresses

### Editor:

DVBC  
P.O. Box 274  
Drexel Hill, PA 19026

### Membership & Club Box:

DVBC  
P.O. Box 274  
Drexel Hill, PA 19026

### Newsletter/Special Events:

DVBC  
P.O. Box 274  
Drexel Hill, PA 19026

## Items for Sale & Ride Reports:

DVBC  
P.O. Box 274  
Drexel Hill, PA 19026

The views expressed in this publication are not necessarily the views of the Delaware Valley Bicycle Club, nor do we endorse products or services advertised.

Letters to the Editor must be signed to be considered for publication.



**League of American Wheelmen**  
**The National Organization of Bicyclists**  
190 W. Ostend St., Suite 120  
Baltimore, MD 21230-3731

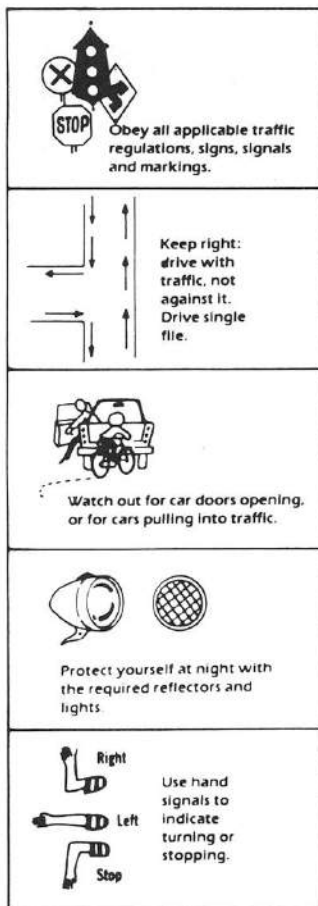
## DVBC Meeting Place

Delaware County Peace Center, 1001 Old  
Sproul Rd. (near car wash at Rt. 320 &  
Old Marple Rd.). First Monday of month.  
Doors open at 7:00 p.m. Public welcome.

## Ride Guidelines

1. Arrive 10 to 15 minutes early and be **READY TO LEAVE ON TIME!** Rides will start no more than 5 to 7 minutes late!
2. Make sure your bike is in proper working order **BEFORE** you arrive.
3. Carry a spare tube, patch kit, pump and water bottle.
4. Practice safety and obey all traffic laws.
5. Wearing a helmet is usually not mandatory, but is encouraged. (A helmet is mandatory for all rides.)
6. Do not "bike off" more than you can do. Go on rides within your ability, interest and experience.
7. **RIDE CLASSIFICATIONS:**
  - CLASS D:** For new, inexperienced riders or families: speed 5 - 7 mph, frequent stops, as few hills as possible. Group will wait for all riders. Mileage usually less than 10 miles, but longer distances permissible.
  - CLASS C-:** For average riders: 7 - 8 mph, rest stops as needed. Group will wait for stragglers. Distance recommended: 10 - 30 miles.
  - CLASS C+:** Also average riders: 9 - 10 mph, rest stops every 45 - 60 minutes. No obligation to wait for stragglers if cue sheets or maps are provided by the ride leader.
  - CLASS B-:** For more experienced riders: 11 - 12 mph, stops every 15 - 20 miles. No obligation to wait for stragglers if cue sheets or maps are provided.
  - CLASS B+:** For strong riders: 13 - 15 mph, stops every 20 - 30 miles. No obligation to wait for stragglers if cue sheets or maps are provided.
  - CLASS A:** For very strong riders: 16 - 20 mph, stops every 30 - 50 miles. No obligation to wait for stragglers if cue sheets or maps are provided.
- TIME TRIAL:** Timed event. Again, you must obey all traffic laws. A hard helmet is mandatory. You must yield the right of way at all times. Club time trials should not be regarded as races, but as training rides.
8. Each rider assumes his/her own risk on all time trials and touring rides.
9. Those who ride ahead of the group are on their own ride.
10. Always notify the ride leader before leaving the group.
11. Ride leaders should adhere to the advertised speed of the ride.
12. Ride leaders are not expected to be bike mechanics.

**NOTE:** In the case of questionable weather or road conditions, the Ride Leader may decide to cancel the event. Call the Ride Leader if in doubt. All Club rides are rated according to degree of difficulty. If you're in doubt about your cycling ability, try out a ride one class below the one you're not sure about and then work your way up. The general public is invited to all events organized and conducted by Delaware Valley Bicycle Club. A program is presented by the Club for bicyclists of all ages, all abilities, and all interests. Except for the Freedom Tour, Brandywine Tour and Club picnic, all club events are free to the general public. The general public is welcome!



# RIDE CALENDAR

*\*Free membership for ride leaders*  
**Helmet use is mandatory on all rides!**

Mon, May 1 • 7:30 p.m. <i>DVBC Meeting</i>	Doors open at 7:00, meeting starts at 7:30. Delaware County Peace Center, Springfield Friends' Meeting, 1001 Old Sproul Rd., Springfield.
Wed, May 3 • 6:00 p.m. Miles: 12-18 • Class D <i>Oak Lane Bike Line</i>	Meet at the Oak Lane Bike Line at Oak La. & Cheltenham Aves. in Cheltenham for an easy-paced mostly flat ride. Call Chris at (215) 924-1086 for more information.
Sun, May 7 • 8:00 a.m. Miles: 8-65 • Class All <i>Freedom Tour</i>	Our major ride of the spring. Routes for all levels of cyclists from 8 to 65 miles. Lunch stop is included in registration fee. Enjoy the beautiful scenery of the Chester & Ridley Creek Valleys -- and the Brandywine Valley for the longer distances. See Pre-registration page elsewhere in this issue for complete details and to register.
Mon, May 8 • 7:00 p.m. <i>DVBC Exec. Board</i> <i>Delco Cycling Committee</i>	Delaware Valley Bicycle Club Executive Board meeting at 7:00 p.m., followed at 8:00 by the Delaware County Cycling Committee meeting. Delaware County Peace Center, Springfield Friends' Meeting, 1001 Old Sproul Rd., Springfield.
Wed, May 10 • 5:00 p.m. Miles: 25-30 • Class B+ <i>Show &amp; Go RTP II</i>	Meet at Rose Tree Park (Rt. 252 & Rose Tree Rd., just above Rt. 252 exit of Rt. 1). We'll do a fast hilly ride into the surrounding countryside. For more information call Charlie Stockley at (610) 586-9759.
Sat, May 13 • 6:30 a.m. Miles: 130 • Class B+ <i>Ocean City &amp; Back</i>	Meet at Knigsway Regional H.S. (turn left at 3rd light on Rt. 322 after crossing Com. Barry Bridge into New Jersey). Come out in the early morning for a long flat ride to Ocean City, NJ and return. Mileage should be between 125 and 135. For more information call Charlie Stockley at (610) 586-9759.
Sun, May 14 • 9:30 a.m. Miles: 35 • Class C+/B- <i>Pete &amp; Penny's</i>	Meet at the Moylan-Rose Valley train station at Woodward & Manchester (Rose Valley) Rds. for a ride through the Cheyney/Glen Mills area to Pete & Penney's produce stand in Westtown. For more info call Ira Josephs: (610) 565-4058.
Wed, May 17 • 5:00 p.m. Miles: 25-30 • Class B+ <i>Show &amp; Go RTP II</i>	Meet at Rose Tree Park (Rt. 252 & Rose Tree Rd., just above Rt. 252 exit of Rt. 1). We'll do a fast hilly ride into the surrounding countryside. For more information call Charlie Stockley at (610) 586-9759.
Wed, May 17 • 6:00 p.m. Miles: 12-18 • Class D <i>Oak Lane Bike Line</i>	Meet at the Oak Lane Bike Line at Oak La. & Cheltenham Aves. in Cheltenham for an easy-paced mostly flat ride. Call Chris at (215) 924-1086 for more information.
Thu, May 18 • 5:30 p.m. Miles: 20 • Class C <i>After Work w/ Fran</i>	Meet at the Cheyney University Parking Lot on Creek Rd. off Rt. 926. Enjoy easy-paced rides through very scenic areas. Call if you plan to come. Fran: (610) 431-2675.
Sun, May 21 • 12:00 a.m. Miles: 12 • Class D <i>Crabs for Lunch</i>	Easy Mountain-Bike family ride on the Chesapeake and Delaware Canal with lunch in a restaurant. Meet for car-pooling at the Springfield Mall (Rt. 320 & Baltimore Pike, just east of Exit #2 of the Blue Route: I-476), near the main entrance. Call in advance if you are coming: Jeff or Betsy, (610) 325-7585.
Thu, May 25 • 5:30 p.m. Miles: 20 • Class C <i>After Work w/ Fran</i>	Meet at the Cheyney University Parking Lot on Creek Rd. off Rt. 926. Enjoy easy-paced rides through very scenic areas. Call if you plan to come. Fran: (610) 431-2675.
Sat, May 27 • 11:30 a.m. Miles: 32 • Class C <i>Bryn Athyn Cathedral</i>	Meet at the Cool Beans Coffee Shop at Cheltenham Ave. & Horrocks St. in the Frankford section of Phila. (2 blocks east of Oxford Circle) for an easy ride to the beautiful Bryn Athyn Cathedral in Huntingdon Valley. Then ride to Jenkintown for a snack break and return via Elkins Park. Bring a lunch/snack, lock & camera. Chris: (215) 924-1086.
Sun, May 28 • 9:00 a.m. Miles: 40-50 • Class A <i>DH Cyclery Training</i>	Meet at the Drexel Hill Cyclery at 703 Burmont Rd., Drexel Hill. Come out for a training ride or just to get in shape. Call Frank Havnoonian the night before: (610) 449-6154.
Sat, Jun 3 • ? Miles: 35-50 • Class B <i>Ride with the Pros</i>	Call for details. We'll ride from the Moylan-Rose Valley train station (Woodward & Manchester Rds.), following the train line into Philly, down to the CoreStates Pro racers' hotel. Get autographs and check out the scene. Then ride the Kelly Drive where they'll be training. Ira: (610) 565-4058.

\*Free 1996 membership for anyone leading 4 or more listed rides in 1995. Call Ira (610-565-4058) or Doug (610-543-4664) for details.

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# BICYCLE EVENTS CALENDAR

## APRIL

**29: Ocean to Bay:** \$30. 20/40/60 mi. 8 A.M. Bethany-Fenwick Information Center, Route 1 north Fenwick Island, DE.

**29: Community Interactions 2nd Annual Bike-athon.** (Rain date April 30). 25/50 mi. \$15. Registration opens at 7:30 A. M. Ridley Creek State Park parking lot #15. Free T-shirts to first 100 riders. Support services for the mentally handicapped of Delaware County. Info.: Pat Hansen 610-834-1840.

## MAY

**6: Friends of Pennypack Bike Ride:** 8 AM at band shell, Rhawn and Cresco Sts. \$18. T-shirt and snacks, 10/15/40 mi. plus a 15 mi. mtn. bike trail ride. Proceeds for bike path maintenance.

**6: Farmlands Flat Tour:** Central Jersey Bicycle Club, c/o Mike Kruimer, P.O. Box 2202, Edison, NJ 08818. Telephone: 908-287-9447.

**7: DVBC's 20th Annual Freedom Tour:** Delaware Valley Bicycle Club, Ridley Creek State Park, parking lot #15. \$10. 65/35/18/8 mi at 8/9/10/11 A.M. Send SASE to P.O. Box 274, Drexel Hill, PA 19026 or call Frank (W) 610-626-4477.

**7: Fairmount Park Spring Bike Tour:** 2:00 P.M. - 4:30 P.M. Start at West Entrance of the Phila. Museum of Art. Meet Art Museum president Robert Montgomery Scott and view the sculpture in the park. \$2.00 adults / \$1.00 for children. 215-684-7926.

**7: Mexican Metric Century:** Suburban Cyclists Unlimited. Oaks, PA, Lower Perkiomen Valley Park. 63/35/20 mi at 8:30/9:30/10:30 A.M. \$15. Preregister by 4/22 for T-shirt. SASE to SCU Mexican Metric, P.O. Box 401, Horsham, PA 19044.

**7: 3rd Annual Pedal for Pets Bike Ride.** Peoples Plaza, Rtes. 40 & 896, Bear, DE. DHA (302-571-0111).

**20: Pinelands Triple Loop,** Shore Cycle Club, Ride begins and ends in Basto State Forest. \$10 before 5/13; \$12 after. SASE: Allen Jackson, Box 492, Northfield, NJ 08225; call 609-927-6286.

**21: John Pixton Memorial "Poker" Ride** Pennsylvania Bicycle Club. 62/50/30/20 mi. starting at 7/8/9/10/11 A.M. from Montgomery County Community College, Blue Bell, PA. \$10 by 5/13; \$12 after. Limited to 250 riders. Send SASE to PBC Poker Ride, c/o Laurama Pixton, 445 Dreshertown Rd., Ft. Washington, PA 19034.

**21: Freedom Valley Bike Ride.** Bicycle Coalition of Delaware Valley. Bike for better Biking! Riders who register before May 10th will receive a commemorative T-shirt. \$20. Sue: 215-829-4188/ 215-925-0201.

## JUNE

**2: Annual Manayunk Wall Climb:** PBC. 5 P.M. \$12. Citizens & all licensed category racers. Main & Levering Sts., Phila. Info.: 215-242-2549.

**3: 6th Annual Atlantic City Rescue Mission Ride.** Shore Cycle Club. 20/28/50/62. Ride for the benefit of the homeless. SASE: Janet Reinhard, Box 493, Northfield, NJ 08225. Call 609-965-4823.

**4: Clean Air Challenge** (American Lung Assn.) 15/30/55 mi. \$15 registration + \$50 min. in pledges. T-shirt, sports bottle, sag-wagon, snacks, marked route, cue sheet and after-ride pizza party! Premiums for fund-raisers. Start 8 A.M. at U.S. Healthcare, 980 Jolly Rd., Blue Bell, PA. Info.: 610-239-9766.

**10: Longest Day Double Century:** Central Jersey Bicycle Club c/o Carolyn Klinger-Kueter, 424 St. Mark's Ave., Westfield, NJ 07090: 908-233-9094.

**17: 3rd Annual Biknik** (Young Adult Ministry, Archdiocese of Phila.) 10 A.M. Art Museum, Fairmount Park, Japanese Tea Garden. Info.: 610-649-9476.

**25: RVRUP:** Central Jersey Bicycle Club: 20/40/60/62/100 mi. SASE: Eileen Kalogiros, Box 2202, Edison, NJ 08818; call 908-287-0712.

## JULY

**2: 11th Annual Delaware Doublecross:** Augustine Beach, Port Penn, DE. 8 A.M. \$5 before 6/25/95; \$6 at start. Aaron Chen, 446 Haystack Drive, Newark, DE 19711, 302-731-1456.

**9: Annual American Cancer Society Ride:** Independence Hall to Atlantic City. Info.: 215-665-2914.

**15: Tour de Lebanon Valley:** Lebanon Valley Bicycle Club, metric century and half century. Cost is \$10 until 7/1; \$12 after. Start/Finish at Annville/Cleona High School. SASE to Jim Deaven, 124 W. Church St., Annville, PA 17003 or call 717-867-0950.

**23: South Jersey Sizzler:** Temple Beth Hillel 25/50/62/100 Carmel Fire Hall Rt. 552, Carmel, NJ. \$13 by 7/16; \$15 after. SASE to Mel Kornbluth, RR8 Box 319 E Gwynwood Drive, Bridgeton, NJ 08302. 1-609-451-5104 after 6 P.M.

## AUGUST

Information is not available yet for regionally favored August events such as the Princeton Event and the Dog Daze Century.

## SEPTEMBER

**9: Beast of the East:** 65/100/130. Nature Center, Lebanon State Forest, Pemberton, NJ. SASE to Outdoor Club of South Jersey c/o Debbie Anderson, 403 Virginia Ave., Collingswood, NJ 08107. (609) 869-0735.

**9: No Baloney Century:** Lebanon Valley Bicycle Club. 25/50/75/100 mi. \$10 until 9/2; \$12 after. Start/Finish at South Hills Park, S Lincoln Ave., Lebanon, PA. Info.: SASE to Jim Deaven, 124 W. Church St., Annville, PA 17003 or phone 717-867-0950.

**10: 19th Annual Brandywine Tour.** Delaware Valley Bicycle Club. 20/50/100 miles from Chadds Ford Elementary School, U.S. 1 about 1/4 mi. west of PA Rt. 100. \$8 til 9/3; \$10 after. SASE to DVBC P. O. Box 274, Drexel hill, PA 19026 or call Frank (day) 610-626-4477.

**10: River's Edge Century:** Bicycle Club of Philadelphia, 31/62/100 mi. \$15 members, \$18 non-members. SASE to BCP, P.O. Box 30235, Philadelphia, PA 19103.

**16: Savage Century:** White Clay Bicycle Club. One of the most difficult routes on the East Coast. 65/100 mi. \$9 until 9/10 \$12 after. Starts at Hollingsworth Parking Lot, U. of DE campus, N. College & Cleveland Aves., Newark, DE. SASE to Savage Century c/o Dave Bundas, 321 Indian Town Rd., Landenburg, PA 19350 or call 610-255-0799.

**17: Sid Lustig Memorial Century.** Harrisburg Bicycle Club. Info. -- Dick Ruben, 345 Old York Road, New Cumberland, PA 17070.

**17: 3rd Annual Wheels 4 Anne Charity Ride:** Funds generated assist rehab of those injured in bicycle accidents. 100/62/50/35/25 miles. Snacks, sag, pre-reg. by 9/6 for T-shirt. SASE Central Jersey BC, PO Box 2202, Edison, NJ 08818-2202 (908-225-HUBS).

**24: Lake Nockamixon Century:** Suburban Cyclists Unlimited, 20/35/50/62/100 mi. Registration opens at 7 AM. \$15. Pre-register by 9/9 includes T-shirt. Hatboro-Horsham H.S. Info. SCU, P.O. Box 401, Horsham, PA 19044.

## OCTOBER

**7: Belleplain Beacon Century.** Shore Cycle Club. 31/50/62/100 miles. SASE to Roy Cook, 4453 Yorktown Pl., Mays Landing, NJ 08330.

**8: Covered Bridges Metric Century:** Central Bucks Bicycle Club. \$12. SASE Peter Slampyak, 314 Main St., Perkasie, PA 18944 215-297-5182.

## OTHER RIDES

### PLAN YOUR BICYCLING VACATION AROUND THESE EVENTS!

#### MAY

7: Bike New York, NY: AYH Five Boroughs Ride. 42 miles. FAX 718-858-0683. Deadline May 2. Payment by credit card only. Registration and start at Battery Park, 8 A.M. Ample free parking near-by.

13: Tour de Y: Lebanon Valley Bicycle Club. Optimist Park, 13th & Washington Sts., Lebanon, PA. Fund raiser for YMCA. \$20 until 4/29; \$25 after. Metric century with half century option. Info: SASE to Jim Deaven, 124 W. Church St., Annville, PA 17003, or call 717-867-0950.

20-21: Horse Farm Tour: McSherrytown, PA. 10/25/35/50 mi. SASE to Hanover Cyclers, Steve Smith, 132 Farm View Dr., York, PA 17404.

#### JUNE

9-11: KAMEL: (Kutztown and Millersville Eastern Loop), Harrisburg Bicycle Club. 190 miles. Must register by 5/14/95. SASE to HBC, John Donoughe, 1554 Locust Street, New Cumberland, PA 17070 or call 717-774-5073.

10: Jersey Double 200. \$15 until 5/22; \$20 after. Park 'n Ride lot at I-78 & County Route 523. SASE Western Jersey Wheelmen c/o Bruce Thomson P.O.B. 12, Pottersville, NJ 07979-0012. Day: (201) 285- 5010 ; Eve. (908) 879-6477.

17: Kettle Creek Lodge Mountain Bike Madness, Oleana, PA. 23/10 mi. trail rides. SASE to Steve Benna, Kettle Creek Lodge HCR 62 Box 14B, Cross Fork, PA 17729.

16-19: GEAR: League of American Bicyclists' Great Eastern Rally, Amherst, MA at U. Mass. SASE to League GEAR, 190 W. Ostend St., #120: Baltimore, MD 21230-3755.

18-24: GOBA: (Great Ohio Bicycle Adventure) Join 3,000 riders from all over the country for a week of sightseeing and camping through northeastern Ohio on this nationally reknown, week long, 50 mile per day circular tour. The cost is under \$100 (family discounts available). For registration, phone 614-847-TOUR or write GOBA, P.O.Box 14384, Columbus, OH 43214.

24: WAG '95: Western PA Wheelmen. Ligonier, PA. 25/62/100 mi. SASE to WPW Bicycle Club, P.O. Box 6952, Pittsburgh, PA 15212.

23-25: Blue & Gray Rally: Bicycling Federation of Pennsylvania, Gettysburg College, SASE to Tom Helm, 480 Saint Johns Drive, Camp Hill, PA 17011-1331. Limited to 140 participants.

25: Bay to Bay Ride: \$10 until 6/10; \$12 after. c/o Jim Grant, 7 Cedar Chase Court, Chestertown, MD 21620-1665.

#### JULY

1-4: Tour of Northeast PA. SASE to Cycle PA, Tour 1, c/o Joe Donovan, 205 Frederick Street, Moosic, PA 18507. Limit to 200 riders. \$210 for 4 days touring by 5/15; \$240 thereafter. Includes college dormitory accommodations, meals and sag.

5-9: National Rally, Asheville, NC, League of American Bicyclists. SASE to League Rally, 190 W. Ostend Street #120, Baltimore, MD 21230-3755.

9-14: Bike HOP: American Lung Association. fully supported cross-Pennsylvania. Pledges required. SASE to Jay Pagni, American Lung Assoc. 6041 Linglestown Road, Harrisburg, PA 17112-1208.

10-15: Ride the Allegheny Mountains of PA: a bicycle tour of Keystone Mountain Country. SASE to RAMP '95 c/o Cal Arter, P.O. Box 68, Lock Haven, PA 17745 or call 717-748-2427. Must register by April 10, 1995.

22-29: **Pedal Pennsylvania:** Cross Pennsylvania from Pittsburgh to Philadelphia. SASE to Bob Ingersoll, 1914 Brandywine Street, Philadelphia, PA 19130. Telephone 215-561-9679.

23-29: **Cycle Across Maryland:** CAM Tour Oakland to Baltimore. \$175. Call 410-653-6288 for info.

## AUGUST

4-6: **Cycle PA Tour 2:** Starts from Bloomsburg U. SASE to Cycle PA, Inc., 205 Frederick St., Moosic, PA 18507. Overnight in college dorms, meals, and sag.

6-12: **Pennsylvania Perimeter Ride VII Against Cancer:** Maximum 40 riders. \$750 in pledges required. SASE to Bob Freed, 331 North 22nd Street, Allentown, PA 18104 or 610-434-8730, 6-10 PM.

11-13: **Eastern Tandem Rally:** Finger Lakes, NY. at Hobart & William Smith Colleges, Geneva, NY. SASE to Chuck & Bonnie Dye, 288 Mulberry Street, Rochester, NY 14620. (716) 473-8041.

26: **Grotto Pizza Great 100:** Harvey's Lake, PA 25/50/100. SASE to Donna Morgan, 428 North Maple, Kingston, PA 18704. (717) 287-7245.

## SEPTEMBER

1-4: **Midwest Tandem Rally:** SASE to Keith Conaway, 2164 Golden Oaks north, Indianapolis, IN 46260.

24: **22nd Annual Apple Cider Century:** 7,000 cyclists, Three Oaks, MI. 25/50/75/100 mi. Must register by 7/31/95. SASE to ACC'95, One Oak Street, Three Oaks, MI 49128.

## **WHO HAS TOURED WHERE?**

### **DVBC Takes on WCBC's ICICLE METRIC**

March 25, 1995. Although the temperatures supposedly were in the 50's, DVBC's bicyclists

came appropriately dressed and equipped for the icy blasts of Delmarva winds. I wore polypropylene and a knit watchcap beneath a snugly fastened oversized helmet.

Cold weather makes my nose run faster than my wheels, so I elected to ride the half metric route, knowing that I needed Kleenex with every mile. My companions from the WCBC were Steve and Cindy and their toddler son Jonathan, who snoozed inside his trailer for most of the ride's duration. The trailer was hitched to Daddy's Trek 520.

Off into the headwinds, we undauntedly commenced a course that started with 5 miles of uninterrupted climbing that rolled into a thrilling downhill plunge pushing my speedometer to 50 mph.

As we pedaled by new suburban housing developments, newly ploughed fields, and old cow pastures, one thought became obsessive: how much further to the lunch stop? 26 miles! We earned our reward, which was served indoors in a jr. high gymnasium. True Southern hospitality!

By lunch time, however, sunshine and balmy breezes had dispersed the morning winds, and everyone preferred milling about outside the school to enjoy peanut butter sandwiches and home-made brownies.

Gina and Charlie begged me to leave the half metric and suffer the 25 remaining miles of the 65 mile route, but my dwindling supply of tissues convinced me to stick with Steve, Cindy and baby Jonathan. Upon returning to the start, I noted: 34.7 miles; 3 doses of antihistamine; 31 Kleenex consumed. -- Chris Martha

Send reports of club rides and touring experiences to "Who Has Toured Where?" DVBC, P.O. Box 274, Drexel Hill, PA 19026.

### **SPECIAL NOTICE: ADDITIONAL RIDES**

June 3: **Get Ready Metric Century:** Fort Mott State Park, Parking Lot/Pavilion, Pennsville, NJ. 8 A.M. \$12 South Jersey Wheelmen (609) 848-6123.

August 12: **Bridgeton Zoo Ride:** 25/50/100 mi. Schalick High School, Centerton, NJ. SASE: South Jersey Wheelmen, P.O. Box 2705, Vineland, NJ 08360-2705.

September 30: **Jersey Devil Century.** SASE: South Jersey Wheelmen, see above.



# 20th Annual Freedom Tour!

May 7, 1995

8, 18, 35 and 65 Mile Routes

Sponsored by the Delaware Valley Bicycle Club



**TIME:** 8-9 A.M. for 65-milers • 9-10 A.M. for 35-milers • 10-11 A.M. for 18-milers • 11 A.M.-noon for 8-milers.

**PLACE:** Ridley Creek State Park (near Media, PA)—parking lot #15.

**COST:** \$8.00 pre-registration (postmarked by April 30, 1995); \$10.00 at the gate. **Tour will be held rain or shine.**

**Expected Attendance:** 500-800 riders.

**Services Provided by DVBC:** Food stop, maps, sag wagon, portable rest rooms and well-marked routes.

**Routes:** Scenic country back roads through the beautiful Brandywine River valley for the 65 and 35-mile routes, which have been changed to avoid some bad hills. All four routes pass through the scenic Chester Creek valley and Glen Mills areas, including the Sweetwater Farm. Most roads are lightly traveled with rolling hills. All routes include a food stop.

**Description:** You travel at your own pace, with family or friends, or make new cycling friends. All ages, all abilities and all types of bikes are welcome. The 8- and 18-mile routes are great opportunities for newer cyclists, leisure riders and families. Meet new biking friends with similar abilities while enjoying an outstanding ride.

**Safety:** **HELMETS ARE MANDATORY.** Make sure your bike is in good condition; use safe cycling habits; obey all traffic laws. We recommend carrying a spare tube/patch kit, tire pump & tire irons. Each rider assumes his/her own responsibility.

**About DVBC:** DVBC promotes all forms of cycling! Paid membership exceeds 400 cyclists. We're affiliated with LAW, Pa. Bike Federation, USCF, and the Bike Coalition of Delaware Valley. DVBC is the premier bike club in Delaware County and a nonprofit organization. We lead several free rides every month for all levels of cyclists. Our monthly meetings are open to the public.

**More Information:** Please call Frank at (610) 449-6154 or Ernie (610) 259-3327.

## 20th Annual Freedom Tour • May 7, 1995

### Pre-registration Form

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: ( ) \_\_\_\_\_ Age: \_\_\_\_\_ Distance: 65 miles ☐ 35 miles ☐ 18 miles ☐ 8 miles ☐

#### Waiver/Release

In consideration of the acceptance of my application for entry in the above event, I hereby waive, release, and discharge any and all claims for damages for death, personal injury, or property damage which I may have, or which may hereafter accrue to me, as a result of my participation in the said event. This release is intended to discharge in advance the promoters, the sponsors, the Delaware Valley Bicycle Club, the promoting clubs, the officials, and any involved municipalities or other public entities (and their respective agents and employees), from and against any and all liability arising out of or connected in any way with my participation in said event, even though that liability may arise out of negligence or carelessness on the part of the persons mentioned above.

I further understand that serious accidents occasionally occur during bicycle riding; and that participants in bicycle riding occasionally sustain mortal or serious personal injuries, and/or property damage, as a consequence thereof. Knowing the risks of bicycle riding, nevertheless, I hereby agree to assume those risks and to release and hold harmless all of the persons or entities mentioned above who (through negligence or carelessness) might otherwise be liable to me (or my heirs or assigns) for damages.

It is further understood and agreed that this waiver, release, and assumption of risk is to be binding on my heirs and assigns.

signature (if you are under 18 years of age, then your parent or guardian must sign)

signature (if you are under 18 years of age, then your parent or guardian must sign)

(Please send this signed form with a check or money order to:

**Freedom Tour**  
**Delaware Valley Bicycle Club**  
**P.O. Box 274**  
**Drexel Hill, PA 19026**

Please postmark pre-registration by April 30, 1995.

Bicycle Coalition of the Delaware Valley  
P.O. Box 8194, Philadelphia, PA 19101

**Delaware County Cycling Committee**

On April 10, the committee held its fourth meeting. Bicycling in Delaware County has a long way to go, and committee needs your help. Please attend our May 8 meeting.

The committee has created an agenda and distributed a survey for the Delaware County Council elections in May. Noel Weyrich, the League of American Bicyclist's director of state and local advocacy, assisted us with the survey questions which include issues such as forming a countywide citizens' bicycle advocacy committee, the creation of an on-road bicycle plan, bicycle parking, rail-to-trail projects, and support for SEPTA's "bike-or-rail" programs. The Democratic candidates' surveys have been returned. However, if you have access to the Republican candidates, please contact Charlie Brant immediately (see below).

The committee had a report from Mike Coates on the PennDOT District 6-0 Bicycle Task Force Meeting. These meetings are of extreme importance in making Delco roads bicycle-friendly. Delaware County has submitted a list of roads for possible shoulder improvements.

Ira Josephs met with Jim Vetterline of the Delco Planning Department. Mr. Vetterline is responsible for bicycle projects in Delaware County and has been invited to a future meeting.

Possible rail-to-trail projects were discussed. Although the Radnor/P&W trail has been funded, it is possibly in jeopardy despite widespread community support. If you live in Radnor or know someone who does, please register to vote and support the Radnor Trail in the May 16 election referendum. For more info, call Flo Williams at (610) 687-3444.

Please immediately contact your state representative and ask them to support and co-sponsor House Bill 48, which corrects problems in the Vehicle Code that hamper cyclists and creates a permanent bicycle and pedestrian advisory committee (which includes representation from the Bicycle Coalition of the Delaware Valley, LAB, and BikeFed of PA). A phone call is fine, but a letter is better. One letter to Representative Micozzie (Clifton Heights/Aldan) got his support and co-sponsorship. If you need more information (including finding the name and address of your state rep), call Charlie Brant (see below) or call Tom Helm of BikeFed of PA at (717) 975-0888 (collect calls are accepted).

SEPTA Bike-on-Rail passes are available at local rail stations. For \$5, you get a lifetime Bike-on-Rail pass. Bring along some ID and the serial number of your bike. Some area bicycle clubs are combining a train ride with bike rides for a car-free event.

Next meeting: 8 pm, Monday, May 8 at the Peace Center of Delaware County/Springfield Friends Meeting, 1001 Old Sproul Road (between route 320 and Springfield Road, just north of route 1).

For information, call Charlie Brant at (610) 622-1048, email at Charlybike@aol.com, or call Ira Josephs at (610) 565-4058.

League of American Bicyclists  
190 W. Ostend St., Suite 120  
Baltimore, MD 21230-3731  
(410) 539-3399  
Email: BikeLeague@aol.com

BikeFed of PA  
PO Box 11625  
Harrisburg, PA 17108  
(717) 975-0888  
Email: PaBikeFed@aol.com

Bicycle Coalition of the  
Delaware Valley  
PO Box 8194  
Philadelphia, PA 19101  
(215) BIC-YCLE  
Internet list:  
bike@bcdv.drexel.edu



# BIKE LINE®



Are you always staring down somebody else's back wheel? Have you heard the expression: If you're not the lead dog, the scenery never changes!! Well now is your chance to team up with the market leaders.....

 **BIKE LINE** & **TREK USA**

Bike Line features the exciting new line of Trek mountain, road, hybrid, and juvenile bikes. And with prices starting at a cool \$259.95 there is now a Trek within everybody's reach! Stop in to any of the 27 Delaware Valley Bike Line locations and see the full line of 1994 Treks including the hot new full suspension mountain bikes. When you visit be sure to join the Bike Line mailing list and apply for your own Bike Line credit card.

 **BIKE LINE**  
Setting the pace for fitness

Joe Cyclist

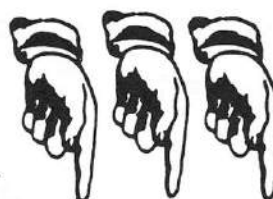
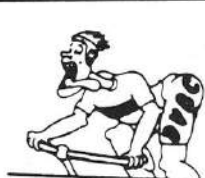
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# TREK USA

**IN PENNSYLVANIA:** ARDMORE BROOMALL EXTON EXETER GRANITE RUN  
MONTGOMERYVILLE OAK LANE OXFORD VALLEY PAOLI PHILADELPHIA:  
LOCUST ST., ARCH ST., 40th ST. PHOENIXVILLE POTTSTOWN WARMINSTER  
WAYNE WEST CHESTER **IN DELAWARE:** WILMINTON NEWARK  
PIKE CREEK DOVER BEAR **IN NEW JERSEY:** BERLIN CHERRY HILL MED-  
FORD OLD BRIDGE TURNERSVILLE



JOIN  
DVBC



The above label constitutes a DVBC membership card with expiration date listed.

## FIRST CLASS MAIL

The Delaware Valley Bicycle Club (DVBC) is a non-profit corporation formed to educate the public as to the safe use of the bicycle through lectures, seminars, planned rides, and other activities promoting the bicycle as an efficient and enjoyable means of exercise, recreation, and transportation.

Non-members are welcome on rides, but are urged to consider their ability and experience when selecting a ride. (See Ride Guidelines.) All rides are subject to cancellation due to weather. If in doubt about the weather or level of difficulty of the ride, please call the ride leader. Though the use of safety equipment is strongly urged—and helmets are required on all rides—the club cannot accept responsibility for accidents or injury while participating in a DVBC event.

### Application for DVBC Membership (Expires 1 year from date joined/renewed)

Please print clearly and use 9-digit Zipcode, if known.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Membership: \_\_\_\_\_ (per household) \$15.00

Membership includes: *DVBC Newsletter Magazine* (10 issues per year), discounts at most Club sponsors, Club subsidized events, and free *Bicycle Touring Newsletter* published quarterly (\$3 value). Your membership attracts advertisers and helps influence local government decisions concerning bicycle issues.

#### INTEREST SURVEY

##### Ride Pace

- ☐ Class D: *slow*
- ☐ Class C: *average*
- ☐ Class B: *brisk*
- ☐ Class A: *fast*
- ☐ Off-Road

##### I'll volunteer for:

- ☐ Ride Leader
- ☐ Sag Wagon Driver
- ☐ Tour Food Stop
- ☐ Newsletter Editor
- ☐ Newsletter Typist
- ☐ Newsletter Collator
- ☐ Advertising Coordinator
- ☐ Newsletter Co-editor
- ☐ Newsletter Delivery
- ☐ Triathlon Editor

Please send your check or money order to:

**Delaware Valley Bicycle Club**  
P.O. Box 274  
Drexel Hill, PA 19026

*The DVBC Safety Foundation is established to promote bicycle safety in the Delaware Valley using posters, flyers, bumper stickers and rewards.*

I wish to donate to the DVBC Safety Foundation:

- ☐ \$1 ☐ \$2 ☐ \$5 ☐ \$10 ☐ \$15 ☐ \$20 ☐ \$25

#### Membership to DVBC Subdivisions

You must join the main organization (left half of this form) in order to be able to join a DVBC subdivision.

- ☐ \$7.00 DVBC-Team Drexel Hill (Road Racing)  
Drexel Hill Cyclery

- ☐ \$5.00 Team Delaware Valley Bicycle Club  
Team Casual! (Road Racing)

\_\_\_\_\_ Total Amount Enclosed