



DELAWARE VALLEY BICYCLE CLUB

P.O. Box 274, Drexel Hill, PA 19026

DECEMBER 1993

FREE!

FROM THE PREZ:

I want to thank Noel Weyrich for taking the time to come out and give us the information about Delaware County. The facts he gave us on what bikers can expect and what they need was something we all wanted to hear.

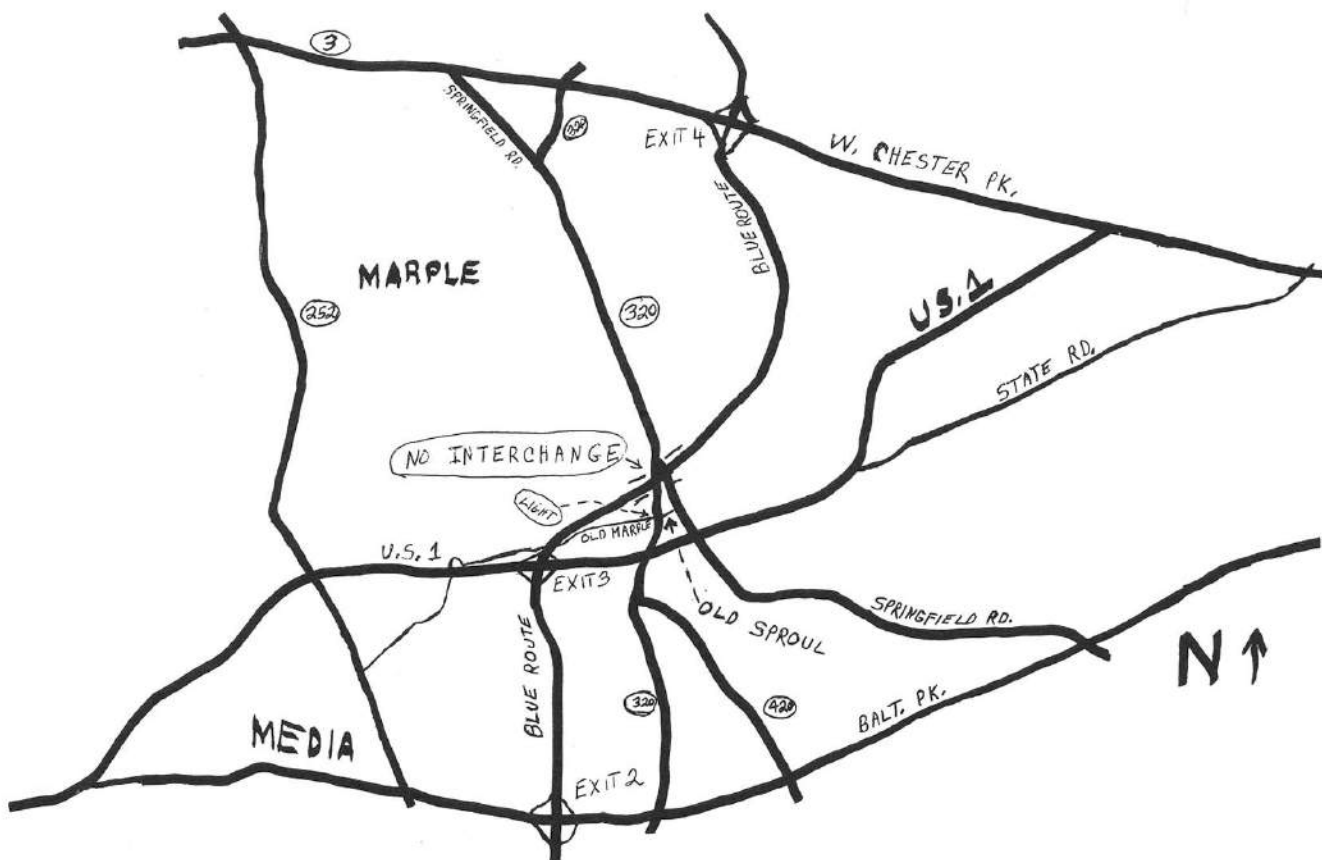
Also, I would like to thank all the members who came to this meeting. I noticed that Team Casual was there. "Thanks!" When am I going to get your shirt sizes for team jerseys?

Our Holiday party will be held in our new meeting place:

Delaware Peace Center, 1001 Old Sproul Road, Springfield, PA

Please contact Gina Bezdziecki at 525-0129 if you would like to bring something that night which will be December 6, 1993 at 7:00 P.M. Come out and have a good time!

HAPPY HOLIDAYS from all of us on the Committee.



Board of Directors

President

Ernest Munns 259-3327

Vice President

Daniel Coraluzzi 789-0187

Treasurer

Frank Havnoonian 449-6154

Secretary

John Roman 853-2915

Members at Large

Gina Bezdziecki 525-0129

League of American Wheelman Rep.

Ernie Munns 259-3327

Ride Coordinators

A/B Rides: Doug Kennedy
913 Mt. Holyoke Pl.
Swarthmore, PA 19081
543-4664

C/D Rides: Ira Josephs
10 Applebough La.
Moylan, PA 19065
565-4058

*Please contact the Ride Coordinators
before the 7th of each month.*

DVBC Newsletter Staff

Editors Ernie Munns

Candi Parente

Tom Parente

Racing Editors . Frank Havnoonian

Rich Patterson

Special Events Rich Patterson

Advertising Dan Coraluzzi

A/B Rides Doug Kennedy

C/D Rides Ira Josephs

Assembly Frank Havnoonian

Mailing Labels Mike Keating

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DVBC

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Drexel Hill, PA 19026

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DVBC

P.O. Box 274

Drexel Hill, PA 19026

Newsletter/Special Events

DVBC

P.O. Box 274

Drexel Hill, PA 19026

Items for Sale & Ride Reports:

DVBC

P.O. Box 274

Drexel Hill, PA 19026

The views expressed in this publication are not necessarily the views of the Delaware Valley Bicycle Club, nor do we endorse products or services advertised.

Letters to the Editor must be signed to be considered for publication.



League of American Wheelmen The National Organization of Bicyclists

190 W. Ostend St., Suite 120
Baltimore, MD 21230-3731

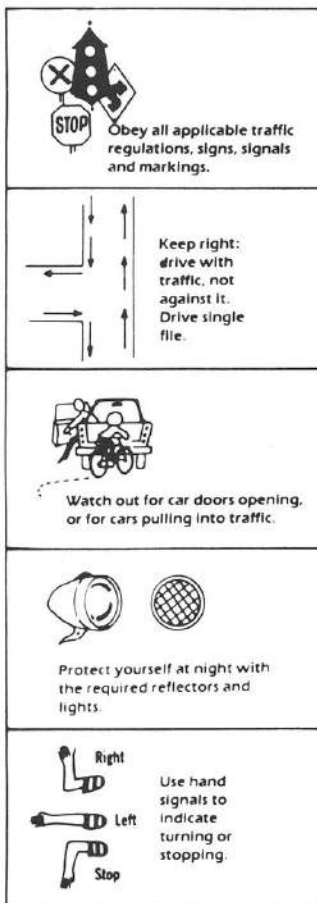
DVBC Meeting Place

Delaware County Peace Center, 1001 Old
Sproul Rd. (near car wash at Rt. 320 &
Old Marple Rd.). First Monday of month.
Doors open at 7:00 p.m. Public welcome.

Ride Guidelines

1. HELMETS ARE MANDATORY ON ALL DVBC RIDES.
2. Arrive 10 to 15 minutes early and be READY TO LEAVE ON TIME! Rides will start no more than 5 to 7 minutes late!
3. Make sure your bike is in proper working order BEFORE you arrive.
4. Carry a spare tube, patch kit, pump and water bottle.
5. Practice safety and obey *all* traffic laws.
6. Do not "bike off" more than you can do. Go on rides within your ability, interest and experience.
7. **RIDE CLASSIFICATIONS:**
 - CLASS D:** For new, inexperienced riders or families: speed 5-7 mph, frequent stops, as few hills as possible. Group will wait for all riders. Mileage usually less than 10 miles, but longer distances permissible.
 - CLASS C -:** For average riders: 7-8 mph, rest stops as needed. Group will wait for stragglers. Distance recommended: 10-30 miles.
 - CLASS C +:** Also average riders: 9-10 mph, rest stops every 45-60 minutes. No obligation to wait for stragglers if cue sheets or maps are provided by the ride leader.
 - CLASS B -:** For more experienced riders: 11-12 mph, stops every 15-20 miles. No obligation to wait for stragglers if cue sheets or maps are provided.
 - CLASS B +:** For strong riders: 13-15 mph, stops every 20-30 miles. No obligation to wait for stragglers if cue sheets or maps are provided.
 - CLASS A:** For very strong riders: 16-20 mph, stops every 30-50 miles. No obligation to wait for stragglers if cue sheets or maps are provided.
- TIME TRIAL:** Timed event. Again, you must obey all traffic laws. A hard helmet is mandatory. You must yield the right of way at all times. Club time trials should not be regarded as races, but as training rides.
8. Each rider assumes his/her own risk on all time trials and touring rides.
9. Those who ride ahead of the group are on their own ride.
10. Always notify the ride leader before leaving the group.
11. Ride leaders should adhere to the advertised speed of the ride.
12. Ride leaders are not expected to be bike mechanics.

NOTE: Helmets are mandatory on all rides. In case of questionable weather or road conditions, the Ride Leader may cancel the ride. Call the Ride Leader if in doubt. All Club rides are rated according to degree of difficulty. If you're in doubt about your cycling ability, *try out a ride one class below the one you're not sure about and then work your way up.* The general public is invited to *all* events organized and conducted by Delaware Valley Bicycle Club. A program is presented by the Club for bicyclists of *all* ages, *all* abilities, and *all* interests. Except for the Freedom Tour, Brandywine Tour and Club picnic, all club events are *free* to the general public. The general public is *welcome!*



RIDE CALENDAR

**Free membership for ride leaders*

Helmet use is mandatory on all rides!

Sat, Dec 4 · ? Miles: 20-25 · Class C <i>West Chester Pick-up</i>	Many weekends throughout the winter months, Fran & her friends do easy-paced rides around the West Chester area. If you would like to come along call Fran at 431-2675 to find out if a ride is happening on a given day.
Sun, Dec 5 · 7:45 a.m. Miles: 5 · Class All <i>Goshen Time Trial</i>	Meet at Providence Rd., just north of Goshen Road, near the Radnor Hunt Club. Test yourself against the clock. Roads are NOT closed to traffic. Helmets, of course, are mandatory. Call Rollin' Rich Patterson at 622-2954 for more information.
Sun, Dec 5 · 9:00 a.m. Miles: 80 · Class B <i>Renault Winery</i>	Take the chill off with a ride and a glass of wine. Leave from Williamstown High School in Williamstown, NJ. Bring lunch for a stop at the Renault Winery. The ride is flat, the wine is not. For more information or directions call Doug Kennedy at 543-4664.
Sun, Dec 5 · ??? Miles: 20-35 · Class C+/B- <i>Westtown</i>	Enjoy the very-late-fall look of this scenic ride through Ridley Creek State Park, Chester Creek valley and beyond to Westtown. Leave from the Media/Rose Valley area. Call Ira Josephs for the starting time and location: 565-4058.
Sun, Dec 5	<i>West Chester Pick-up Rides.</i> See December 4 for details.
Mon, Dec 6 · 7:00 p.m. <i>DVBC Meeting</i>	<i>Annual Christmas Party.</i> We have a new meeting location: Delaware County Peace Center, 1001 Old Sproul Rd., Springfield, PA. Contact Gina at 525-0129 if you'd like to bring something.
Tue, Dec 7 · 12:30 p.m. Miles: 20-25 · Class B <i>Tues/Thurs From RCSP</i>	Show & Go rides will happen on Tuesdays and Thursdays during December. Rides leave from the south entrance to Ridley Creek State Park (Sycamore Mills & Ridley Creek Rds.). Expect a few big hills. Rides return by 2:30. In case of bad weather or for more info, call Jim Burns at 544-3771.
Thu, Dec 9	<i>Tuesday/Thursday From Ridley Creek State Park.</i> See December 7 for details.
Sat/Sun, Dec 11/12	<i>West Chester Pick-up Rides.</i> See December 4 for details.
Sun, Dec 12 · 10:00 a.m. Miles: 60-65 · Class B <i>Chadds Ford Winery</i>	Enjoy another ride to a local winery. Meet at the front of the Media Courthouse (Front St. & Veterans Sq., Media). Bring or buy lunch for this hilly ride to the Chadds Ford Winery. For more information call ride leader Doug Kennedy at 543-4664.
Sun, Dec 12 · 1:00 p.m. Miles: 24 · Class C <i>Gladwyne</i>	Meet at the Drexel Hill Cyclery at 703 Burmont Rd., Drexel Hill. Enjoy a moderate-paced ride, through some very scenic areas, to Gladwyne and back. For more information call ride leader Frank Havnoonian at 449-6154 (evenings).
Tue/Thu, Dec 14/16	<i>Tuesday/Thursday From Ridley Creek State Park.</i> See December 7 for details.
Sat/Sun, Dec 18/19	<i>West Chester Pick-up Rides.</i> See December 4 for details.
Sun, Dec 19 · 11:00 a.m. Miles: 53 · Class B <i>Lancaster Cty. Winery</i>	Our third and final ride to a local winery. Bring lunch to enjoy at the winery. Meet at the Octoraro School at Rt. 41 & Highland Ave. (above Cochranville). See some of the scenery that makes our Brandywine Tour so popular. Ride is hilly. Doug Kennedy: 543-4664.
Sun, Dec 19 · Noon Miles: 20 · Class C <i>Santa's Elves</i>	Santa's helper—wearing a red scarf, not red longjohns—leads any interested elves on a dry run of Marple chimneys for Santa along the backroads of Marple. Meet John Roman (853-2915) at the Broomall Pathmark on Lawrence Rd. near W. Chester Pk. (Rt. 3) exit of Blue Route. Riders not wearing something red will have to buy everyone drinks (cranberry juice) on the house.
Mon-Thu, Dec 20-23 · ? Miles: ? · Class B-/C+ <i>Pre-Holiday Binge</i>	Santa's Helper, John Roman, is available for late A.M. or noontime rides from the Broomall Pathmark on Lawrence Rd. near W. Chester Pk. (Rt. 3) exit of Blue Route or the Manoa Shopping Center—West Chester Pk. (Rt. 3) & Eagle Rd. in Havertown—near the former Kline's department store. Pedal away calories to prepare for holiday-food-pastry-booze season. Call John (853-2915) to set up details.
Tue/Thu, Dec 21/23	<i>Tuesday/Thursday From Ridley Creek State Park.</i> See December 7 for details.
Tue/Thu, Dec 28/30	<i>Tuesday/Thursday From Ridley Creek State Park.</i> See December 7 for details.
Sat, Jan 1 · 10:00 a.m. Miles: 25 · Class C <i>Hangover Special</i>	If you started the new year off in "style", here's a chance to ride off some of that style. Meet at the Cardinal O'Hara H.S., Sproul (Rt. 320) & Springfield Rds. in Springfield. For more information call ride leader Rich Bernhard at 284-2019.

*Free 1994 membership for anyone leading 4 or more listed rides in 1993. Call Ira (565-4058) or Doug (543-4664) for details.

TEAM CASUAL NOVEMBER FIVE MILE TIME TRIAL RESULTS

NOVEMBER 7, 1993

7:45 am

<u>Name</u>	<u>Age</u>	<u>Frame</u>	<u>Time</u>
Ed Silcox	46	Bianchi	14:23
Dan Mascioli *	27	DeRosa	14:40
Dave Cooley	33	Trek	15:10
Len Murphy	59	Centurion	15:18

*Only four hours of sleep!

Course: Goshen, Sugartown and Providence Roads

Conditions: clear, sunny, COLD! , WINDY!!!

Time-Keeper: Ed Silcox

The DVBC Team Casual Time Trial Series is open to everyone!!!

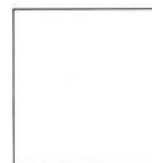
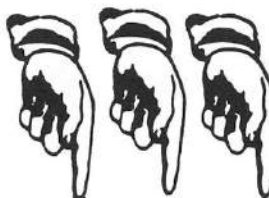
Please join us: December 5, 1993 7:45 am Race the clock!

HELMETS are MANDATORY!! SAFETY FIRST!!!

For more information call: "Rollin" Rich Patterson 622-2954



JOIN
DVBC



The above label constitutes a DVBC membership card with expiration date listed.

FIRST CLASS MAIL

The Delaware Valley Bicycle Club (DVBC) is a non-profit corporation formed to educate the public as to the safe use of the bicycle through lectures, seminars, planned rides, and other activities promoting the bicycle as an efficient and enjoyable means of exercise, recreation, and transportation.

Non-members are welcome on rides, but are urged to consider their ability and experience when selecting a ride. (See Ride Guidelines.) All rides are subject to cancellation due to weather. If in doubt about the weather or level of difficulty of the ride, please call the ride leader. Though the use of safety equipment is strongly urged—and helmets are required on all rides—the club cannot accept responsibility for accidents or injury while participating in a DVBC event.

Application for DVBC Membership (Expires 1 year from date joined/renewed)

Please print clearly and use 9-digit Zipcode, if known.

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Date of Birth: _____

Membership: _____ (per household) \$15.00

Membership includes: *DVBC Newsletter Magazine* (10 issues per year), discounts at most Club sponsors, Club subsidized events, and free *Bicycle Touring Newsletter* published quarterly (\$3 value). Your membership attracts advertisers and helps influence local government decisions concerning bicycle issues.

INTEREST SURVEY

I'll volunteer for:

Ride Pace

- | | | |
|--|--|--|
| <input type="checkbox"/> Class D: <i>slow</i> | <input type="checkbox"/> Ride Leader | <input type="checkbox"/> Newsletter Collator |
| <input type="checkbox"/> Class C: <i>average</i> | <input type="checkbox"/> Sag Wagon Driver | <input type="checkbox"/> Advertising Coordinator |
| <input type="checkbox"/> Class B: <i>brisk</i> | <input type="checkbox"/> Tour Food Stop | <input type="checkbox"/> Newsletter Co-editor |
| <input type="checkbox"/> Class A: <i>fast</i> | <input type="checkbox"/> Newsletter Editor | <input type="checkbox"/> Newsletter Delivery |
| <input type="checkbox"/> Off-Road | <input type="checkbox"/> Newsletter Typist | <input type="checkbox"/> Triathlon Editor |

Please send your check or money order to:

Delaware Valley Bicycle Club
P.O. Box 274
Drexel Hill, PA 19026

The DVBC Safety Foundation is established to promote bicycle safety in the Delaware Valley using posters, flyers, bumper stickers and rewards.

I wish to donate to the DVBC Safety Foundation:

☐ \$1 ☐ \$2 ☐ \$5 ☐ \$10 ☐ \$15 ☐ \$20 ☐ \$25

Membership to DVBC Subdivisions

You must join the main organization (left half of this form) in order to be able to join a DVBC subdivision.

☐ \$7.00 DVBC-Team Drexel Hill (Road Racing)
Drexel Hill Cyclery

☐ \$5.00 Team Delaware Valley Bicycle Club
Team Casual! (Road Racing)

_____ Total Amount Enclosed