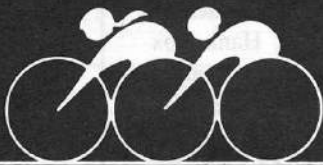


15th Annual Freedom Tour!

May 6, 1990



DELAWARE VALLEY  
BICYCLE CLUB

P.O. BOX 497 MEDIA, PA 19063

**FREE!**

April  
1990

**RENEW**

April  
1990

Dues are due



**Dues are due**

Dues are due



Pinelands Metric  
Batsto State Forest

Shore Cycle Club

May 5, 1990

Patch, sag, lunch, cue  
sheets, marked route

SASE to:  
Pat Bitzer  
11 Vassar Drive  
Somers Point, NJ  
08244  
Phone (609) 927-0775  
evenings



Belleplain Metric  
Belleplain State Forest

Shore Cycle Club

May 19, 1990

Patch, sag, lunch, cue  
sheets, marked route

SASE to:  
Gary Poulsen  
PO Box 331  
Pomona, NJ 08240  
Phone (609) 965-2989  
evenings

**MEN  
RENEW**

**THEY DON'T  
CALL 'EM DUES  
FOR NOTHIN'**

Yes, it's that time of  
year again...time to be  
counted, heads above the  
crowd...time to send in  
your \$10 and ensure your  
self of receiving the  
monthly newsletter, as  
well as discounts from  
most local bike shops.

Be one of the many...  
the proud...the priv-  
ileged....D.V.B.C.!

**SUPPORT YOUR LOCAL BICYCLE SHOP**

## Board of Directors

<i>President</i>	
Daniel Coraluzzi . . . . .	789-0187
<i>Vice President</i>	
Ernest Munns . . . . .	259-3327
<i>Treasurer</i>	
Frank Havnoonian . . . . .	449-6154
<i>Secretary</i>	
John Ferko . . . . .	872-5874

## Members at Large

Amy Beaver . . . . .	896-7388
Tom Brennan . . . . .	353-1248
Karl Voigt, III . . . . .	970-1672
Bob Wright . . . . .	623-8373

## Ride Coordinators

*A/B Rides:* Mike Keating  
104 E. State St.  
Media, PA 19063  
891-9098 FAX: 891-1897

*C/D Rides:* Doug Kennedy  
913 Mt. Holyoke Pl.  
Swarthmore, PA 19081  
543-4664

*Please contact the Ride Coordinators  
before the 7th of each month.*

## DVBC Newsletter Staff

<i>Editor</i> . . . . .	Vacant
<i>Racing Editors</i> . . . . .	Frank Havnoonian Rich Patterson
<i>Special Events</i> . . . . .	Rich Patterson
<i>Advertising</i> . . . . .	Hank Hox
<i>A/B Rides</i> . . . . .	Mike Keating
<i>C/D Rides</i> . . . . .	Doug Kennedy
<i>Assembly</i> . . . . .	Frank Havnoonian
<i>Mailing Labels</i> . . . . .	Mike Keating
<i>Typesetting</i> . . . . .	Mike Keating

## Club Addresses

### Editor:

DVBC  
P.O. Box 497  
Media, PA 19063

### Membership & Club Box:

DVBC  
P.O. Box 497  
Media, PA 19063

### Newsletter/Special Events

DVBC  
P.O. Box 497  
Media, PA 19063

## Items for Sale & Ride Reports:

DVBC  
P.O. Box 497  
Media, PA 19063

The views expressed in this publication are not necessarily the views of the Delaware Valley Bicycle Club, nor do we endorse products or services advertised.

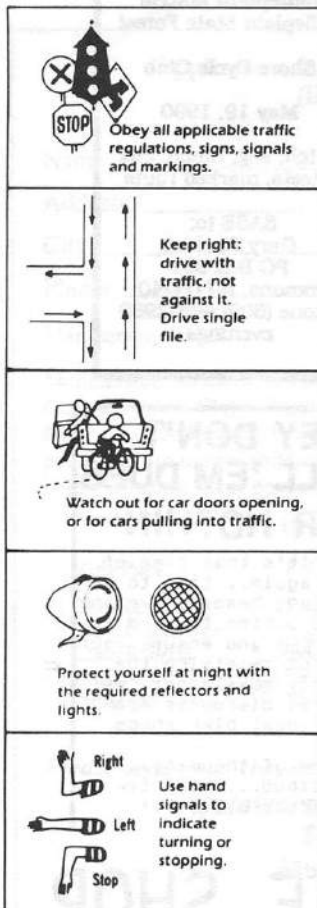
Letters to the Editor must be signed to be considered for publication.

## Club Merchandise

Club T-Shirts . . . . .	\$6.00
Club Car Decals . . . . .	.50
Club Bike Decal . . . . .	.25
Club Water Bottle . . . . .	2.00
Club Patches . . . . .	1.25

## DVBC Meeting Place

Unitarian Universalist Church of Delaware County, 145 W. Rose Tree Road (near Rt. 252 & Rose Tree Park). First Monday of each month. Doors open at 7:00 P.M. Public is welcome.



## Ride Guidelines

1. Arrive 10 to 15 minutes early and be **READY TO LEAVE ON TIME!** Rides will start no more than 5 to 7 minutes late!
2. Make sure your bike is in proper working order **BEFORE** you arrive.
3. Carry a spare tube, patch kit, pump and water bottle.
4. Practice safety and obey *all* traffic laws.
5. Wearing a helmet is usually not mandatory, but is encouraged. (A helmet is mandatory for all time trials and some Class A rides.)
6. Do not "bike off" more than you can do. Go on rides within your ability, interest and experience.
7. **RIDE CLASSIFICATIONS:**
  - CLASS D:** For new, inexperienced riders or families: speed 5 – 7 mph, frequent stops, as few hills as possible. Group will wait for all riders. Mileage usually less than 10 miles, but longer distances permissible.
  - CLASS C –:** For average riders: 7 – 8 mph, rest stops as needed. Group will wait for stragglers. Distance recommended: 10 – 30 miles.
  - CLASS C +:** Also average riders: 9 – 10 mph, rest stops every 45 – 60 minutes. No obligation to wait for stragglers if cue sheets or maps are provided by the ride leader.
  - CLASS B –:** For more experienced riders: 11 – 12 mph, stops every 15 – 20 miles. No obligation to wait for stragglers if cue sheets or maps are provided.
  - CLASS B +:** For strong riders: 13 – 15 mph, stops every 20 – 30 miles. No obligation to wait for stragglers if cue sheets or maps are provided.
  - CLASS A:** For very strong riders: 16 – 20 mph, stops every 30 – 50 miles. No obligation to wait for stragglers if cue sheets or maps are provided.
- TIME TRIAL:** Timed event. Again, you must obey all traffic laws. A hard helmet is mandatory. You must yield the right of way at all times. Club time trials should not be regarded as races, but as training rides.
8. Each rider assumes his/her own risk on all time trials *and* touring rides.
9. Those who ride ahead of the group are on their own ride.
10. Always notify the ride leader before leaving the group.
11. Ride leaders should adhere to the advertised speed of the ride.
12. Ride leaders are not expected to be bike mechanics.

**NOTE:** In the case of questionable weather or road conditions, the Ride Leader may decide to cancel the event. Call the Ride Leader if in doubt. All Club rides are rated according to degree of difficulty. If you're in doubt about your cycling ability, try out a ride one class below the one you're not sure about and then work your way up. The general public is invited to *all* events organized and conducted by Delaware Valley Bicycle Club. A program is presented by the Club for bicyclists of *all* ages, *all* abilities, and *all* interests. Except for the Freedom Tour, Brandywine Tour and Club picnic, all club events are *free* to the general public. The general public is *welcome!*

# Ride Calendar

April 15 • ???

Miles: ?? • Class B  
*Mystery Ride*

Call Rich Bernhard at 284-2019 for more information. Could this possibly be Rich's long awaited ride to Reading? If so, you don't want to miss out!

April 22 • 8:30 A.M.

Miles: 45 • Class B  
*Pa. Dutch Ride*

Ride leaves at 9:30 from Pequea Valley Schools, Rt. 772 & New Holland Rd. To car-pool, meet in front of the PSFS on Baltimore Pike at the Granite Run Mall. The ride goes north through New Holland and Leola with several covered bridges. Bring lunch. Call Doug Kennedy at 543-4664.

April 22 • 10:00 A.M.

Miles: 5/30 • Class C/D  
*Earth Day*

...Combined Rides. Start at the Moylan-Rose Valley Train Station at Manchester & Woodward Rds at 10:00 A.M. Ride 5 miles to Ridley Creek Park, parking lot #15. Or, meet at the park at 10:30. We'll ride the 4.5 mile bike trail together, or in groups, for about 1 hour, then have a picnic (bring lunch). For more information call Ira Josephs at 565-4058.

April 29 • 10:00 A.M.

Miles: 35-40 • Class C+  
*Springton Manor Farm*

Meet at the E.O. Bull Building at Rosedale & High Streets in West Chester. Enjoy a scenic ride out to the Springton Manor Farm. Bring lunch to have along the way. For more information call Fran DeMillion at 431-2675.

*Anyone wanting to ride in West Chester after work should call Fran at the above number.*

May 5 • 8:30 A.M.

Miles: 46 • Class B  
*Pa. Dutch West*

Leave at 8:30 from the PSFS at the Granite Run Mall to car-pool. Ride leaves at 9:30 from Pequea Valley Schools at Rt. 772 & New Holland Rd. This ride will go west through open farm land and past one room school houses to Conestoga Creek and back. Bring lunch. Doug Kennedy: 543-4664

May 6 • 8-12 A.M.

Miles: 8-65 • Class All  
*Freedom Tour*

The 15th Annual Freedom Tour! Four great routes: 65-milers start at 8:00 A.M.; 35-milers at 9:00; 16-milers at 10:00; and 8-milers at 11:00. Food stops, well-marked routes, maps and sag wagons promise to make this a ride you don't want to miss. See Page 5 for all the details.

May 12 • 10:15 A.M.

Miles: 15-20 • Class C  
*S. Jersey Spring Jaunt*

Leave from the Bridgeport School in New Jersey. (Cross the Com. Barry Bridge, take Rt. 130 North, make first right (Barker Ave.), make next right (Crown Pt. Rd. - Rt. 44) and there's the school. Led by the Terrible Tandem/Trailer Team (TT/TT) of Rollin' Rich, Joanne & Ricky Patterson: 622-2954.

May 13 • 10:15 A.M.

Miles: 5 • Class All  
*Goshen Time Trial*

*Mothers' Day Version.* Meet (10:15 SHARP) at Providence Rd., just north of Goshen Rd., near the Radnor Hunt Club. Test yourself against the clock. Roads are *not* closed to traffic. Helmet required. Good times for all moms — better times for moms in shape! Rich Patterson: 622-2954.

## The Brandywine Bicycle Club's

# TAXING METRIC CENTURY

Sunday, April 15, 1990,  
Knauertown, Pennsylvania,  
in Warwick County Park, just  
off Route 23, 3.5 miles west  
of PA 100. Registration opens  
8 AM; nominal ride start is 8:30,  
rain or shine.

Whether your choice is 100 or 50 km (64  
or 32 miles), this hilly tour is a challenge  
for most cyclists so early in the season. You  
are unlikely to find prettier, quieter roads  
for cycling anywhere, however.  
Ride at your own pace.

No need to preregister. The \$6 fee at registration  
gets you a map, lunch, sag wagon service, the marked  
route, a patch, and that satisfying feeling of accomplishment when you  
finish! For more information, please write the Brandywine Bicycle Club,  
P.O. Box 3162, West Chester, PA 19381, or call Stu Baird, (215) 783-0536.





# PENNY FARTHING

## BICYCLES

### A BIKE SHOP LIKE NO OTHER!

• over 500 bikes in stock • 7000 sq. ft. • 5 full time mechanics • test rides & trade ins • car racks (6 models) • computers • tools • clothing • exercise equipment • books & maps • all brands repaired.

*Pennsylvania's Largest Fuji Dealer*

26 South Sproul Road, Broomall, PA 19008 356-2280



LIGHTWEIGHT SALES SERVICE  
RALEIGH 'DEALER OF THE YEAR'  
WE SUPPLY EVERYTHING  
FOR THE CYCLIST -- RACING  
OR TOURING

FOR ALL YOUR CYCLING REQUIREMENTS

AUTHORIZED DEALER FOR



RALEIGH  
DREXEL  
HILL  
CYCLERY

**Drexel Hill**  
CYCLERY

CUSTOM FRAMES  
BY H.H.

FREE PARKING

EXPERT  
REPAIRING

COACHING EXPERTISE BY FRANK HAVNOONIAN  
See The Full Range of Aluminum Technium Bikes!

SALES • SERVICE • TRADES  
WE SERVICE WHAT WE SELL

**626-4477**

703 BURMONT RD., DREXEL HILL  
CLOSED WEDNESDAY



# 15th Annual Freedom Tour!

May 6, 1990

8, 18, 35 and 65 mile routes

Sponsored by the Delaware Valley Bicycle Club



**TIME:** 8-9 A.M. for 65-milers; 9-10 A.M. for 35-milers; 10-11 A.M. for 18-milers; 11 A.M.-noon for 8-milers.

**PLACE:** Ridley Creek State Park (near Media, PA) — parking lot #15

**COST:** Just \$10 at the gate. Pre-registration, postmarked by April 28, only \$6.00! **Tour will be held rain or shine!**

**Expected Attendance:** 800-1,200 riders.

**Services Provided by DVBC:** Food stop, maps, sag wagon, portable rest rooms, award patch and well marked routes.

**Routes:** Scenic country back roads through the beautiful Brandywine River valley (65 and 35-mile routes) — the setting for a Revolutionary War battle. All routes pass through the scenic Chester Creek valley and Glen Mills areas, including the Sweetwater Farm. Most roads are lightly traveled with rolling hills. The 65-mile route is fairly hilly. All routes include a food stop.

**Description:** You travel at your own pace, with family or friends, or make new cycling friends. All ages, all abilities and all types of bikes are welcome. The 8- and 18-mile routes are great opportunities for newer cyclists and leisure riders. Meet new biking friends with similar abilities while enjoying an outstanding ride.

**Recommendation:** Use safe cycling habits. Helmet use is recommended but not mandatory. Each rider must assume his/her own responsibility.

**About DVBC:** DVBC promotes all forms of cycling! Total paid membership exceeds 400 cyclists. The club is affiliated with LAW, Pa. Bike Federation, USCF, and the Bike Coalition of Delaware Valley. DVBC is the premier bike club in Delaware County and is a non-profit organization. This event is open to *all* cyclists. Enjoy the late summer bicycling season!

**More Information:** Please call Frank at (215) 449-6154 or Rich at (215) 622-2954.

## 15th Annual Freedom Tour – May 6, 1990 Pre-registration Form

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Age: \_\_\_\_\_ Distance: 65 miles ☐ 35 miles ☐ 18 miles ☐ 8 miles ☐

### Waiver/Release

In consideration of the acceptance of my application for entry in the above event, I hereby waive, release, and discharge any and all claims for damages for death, personal injury, or property damage which I may have, or which may hereafter accrue to me, as a result of my participation in the said event. This release is intended to discharge in advance the promoters, the sponsors, the Delaware Valley Bicycle Club, the promoting clubs, the officials, and any involved municipalities or other public entities (and their respective agents and employees), from and against any and all liability arising out of or connected in any way with my participation in said event, even though that liability may arise out of negligence or carelessness on the part of the persons mentioned above.

I further understand that serious accidents occasionally occur during bicycle riding; and that participants in bicycle riding occasionally sustain mortal or serious personal injuries, and/or property damage, as a consequence thereof. Knowing the risks of bicycle riding, nevertheless, I hereby agree to assume those risks and to release and hold harmless all of the persons or entities mentioned above who (through negligence or carelessness) might otherwise be liable to me (or my heirs or assigns) for damages.

It is further understood and agreed that this waiver, release, and assumption of risk is to be binding on my heirs and assigns.

\_\_\_\_\_  
(signature — If you are under 18 years of age, then your parent or guardian must sign)

Please send this signed form with a check or money order for \$6.00 to: **Freedom Tour  
Delaware Valley Bicycle Club  
P.O. Box 497  
Media, PA 19063**

Please postmark pre-registration by April 28, 1990.



UPPER MERION PARK AND RECREATION DEPT.  
DAVID BROIDA, DIRECTOR

175 W. VALLEY FORGE RD.

KING OF PRUSSIA, PA 19406  
265-1071

## KING OF PRUSSIA 30-MILE BIKE-A-THON

For the benefit of THE AMERICAN CANCER SOCIETY

**SUNDAY, APRIL 22, 1990 (RAIN DATE: MAY 6)**

**LOCATION:** Ride starts and ends at Sheraton Health & Fitness Center (entrance at rear of Valley Forge Sheraton Hotel) 1st & N Gulph Rd., King of Prussia

**TIME:** 9 a.m.

**COST:** No entry fee, but each rider must collect money from sponsors.

**ROUTE:** King of Prussia - Kimberton Loop, through Valley Forge into scenic Chester County, along less-travelled roads, with pit stop at a farm house for lemonade. Includes covered bridge and historic Valley Forge Park.

**DESCRIPTION:** Mild hills in Valley Forge Park & Chester County. You pedal at your own pace. All ages and abilities welcome.

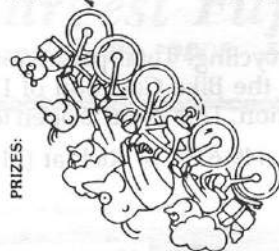
**RECOMMENDATIONS:** Use safe cycling habits — wear a helmet (required). Make sure your bicycle is in good working order. This is a helmets only ride.

**PURPOSE:** To have a healthy day of bicycle recreation, and to aid the fight against cancer by collecting sponsors' donations for the Upper Merion Unit of the American Cancer Society.

**NOTE:** Riders under 15 must be accompanied by a parent or guardian.

**REFRESHMENTS:** Provided at start, mid-point, and finish.

**PRIZES:** For the most money raised for the Upper Merion Unit of the American Cancer Society. \$ must be turned in by **APRIL 22**.



- Prizes:**
- 1st Prize: Bicycle from Alan's Bicycles, Frazer (\$2000 value)
  - 2nd Prize: \$100 gift certificate at Alan's Bicycles
  - 3rd Prize: \$75 gift certificate at Alan's Bicycles
  - 4th Prize: \$50 gift certificate at Alan's Bicycles
  - 5th Prize: \$25 gift certificate at Alan's Bicycles
  - 6th Prize: \$20 gift certificate at Alan's Bicycles
  - 7th Prize: \$15 gift certificate at Alan's Bicycles
  - 8th Prize: \$15 gift certificate at Alan's Bicycles
  - 9th Prize: \$15 gift certificate at Alan's Bicycles
  - 10th Prize: \$15 gift certificate at Alan's Bicycles
  - 11th Prize: \$10 gift certificate at Alan's Bicycles
  - 12th Prize: \$10 gift certificate at Alan's Bicycles
- Safe Bicycling:**
- Wear a helmet
  - Use a mirror
  - Stay sufficiently behind rear wheel of bike in front of you
  - Yield the right of way when in doubt
  - Do not race
  - Obey the traffic signals — it's the law
  - Use good judgment & common sense

**QUESTIONS:**

265-1071

Free Official King of Prussia Bike-A-Thon T-Shirt to all pre-registered riders and day-of-ride registrants as available.



# Tea Burner Century Bicycle Ride

**Sponsored by:** Soroptimist Club of Cumberland County

**Place:** Starts and finishes at Carmel Fire Hall, Route 552, Carmel, NJ

**Date:** Sunday, April 22, 1990

**Time:** 8:30 a.m.

**Distance:** 35, 50, 100 miles

**Cost:** \$9 Pre-registration by April 15, \$10 day of ride

**Helmets:** Helmets are required.

**Includes:** Lunch, sag wagon, specially designed patch, cue sheet, and map. Roads will be marked with arrows. Lunch will be served at the Carmel Fire Hall. Lunch consists of peanut butter and jelly, fruit, and cakes and breads baked by our members.

**Terrain:** Flat to rolling on the 35 and first 50 mile loops; mostly flat on the second 50 to complete the century.

**About the area:** You will be riding mostly in the southwest corner of Cumberland County and small sections of Salem County. This is an out and back ride with everyone riding together at least the first 15 miles. We will ride through historic Greenwich, NJ, where shortly before the Boston Tea Party took place, a small band of patriots seized and burned a cargo of tea just after it was unloaded from a British merchant ship anchored on the Cohamsey River.

**Information:** Mel Kornbluh, RRS Box 319E, Gwynwood Dr., Bridgeton, NJ 08302 or call 609-451-5104 after 6 pm

## Tea Burner Century Bicycle Ride Entry Form

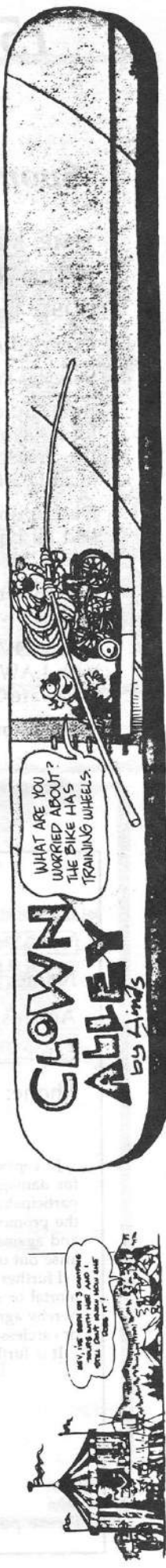
Waiver of liability: I, hereby for myself, my heirs, executors and administrators, release and forever discharge the Soroptimist Club of Cumberland County, its members, agents, servants, representatives, successors and assigns and any other bodies, corporations, firms, associations or persons from any claim for damages resulting in injury either to myself, my family or to my equipment during the Tea Burner Century Bicycle Ride being held on the 22nd of April 1990.

Name \_\_\_\_\_ Phone \_\_\_\_\_

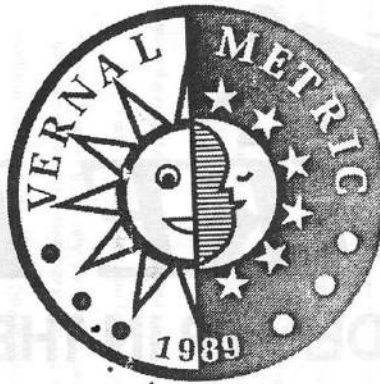
Street \_\_\_\_\_ Club (if any) \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Date \_\_\_\_\_

Signature (Parent or Guardian if under 18) \_\_\_\_\_  
Make checks payable to Soroptimist Club of Cumberland County and send to Mel Kornbluh, RRS Box 319E, Gwynwood Dr., Bridgeton, NJ 08302



# VERNAL METRIC CENTURY SUNDAY, APRIL 29 1990



## WHY JOIN A BICYCLE CLUB

Riders join cycling clubs primarily for sociability and companionship on the road. Riding with a group is far more fun than riding alone, and it is even better if they are your friends.

But there are other reasons for joining a club. Bike club members enjoy sharing their knowledge of bikes and cycling, so a club is a good place to learn. You get a different slant on equipment because users speak of it differently than advertisers. You learn the things that no book can teach, cycling technique that make the miles easiest, the best local roads for cycling, the favorite lunch stops, which roads get overcrowded, or too hot or windy, and when. The club schedules rides. You could do it yourself, but even an experienced rider in a new area takes a long time to find the best rides and most pleasant routes. Joining scheduled rides shows you quickly what other riders have spent years in finding out. On tough rides the club will often arrange "sag wagon service"—an accompanying car with food, water, tools and parts to get you going again or to carry you home in case of complete failure.

The above is from John Forester's book Effective Cycling.

**STARTING TIME:** Registration will be from 8:00 - 9:00 A.M. for 62 mile route and 9:00-10:00 A.M. for the 31 mile routes. (There will be some flexibility in the starting times.) **HELMETS REQUIRED**

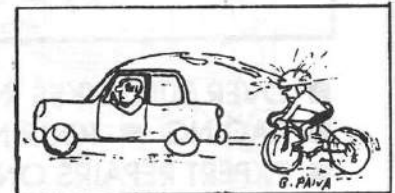
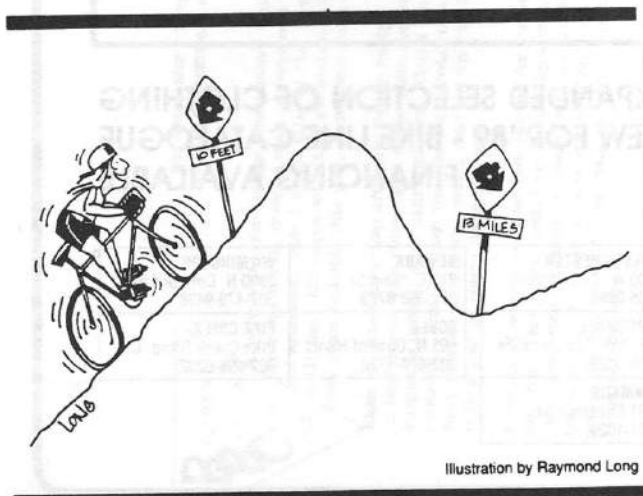
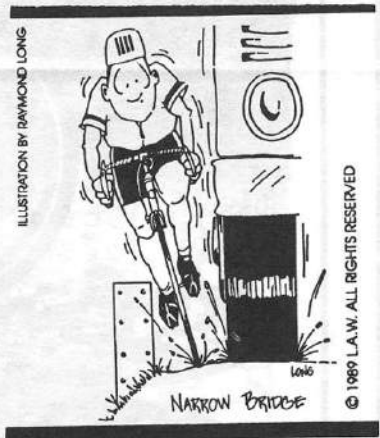
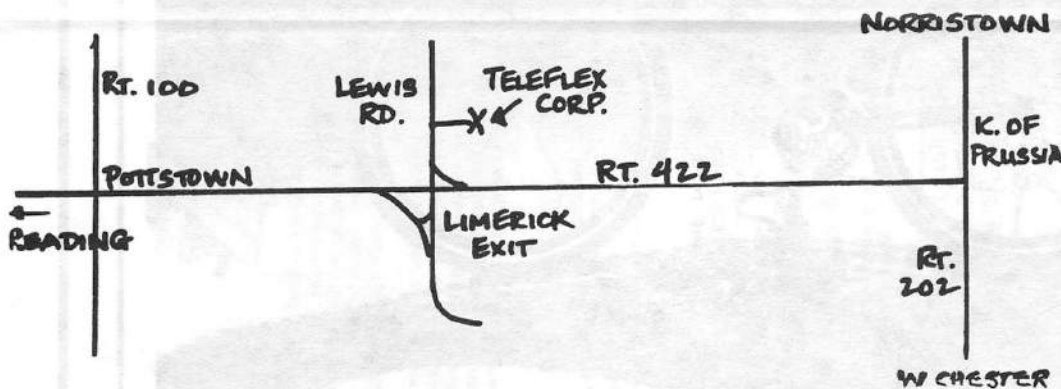
**LOCATION:** Take the Limerick exit off route 422 and follow signs to the parking lot of Teleflex Corporation. **HELMETS REQUIRED**

**ROUTES:** Come out and enjoy the rural countryside of the Perkiomen Valley in Central Montgomery County and the French and Pickering Valleys of Northern Chester County. The routes will be virtually free of major hill climbs. **HELMETS REQUIRED**

**Services:** The Tri County Pedalers will provide a marked route, cue sheets, sag service, and lunch featuring our famous homebaked goods, and patches will be included.

**COST:** All of the above plus fresh air, sunshine (or rain) for only EIGHT DOLLARS (Even if you don't ride the food will be worth \$8.00)

No preregistration, just come on out to Limerick on SUNDAY APRIL 29, 1990  
Any additional information call the Tri County Pedalers at 215-948-7732.



## VOLUNTEER TO VOLUNTEER

DEADLINE! DUES ARE DUE

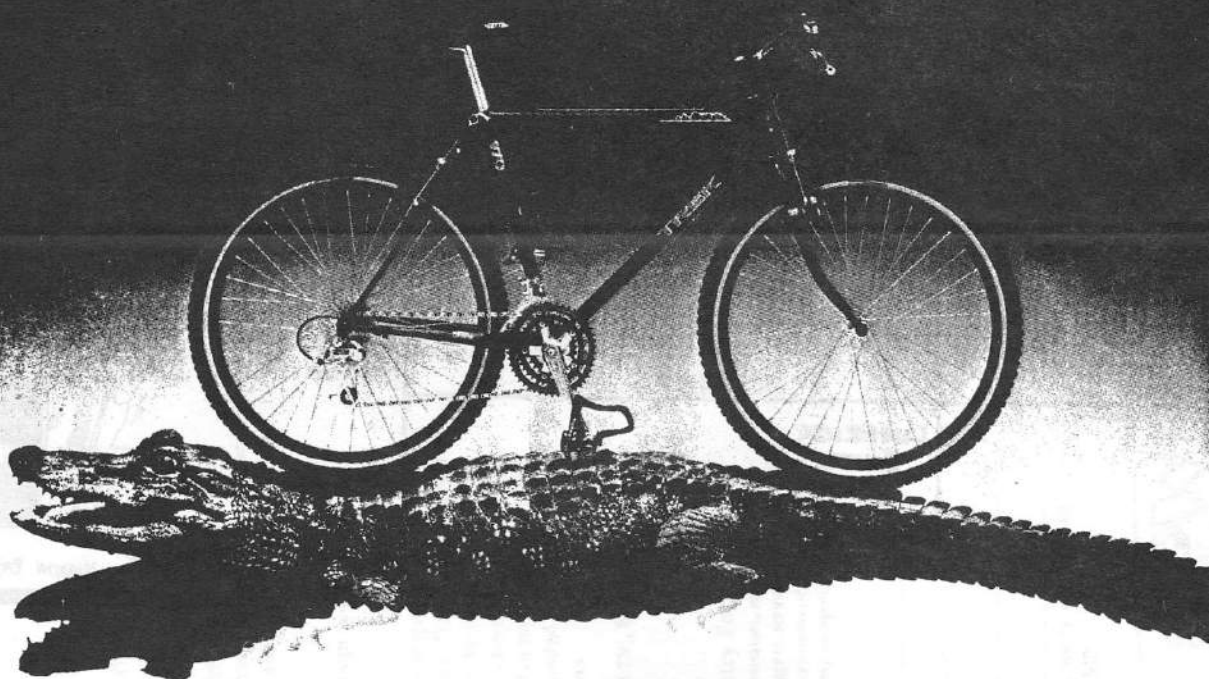


# BIKE LINE

**#1 TREK DEALER IN THE COUNTRY!**

## TREK SINGLETRACK 970

**BECAUSE THE TERRAIN IS FIERCE.**



- OVER 5000 BIKES IN STOCK
- RACING ■ TOURING ■ OFFROAD
- EXPERT REPAIRS ON ALL MAKES

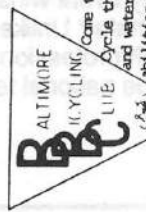
- EXPANDED SELECTION OF CLOTHING
- NEW FOR '89 - BIKE LINE CATALOGUE
- FINANCING AVAILABLE



**BIKE LINE**  
13 Convenient Locations

<b>PAOLI</b> Paoli Shopping Ctr. 647-8023	<b>ALLENTOWN</b> 1728 Tilghman St. 439-1724	<b>WEST CHESTER</b> 200 W. Gay Street 436-8984	<b>NEWARK</b> 212 E. Main St. 302-368-8779	<b>WILMINGTON</b> 2900 N. Concord Pk. 302-479-9438
<b>WAYNE</b> 165 W. Lancaster Ave. 687-1110	<b>PHOENIXVILLE</b> 711 Nutt Rd. 935-9111	<b>BROOMALL</b> 2619 W. Chester Pike 356-3022	<b>DOVER</b> 595 N. Dupont Hwy. 302-678-1772	<b>PIKE CREEK</b> Pike Creek Shop. Ctr. 302-998-0202
<b>COLLINGDALE</b> 533 Mac Dade Blvd. 583-7711	<b>ARDMORE</b> 55 W. Lancaster Ave. 649-9839	<b>EMMAUS</b> 831 Chestnut St. 967-1029		





# 8TH ANNUAL KENT COUNTY SPRING FILING MEMORIAL DAY WEEKEND - MAY 25-28, 1990

Come to Washington College, Chestertown, Maryland, for a fun filled four day weekend! Cycle the lightly traveled roads of Maryland's Upper Eastern Shore, passing fertile farms and waterways. Ride 5 to 120 miles of flat to rolling terrain - ideal for cyclists of all abilities. All campus activities and meals are limited to 260 friendly people. There are fewer rooms available this year, so register early with an error free application.

Rides are scheduled Friday afternoon through Monday. Monday check-out is as late as 4:00 PM - no need to rush your riding day! Tandem rides are scheduled daily. Four day Instructional Ride Program is offered at no additional cost. Cruise the Chester River on authentic Chesapeake Bay workboats. Stroll through the charming colonial town of Chestertown. Enjoy the Chestertown Tea Party Festival with crafts, music, food and the "Tea Party Reenactment." Swim in the beautiful college pool or nearby Chesapeake Bay.

A variety of entertainment has been planned for the weekend: Friday - Ice Cream Social; Saturday - Dessert and Card Party; Sock Hop with DJ; Sunday - Bike/Sail Races, Plastic and Dance Band; Monday - Strawberry Beach Party with fresh strawberries and milkshakes. Also for you to enjoy: free beer and wine with Saturday's and Sunday's entertainment; hit movies for adults and children on VCR and trail mix, fruit, munchies and drinks in the Hospitality Room throughout the weekend.

The rooms are double occupancy, airconditioned with linens provided. Single occupancy is \$20 extra. The meals (5) are prepared by the college's award winning dining service. This year we offer one package. Friday check-in: Noon - 10:30 PM. BBC members: \$130; Non BBC members: \$145; Child 3 & under sleeping on the floor: Free; Child 3 & under sleeping on a bed: \$75; Child 4-10 sleeping on the floor: \$50; Child 4-10 sleeping on a bed: \$100. Friday night buffet option: Adult: \$7.50 - Child 4-10: \$5.50. There is a \$25 cancellation fee. No refunds after April 15, 1990.

FOR ADDITIONAL INFORMATION: CONTACT: JOYCE: (301) 358-5477; REBECCA: (301) 377-6699, or RUTH: (301) 484-0306 (H) - (301) 444-6153 (W)



## THE PENNSYLVANIA BICYCLE CLUB PRESENTS A VERY UNIQUE AND BEAUTIFUL BICYCLE RIDE TO BE HELD ON SUNDAY, MAY 13, 1990

Sponsored by Cycles BiKyle and Scott Olds/Saab

### THE JOHN PIXTON MEMORIAL "POKER" RIDE

Metric (70 miles) or Half Metric (35 miles) Century

Every rider draws a playing card at each of five check points. The 10 best "5-Card Stud" poker hands win prizes up to \$50 cash and a Cycles BiKyle gift certificate.

Every paid registrant has the same opportunity to win. This is not a race! Riders do not have to finish their ride to qualify for prizes.

The course is beautiful, meandering through Montgomery county on lightly traveled roads. "The best roads I have been able to find in the county", says Rick Liebert, who has logged over 30,000 miles in this area over the past 5 years.

- Registration fee - \$8.00 if pre-registered and postmarked by May 4th. After that date registration is \$10.
- Clearly marked course with que sheets.
- Refreshments & good food provided along the way.
- Helmets are required - no exceptions! (One thing we don't gamble with is lives)
- Metric Century riders start between 7am - 9am. Half Metric Century riders start between 7am - 11am.
- There is a 250 bike limit so don't delay. Register and reserve your spot today.
- Sag service with bike racks.
- The famous PBC "POKER" patch for all participants.
- The "POKER" Ride leaves from Wissahickon High School, Dager Road, Ambler PA. (see directions below)

For further information, call Rick or Nancy Liebert (215) 542-7181, or Laurama Pixton (215) 646-7879 (before 9 p.m. please!).

#### \*\*\* Prize List \*\*\*

Best poker hand \$50 cash & \$15 Cycles BiKyle Gift Certif.  
2nd best poker hand \$40 cash & \$15 Cycles BiKyle Gift Certif.  
3rd best poker hand \$30 cash & \$15 Cycles BiKyle Gift Certif.  
4th best poker hand \$20 cash & \$15 Cycles BiKyle Gift Certif.  
5th best poker hand \$10 cash & \$15 Cycles BiKyle Gift Certif.  
6th thru 10th best hands \$15 Cycles BiKyle Gift Certificates  
All prizes determined by using Hoyle's rules for 5-Card Stud.

#### Directions

From Philadelphia: Follow Bethlehem Pike north. Approx. 1 mile past Butler Pike (Ambler 7-11) bear left at Dager Rd. (2nd light) High School is on the left.  
From Rt 202 & 309: Follow 309 South - bear left on Old Bethlehem Pike at "Y" just past 309 Cinema. After 2 miles, make sharp right just after BMW dealer onto Dager Rd. High School is on the left.

#### REGISTRATION FORM

NAME \_\_\_\_\_

PHONE \_\_\_\_\_

STREET \_\_\_\_\_

CLUB \_\_\_\_\_

CITY \_\_\_\_\_

STATE \_\_\_\_\_ ZIP \_\_\_\_\_

EMERGENCY NAME & PHONE NUMBER \_\_\_\_\_

I will ride the: Metric Century \_\_\_\_\_ Half Metric \_\_\_\_\_ Undecided \_\_\_\_\_ I am interested in becoming a PBC member \_\_\_\_\_

Waiver: In consideration of my registration, I assume all risks associated with participation in the "John Pixton Memorial Poker Ride." I hereby release, waive, and forever discharge the Pennsylvania Bicycle Club and any other firms or persons associated with this event from any and all claims or actions of any kind, for personal injury and/or property damage I may cause or sustain while participating in this event or traveling to or from it.

Send all checks for \$8.00 payable to Pennsylvania Bicycle Club to

Laurama Pixton

445 Dresher(town) Rd

Fort Washington, Pa 19034

Signature \_\_\_\_\_

Date \_\_\_\_\_

Parent/Guardian (If under 18) \_\_\_\_\_

Date \_\_\_\_\_

# Tour de Trump Quick Facts

**Dates:** May 3-13, 1990

**Distance:** approximately 1,150 miles

**Start:** Wilmington, Del.

**Finish:** Boston, Mass.

**Location:** Delaware, Maryland, Massachusetts, New York, Pennsylvania, Virginia

**Start and Finish Cities:** Wilmington, Del.; Baltimore, Md.; Fredericksburg, Va.; Richmond, Va.; Charlottesville, Va.; Winchester, Va.; Harrisburg, Pa.; Lehigh Valley, Pa.; Stroudsburg, Pa.; New Paltz, N.Y.; New York, N.Y.; Catskill, N.Y.; Albany, N.Y.; Northampton, Mass.; Boston, Mass.

<b>Race Breakdown:</b> 8 road races ( <i>proposed</i> )	2 circuit races 1 Criterium	1 Team Time Trial 1 Individual Time Trial
--	--------------------------------	--

**Geographical Highlights:** Catskill, Pocono, and Blue Ridge Mountains; Shenandoah National Park; Potomoc, Susquehanna, and Hudson Rivers; Chesapeake Bay

**Format:** Amateur-Open (*seven cyclists per team*)

<b>Teams:</b> <u>Professional</u>	<u>Amateur</u>
7-Eleven, USA	Canada
Carrera, Italy	France
Coors Light, USA	Soviet Union
Lotto-Superclub Belgium	Sweden
Manzana-Postobon, Colombia	Team USA
Panasonic-Sportlife, Netherlands	USA II (Team Crest)
PDM, Netherlands	USA III (Suburu-Montgomery)
"Z", France	West Germany

<b>Television:</b> NBC Sports	Saturday	May 5	Saturday	May 12
	Sunday	May 6	Sunday	May 13

**Prize List:** over \$250,000 in cash and prizes (richest in U.S. history)

**Promoters:** Trump Plaza Hotel & Casino, Atlantic City, New Jersey  
NBC Sports, New York, New York  
Jefferson-Pilot Sports, Charlotte, North Carolina

## Most frequently asked questions about TdT?

**Will Greg LeMond compete?**

Yes, he will compete for "Z" of France.

**Who was the 1989 Tour de Trump winner?**

7-Eleven's Dag Otto Lauritzen of Norway.

**Who was the 1989 TdT team winner?**

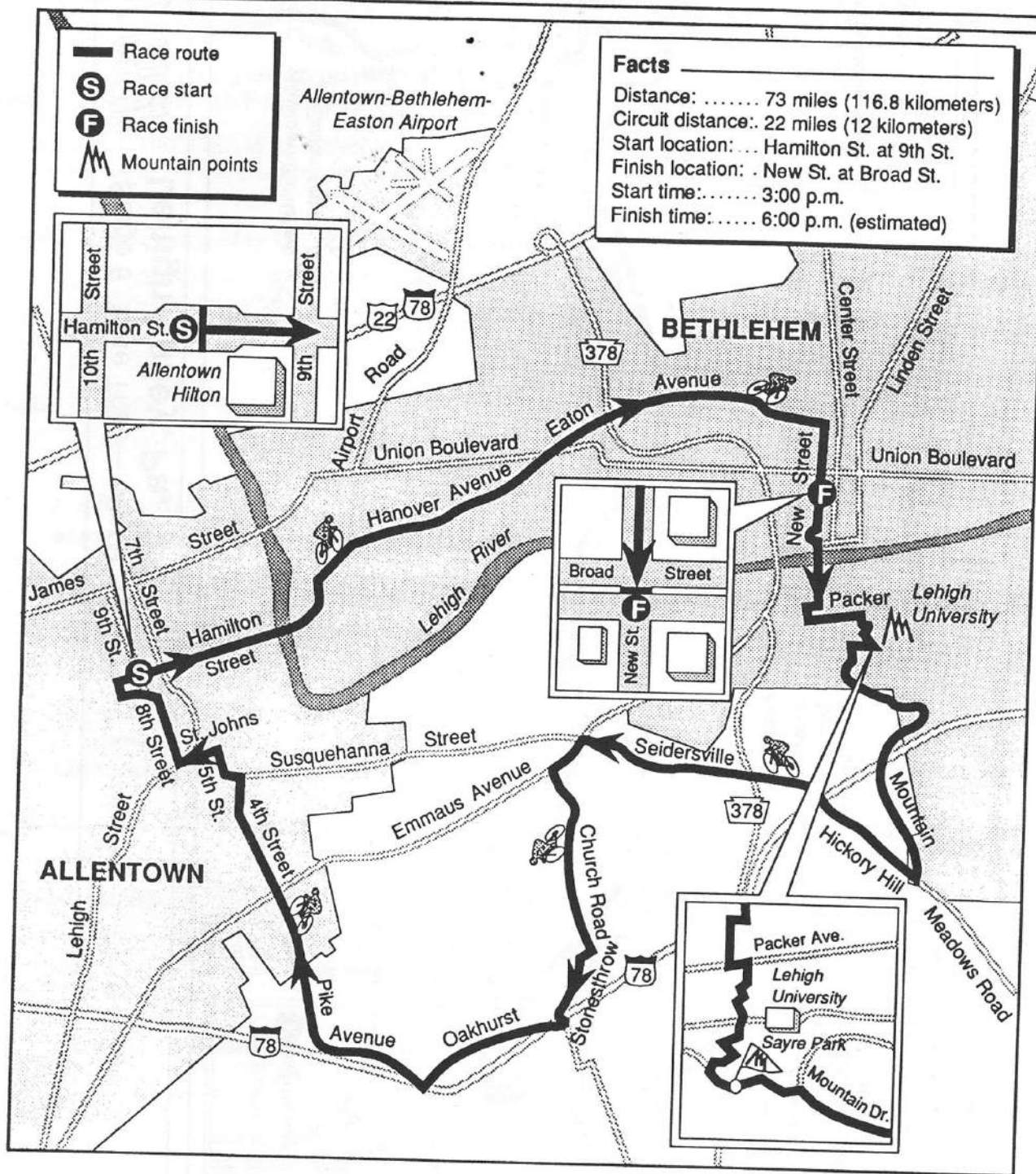
7-Eleven (USA) won the team title.

**How does an athlete win the race?** The cyclist with the lowest accumulated time over the course of the 11-day event wins.

**How can amateurs compete with professionals?** Unlike most sports, cycling allows amateurs to compete with professionals. The amateurs in the 1990 Tour de Trump will be national team members. Professionals ride for sponsors.

# TOUR DE TRUMP

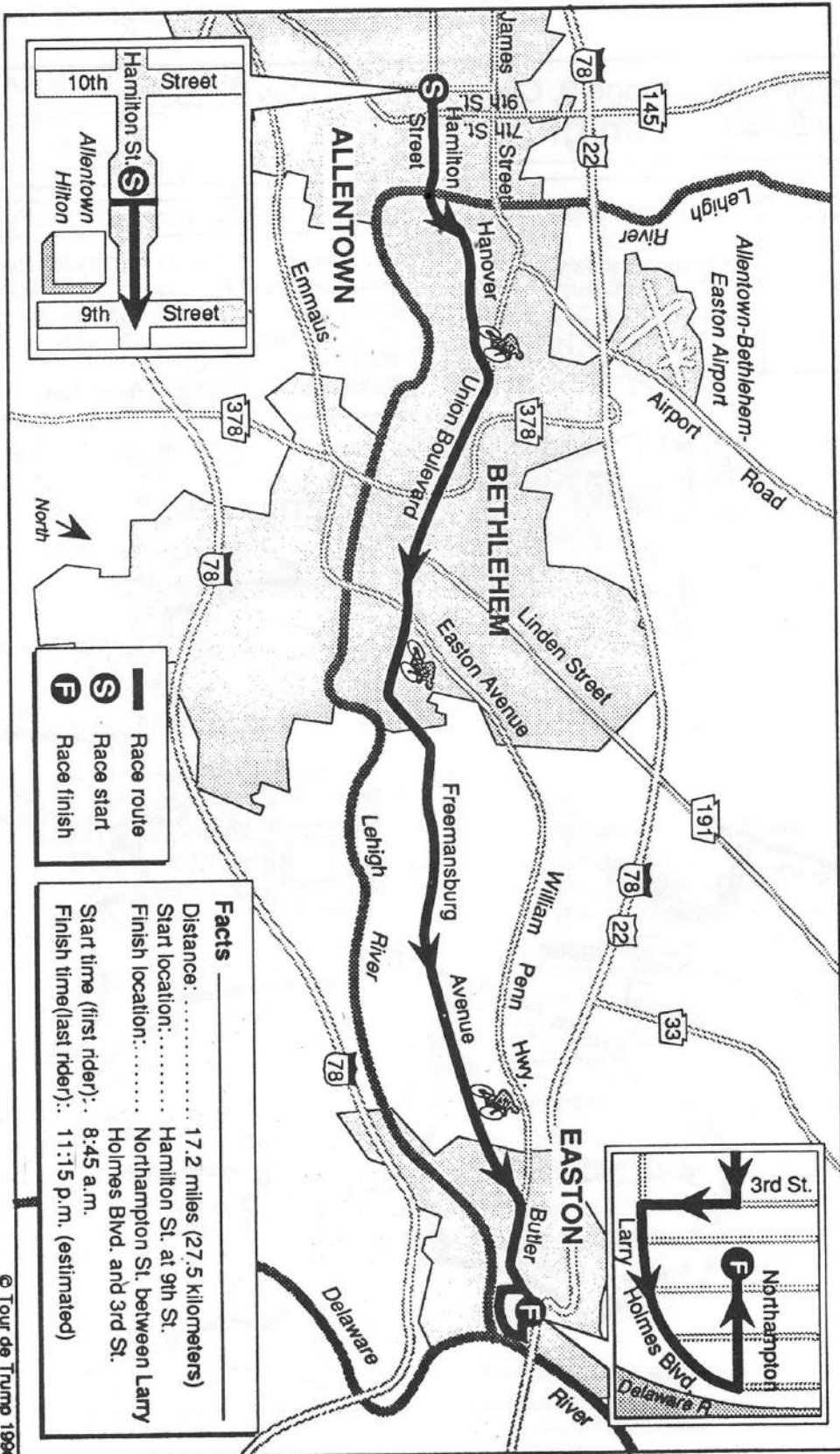
Stage 9, Circuit Race — May 9, 1990  
Lehigh Valley, Pa.





# TOUR DE TRUMP

Stage 8, Time Trial — May 9, 1990  
Lehigh Valley, Pa.



# HANOVER CYCLERS HORSE FARM TOUR

MAY 19 - 20

Two days of family oriented rides in the Hanover area on lightly traveled county, township and borough roads. Gently rolling terrain with some hills. Ride through the largest standardbred horse farms in the world, stop and tour the stallion barns, see the mares and yearlings in the lush green meadows. Ride through some of the richest farmland in the world with its great brick and frame barns.

**SATURDAY:** Choice of two rides: A ten mile tour of the Gettysburg Battlefield or a 30 mile easy paced ride through our countryside. Note: Not same route as Sunday ride.

**SUNDAY:** Choice of a 25 or 50 mile ride. Both are over the same course for the first 25 miles.

Saturday rides start at 10:00 AM with experienced ride leaders.

Sunday rides starting times 7:00 AM to 1200 noon. You must be off the course by 4:00 PM. Ride at your own pace, marked route with cue sheet. Sag wagon will patrol route, but WILL NOT PROVIDE REPAIR SERVICE. Each rider must be his/her own mechanic.

**SUNDAY ONLY:** Drinks and snacks will be provided at the 25 mile cutoff for all registered riders.

**REGISTRATION:** The South Street Recreation Park in McSherrystown is our tour headquarters. Rides will start and finish here (except for the Saturday Gettysburg ride). Registration opens at 8:00 AM and closes at 3:00 PM on Saturday. Sunday registration opens at 7:00 AM and closes at 12:00 noon.

**DIRECTIONS:** Route 94 is the main route running North/South through Hanover. Follow Route 94 to Elm Avenue, which is .7 miles North of the Hanover Square. Turn West on Elm Ave. At the SECOND traffic light on Elm Ave. the street changes to Main Street/Route 116. Stay on Elm Ave./Main Street/Route 116 for about 1-1/2 miles to the McSherrystown Fire Company, which will be on your left. Turn left and follow the signs for about 1/5 mile to South Street Recreation Park Entrance on your left. (PARK IS HIDDEN FROM PUBLIC VIEW) Rest rooms are available.

**ACCOMMODATIONS:** There are motels in Hanover, motels and campgrounds about 1/2 hour from Hanover in York and Gettysburg. All motels urge early reservations.

**FOOD:** There are many restaurants within a one to two mile radius of ride headquarters.

**PATCHES:** ALL REGISTERED RIDERS will receive an embroidered tour patch. Those who qualify can receive the LAW Quarter and Half Century patch for a \$2.50 fee for each patch.

**REGISTRATION:** The entry fee for a single rider is \$6.00. After April 30 the fee is \$7.00. In addition to the single category there is now a family category. This is a flat \$10.00 registration fee for all members of your immediate family. Each rider must fill out an application blank, but the family registration is filled in on only one of your family's application blanks. Clip the rest of the family's blanks to this one. After April 30 this fee is \$11.00

All participants under 18 years of age must have the release portion of their application form signed by a parent or guardian in order to participate. Riders under 16 must be accompanied by a responsible adult.

\*\*\*\*\* HELMETS ARE STRONGLY RECOMMENDED \*\*\*\*\*

NO REFUNDS AFTER APRIL 30.

Send applications and information requests to:

HANOVER CYCLERS  
C/O DICK CONDON  
933 CAVALRY ST.  
CARLISLE, PA 17013

PHONE: (717) 243-7376

## Registration Form

CIRCLE ONE

SINGLE \$6.00 after 4-30 \$7.00  
FAMILY \$10.00 after 4-30 \$11.00

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Age \_\_\_\_\_ Phone \_\_\_\_\_



RELEASE

In signing this release for myself or for the named entrant (if entrant is a minor), I acknowledge that I understand the intent hereof, and I hereby agree to and will discharge, release, absolve and hold harmless the HANOVER CYCLERS, and their officers, volunteers and staff, and any other parties connected with this event in any way whatsoever, jointly and severally, from and against any blame or liability for any injury, misadventure, harm, loss, inconvenience or damage sustained as a result of my participation in this event or in any activities associated therewith. In the case of a minor entrant, I hereby agree to indemnify and hold harmless the above mentioned parties, jointly and severally, from any claims for injury, misadventure, harm, loss, inconvenience or damages which said minor may sustain by virtue of his/her participation in this event. I also consent to and permit emergency medical treatment in the event of injury or illness. I shall heed traffic laws and practice courtesy and safety in cycling.

Signature of Parent or Guardian if minor

Date

Signature of registrant

MAIL THIS FORM TO:  
DICK CONDON  
933 Cavalry St.  
Carlisle, Pa 17013

MAKE CHECKS PAYABLE TO: HANOVER CYCLERS

REMINER: A limited number of T-Shirts will be available for a flat fee of \$7.00 each. Only shirts ordered via early registration will be reserved. Remaining shirts will be sold at Tour Headquarters on a first come-first serve basis.

T-SHIRT ORDER:	COST	X	NUMBER	TOTAL
Small	\$7.00	X	_____	\$ _____
Medium	\$7.00	X	_____	\$ _____
Large	\$7.00	X	_____	\$ _____
X-Large	\$7.00	X	_____	\$ _____
TOTAL:				\$ _____

A limited number of specially designed T-Shirts will be made available for a flat fee of \$7.00 each. Only shirts that are ordered via early registration (prior to April 30) will be RESERVED. Remaining shirts will be sold on a first come-first serve basis.



Spend a spring weekend  
cycling in the great outdoors  
with the American Lung Association of  
Philadelphia and Montgomery County.

**The 1990 Bike For Life Bicycle Trek**  
is a spectacular weekend that offers superb cycling  
and the opportunity to make about 149 new friends!

**June 8, 9 and 10**

**This fun-packed weekend includes:**

- \* Comfortable accommodations with bike security
- \* Carefully marked route & a good route map
- \* Trained bike mechanic to help with repairs
- \* Three days of cycling at your own pace
- \* Six meals & snacks along the way
- \* Sag wagons to carry gear
- \* Medical support
- \* Exciting evening activities

**PLUS  
MUCH  
MORE!**

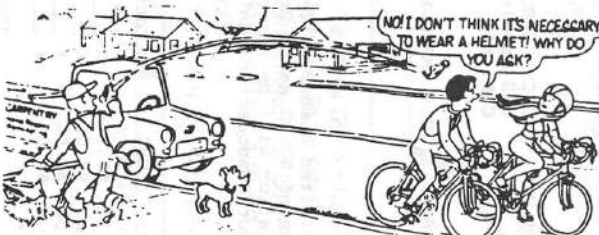
You will ride through the scenic  
countryside of Chester County, travel  
through historical towns such as  
Oxford, Londonberry and West Nottingham  
and enjoy many beautiful sights and  
attractions along the way.

**GREAT FUNDRAISING INCENTIVES FOR ALL PARTICIPANTS!**

To find out more about this terrific cycling event, complete the form on the  
reverse side of this flyer and mail it to the address listed or call the  
American Lung Association at (215) 825-3443;  
from Philadelphia call (215) 735-2200  
and ask to speak with the Trek Coordinator!

**Sponsored By Bike Tech**

**DUES ARE DUE**



DON'T LET A SUDDEN SHOCK  
HAMMER THE POINT HOME...  
**TOO LATE!!**

**wear a helmet!**



## How to claim a lane

By JOHN S. ALLEN

First, consider that there are basically two widths of lanes, as far as bicyclists are concerned: those wide enough to share side by side with a car, and those that are not. If the lane is wide enough, well then no problem. Ride in a straight line about three feet to the right of where the cars go. Don't wander off between parked cars, even if the lane gets extra wide; you become hidden there. It's safer to be where drivers and pedestrians can see you. After all, there's already room for cars to pass you anyway. Stay far enough away from parked cars to clear the widest door that could spring open.

But if the lane is not wide enough to share side by side then what? Ride along as close to the right edge as you possibly can? Catch your breath each time you hear a car behind and hope that its driver can manage to squeeze by?

NO! If the lane is not wide enough claim it for yourself. Ride far enough out in that lane so drivers behind you will have to move past-way into the next lane to pass you. **THIS IS SAFER!** If there isn't room for drivers to pass you in the same lane, then don't invite them to try.

Don't worry about rear-end collisions. These, though widely feared by bicyclists, are actually very rare. Ride as quickly as practicable through the narrow section, and ignore any horn blowing behind; at least that driver has seen you.

On a street with one narrow lane going your direction, ride about three feet inside your lane. On a street with two or more lanes in your direction, ride smack in the middle of the right lane. Make the driver behind you merge all the way into the next lane to pass, so that two drivers don't try to squeeze by you at once, side by side.

You have legal right to claim the space you need for your safety. Yes, you may cause some slight delay to a motorist behind you, but the law is clear if you are in front, you have the right of way. First come, first served. If the driver cannot get by you for a long time - say a minute or more - the law does not require you to pull aside. But your bicycle is narrow; opportunities for drivers to pass in safety occur frequently. I can't think of a time in the recent past that anyone has had to wait for me for more than 10 seconds.

Don't feel guilty if drivers behind you have to slow down for you sometimes. They'd have to do it much more if you were driving another car instead of riding your bicycle - using much more space and contributing to congestion in intersections where traffic really gets snarled up.

By the way, it's important to be visible if you are going to "claim a lane" (not that it's any less important to be visible otherwise). Bright colored clothing by day, good lights and rear reflectors at night will ensure that you are seen.

Knowing when to "claim a lane" is one of the keys to riding a bicycle safely and confidently in city traffic. Try it and practice it. You will find that it opens up a world of freedom to you. In riding streets you once thought of as being too dangerous and/or difficult, and in making better speed because you have more room to avoid edge-of-the-road hazards.



LEAGUE OF AMERICAN  
WHEELMEN



COALITION OF CONNECTICUT  
BICYCLISTS, INC.



# GEAR '90

New London, Connecticut

Friday, June 8 -- Monday, June 11

One person to a form. Form may be duplicated. PLEASE PRINT!

Last Name		First	Middle
Street Address			
City		State	Zip
Phone	Age		<input type="checkbox"/> Male <input type="checkbox"/> Female
Name of Emergency Contact		Phone	
Club Affiliation (if any)		I wish to room with (send registrations together)	

CHILDREN: Discounts for ages 10 and under. Call for more information.

Registration includes GEAR '90 shirt. Circle size: S M L XL

Special needs: ☐ Handicapped facilities ☐ Tandem/recumbent ☐ Child care

Refund policy: Food and lodging ONLY between April 31 and May 31. No refunds after May 31.

### RELEASE:

I understand that I may be injured while bicycling or otherwise participating in this event, and I agree to be responsible for my own actions. I promise to release and hold harmless the officers, volunteers, and staff of GEAR '90, the Coalition of Connecticut Bicyclists, Inc., the League of American Wheelmen, Connecticut College, and the City of New London from any claims for injury or damage resulting from my participation in this event. In case of a minor entrant, I agree to indemnify and hold harmless the above mentioned parties from any claims for injury or damages which said minor may sustain. I consent to emergency medical treatment in the event of injury. I promise to obey traffic laws and to practice courtesy and safety in bicycling.

X

X

Signature of Registrant

Date

Parent or guardian of minor (under 18)

REGISTRATION FEE: \$45

### L.A.W. MEMBERSHIP (Required):

#### Members:

Enter L.A.W. membership #: \_\_\_\_\_

Upgrade individual membership to Family: \$5

#### Nonmembers:

Individual: \$25 or Family: \$30

### MEAL PLAN:

Vegetarian selections available at every meal

Saturday breakfast through Monday breakfast: \$85

Friday dinner: \$15

### HOUSING:

Per person cost for three nights

Dormitory (Connecticut College): \$75

Luxury Hotel (Radisson or Holiday Inn): \$135

Economy Hotel (Red Roof Inn): \$90

If postmarked after April 1, 1990 add \$20  
(No mail-in registration accepted after May 21, 1990)

Donation to Bicyclists' Education and Legal Foundation  
(tax deductible)

### PAYMENT:

### TOTAL

Check Visa Mastercard

Account \_\_\_\_\_

Exp Date \_\_\_\_/\_\_\_\_/\_\_\_\_ Signature \_\_\_\_\_

Send form(s) and payment (add 20% for Canadian funds) to:

GEAR '90, P.O. Box 514,  
East Lyme, CT 06333  
(800) 562-BIKE  
(800) 462-BIKE (In Conn.)

Date Rec'd \_\_\_\_\_

Reg. # \_\_\_\_\_

Amt. \_\_\_\_\_



LEAGUE OF  
AMERICAN WHEELMEN

# The 1990 L.A.W. National Rally

Slippery Rock, Pennsylvania

Wednesday, July 4 -- Sunday, July 8

One person to a form. This form may be duplicated. PLEASE PRINT!

Last Name		First	Middle
Street Address or Box Number			
City		State	Zip
Phone			<input type="checkbox"/> Male <input type="checkbox"/> Female
Name of Emergency Contact		Phone	
Club Affiliation		I wish to room with (send registrations together)	

### FREE RALLY T-SHIRT (if postmarked by April 30):

Circle size desired: S M L XL

Special needs: ☐ Handicapped/Tandem/Recumbent ☐ Child Care  
☐ Meatless Menu

Please send further information: ☐ PRE-TOUR ☐ POST-TOUR

### RELEASE:

I understand that I may be injured while bicycling or otherwise participating in this event, and I agree to be responsible for my own actions. I promise to release and hold harmless the officers, volunteers, and staff of the National Rally committee, the hosting regional clubs, the League of American Wheelmen, Inc., and Slippery Rock University from any claims for injury or damage resulting from my participation in this event. In case of a minor entrant, I agree to indemnify and hold harmless the above mentioned parties from any claims for injury or damages which said minor may sustain. I consent to emergency medical treatment in the event of injury. I promise to obey traffic laws and to practice courtesy and safety in bicycling.

Signature of Entrant

Date

Parent or guardian, if registrant is under 18

REGISTRATION FEE: \$60

### L.A.W. MEMBERSHIP (League membership is required):

#### Members:

Enter L.A.W. Membership #: \_\_\_\_\_

Upgrade individual to Family Membership: \$5

#### Nonmembers:

Individual: \$25 or Family: \$30

### LODGING AND FOOD:

#### LODGING:

Adults & Children (both w/beds): \$60

Single Room (limited; add this amount): \$25

Children (under 12 years on floor w/parents): \$0

#### FOOD:

Thursday Breakfast - Sunday Lunch: \$50

Wednesday Dinner (optional): \$7.50

DONATION to Bicyclists' Education and Legal Foundation  
(Tax Deductible)

TOTAL ENCLOSED

### PAYMENT:

Refundable as follows:

- 100% less \$20 handling fee until June 1, 1990.
- Lodging and food refundable only after June 1 until June 20, 1990.
- NO REFUNDS AFTER JUNE 20, 1990

No mail in registrations after June 1, 1990. Send your registration with check or money order in U.S. funds payable to:

1990 L.A.W. NATIONAL RALLY  
P.O. BOX 838  
YOUNGSTOWN, OH 44501

Hosted by the Outspokin' Wheelmen and the Western Pennsylvania Wheelmen

# TEAM Casual

Challenges Competitors to  
"Follow The Leader"

TEAM DVBC'S (Team Casual's) March Five Mile TIME TRIAL Results:

name	frame	time	age	points
Ed Silcox	Bianchi	13:41	43	10
Tom Corrigan	Centurian	13:55	31	9
Jason Busch	Batavus	14:57	15	8
Josh Morowitz	Bianchi	15:04	14	7
Jeff Horowitz	Bianchi	16:09	40	6
Cliff Allen	Mongoose	16:21	59	5
Mike Grzywacz	Fuji	16:30	31	4

Timekeepers: Rollin' Rich Patterson (215) 622-2554

Ed "D.H." Silcox (215) 688-8100 ext.225

Course: Goshen, Sugartown and Providence roads

Weather: warm and sunny

note: not all entrants were TEAM CASUAL members!

A helmet is mandatory!

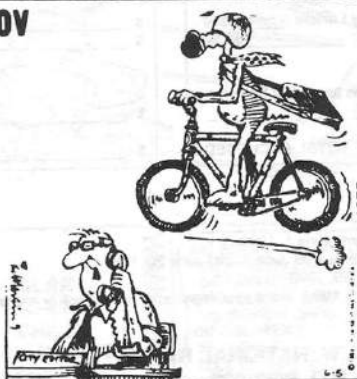
Time Trial Series is open to anyone! Join us April 1st 10:15  
May 13th 10:15  
June 17th 10:15  
July 1st 10:15

A HELMET IS MANDATORY! Rolling starts are penalized by adding 10 seconds. The Time Trial Series is open to anyone. JOIN US! There is absolutely no entry fee!



'The job's a snap ... If somebody's simple enough to accept the concept of serious bicycling, they're simple enough to pay 50 bucks for little rubber britches.'

PAVLOV



"What's that? You can get copy over here faster than a fax? ... Oh, yeah, and pigs can fly."

TENTATIVE TEAM  
DELAWARE VALLEY  
BICYCLE CLUB  
TIME TRIAL  
SCHEDULE

DEC 17, 2:15 PM  
JAN 7, 2:15 PM  
FEB 11, 2:15 PM  
MAR 11, 2:15 PM  
APR 1, 10:15 AM  
MAY 13, 10:15 AM  
JUN 17, 10:15 AM  
JUL 1, 10:15 AM  
AUG 5, 10:15 AM  
SEP 9, 10:15 AM  
OCT 7, 10:15 AM  
NOV 11, 10:15 AM  
DEC 9, 2:15 PM

WEAR A HELMET!!

HERMAN



"We'll get you down to X-ray in a few minutes."

# Tandems — Bikes Built for Two

## TANDEM CALENDAR 1990

April 21, 1990. **Alabama Tandem Weekend.** Meet at the Holiday Inn (HI), Clanton, AL, for a low-key weekend of fun and friends. HI is at the intersection of US 31 & I-65 on the southern edge of Clanton. Long and Short Rides leave at 9:00 a.m. from the parking lot. The HI serves a good breakfast for less than \$5/person. After the rides, stick around for pizza. Join the Birmingham Bicycle Club on Sunday for a 75-mile ride, leaving from the Clanton High School, 1 mile north of the HI on US 31. No fee, but you're responsible for your own reservations at the HI and for all meals. Call Susan & Jack Goertz for more information. (205)-991-5519.

April 28-29, 1990. **HATS' (Houston Area Tandem Society) Salado (TX) Weekend.** Fun and great rides in the country! ph: (713)-668-5972 for more info.

Late April or Early May. **Spring Tandem Fling in FL.** St. Augustine, FL. SASE to Thom Thaldorf, 58 1/2 San Marco Avenue, St. Augustine, FL 32084. (904)-829-8133.

May 12, 1990. **Double Dates' Tour of Joe Pool Lake (TX).** Time to be announced. One of the Dallas' areas favorite rides. Dennis and Carolyn Nichols. ph: (817)-548-1103

May 19, 1990. **4th Annual Miami Valley Tandem Rally'90.** Waynesville, OH. A one-day rally in the heart of the Miami (OH) River Valley. Stay through Sunday and take part in the Huffman 100. For more information about the MVTR'90, send an SASE to Miami Valley Tandem Rally, 933 Kenosha Drive, Kettering, OH 45429.

July 27-29, 1990. **Trace Weekend #4.** Stevens' Point, WI. A weekend of friendship, carousing, and riding, with tours to Stevens Point Brewery, Dairy Star Cheese Factory, and more! SASE to John & Peggy O'Dell, 1909 Elk Street, Stevens Point, WI 54481. Phone (715)-344-2732. Limited to the first 50 teams.

July 28-29-August 3, 1990. **Berkshire Pre-Tour (of the ETR).** Tour the scenic Berkshire hills of western MA & CT and enjoy the cultural attractions of the area such as the outdoor

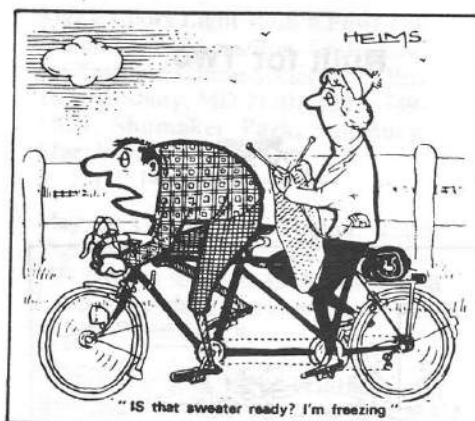
Shakespeare Theatre. Get acquainted at an evening picnic at Tanglewood (summer home of the BSO). Around 50 miles per day with hills to enjoy fine dining at night. Limited to approximately 10 teams. For more information, send SASE to Sue & Al Berzini, 178 Hubbard St., Lenox, MA 01240

July 30-August 2, 1990. **Family Tandem Pre-Tour (to ETR'90).** Hadley, MA. Three days of easy rides and fun geared to (but not limited to) families with "kiddy-backs" and "Buggers". Plans include swimming, hayrides, playgrounds, and a visit to Old Sturbridge Village (a recreated 1830's New England Village). Send a SASE to Frank & Cindy Rosen, 28 Sherwood Drive, Belchertown, MA, 01007. (Phone 413-323-7997).

August 3-5, 1990. **Eastern Tandem Rally.** University of Massachusetts- Amherst. For more information, send a SASE to Al Shane & Marion Gorham, RFD#3, Two Mile Road, Amherst, MA 01002.

August 6-12, 1990. **ETR Post-Tour** through the winding countryside of central MA. The tour will begin and end in Sturbridge, MA, a short one-hour automobile ride from Amherst. The cost will be approximately \$550/team (a price increase may occur if sag-service is provided). The fee includes

DEADLINE! DUES ARE DUE



six nights accommodations, four breakfasts, and a dinner at the Victorian Barre Hotel. Except for a two-night stay at the Chockset Inn, we'll be at a different Inn each night. Mileage can vary from 30-100+ miles. If you are interested, a \$300 deposit is due NOW. Contact Jerry & Lois Jacobs, 48 Stark Road, Worcester, MA, 01602 (508)-752-4966 for more information.

August 31-September 3, 1990. **Midwest Tandem Rally.** Minneapolis, MN. Send a SASE to Midwest Tandem Rally'90, P.O. Box 1012, Minnetonka, MN 55345

November 2-4, 1990. **Southern Tandem Rally.** Mt. Dora, FL. Send a SASE to Tom & Margaret Flick, 7606 Brisbane Court, Orlando, FL 32811

**FOR SALE:** 1986 Santana Arriva, 24x21. Radiant Red powder paint, with SR cranks, Specialized stems, 48-spoke wheels, non-indexing bar-cons, rear rack, & Arai drum brake. Very good condition. \$1550 OBO. Mel Kornbluh, RR#8, Box 319-E, Gwynwood Drive, Bridgeton, NJ 08302. Ph: (609)-451-5104 03/90

**FOR SALE:** 1986 Santana Sovereign, 21x19. Silver Imron. Stronglight Crankset. Santana front & rear stems. 48-spoke wheels. Sealed BB. Bar-cons, two computers, stoker pegs, drum brake. Very good condition. Asking \$2100. Contact Mel or Barbara Kornbluh, RR#8, Box 319-E, Gwynwood Drive, Bridgeton, NJ 08302. Ph: (609)-451-5104 03/90

## TANDEM RACES -- 1990

March 4, 1990. **Beaverton Bicycle Club 2-person Time Trial vs. Tandems.** Beaverton, OR.

March 11, 1990. **Pre-Formula 1 Circuit Race.** Phoenix, AZ (tentative).

April 1, 1990. **Piece of Cake Road Race.** Halsey, OR (Flat, windy, rough).

April 8, 1990. **Lowell Park Road Race.** Lowell, OR (Rolling hills & very fast - still in the planning stages).

June 17, 1990. **Mt. Tabor Criterium.** Portland, OR (Hilly!)

June 29-July 4, 1990. **3rd Burley Duet Cycling Classic.** The only Tandem Bicycle Stage Race in the US. Eugene, Salem, Springfield, Brownsville, Cottage Grove, OR. \$6000 prize list puts this on par with other major tandem events around the world.

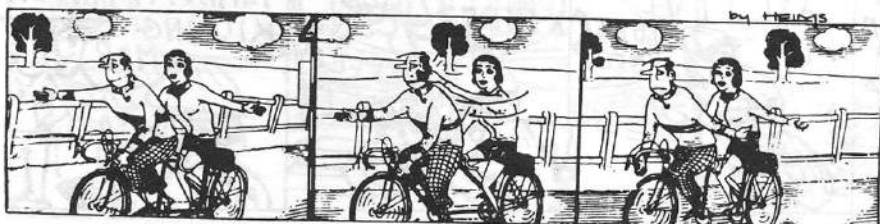
August 12, 1990. **Centralia Criterium.** Centralia, WA. (Flat & fast course)

August 19, 1990. **Mt. Hood Loop Criterium.** Rippling Rivers, OR. (Flat & fast)

August 26, 1990. **Northwest Tandem Road Race Final.** Salem, OR. (Hilly).

September 2, 1990. **Sears Point International Cycling Championships,** Sonoma, CA. (tentative for now).

For information about tandem racing, please contact Russell Morton or Rene Kane at the Burley Design Cooperative, 4080 Stewart Road, Eugene, OR 97402. Ph: (503)-687-1644.



HUMBER & CO., LIMITED.

**HUMBER No 5 ORDINARY TANDEM**  
(Beeston Make)

This Tandem is now so well known that it needs very little describing; we have, however, improved it where possible, and have adapted it so as to make the saddle and handles for rear rider adjustable to any reach; the front saddle and handles are also adjustable as before. We can safely recommend this Machine as being the very fastest cycle on the road, and smoothest in running; it is beyond doubt the most suitable Tandem for lady and gentleman to ride together.

**SPECIFICATION.**

**WHEELS.**—Driver, 40 in.; back, 24 in.; direct spokes; best gum metal hubs; solid rims, 1 in or 1 1/2 in. best red rubbers.

**BEARINGS.**—Balls to all parts except pedals.

**FRAMEWORK.**—Of best welded steel tube; rear handle bar bent to most comfortable shape; cranks adjustable from 41 in to 63 in. throw; gearing 24 in. or to order; both saddles and handles adjustable to height of any riders; patent leather dressguard to front chain, making it impossible for lady's dress to become entangled.

**BRAKE.**—Powerful band acting on main axle; also very serviceable foot brake for rear rider.

**FINISH.**—Beautifully enamelled and lined; handle bar, cranks, pedals, and all bright parts highly nickel plated, sent out with plain rubber pedals, saddle, oil can, and necessary wrenches.

**PRICE, £32.**

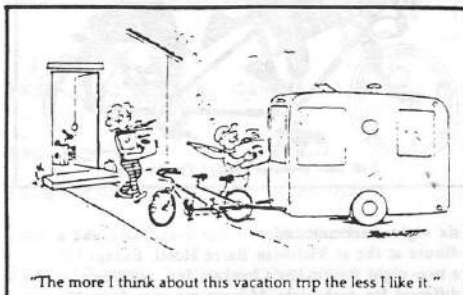
Extras.—Hollow Rims, 30s. Ball Pedals, 15s. each pair.

Beeston, Coventry and Wolverhampton.



## Tandems — Bikes

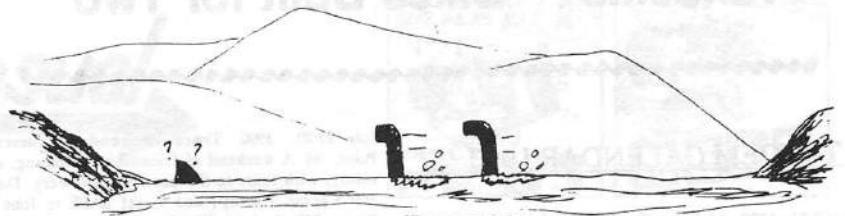
Built for Two



"The more I think about this vacation trip the less I like it."

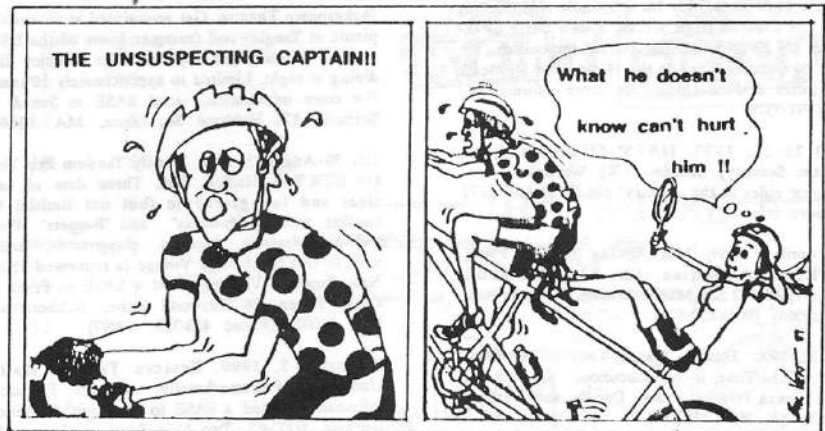
Be a Well Dressed Cyclist—

Wear a Helmet



Scott Hoffman

HON, I KNOW OUR MOUNTAIN BIKE TANDEM CAN GO THROUGH ANYTHING, BUT....



## Tandems East

A Complete Tandem Shop

Demonstration Rides By Appointment

Sales • Service • Parts • Advice

Trailers • Kid Backs • Wheel Building

Burley • Santana • Cannondale

Box 319 E Gwynwood Dr., RR8

Bridgeton, NJ • 609-451-5104

DEADLINE! DOES ARE: DUE

**VOLUNTEER**  
**VOLUNTEER**



# Triathlete Magazine's Calendar of Events

Apr 7 Skyline Biathlon, David Kennedy, Route #2 Box 2756, Reading, PA 19605, (215) 926-4303, **Reading, Pennsylvania**  
R: 3.6m B: 10.8m

Apr 7 WRSC Miller Lite Wilderness Triathlon, James Bryant, 107 E. Main Street, Millheim, PA 16854, (814) 349-5666, **Coburn, Pennsylvania**  
R: 10k B: 24k Canoe: 14k

Apr 22 The Dover Biathlon Classic, Howard Smith, Wheel Easy Bicycle Store, 1404 Forest Avenue, Store C, Dover, DE 19901, (302) 734-4994, **Dover, Delaware**  
R: 5k B: 35k

Apr 22 New York Biathlon Series-Bronx, S.A.S.E., Big Apple Triathlon Club, Cherokee Station, P.O. Box 20427, New York, NY 10028-4113, **Run-Orchard Beach, Bike-Hutchinson River Pkwy, New York**  
R: 3m B: 20m R: 3m

Apr 22 Middleburgh Rotary Club Triathlon, Howard Bartholomew, Railroad Avenue, Middleburgh, NY 12122, (518) 827-4643, **Schaharie Creek, Middleburgh, New York**  
R: 5m B: 10m Canoe: 6m

Apr 28 Spring Couples Challenge, Big Apple Triathlon Club, Cherokee Station, P.O. Box 20427, New York, NY 10028-9991, (212) 289-4113, **Central Park, New York, New York**  
R: 2.5m B: 12m Row: .75m

Apr 29 Cooper River Biathlon Series, Chuck Sellers, CS Running Center, 33 Haddon Avenue, Westmont, N.J. 08108, (609) 858-9760, **Cooper River, Cherry Hill, New Jersey**  
R: 2.5m B: 15m R: 2.5m

Apr 29 Rip Van Winkle Triathlon, Beau Berzal, 8-10 W. Bridge Street, Catskill, NY 12414, (518) 943-4200, **Catskill Creek, New York**  
R: 7.3m B: 28m Canoe: 5m

May 5 American Heart Association of Delaware's Gore-Tex Triathlon, Jennifer Mackey, American Heart Association, 4-C Trolley Square, Wilmington, DE 19806, (302) 654-5269, **Brandywine Creek State Park, Delaware**  
B: 12.1m R: 4.7 Canoe: 3m

May 6 Four Seasons Biathlon Series, Fletcher Hanks, Box 560, Oxford, MD 21654, (301) 226-5494, **Cambridge, Maryland**  
R: 3m B: 20m R: 3m

May 6 Coors Light Wild'n Fowl Triathlon, Carol Mears/Ross Glushakow, c/o American Cancer Society, P.O. Box 163, Salisbury, MD 21801, (301) 749-1624, **Shumaker Park, Salisbury, Maryland**  
S: .5m B: 14.5m R: 5k

May 20 Columbia Triathlon, Robert Vigorito, 6662 Windsor Ct., Columbia, MD 21044, (301) 730-3880, **Centennial Lake, Columbia, Maryland**  
S: 1.5k B: 40k R: 10k

May 20 Ocean View Triathlon, Ed Bradley, P.O. Box 809, Norfolk, VA 23501, (804) 683-8558, **Norfolk, Virginia**  
S: 1k B: 17k R: 5k

May 26 Pretzel City Classic, David Kennedy, Route #2 Box 2756, Reading, PA 19605, (215) 926-4303, **Reading, Pennsylvania**  
R: 13.1m B: 30m

May 27 Lilac International Biathlon, Gary M. Austin, 117 Knapp Avenue, Rochester, NY 14609-1122, (716) 544-2427, **Genesee Valley Park, Rochester, New York**  
R: 5k B: 40k R: 5k

Jun 3 Cambridge Triathlon, Fletcher Hanks, Box 560, Oxford, MD 21654, (301) 226-5494, **Cambridge, Maryland**  
S: 1.6m B: 55m R: 13.1m

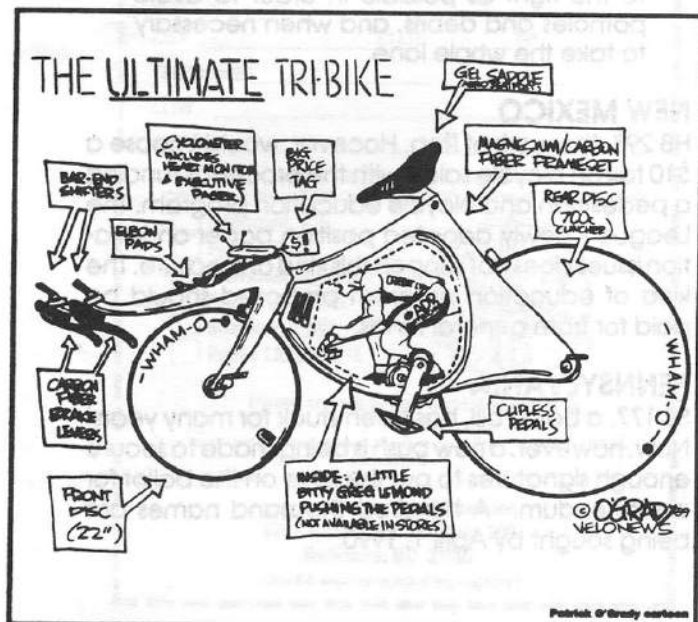
Jun 16 Skyline Mountain Magic Moonlight Biathlon, David Kennedy, Route #2 Box 2756, Reading, PA 19605, (215) 926-4303, **Reading, Pennsylvania**  
R: 3.6m B: 10.8m

Jul 8 Cooper River Biathlon Series, Chuck Sellers, CS Running Center, 33 Haddon Avenue, Westmont, NJ 08108, (604) 858-9760, **Cooper River, Cherry Hill, New Jersey**  
R: 2.5m B: 15m R: 2.5m

## BORN TO RUN.

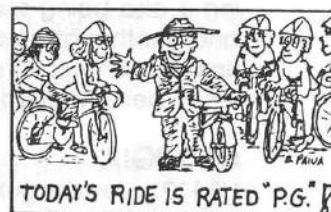


If you'd like to run with a small group on Sundays, meet at the Rose Tree Park parking lot for 7-9 min. per mile workouts- cross country style. Mar. 11 & 25 at 1:00 PM. Apr. 1, 15, 29 at 9:00 AM and May 13 & 27 at 9:00 AM. For info, call Rollin' Rich Patterson at (215) 622-2954.



## TV TIMES

March 18th - Tour of the Americas, 10 A.M. ESPN  
May 5th - Tour de Trump, 1 hour broadcast, time TBA, NBC  
May 6th - Tour de Trump, 2 hour broadcast, time TBA, NBC  
May 12th - Tour de Trump, 1 hour broadcast, time TBA, NBC  
May 13th - Tour de Trump, 2 hour broadcast, time TBA, NBC







# LEAGUE OF AMERICAN WHEELMEN LEGISLATIVE UPDATE

March/April, 1990

Contact Andy Clarke

## ACTION FROM STATE LEGISLATURES

Most state legislatures start their sessions in January, and the following compilation of legislative issues indicates the variety of proposals affecting bicycling that have been introduced so far this year. Where appropriate, some indication of the League's position on the proposals is given.

### CALIFORNIA

A \$1.99 billion clean air/rail transportation bond issue is set for a statewide vote on June 5, 1990. If passed, \$20 million would be made available for bicycle facilities. The League supports this measure.

### COLORADO

SB 1153, introduced by Rep. Williams, would a) create a Safety Council to determine which of Colorado's roads are safe enough for bicyclists to use, and b) introduce a \$50 (\$25 if under 16) annual registration fee for bicycles.

This absurd bill is opposed by the League. It is introduced by the same representative who once tried to have bicycles banned from roads over 6,000 feet in altitude. So far no one has co-sponsored the bill, and it is expected to die quietly.

### DELAWARE

HB 505, introduced by Rep. Roger Roy, supports the creation of a Delaware Bicycle Council, an initiative that has the strong backing of the League.

### FLORIDA

Four legislative proposals are expected to be introduced when the legislative session begins on April 1, 1990. Three million dollars are being sought for traffic education (primarily Bike Ed) and the same amount for a helmet promotion campaign. Funding is also being sought for Rails-to-trails projects, and another attempt will be made to pass legislation requiring children under five to wear helmets when being carried as passengers on bikes.

### GEORGIA

HB 1191 provides guidelines to which bicycle racing on the state highway system must conform. The committee substitute bill as worded on February 1 has the support of the bicycle community and passage into the Senate is expected.

HB 1198 would ban bicycle racing altogether. This is unlikely to pass.

### HAWAII

Senator Levens introduced a bill to provide the Department of Transportation explicit power to exclude bicycles from roads deemed by them to be dangerous.

The League believes proposals such as this represent an abdication of responsibility on the part of the DOT to provide safe places to ride. They are failing in their job of providing for all legitimate road users.

### KANSAS

HB 2288 (authored by Ginger Barr) would require all cyclists to wear reflective vests. The League's position paper on lighting and conspicuity issues opposes requirements such as this as unnecessary, burdensome, unenforceable, and ineffective. However, the statement also encourages bicyclists to make themselves as visible as possible. Passage is not expected.

### NEBRASKA

LB 394 is a welcome initiative from legislator Sharon Beck. The bill would bring Nebraska in line with the Uniform Vehicle Code by:

- abolishing the mandatory sidepath law;
- permitting riding two abreast, provided it does not impede the normal flow of traffic; and
- allowing cyclists to ride other than as far to the right as possible in order to avoid potholes and debris, and when necessary to take the whole lane.

### NEW MEXICO

HB 298, the work of Rep. Hoyer, would impose a \$10 tax on bicycle sales, with the proceeds funding a pedestrian and bicycle education program. The League's newly adopted position paper on taxation issues does not support this kind of measure. The kind of education program proposed should be paid for from general funds.

### PENNSYLVANIA

SB 177, a bottle bill, has been stuck for many years! Now, however, a new push is being made to secure enough signatures to put the issue on the ballot for a referendum. A hundred thousand names are being sought by April 1, 1990.



### Pennsylvania continued...

The legislature is considering a law requiring children under five to wear helmets when being carried as passengers on bikes. This was introduced by Senator Baker and Representative Hegarty.

### VIRGINIA

An appropriation of \$247,000 is being sought to complete construction of a vital bridge for bicyclists and pedestrians on the W&OD Trail in Falls Church.

### WASHINGTON

By far the most activity this year is in the state of Washington, where four bills are pending:

**SB 6398** (Hayner) would require people under the age of 16 to wear helmets when riding a bike.

**SB 6427** (Warnke, Bender et al) would mandate 20 minutes per year of bicycle safety instruction for grades K-6. It would also mandate helmet use for those under 12.

**SB 6434** (Bender, Metcalf) sets aside \$250,000 for the State Patrol to provide a bicycle education program.

**SB 5745** would outlaw the use of headphones by bicyclists.

Bicycle groups in the state welcome the renewed interest in bicycle safety but believe the first three

proposals, as they stand, are poorly conceived. They favor a comprehensive statewide education program, safety campaigns, and various other measures that are more feasible, enforceable, and practical. The time is not yet right for mandatory helmet laws.

### OTHER STATE-LEVEL ISSUES

**Mountain Bicycling in State Parks:** Many state departments of recreation and natural resources have recently determined their policy towards mountain bike access to trails, or are in the process of doing so. The decisions seem to be either to close trails to bikes with specific exceptions on identified trails, or to open trails to bikes with specific closures where circumstances dictate.

States choosing the presumption of closure include California, Pennsylvania, and Michigan.

States choosing the presumption of open trails include Washington, Oregon, Colorado, Delaware, and West Virginia.

In Connecticut, New York, Tennessee, and North Carolina, the issues are being considered now by state and local officials. In general, states with no specific policy allow bicycles to use trails unless posted otherwise.

### League of American Wheelmen Membership Application

I want to join the national organization of bicyclists. Please start my subscription to *BICYCLE USA* magazine. Also send my membership materials, including bike and window decals, membership card, and a L.A.W. patch.

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

TELEPHONE (\_\_\_\_) \_\_\_\_\_

CLUB \_\_\_\_\_

SPONSOR \_\_\_\_\_

#### L.A.W. Membership Categories

(Add \$5 for postage to foreign countries. Pay by check drawn in U.S. money order)

- ☐ Individual: \$25
- ☐ Family: \$30
- ☐ Individual Life: \$350
- ☐ Family Life: \$525
- ☐ Sustaining: \$50
- ☐ Public Library: \$15



Please add me to the Hospitality Homes list.

Tax-Deductible contribution to the Bicyclists' Educational and Legal Foundation:

\$ \_\_\_\_\_ \$500 \_\_\_\_\_ \$100 \_\_\_\_\_ \$50 \_\_\_\_\_ \$25 \_\_\_\_\_

League of American Wheelmen  
6707 Whitestone Rd., Suite 209  
Baltimore, MD 21207

(Allow 6-8 weeks for receipt of first magazine.)

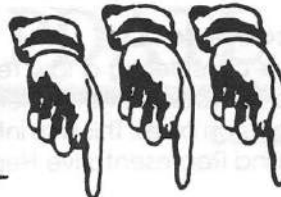
### THE NATIONAL CONGRESS OF BICYCLISTS

Following the successful re-introduction of the annual National Congress of Bicyclists in 1989, the League of American Wheelmen is pleased to announce July 4, 1990, as the date for the next congress. As in 1989, the meeting will take place in conjunction with the L.A.W. National Rally, which is held this year in Slippery Rock, Pennsylvania.

The one day congress will bring together bicycle advocates, League volunteers, and experts in the field of government relations, education, and other areas of vital interest to bicyclists.

The congress will concentrate on the development of strategies for improving bicycling conditions and the status of bicyclists and on education policy and practice. Debate is sure to focus on topics such as mountain bike access to trails, legislative changes necessary at the federal and state levels, and other concerns of bicyclists across the country.

For more information about the congress and National Rally please contact the L.A.W. office.



**PLEASE  
AFFIX  
POSTAGE**

(NEW SUPPLY OF CLUB T-SHIRTS IS IN!)

Place Label Here

The above mailing label constitutes a DVBC membership card expiring 60 days past postmark.

## FIRST CLASS MAIL

The DVBC is a non-profit corporation formed to educate the public as to the safe use of the bicycle through lectures, seminars, planned rides, and other activities promoting the bicycle as an efficient and enjoyable means of exercise, recreation, and transportation.

Non-members are welcome on rides, but are urged to consider their ability and experience when selecting a ride. (See Ride Guidelines.) All rides are subject to cancellation due to weather. If in doubt about the weather or level of difficulty of the ride, please call the ride leader. Though the use of safety equipment, particularly helmets, is strongly urged, the club cannot accept responsibility for accidents or injury while participating in a DVBC event.

### Application for 1990 DVBC Membership (Expires 2/28/91)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Membership Type: ☐ Individual - \$10 ☐ Family - \$14

Membership includes: *DVBC Newsletter Magazine*, discounts at most Club sponsors, Club subsidized events, and free *Bicycle Touring Newsletter* published quarterly (\$3 value). Family membership includes two adults and up to two children. Your membership attracts advertisers and helps influence local government decisions concerning bicycle issues.

#### INTEREST SURVEY

##### Ride Pace

- ☐ Class D: *slow*  
☐ Class C: *average*  
☐ Class B: *brisk*  
☐ Class A: *fast*  
☐ Off-Road

##### I'll volunteer for:

- ☐ Ride Leader  
☐ Sag Wagon Driver  
☐ Tour Food Stop  
☐ Newsletter Editor  
☐ Newsletter Typist
- ☐ Newsletter Collator  
☐ Advertising Coordinator  
☐ Newsletter Co-editor  
☐ Newsletter Delivery  
☐ Triathlon Editor

Please send your check or money order to:

**Delaware Valley Bicycle Club**  
**P.O. Box 497**  
**Media, PA 19063**

*The DVBC Safety Foundation is established to promote bicycle safety in the Delaware Valley using posters, flyers, bumper stickers and rewards.*

I wish to donate to the DVBC Safety Foundation:

☐ \$1 ☐ \$2 ☐ \$5 ☐ \$10 ☐ \$15 ☐ \$20 ☐ \$25

#### Membership to DVBC Subdivisions

*You must join the main organization (left half of this form) in order to be able to join a DVBC subdivision.*

- ☐ \$7.00 DVBC-Team Drexel Hill (Road Racing)  
*Drexel Hill Cyclery*
- ☐ \$5.00 Team Delaware Valley Bicycle Club  
*Team Casual! (Road Racing)*
- ☐ \$5.00 DVBC Triathlon Div.
- ☐ \$5.00 DVBC Tandem Div.

Total Amount Enclosed