AUGUST 1989 13TH ANNUAL BRANDYWINE TOUR!



LeMond is Back!!

Congratulations to Greg and the ADR/Coors Light, Team on a Great Tour de France!

THANKS

Hello! And welcome to another great issue of the Delaware Valley Bicycle Club Newsletter. First off, "we" (that means anyone connected with the production of this great body of work!) would like to thank Greg Fox for all past work (and future?) associated with the newsletter. Much appreciated!

HELP WANTED

"I haven't received my newsletter yet"! If that is a familiar statement for you, maybe you can help do something about it. Production of some recent issues has been delayed because too much burden has been born by too few people. Help is particularly needed in the following areas: writing articles for the cover and layout of special events and current news pages.

Timely production of the newsletter is important for both our ride calendar and our advertisers. We don't want to have ride leaders shy away from the first weekend of the month because of fear that the newsletter won't be out in time for their ride. Advertisers expect a publication to maintain a regular schedule. They need to know that the issue will be out by a certain date.

If you can help contact Frank Havnoonian at 449-6154 or Mike Keating at 891-9098.

September 17th Approaching Fast!

July has been gone only a few days, yet the 13th Annual Brandywine Tour is just a few weeks away. DVBC's merry group of volunteers has already been working on the Tour for several weeks. In response to feedback from riders in pastyears, we've made some changes that everyone will appreciate.

In the past we've emphasized thoroughly painting the routes so that a map was not needed—even though we provided them. Our maps were created from standard commercial maps. The layout of the roads was fine but the road names should be classified under short fiction! All the rides are being ridden to get the correct (as in what's on the sign on the corner of the road—not what's on the "professional" map) names. As an added feature, mileages at each turn, as well as at major cross roads, food stores, and lunch stops, will be included. Of course we'll still paint the routes so that you don't need a map.

Registration will also be improved. The pre-registration form on page 5 includes a waiver/release form. Pre-registrants will no longer have to wait in line to sign the form. This will greatly speed up check-in.

The last great improvement is the recent repaying of one of the better downhill runs on the 50/100-mile route. Make sure you don't miss the turn at the bottom, though. The uphill is not one you want to climb by mistake.

Come out for a great ride!

—Mike Keating

AN APOLOGY!

I owe an apology to, of all people, Greg LeMond! Greg, I didn't think you could win the greatest race of all. I thought you, hampered by tragic injuries and on a moderately weak team, would not be able to compete at such a world class level. You are not only a champion among champions, but a man with a lot of class.

Congratulations.

—Frank Havnoonian

WET (AND WILD?) WATERMELON TOUR

The first annual Watermelon Tour was a success. Despite the rain that lasted all day, we had 17 riders. Only yours truly did not ride—but I still got almost as wet. The reward was all-you-could-eat, cold, sweet watermelon.

A big thanks to the riders who helped make our ride a success: Mike Brady; Ivan Brown; Bill Brogan; John, Sr., John, Jr., Mike and Eric Miller; Chris Hox; Mike Durkin; Tom, Tommy and Joe Ferris; Carol, Kenny and Carl Smith; Donna and Matthew Hox.

Looking forward to a sunny and dry day next year.

-Hank Hox.

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A/B Rides: Mike Keating

104 E. State St. Media, PA 19063

891-9098

CID Rides: Ira Josephs

10 Applebough La. Rose Valley, PA 19065

565-4058

Please contact the Ride Coordinators before the 7th of each month.

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The views expressed in this publication are not necessarily the views of the Delaware Valley Bicycle Club, nor do we endorse products or services advertised.

Letters to the Editor must be signed to be considered for publication.

Club Merchandise

Club	T-Shirts					\$6.00
	Car Decals .					
Club	Bike Decal .					.25
	Water Bottle					
Club	Patches					1.25

DVBC Meeting Place

Unitarian Universalist Church of Delaware County, 145 W. Rose Tree Road (near Rt. 252 & Rose Tree Park). First Monday of each month. Doors open at 7:00 P.M. Public is welcome.

ey all applicable traffic regulations, signs, signals nd markings.



Keep right: drive with traffic, not gainst it. Drive single



Watch out for car doors opening, or for cars pulling into traffic.





Protect yourself at night with the required reflectors and



Stor

Use hand signals to indicate turning or

Ride Guidelines

- Arrive 10 to 15 minutes early and be READY TO LEAVE ON TIME! Rides will start no more than 5 to 7 minutes late!
- Make sure your bike is in proper working order BEFORE you arrive.

3. Carry a spare tube, patch kit, pump and water bottle.

Practice safety and obey all traffic laws.

- Wearing a helmet is usually not mandatory, but is encouraged. (A helmet is mandatory for all time trials and some Class A rides.)
- 6. Do not "bike off" more than you can do. Go on rides within your ability, interest and experience.

7. RIDE CLASSIFICATIONS:

- For new, inexperienced riders or families: speed 5 7 mph, frequent stops, as few hills as possible. CLASS D: Group will wait for all riders. Mileage usually less than 10 miles, but longer distances permissible.
- CLASS C -: For average riders: 7 8 mph, rest stops as needed. Group will wait for stragglers. Distance recommended: 10 - 30 miles.
- CLASS C+: Also average riders: 9 10 mph, rest stops every 45 60 minutes. No obligation to wait for stragglers if cue sheets or maps are provided by the ride leader.
- CLASS B -: For more experienced riders: 1! 12 mph, stops every 15 20 miles. No obligation to wait for stragglers if cue sheets or maps are provided.
- CLASS B+: For strong riders: 13 15 mph, stops every 20 30 miles. No obligation to wait for stragglers if cue sheets or maps are provided. For very strong riders: 16 - 20 mph, stops every 30 - 50 miles. No obligation to wait for stragglers if CLASS A:
- cue sheets or maps are provided. TIME TRIAL: Timed event. Again, you must obey all traffic laws. A hard helmet is mandatory. You must yield the
- right of way at all times. Club time trials should not be regarded as races, but as training rides. 8. Each rider assumes his/her own risk on all time trials and touring rides.
- 9. Those who ride ahead of the group are on their own ride.
- 10. Always notify the ride leader before leaving the group
- 11. Ride leaders should adhere to the advertised speed of the ride.
- 12. Ride leaders are not expected to be bike mechanics.

NOTE: In the case of questionable weather or road conditions, the Ride Leader may decide to cancel the event. Call the Ride Leader if in doubt. All Club rides are rated according to degree of difficulty. If you're in doubt about your cycling ablilty, try out a ride one class below the one you're not sure about and then work your way up. The general public is invited to all events oprganized and conducted by Delaware Valley Bicycle Club. A program is presented by the Club for bicyclists of all ages, all abilities, and all interests. Except for the Freedom Tour, Brandywine Tour and Club picnic, all club events are free to the general public. The general public is welcome!!!

Ride Calendar

August 5 • 9:30 A.M. Miles: 38 • Class C+ 3 Covered Bridges	Meet at the Octoraro School (Rt. 41 & Highland Ave., 3 miles north of Rt. 10, Cochranville) or meet in front of PSFS outside Granite Run Mall at 8:30 to car-pool. A very scenic, easy-paced ride with few hills. Subject to cancellation if the temperature is above 90°. Doug Kennedy: 543-4664.
August 6 • 9:30 A.M. Miles: 10 • Class D Ridley Creek Park	Meet at the Moylan-Rose Valley train station at Manchester (Rose Valley) & Woodward Rds. in Rose Valley. Enjoy this popular ride from Media to Ridley Creek State Park at a very slow pace. There are some hills but we can walk the biggest. Helmets recommended. Call Ira Josephs for details: 565-4058.
August 7 • 7:30 P.M. DVBC Meeting	Doors open at 7:00, meeting begins at 7:30. SPECIAL TOPIC: Mystery guest speaker. Come out and meet some new biking friends. Unitarian Church, 145 W. Rose Tree Rd., Media.
August 12/13 • 7:30 A.M. Miles: 80/80 • Class A – Today for Shore	Tomorrow for return. Meet at Strawbridge's lower parking lot (Rt. 420 near Baltimore Pk. in Springfield). Bike to Com. Barry Bridge where ride across has been arranged. On to N. Wildwood (cut-offs for points Sea Isle & south). Food stop at Port Elizabeth (50 mi.). Overnight accommodations are on your own. Return from N. Wildwood at 1:30 P.M. Call by Wed. night—Mike Keating: 891-9098 (afternoons), 543-3731 (evenings).
August 12 • 9:15 A.M. Miles: 48 • Class B – Eastern Shore III	Meet at 8:00 A.M. at the Upland Acme (24th St. & Upland Ave.) to car-pool to Butlertown, MD. Flat ride. Bring lunch for stop at St. Paul's Church (built in 1713) in Rock Hall, MD. Ride leaves Kent County H.S. (Rts. 297 & 298) not before 9:15. Call if above 90°. Doug Kennedy: 543-4664.
August 13 • 9:00 A.M. Miles: 15 + • Class C Mystery Ride	Meet at the lower parking lot of the Clover Store on Baltimore Pike in Springfield. Ride the better bikeways in and around Springfield. Call to find out details, like how far Walt feels like riding. Walt Linton: 328-2871.
August 14 • 5:45 P.M. Miles: 20 • Class C+ Destination Unknown	Here's a chance to ride with others during the week. Explore some of the area surrounding West Chester. Meet at the South New St. Campus football parking lot (S. New St., ½ mi. S. of Main Campus in West Chester. For more information call Fred Rothman at 431-4311.
August 15 • 6:15 P.M. Miles: 20-22 • Class C Main Line	Meet at the bubble gum factory located on Eagle Road, between Darby and Lawrence Roads, in Havertown. Ride out to the Villanova area on the Main Line, taking advantage of the cooler evening air. For more details call Frank Havnoonian at 449-6154 (evenings).
August 19 • 9:00 A.M. Miles: 65 • Class B+ Brandywine Outer 50+	Meet at the Unionville Elementary School (Rt.82, 2½ mi. N. of Rt. 1). Ride includes Brandywine Tour's (100-mile) outer 50-mile loop. If you've done the 50-miler, come and "see how the other half rides"—hilly. Bring lunch or buy on the ride. Mike Keating: 891-9098 (days), 543-3731 (eves.).
August 19 • 9:30 A.M. Miles: 25-30 • Class C South Jersey Ride	Meet at Kingsway Regional High School at Rts. 322 & 551 (2nd light after Com. Barry Bridge) in New Jersey. for a mostly flat ride through South Jersey. For more information call the Patterson tandem-trailer team (led by "I hardly break a sweat up the toughest hills" Ricky, Jr.) at 622-2954.
August 20 • 9:15 A.M. Miles: 5 • Class: All Goshen Time Trial	Meet at Providence Rd. just north of Goshen Rd. near the Radnor Hunt Club. This is a good regular event for anyone wishing to improve their bike handling skills. For more information call Rollin' Rich Patterson at 622-2954.
August 20 • 1:00 P.M. Miles: 30 • Class B – Cheyney to Westtown	Meet at the Media Courthouse (corner of Front St. & Veteran's Sq.) for this ride out to the Cheyney and Westtown area. The route includes some great scenery along the way without, a lot of traffic. Call ride leader Don Ashbrook at 566-9142 for more details.
August 26 • 9:00 A.M. Miles: 50-55 • Class B— Mushroom Country	Meet at C&C Cyclery, 520 S. Union St. (Rt. 82) in Kennett Square (S. on Rt. 82 from either Rt. 1 or Baltimore Pk.). Expect a scenic, leisurely (10-12 mph) but long double loop with hills through prime mushroom country. Bring or buy lunch. For more details call Alan Goodman at 358-0401.
August 26 • 10:00 A.M. Miles: 28 • Class C+ Lancaster County	Meet in front of PSFS, Granite Run Mall, at 9:00 to car-pool to Strasburg for the 10:00 start. Enjoy riding through this pastoral setting featuring a creekside lunch stop (bring your own) and a covered bridge. Call ride leaders Sarah Shirk and Annie Fetter at 543-5107 for more info.
August 27 • 10:00 A.M. Miles: 30-35 • Class C + Talk about Paradise	Meet at Octoraro High School at Rt. 41 & Highland Ave. (3 miles north of Rts. 10 & 41) in Chester Co. Enjoy this ride to the Strasburg RR. Expect some hills; also, a ride through "Paradise." For lunch, bring or buy, or try Shoo Fly Pie. Ride leader is Rich Bernhard: 284-2019.
September 11 • 7:30 P.M. DVBC Meeting	Doors open at 7:00, meeting begins at 7:30. NOTE: Because of Labor Day the meeting is the 2nd Monday. Unitarian Church, 145 W. Rose Tree Rd., Media.
September 17 • 8-11 A.M. Miles: 28/50/100 • Class All Brandywine Tour	Our 13th annual Brandywine Tour. Just \$8 at the gate, \$5.50 pre-registered (see page 5). 8-9 A.M. for 100-milers, 9-10 A.M. for 50-milers, 10-11 A.M. for 28-milers. Don't miss our big fall ride. Ride through some of the most scenic areas in Chester and Lancaster Counties. Food stop (2 for century riders), sage

some of the most scenic areas in Chester and Lancaster Counties. Food stop (2 for century riders), sag

wagon, portable rest rooms, marked routes, patch and improved maps including mileages.

Fifteen years ago, James Weaver was modifying and repairing musical instruments during his free time between jobs as a French horn player. The equipment and metalworking skills he acquired are now used on bicycles—thus Weaver's roles as a bicycle designer/builder and professional musician have always been intertwined. When he's not rehearsing or performing on the French horn, he's busily constructing bicycles under the marque of Counterpoint Conveyance, with models appropriately named Opus III and Presto.

Weaver built his first bicycle in 1976 when his trusty Raleigh Grand Prix gave out, but didn't try his hand at frame construction again for five years. By that time, he had become an enthusiastic rider, but he was unable to interest his wife, Marlene, in cycling. Efforts to ride together on a conventional tandem proved unsuccessful, as the pair had markedly different pedaling styles. Then the design for the Opus tandem

popped into Jim's head.

"The idea came to me totally out of the blue—an empty mind is a great place for things to land," Weaver says. "So I built the first bike out of scrap parts with adjustable fork rake and head angle, and all my initial

tests indicated it would work."

The prototype demonstrated the Opus' advantages over a conventional tandem. Both the captain and stoker have an unrestricted view, the stoker can coast independently and pedal at a different cadence than



the captain, and the shortened wheelbase makes the bike easier to maneuver and eliminates long cable runs. Weaver started production of his novel tandem in 1983,

and patented the design.

Pictured here is the Opus III, the latest version of Weaver's twofer. Although the welded construction is nothing special, the tandem's overall design is elegant. Options include leg supports for quadriplegic and paraplegic stokers, hand cranks, and a scaled-down front boom for a child stoker.

"For me there's no sense in repeating 100-year-old ideas," notes Weaver. "I'd rather build a bike that contributes something new. I understand that people are resistant to the idea of the Opus, but I get such positive feedback from my customers that I don't mind being outside the mainstream." For more information, contact Weaver's exclusive distributor: Angle Lake Cyclery, 20840 Pacific Highway, Seattle, WA 98188; 206-878-7457.



PHOTOGRAPHY BY TONY SCARPETTA

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TANDEM CALENDAR' 89

August 5-13, 1989. Minnesota Heartland Tandem Bike Tour. This is a 300-mile tour through northern Minnesota's beautiful forests and its refreshing network of lakes. Camping/Sag for carrying your gear. Program is designed for introducing blind or visually impaired persons to tandemming, and to provide experienced and VIP's an opportuninty to tour with a sighted companion. \$230/person. For more information, please write or call Deb Willette or Bob Norbie, Outdoor Program Center, Hobson Memorial Union, 1500 Birchmont Drive NE, Bemidji, MN 56601-2699. Phone 218-755-2999 or 218-755-3760.

August 12, 1989. TCTC' Northfield Ride. Northfield, MN. Sara & Doug Laird, 5232 Edenmoor Street, Edina, MN 55436. ph: (612)-925-5185.

September 1-4, 1989. Midwest Tandem Rally, Cleveland, OH. For more information, send a SASE to Ken Roehl & Candy Anker-Roehl, 3554 Fenley Road, Cleveland Heights, OH 44121.

September 15-17, 1989. Tandem Retreat at Blairsden, CA. Come to Blairsden, CA, in the Sierra Valley of northern California. Daily rides take you over high mountain passes or let you ride in the flat, high desert valley. Room and board will be included in the fee. For more information, send a legal-sized SASE to Jerry Forster, 9490 Crater Hill Road, Auburn, CA 95603.

September 17, 1989. TCTC' Hastings Ride. Hastings, MN. Sara & Doug Laird, 5232 Edenmoor Street, Edina, MN 55436. ph: (612)-925-5185.

13th Annual Brandywine Tour!

September 17, 1989 28, 50 or 100 mile routes

Sponsored by the Delaware Valley Bicycle Club

TIME: 8-9 A.M. for 100 milers; 9-10 A.M. for 50 milers; 10-11 A.M. for 28 milers.

PLACE: Chadds Ford Elementary School on Route 1 (1/2 mile west of Route 100).

COST: Just \$8 at the gate. Pre-registration, postmarked by September 10, only \$5.50! Tour will be held rain or shine!

Expected Attendance: 350-500 riders.

Services Provided by DVBC: Food stop, maps, sag wagon, portable rest rooms, award patch and well marked routes.

Routes: Scenic country back roads through the beautiful Brandywine River Valley. Century route passes through three counties including Lancaster County. Full and Half-Centuries pass through King's Cattle Ranch in Buck and Doe Run. The 28-mile route is mostly flat except for Harmony Hill Road which has a covered bridge. All riders have a food stop in Embreeville. Century riders also have a food stop in Lancaster County.

Description: You travel at your own pace, with family or friends, or make new cycling friends. All ages, all abilities and all types of bikes are welcome. The 28-mile route is a great opportunity for newer cyclists and leisure riders. Meet new biking friends with similar abilities while enjoying an outstanding ride.

Recommendation: Use safe cycling habits. Helmet use is recommended but not mandatory. Each rider must assume his/her own responsibility.

About DVBC: *DVBC* promotes all forms of cycling! Total paid membership exceeds 400 cyclists. The club is affiliated with LAW, Pa. Bike Federation, USCF, and the Bike Coalition of Delaware Valley. *DVBC* is the premier bike club in Delaware County and is a non-profit organization. This event is open to *all* cyclists. Enjoy the late summer bicycling season!

More Information: Please call Frank at (215) 449-6154 or Rich at (215) 622-2954.

13th Annual	Brandywine T	Cour ((TOBRV)	_	September	17,	1989
			tion Form				

Name:			ama kon ma i	
Address:	A PROPERTY OF THE PARTY OF THE	Individual supplies the property of the proper	at Viv. 1881	
City:		State:	Zip:	
Phone:	Age:	Distance: 100 miles□		
	Wa	iver/Release		

Waiver/Relea

In consideration of the acceptance of my application for entry in the above event, I hereby waive, release, and discharge any and all claims for damages for death, personal injury, or property damage which I may have, or which may hereafter accrue to me, as a result of my participation in the said event. This release is intended to discharge in advance the promoters, the sponsors, the Delaware Valley Bicycle Club, the promoting clubs, the officials, and any involved municipalities or other public entities (and their respective agents and employees), from and against any and all liability arising out of or connected in any way with my participation in said event, even though that liability may arise out of negligence or carelessness on the part of the persons mentioned above.

I further understand that serious accidents occasionally occur during bicycle riding; and that participants in bicycle riding occasionally sustain mortal or serious personal injuries, and/or property damage, as a consequence thereof. Knowing the risks of bicycle riding, nevertheless, I hereby agree to assume those risks and to release and hold harmless all of the persons or entities mentioned above who (through negligence or carelessness) might otherwise be liable to me (or my heirs or assigns) for damages.

It is further understood and agreed that this waiver, release, and assumption of risk is to be binding on my heirs and assigns.

(signature - If you are under 18 years of age, then your parent or guardian must sign)

Please send this signed form with a check or money order for \$5.50 to: Brandywine Tour

Brandywine Tour Delaware Valley Bicycle Club P.O. Box 497 Media, PA 19063

Please postmark pre-registration by September 10, 1989.

BEAST OF THE EAST

The outdoor Club of South Jersey is sponsoring its annual Beast of the East Invitational Bicycle Tour. This event is being held on Saturday, Spetember 16, 1989. Registration will begin at 7 A.M. and end at 9 A.M. The ride will begin in the Lebanon State Forest, Pemberton, New Jersey at the Nature Center. Three rides will be offered: a metric century, a century and a double-metric century.

Both rides will explore the wonders of the New Jersey Pine Barrens. The fee for the event is \$7.00 until Sept. 11 and \$8.00 on the day of the registration. Tour will be held rain or shine. Beast of the East water bottles and patches will be awarded to all participants. Anyone interested in the tour should send a stamped, self-addressed envelope to:

Don Villanova 583 Ridgewood Terrace Mount Laurel, NJ 08054 609-235-2457

AMERICAN HEART ASSOCIATION 2nd ANNUAL CYCLETHON

The American Heart Association, Mercer County Chapter, will hold its second annual Cyclethon on Saturday, October 7, 1989. Rides of 3, 25, and 50 miles will start from Mercer County Park. A cycle and health fair will also be held in the park. The registration fee for the cyclethon is \$10 and includes the ride, lunch and free neon T-shirts. For additional information, contact Chairman Dan Pilka at 888-2338 or the American Heart Association office at 201-685-1118.

Come out and meet Alexi Grewal of the Coors Light/ADR cycling team. Alexi, of course, was the 1984 Olympic Gold Medalist in the Individual Road Race.

Apollo Revisited: A Diamond for Willie?

With the recent 20th anniversary of Apollo and "The Greatest Touchdown Ever"* I flashed back to July 1969 and recalled vividly the views of the space program held by two fellow canning factory workers.

One man thought it was great because now "The people in Italy will be dancing in the streets saying, 'U.S.A., number 1. U.S.A., number 1.' When Sputnik went up we were singing 'Russia, number 1. Russia, number 1."

Willie, on the other hand, was unimpressed. "If they find gold and diamonds on the moon, Willie ain't gonna get no diamonds." A down-to-earth way of saying that the man in the streets reaped no benefits from all the expenditures in space. Recently I cracked the frame on my bike. I decided to get a new bike as well as having my old frame fixed. I had been at the DVBC meeting where Harry Havnoonian had spoken about frames, so I was aware of the weakening effect of heat on metal joints. The bike I ended up purchasing employs a new technology—gluing the tubes together rather than welding. The glue? It's what holds heat tiles on the space shuttle! I couldn't help but think, "Willie, I think I have a diamond."

-Mike Keating

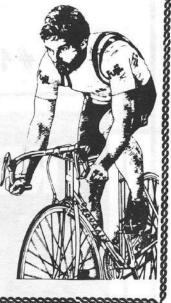
*From the 1969 Notre Dame-Purdue Football Program, honoring Purdue graduate Neil Armstrong.

PENNY FARTHING BICYCLES

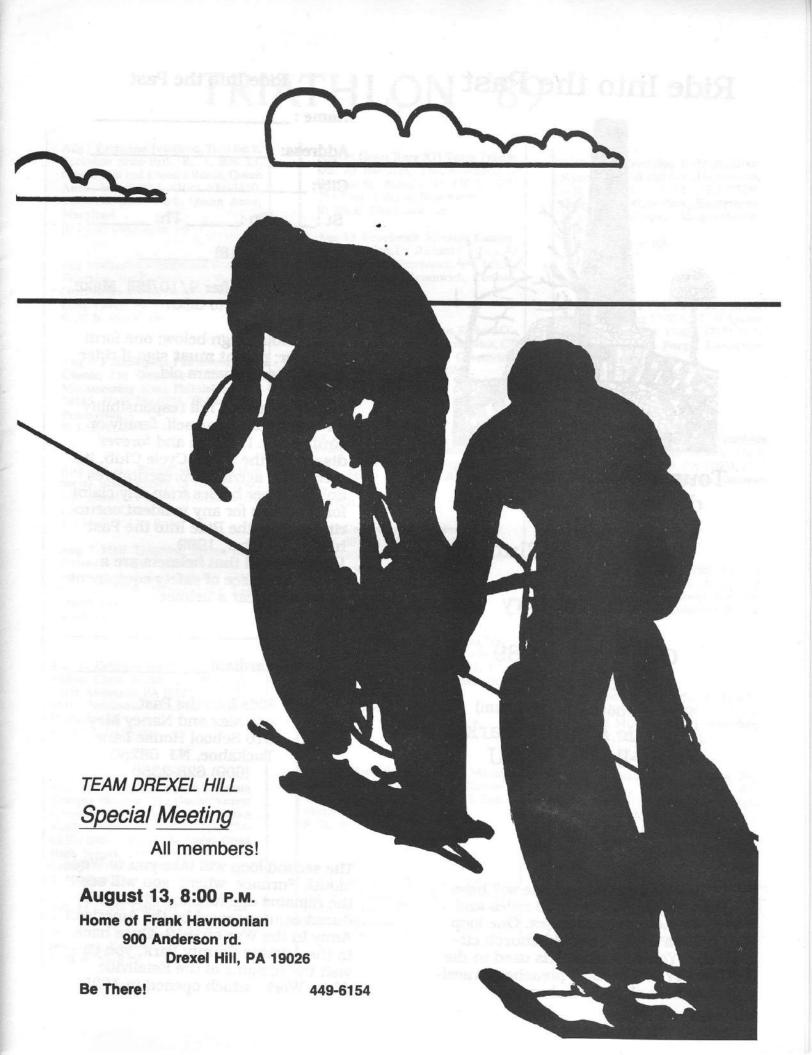
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Ride Into the Past



Tour In Atlantic County during Foliage Time with Shore Cycle Club

Metric Century

October 7, 1989 8:30 am

(Registration starts 8:00 am)
Atlantic County Park
Estell Manor, NJ

Our historical foliage ride will have two loops; one about 28 miles and the other about 34 miles. One loop follows parts of the old church circuit. You will ride roads used in the late 1700's by local preachers travelling from church to church.

Ride Into the Past

Name :	1			_
Address	:	7 1		_
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\$7.00 (schecks)	\$8.00 afte	er 9/1 o SCC	0/89) M	lake
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for any interest and all of the dame of th	to accept injury to ent. I relege the Shases, agents other bod ages for a ring the ROctober, stand that ry piece outli wear a	mysel ase ar ore Cy, reprinciples from the line in 1989. It helm of safe	f, family ond forevery cle Club esentative om any cle cident oc to the Panets are a ty equipm	or r , its es laim cur- est
Signed _				
Parent(0	Guardian)		
Mail to:	c/o Alex	and l	Nancy Ma ouse Lan	

The second loop will take you to Weymouth Furnace where you will see the remains of a furnace which produced cannons used by the American Army in the War of 1812. Once back in the Atlantic County Park, you can visit the remains of the Estellville Glass Works which opened in 1825.

(609) 628-2358

TRIATHLON '89

Aug 5 Tuckahoe Triathlon, Terri Beck, Tuckahoe State Park, Rt. 1, Box 23, Crouse Mill and Eveland Roads, Queen Anne, MD 21657, (301) 634-2810, Tuckahoe State Park, Queen Anne, Maryland

R: 2m B: 10m Canoe: 1m

Aug 5 Schooley's Mountain Women's Triathlon, Joe Kratovil, P.O. Box 937, Green Brook, NJ 08812, (201) 968-8256, Long Valley, New Jersey S: .33 B: 15m R: 4m

Aug 6 Philadelphia Fairmount Park Classic, Joe Donatucci, 1610 W. Moyamensing Ave., Philadelphia, PA 19145, (215) 389-0234, Philadelphia, Pennsylvania S: 1.5k, B: 40k R: 10k

Aug 7 Lake Placid Mini-Triathlon Series, Brain Delaney, 18 Seranac Ave., Lake Placid, NY 12946, (518) 523-3764, Lake Placid, New York S: 400yds B: 12m R: 3m

Aug 7 Mini Triathlon Series, Brain Delaney, High Peaks Cyclery, 18 Saranac Ave., Lake Placid, NY 12946, (518) 523-3764, Mirror Lake, Lake Placid, New York S: 400 yds, B: 12m R: 2.75m

Aug 12 Emmaus Road Runners Triathlon, Chris Bleam, 121 No. 12th Street, Allentown, PA 18102, (215) 776-6541, Christmans Lake, Lenhartsville, Pennsylvania
S: 1m B: 31m R: 10m

Aug 12 Weaver's Famous Lebanon Bologna Biathlon, The Daniel Weaver Company, 15th Avenue & Weavertown Road, Lebanon, PA 17042, (717) 274-6100 / (800) WEAVERS, Cedar Crest High School, East Evergreen Road. Lebanon, Pennsylvania R: 10k B: 40k

Aug 13 Coors Light Biathlon Series, Anna Noel, 1431 Chew Street, Allentown, PA 18102, (215) 433-3899, Overland Park, Kansas R: 5k B: 30k R: 5k Aug 13 Great Race XII Team Triathlon, Al Hastings, YMCA-WEIU, 27 William St., Auburn, NY 13021, (315) 253-5304, Auburn, New York R: 10k B: 17m Canoe: 4m

Aug 13 Greenwich Kiwanis Cancer-Aid Triathlon, Dr. Richard O'Leary, 83 Mason Street, Greenwich, CT 06830, (203) 869-4801, Greenwich, Connecticut S: 1k B: 18k R: 8k

Aug 13 Kiwanis Triathlon, Richard O'-Leary, 83 Mason Street, Greenwich, CT 06830, (203) 869-4801, Greenwich, Old Greenwich, Connecticut S: 1k B: 18k R: 8k

Aug 19 Brigantine Island Triathlon, John Petti/Chris Solari, Atlantic Triathlon Club, P.O. Box 644, Brigantine, NJ 08203, (609) 266-5732, Brigantine, New Jersey S: .25m B: 11m R: 4m

Aug 19 Cooperman Triathlon, Gary R. Fahey, 301 W. Bloomfield St., Rome, NY 13440, (315) 336-3500, Delta Lake State Park, Rome, New York S: 1.2k B: 40k R: 10k

Aug 19 Curwensville to Clearfield Triathlon, Terry J. Malloy, c/o Jim's Sport Center, 17 N. 3rd St., Clearfield, PA 16830, (814) 765-3582, Curwensville, Pennsylvania
S: .75m B: 15m R: 5m

Aug 20 Black River Biathlon, Martin Epstein, 173 Speedwell Ave., Morristown, NJ 07960, (201) 538-7773, Succasunna, New Jersey R: 3m B: 20m R: 3m

Sep 3 Greater Wilkes-Barre Triathlon, Jerry Kowalski, Box 173A RD4, Dallas, PA 18612, (717) 675-4700, Dallas, Pennsylvania S: 1.5k B: 40k R: 10k Sep 9 Hawk Triathlon, Bo Myers/Dixie Myers, 1123 Oak Hill Ave., Hagerstown, MD 21740, (301) 797-9529, Greensbrier State Park, Hagerstown, Junior College, Hagerstown, Maryland S: .5m B: 20m R: 10k

Sep 9 Lancaster YMCA Triathlon, Hal Welsh, Lancaster YMCA, 572 N. Queen St., Lancaster, PA 17603, (717) 397-7474, Speedwell Forge, Lancaster County, Pennsylvania S: .9m B: 25m R: 9.3m

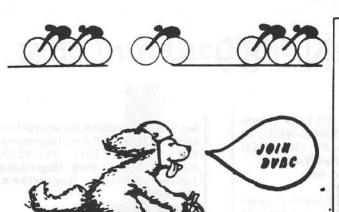
Sep 10 Lancaster YMCA Triathlon, Hal Welsh, Lancaster YMCA, 572 N. Queen St., Lancaster, PA 17603, (717) 397-7474, Speedwell Forge, Lancaster County, Pennsylvania S: .24m R: 5m B: 15m

Sep 17 Sandy Hook Sprint, Charity Sports, Inc., 37 Beach Rd., Monmouth Beach, NJ 07750, Gateway National Recreation Area, Monmouth Beach, New Jersey S: .5m B: 18m R: 4m

Sep 23 Bud Light Sea Colony Triathlon, Lyn Brooks, 1309 Halstead Road, Baltimore, MD 21234, (301) 668-8609, Baltimore, Maryland S: .9m B: 23m R: 6.2m

Sep 23 Glimmerglass Triathlon, Peg McChesney, RD 2, Box 62, Cooperstown, NY 13326, (607) 547-9523, Cooperstown, New York R: 6.4m B: 26m Canoe: 5m

Oct 1 Wayne County Classic, Honesdale Area Jaycees, P.O. Box 583, Honesdale, PA 18431, (717) 253-1145, Pnompton State Park, Pennsylvania R: 6.2m B: 20m Canoe: 5m





PLEASE AFFIX POSTAGE

(NEW SUPPLY OF CLUB T-SHIRTS IS IN!)

Exp. 02/28/90
Richard Patterson & Family 527 Gainsboro Road
Drexel Hill, PA 19026

The above mailing label constitutes a DVBC membership card expiring 60 days past postmark.

FIRST CLASS MAIL

The DVBC is a non-profit corporation formed to educate the public as to the safe use of the bicycle through lectures, seminars, planned rides, and other activities promoting the bicycle as an efficient and enjoyable means of exercise, recreation, and transportation.

Non-members are welcome on rides, but are urged to consider their ability and experience when selecting a ride. (See Ride Guidelines.) All rides are subject to cancellation due to weather. If in doubt about the weather or level of difficulty of the ride, please call the ride leader. Though the use of safety equipment, particularly helmets, is strongly urged, the club cannot accept responsibility for accidents or injury while participating in a DVBC event.

Application for 1989 DVBC Membership (Expires 2/28/90)

Name:	and the second second	
Address:	Engli Santi S V	ANT BEAT OF THE BE
City:	Sta	ate: Zip:
Phone:	Date of	Birth:
Membership Type:		ual – \$10 🔲 Family – \$14
Club sponsors, Club letter published qua adults and up to two	o subsidized events, and arterly (\$3 value). Fami o children. Your membe	Magazine, discounts at most I free Bicycle Touring News- ly membership includes two ership attracts advertisers and concerning bicycle issues.
Ride Pace	maranta J. E.E.C.S	VE1
☐ Class D: slow ☐ Class C: average ☐ Class B: brisk ☐ Class A: fast ☐ Off-Road	I'll volunteer for: ☐ Ride Leader ☐ Sag Wagon Driver ☐ Tour Food Stop ☐ Newsletter Editor ☐ Newsletter Typist	□ Newsletter Collator □ Advertising Coordinator □ Newsletter Co-editor □ Newsletter Delivery □ Triathlon Editor
Please send your	check or money orde	er to:
	aware Valley Bio P.O. Box 49 Media, PA 19	cycle Club 7

The DVBC Safety Foundation is established to promote bicycle safety in the Delaware Valley using posters, flyers, bumper stickers and rewards.

I wish to donate to the DVBC Safety Foundation:

\$1 \$2 \$5 \$10 \$15 \$20 \$25

Membership to DVBC Subdivisions

You <u>must</u> join the main organization (left half of this form) in order to be able to join a DVBC subdivision.

- Team Casual! (Road Racing)

 □ \$5.00 DVBC Triathlon Div.
- □ \$5.00 DVBC Tandem Div.

Total Amount Enclosed