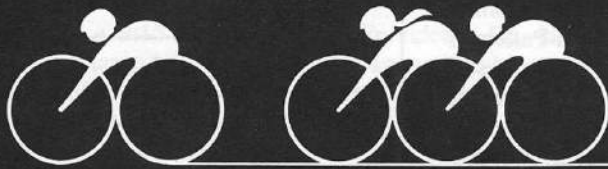


12TH ANNUAL BRANDYWINE TOUR!



**DELAWARE VALLEY
BICYCLE CLUB**

P.O. BOX 497, MEDIA, PA. 19063

FREE!

September 1988



MEETING

Due to circumstances beyond our control (Labor Day weekend) the monthly DVBC meeting will not be held on the first Monday of the month as usual. This month's meeting will be held instead on the second Monday, which is Sept. 12. Same Bat-time (7:30 p.m.), same Bat-channel (Unitarian Universalist Church of Delaware County).

QUOTES

"The fighter must always be single minded with one object in view - to fight! He must get rid of obstructions to his forward movement; emotionally, physically and intellectually."

- Bruce Lee

"You gotta walk it like you talk it."

- Bruce Springsteen

IT'S HERE!!

Well folks, it's that time of year again: football, back to school, falling leaves and yes... the Delaware Valley Bicycle Club's annual Brandywine Tour. Travel at your own pace with many other bicycling enthusiasts through the rolling countryside of Southeastern Pennsylvania for either 28, 50 or a full 100 miles. The five bucks you plunk down will help to provide food, maps, sag wagons and a patch to say "I did it!" This ride also helps to support the bicycle club that exists solely for the promotion of your favorite recreational activity. You can dash through the countryside like Wile E. Coyote in pursuit of your own personal best time, or you can relax with other riders of your own pace and join in quality conversation on everything from bicycling to Oriental Philosophy.

To register, turn to page 5, rip it out of this newsletter, sign it and mail it to the address indicated with your fiver. After the cruel summer weather we endured this past few months, a nice, long, relaxing ride through the green, Delaware Valley in the cool September air is just what you deserve. See ya there!

IN THE FAST LANE

For those of you (us) that don't always spend your cycling time admiring roadside Mother Nature, September is the month for you too. This month's newsletter contains information on many triathlons, biathlons and centuries. Leaf through Rollin' Rich Patterson's Special Events section, then go knock yourself out. See if all that 90 degree training paid off. Training season is over. Time to clear the cyclometer, take off your 25c Kevlar tires, stock up on the Gatorade and show your couch potato friends that you mean business. The Folk Festival is over, man. Let's Rock n Roll!

Board of Directors

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 Frank Havnoonian 449-6154
Vice President
 Ted Kowalski 622-1923
Treasurer
 Norman Griffiths 356-5538
Secretary
 Bill Mulloy 449-7801

Members at Large

Don Ashbrook 566-9142
 Lois Atkins 566-4001
 Adrian Demarais 566-6845
 Steve Harriot 565-7106
 Leland Kowalski 626-2093
 Rich Patterson 622-2954
 Karl Voigt 459-9129

Ride Coordinators

A/B Rides: Mike Keating
 104 E. State St.
 Media, PA 19063
 891-9098

C/D Rides: Ira Josephs
 10 Applebough La.
 Rose Valley, PA 19065
 565-4058

*Please contact the Ride Coordinators
 before the 7th of each month.*

DVBC Newsletter Staff

Editor Greg Fox
Asst. Editor Lisa Exten
Racing Editors Drew Christensen
 Charles Cease
 Frank Havnoonian
 Rich Patterson
Special Events Rich Patterson
Advertising vacant
Mailing Labels Lois Atkins
A/B Rides Mike Keating
C/D Rides Ira Josephs
Assembly Frank Havnoonian
Triathlon Editor Lisa Exten

Club Addresses

Editor:

DVBC
 c/o Greg Fox
 64 Foster Ave.
 Sharon Hill, PA 19079
 586-9085

Membership & Club Box

DVBC
 P.O. Box 497
 Media, PA 19063

Special Events

DVBC
 c/o Rich Patterson
 527 Gainsboro Road
 Drexel Hill, PA 19026

Items for Sale & Ride Reports:

DVBC
 c/o Lisa Exten
 16-6 Valley Road
 Drexel Hill, PA 19026

The views expressed in this publication are not necessarily the views of the Delaware Valley Bicycle Club, nor do we endorse products or services advertised.

Letters to the Editor must be signed to be considered for publication.

Club Merchandise

Club T-Shirts \$6.00
 Club Car Decals50
 Club Bike Decal25
 Club Water Bottle 2.00
 Club Patches 1.25

DVBC Meeting Place

Unitarian Universalist Church of Delaware County, 145 W. Rose Tree Road (near Rt. 252 & Rose Tree Park). First Monday of each month. Doors open at 7:00 P.M. Public is welcome.

Ride Guidelines

1. Arrive 10 to 15 minutes early and be **READY TO LEAVE ON TIME!** Rides will start no more than 5 to 7 minutes late!
2. Make sure your bike is in proper working order **BEFORE** you arrive.
3. Carry a spare tube, patch kit, pump and water bottle.
4. Practice safety and obey *all* traffic laws.
5. Wearing a helmet is usually not mandatory, but is encouraged. (A helmet is mandatory for all time trials and some Class A rides.)
6. Do not "bike off" more than you can do. Go on rides within your ability, interest and experience.
7. **RIDE CLASSIFICATIONS:**
 - CLASS D:** For new, inexperienced riders or families: speed 5 - 7 mph, frequent stops, as few hills as possible. Group will wait for all riders. Mileage usually less than 10 miles, but longer distances permissible.
 - CLASS C -:** For average riders: 7 - 8 mph, rest stops as needed. Group will wait for stragglers. Distance recommended: 10 - 30 miles.
 - CLASS C +:** Also average riders: 9 - 10 mph, rest stops every 45 - 60 minutes. No obligation to wait for stragglers if cue sheets or maps are provided by the ride leader.
 - CLASS B -:** For more experienced riders: 11 - 12 mph, stops every 15 - 20 miles. No obligation to wait for stragglers if cue sheets or maps are provided.
 - CLASS B +:** For strong riders: 13 - 15 mph, stops every 20 - 30 miles. No obligation to wait for stragglers if cue sheets or maps are provided.
 - CLASS A:** For very strong riders: 16 - 20 mph, stops every 30 - 50 miles. No obligation to wait for stragglers if cue sheets or maps are provided.
8. **TIME TRIAL:** Timed event. Again, you must obey all traffic laws. A hard helmet is mandatory. You must yield the right of way at all times. Club time trials should not be regarded as races, but as training rides.
9. Each rider assumes his/her own risk on all time trials and touring rides.
10. Those who ride ahead of the group are on their own ride.
11. Always notify the ride leader before leaving the group.
12. Ride leaders should adhere to the advertised speed of the ride.
13. Ride leaders are not expected to be bike mechanics.



**JOIN
DVBC**

NOTE: In the case of questionable weather or road conditions, the Ride Leader may decide to cancel the event. Call the Ride Leader if in doubt. All Club rides are rated according to degree of difficulty. If you're in doubt about your cycling ability, try out a ride one class below the one you're not sure about and then work your way up. The general public is invited to all events organized and conducted by Delaware Valley Bicycle Club. A program is presented by the Club for bicyclists of all ages, all abilities, and all interests. Except for the Freedom Tour, Brandywine Tour and Club picnic, all club events are free to the general public. The general public is welcome!!!

Obey all applicable traffic regulations, signs, signals and markings.

Keep right: drive with traffic, not against it. Drive single file.

Watch out for car doors opening, or for cars pulling into traffic.

Protect yourself at night with the required reflectors and lights.

Use hand signals to indicate turning or stopping.

Ride Calendar

September 5 • 9:15 A.M.
Miles: 5 • Class **All**
Labor Day Time Trial

Meet at Providence Rd. just north of Goshen Rd. near the Radnor Hunt Club. This is a good regular event for anyone wishing to improve their bike handling skills. For more information call Rollin' Rich Patterson at 622-2954.

September 10 • 8:30 A.M.
Miles: 22 • Class **C**
Chateau Country

Meet behind the Sheraton Hotel on Rt. 202, next to the Concord Mall in Wilmington, DE for this combined ride with White Clay, Brandywine and Valley Forge Bike Clubs. This will be an easy-paced ride with hills with an optional food stop at the end. Call Roz Chasin for more info, (302) 478-1610.

September 11 • 8 A.M.
Miles: 48 • Class **B**
Beat the Heat II

Leave from the Chadds Ford Elementary School on Rt. 1 near Rt. 100 in Chadds Ford for this scenic ride into Delaware. Expect some hills on this route along the Brandywine and Red Clay Creeks. Bring lunch. Call ride leader Doug Kennedy (543-4664) for more information.

September 11 • 9:00 A.M.
Miles: 20-25 • Class **B-**
Pedal, Paddle the Brandywine

Meet at the Northbrook Canoe Co. (near West Chester) at 9:00 A.M. for a 20-25 mile bike ride along the Brandywine, followed by lunch and a 2 hour canoe ride. You need to: 1) Find a canoe partner (call Fran for help); and 2) Call Northbrook Canoe Co. (793-2279) by Sept. 4 or 5 to make your canoe reservation for a 12:30 ride to Harvey's bridge (and for directions). The cost is \$22/canoe (\$11/person). Bring your lunch. If the weather is doubtful call leader Fran DeMillion (431-2675).

September 11 • 2:00 P.M.
Miles: 30 • Class **B-**
Cheyney to Westtown

Meet at the Media Courthouse (corner of Front St. & Veteran's Sq.) for this ride out to the Cheyney and Westtown area. The route includes some great scenery along the way. Call ride leader Don Ashbrook at 566-9142 for more details.

September 12 • 7:30 P.M.
DVBC Meeting

Doors open at 7:00, meeting begins at 7:30. Don't miss this meeting as a slide show from the Tour de France will be featured. Unitarian Church on Rose Tree Road near Rt. 252 in Media.

September 18 • 7:30 +
Miles: 28-100 • Class **All**
Brandywine Tour

A *must* on your biking calendar! Three great routes (28, 65 & 100) through the Brandywine River valley along scenic country back roads. The 28 mile route is mostly flat, the longer routes have some hills. Ride starts at the Chadds Ford Elementary School (Rt. 1 1/2 mile west of Rt. 100). Century riders start at 7:30 A.M.; Half-Century at 8:30; and 28-Milers at 9:30. Cost is only \$7 (\$5 pre-registration). Food stops, sag wagon, award patch, map and marked routes are provided. Ride is held RAIN or SHINE. See flyer in this newsletter for complete details.

September 24 • 10:30 A.M.
Miles 20-30 • Class **C**
Richmond's Ice Cream

Meet at Kingsway Regional H.S. (Rts. 322 & 551 - 2nd light past Com. Barry Bridge) in NJ. Enjoy an easy-paced ride to the ice cream shop. The Pattersons will have their baby trailer — feel free to bring yours. Ricky, Jr. may call for a possible milk stop. Rich Patterson: 622-2954.

September 24 • 10 A.M.
Miles: 61 • Class **B+**
Kimberton

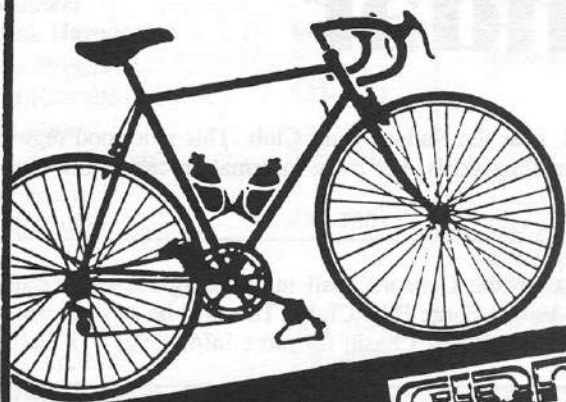
Leave from the Chadds Ford Elementary School (Rt. 1 near Rt. 100) for a hilly ride to Kimberton (less hilly return). Includes 2 covered bridges and a long RR tunnel (lights recommended). For an optional century, a Springfield-Chadds Ford round-trip (8 A.M.) will sandwich the Kimberton ride. Call Mike Keating: 891-9098 (days), 543-3731 (eves.).

September 25 • 10 A.M.
Miles: 30-35 • Class **C**
Early Fall Ride

Leave from the Sugartown Elementary School at Sugartown Rd. & Paoli Pike. Enjoy this scenic ride to Birchrunville while seeking signs of fall. Then experience the fine pastry and other shops at your destination. Call ride leader Rich Bernhard (284-2019) for more information.

October 3 • 7:30 P.M.
DVBC Meeting

Doors open at 7:00, meeting begins at 7:30. SPECIAL TOPIC: Joel Perlish will present a slide show of his 1988 Canada to Atlantic City tour. Joel's tour makes perhaps the best meeting of the year.



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BROOMALL
2619 West Chester Pike
356-3022

EMMAUS
831 Chestnut St.
967-1029

ALLENTOWN
1728 Tilghman St.
439-1724

PHOENIXVILLE
711 Nutt Rd.
935-9111

NORRISTOWN
122 W. Germantown Pk.
275-4010

COLLINGDALE
533 Mac Dade Blvd.
583-7711

ARDMORE
55 W. Lancaster Ave.
649-9839

IN DELAWARE

NEWARK
212 E. Main St.
302-368-8776

WILMINGTON
2900 N. Concord Pk.
302-479-9438

DOVER
595 N. Dupont Hwy.
302-678-1772

PIKE CREEK
Pike Creek Shop. Ctr.
302-998-0202

12TH ANNUAL BRANDYWINE TOUR!

SEPTEMBER 18, 1988

28, 50, or 100 mile routes

SPONSORED BY THE

Delaware Valley Bicycle Club



TIME: 7:30 A.M. for 100 milers; 8:30 A.M. for 50 milers; and 9:30 A.M. for 28 milers.

PLACE: Chadds Ford Elementary School on Route 1 ($\frac{1}{2}$ mile west of Route 100).

COST: Just \$7 at the gate (or \$5 by pre-registering below!) (Children; half-price if accompanied by an adult). (under age 17)

EXPECTED ATTENDANCE: Hopefully to exceed the 1986 attendance record of 432 participants! (Possibility of more than 500 riders!)

ADVERTISING: BRANDYWINE TOUR (TOBRV) will be listed in area newspapers! DVBC will have flyers at 30+ area bicycle shops. Don't miss it!!!

SERVICES BY DVBC: Food, map, sag service, award patch, and marked route.

ROUTES: Scenic, country back roads through the beautiful Brandywine River Valley. Century route passes through 3 counties including Lancaster Co.; Full & Half Centuries pass through King's Cattle Ranch in Buck and Doe Run. 28-mile route is mostly flat except Harmony Hill Rd. which has a covered bridge. A food stop is provided in Embreeville. (TOUR WILL BE HELD RAIN OR SHINE!!)

DESCRIPTION: You travel at your own pace, with family or friends, or make new cycling friends. All ages, all abilities, and all types of bikes are welcomed.

RECOMMENDATION: Use safe cycling habits! (helmet use recommended but not required. Each rider must assume his own responsibility.)

ABOUT DVBC: DVBC promotes all forms of cycling! Total membership exceeds 400 paid memberships. The club is affiliated with LAW, Pa. Bike Federation, USCF, & the Bike Coalition of Delaware Valley. DVBC is the premier bike club in Delaware County and is a non-profit organization. This event is open to all cyclists! Enjoy the late summer bicycling season!

FOR MORE INFORMATION: Please call Doug (215) 543-4664 or Rich (215) 622-2954.

12th ANNUAL (1988) DVBC BRANDYWINE TOUR (TOBRV) PRE-REGISTRATION FORM

Name: _____ Phone: _____ 100 Miles: _____

Address: _____ Age: _____ 50 Miles: _____

City: _____ State: _____ Zip: _____ 28 Miles: _____

PLEASE SEND THIS FORM WITH A CHECK OR MONEY ORDER FOR \$5.00 TO:

Delaware Valley Bike Club
c/o Norm Griffiths
P.O. Box 497
Media, PA 19063

(If you are under 18, then your parent's
or guardian's signature is required on
a waiver/release form.)

**JOIN
DVBC**

How did you hear of the BRANDYWINE TOUR? _____

SAVE \$2 by pre-registering above! All pre-registration forms should be post-marked no later than September 13. Come on out to another DVBC Spectacular Event! If you would like to join Delaware County's premier bike club, write to the club address for an application form: DVBC, P.O. Box 497, Media, PA 19063. You are certainly welcome to join us for bicycling fun!

The club organizes slow and fast, short and long rides for all individuals.

HOPE TO SEE YOU AT THE 12TH ANNUAL BRANDYWINE TOUR (TOBRV) !!!!!!!!!!!!!!!!

PENNY FARTHING

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Sep 10 Kinzua Triathlon, Jim Bentley, Warren County Court House, Warren, PA 16365, (814) 726-0321, Kinzua Beach/Allegheny National Forest, Warren, Pennsylvania
S: 1.5k B: 40k R: 10k

Sep 10 Lancaster YMCA Long Course Triathlon, Hal Welsh, 572 N. Queen St., Lancaster, PA 17603, (717) 397-7474, Speedwell Forge Lake, Lancaster, Pennsylvania
S: 2K B: 40k R: 15k

Sep 10 Miles For Mankind Triathlon, John D. Froelich, Williams Branch YMCA, 1228 East McMillan Street, Cincinnati, OH 45206, (513) 961-7522, Hueston Woods State Park, Oxford, Ohio
S: 1m B: 18m R: 10k

Sep 10 Montgomery Country Triathlon, Pottstown Parks and Recreation, Beech and Penn Streets, Pottstown, PA 19464, (215) 323-8200, ext. 207, Green Lane Reservoir, Montgomery County, Pennsylvania
S: .25m B: 15m R: 5m

Sep 10 Brigantine Island Triathlon, Chris Solari/John Petti, P.O. Box 754, Brigantine, NJ 08203, (609) 266-7782, Brigantine, New Jersey
S: .25m B: 11m R: 4m

Sep 10 Bud Light Endurance Triathlon, DMSE, Russ Pugh, 430C Salem St. Medford, MA 02155, (617) 396-3001, Craigville Beach, Hyannis, Massachusetts
S: 2.4m B: 112m R: 26m

Sep 10 Hawk Triathlon II, Bo Myers, 751 Robinwood Drive, Hagerstown MD 21740, (301) 790-2800, Hagerstown, Maryland
S: .5m B: 20m R: 10k

Sep 11 Lancaster YMCA Short Course Triathlon, Hal Welsh, 572 N. Queen St., Lancaster, PA 17603, (717) 397-7474, Speedwell Forge Lake, Lancaster, Pennsylvania
S: .25m R: 5m B: 15m

Sep 11 Liberty Triathlon, Larry Hardy, Box 392 RD #1, Belvidere, NJ 07823, (201) 475-4853, Liberty Twsh., Belvidere, New Jersey
S: .5m B: 15m R: 5m

Sep 17 Upper Bucks YMCA Triathlon, Tim Herm, 451 California Rd., Quakertown, PA 18951, (215) 536-8841, Upper Bucks, YMCA Quakertown, Pennsylvania
S: 1k B: 40k R: 10k

Sep 18 The Challenge Triathlon Series, Carl Skalak, Challenge 88, Dept. Tam, P.O. Box 81041, Cleveland, OH 44181, (216) 676-9259, West Branch State Park, Ohio
S: 1.2k B: 40k R: 10k

Sep 18 Allegheny County Triathlon, Ted Vaux, P.O. Box 11120, Pittsburgh, PA 15237, (412) 422-4700, North Park, Pittsburgh, Pennsylvania
S: .5m B: 16m R: 6m

Sep 18 Neptune Festival Sandman Triathlon, Sandy Doyle, 812 Adrian Dr., Virginia Beach, VA 23452, (804) 340-1435, Virginia Beach Ocean Front, Virginia
S: 2k B: 35k R: 10k

Sep 18 Sandy Hook Sprint Triathlon, Charity Sports, Inc., P.O. Box 85, Monmouth Beach, NJ 07750, (201) 870-6915, Gateway National Park, Highlands, New Jersey
S: .5m B: 18m R: 4m

Sep 25 Constitution Biathlon, Joe Donatucci, Philadelphia Triathlon Club, 424 Timberlake Rd., Upper Darby, PA 19082, (215) 389-0234, Farmont Park, Pennsylvania
R: 2.5m B: 15m R: 2.5m



The 6th Annual

LANCASTER YMCA TRIATHLONS

in the  of the
Pennsylvania Dutch Country

Sat., Sept. 10, 1988: Long race: 2k, 40k bike, 15k run
Sun., Sept. 11, 1988: Short race: ¼ mi. swim,
5 mi. run, 15 mi. bike

Race director:
Lyn Brooks

For brochure & registration materials, and a Lancaster County map & visitor's guide to attractions, lodgings, restaurants, outlets and shopping, write or call
1-717-397-7474

Lancaster YMCA Triathlons
572 N. Queen St., Lancaster, PA 17603

Name _____
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TRIATHLON 1988

Bethany Beach, Delaware

SEPTEMBER 24, 1988

Qualifier Race for 1988 USTS Championships

TIME:

8:30 a.m. Starting Time

WHERE:

Sea Colony — Bethany Beach, Delaware

DISTANCE:

Swim — .9 Mile Ocean Swim — Parallel to Beach

Bike — 22 Miles — Out and Back on Route 1

Run — 6.2 Miles

AWARDS:

Top 5 Men and Women Overall

Top 3 Men and Women in MOST age Groups

(14-17, 18-24, 25-29, 30-34, 35-39, 40-49, 50-59, 60+)

Top Relay Team — Any Combination Male, Female

RELAY TEAM:

Must Consist of 3 Team Members

3 Applications MUST be received together

BIKE INSPECTION:

In Conjunction with Packet Pickup at Sea Colony

All bikes must be inspected

AMENITIES:

Printed T-Shirt

Printed Results Mailed to All Participants

Complete Locker/Shower Facilities

FREE BBQ TO ALL PARTICIPANTS following the race

Your Race Number will be your ticket

Extra tickets available in limited supply for family and friends

Advance ticket purchase suggested

Available tickets NOT guaranteed Race Day

TRI-FED SANCTIONED:

YOU MUST HAVE PROOF of Current TriFed Membership

OR 1) Join TriFed for 1 year at \$15.00

OR 2) Pay \$8.00 for Race Day Insurance Coverage

Bring your TriFed Application to registration —

AVOID Last Minute Mailing

NOTE: Without Proof of Membership, You Will be

Required to Join TriFed at Registration in Order to

Participate — No Exceptions

ENTRY INFORMATION

For a 1988 application, send a self-addressed stamped 8x11 envelope to:

 **Sea Colony**
The beautiful beach
and tennis community

Make-A-Wish Triathlon

10215 Fernwood Drive

Suite 16LL

Bethesda, MD 20817

TRIATHLON USA
FEDERATION
SANCTIONED EVENT

Limited Entries

Net Proceeds will be donated to the Make-A-Wish Foundation

BICYCLE & RAILROAD TRAIN TRIP REPORT

By Marlin and Jane Cohen

The 1988 Bicycle Railroad Train Trip, which took place on August 8, 1988, was an outstanding success. 370 bicyclists from New York, New Jersey, Pennsylvania, Delaware, Maryland, D.C., Virginia and West Virginia came to Frederick, Maryland, for this Baltimore Bicycle Club event. At registration, 160 pounds of bananas were taken by the group! Several people helped with the fast registration before the group took off. While obviously not everyone belonged to a bike club, at least 42 bike clubs were represented. Leaving Frederick, the first portion was a 17 mile ride to Thurmont. The group was amazed to find the Maryland State Police stopping traffic at one point on U.S. Route 15 so the bikers could cross. The next stop was the Thurmont Community Park where the Mountain Gate Restaurant catered a SUPERB luncheon. The Thurmont Police led a large group to the 14-car Maryland Midland Railway Excursion Train, and the volunteers helped load 6 boxcars with the bikes before the group boarded the train. The train left Thurmont (elevation 520 feet) passing Camp David and arrived in Highfield, Maryland, and Blue Ridge Summit, Pennsylvania, (next to one another - elevation 1,411 feet). An hour later, efficiently unloading the bikes, the bikers descended the 8 miles back down the Catoctin Mountain Highway. The additional 17 miles back to Frederick was a fantastic trip. Arriving back at the starting point, the Frederick Community College, a catered dinner by The Chicken Basket awaited our appetites. A professional magic show by Robert Strong of Frederick and over \$300 worth of door prizes completed the event. The prizes were purchased at Bicycle Sales & Service, Wheel Base and People's. On Sunday I led a tour of Frederick for 20 miles. All enjoyed it. Bob Moore, BBC President, who attended the event, felt this was another great event, enjoyed by everyone. Tom Greenholt, President of the Hanover Cyclers, writing for several of their members who attended, summed it up with "the roads, the food, the train -- all were great, thanks for the fun!"

SAFETY

DVBC SAFETY FOUNDATION DONATION FORM

I, _____,
(Print Name)
do hereby wish to
donate the following

(\$1,\$2,\$3,\$5,
\$10,\$15,\$20)

to the DVBC Safety
Foundation!

Mail to: DVBC,
P.O. Box 497,
Media, PA 19063

THANK YOU!

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ISLE OF SKYE

BY

GREG FOX

When the little laundramat opened for business at eight in the morning, I was the first one through the doors. A week of cycling seperated me from the last time I was able to wash my clothes, which was somewhere in the north of France. As I emptied the entire contents of my panniers into two seperate washing machines, a line of American tourists was already forming behind me. I did not join in any conversation while waiting for my wash because I was still forming most of my thoughts in French. No bother; I wasn't too fond of American tourists and their smelly tour coaches hogging the shoulders and forcing my bike into roadside ditches.

While waiting by the dryer I noticed a very large man outside, locking his bike up next to mine. His face was obscured by a ragged blond beard and a hood which was pulled over his eyes to protect him from the relentless Scottish "mist". He looked over by beat up, English B.S.A., which I had brought back from the dead for this trip, and walked into the laundramat. He stood in the doorway and stared right at me, then walked over to me and pulled off his hood. I gulped. It was Merlin Olsen! Well, he looked very much like Merlin Olsen and just as huge.

"You going out to the Isle of Skye?" he asked in a very gentle voice.

"Taking the train to the Kyle as soon as I am finished here," I said.

The gentle giant crinkled his eyes in the corners and he seemed to be looking right past me. "California," he mumbled. "That's where I'm from."

"Philly," I said, extending my hand in greeting.

"Skye is where I lost it, man." he said.

"Lost what?"

"Just lost it, man...you know...lost IT! If you're going out to the Isle of Skye, you'll see what I mean. And remember to keep your freewheel well oiled."

Yes, I lost it on the Isle of Skye. You know...lost IT. But I got it right back again. Skye is bleaker than most of Scotland, but just as wet. I decided to ride off of the beaten tourist tract and head south toward the Red Hills and the famous jagged Cullins. The road narrowed to less than a single car width at many points and the only structure for those lonely thirty miles was an old burned out church at the center of an old Celtic cemetery. I cursed the relentless rain that hurt like hail stones and I cursed myself for the decision to even come to this God-forsaken spot in the first place. I cursed the loud American tourists in their smelly busses, so warm and cozy, drinking coffee while I cranked my way up steep, agonizing hills carrying 40 pounds of gear including two bottles of Fench Bordeaux. I even cursed those two bottles of wine and considered dropping them into the nearest pond more than once, but I didn't.

Skye was here and so was I. I came to Skye just because it was there. It was the culmination of a wonderful tour which had taken me to France and much of England. Like a former landlubber turned sailor finding his sea legs, I had gotten my biking legs. I know I couldn't have cycled on Skye at the very onset of my tour. I had originally planned on biking all the way south to Bairritz on the heels of Jake Barnes and Lady Brett Ashley. I would run with the bulls at the Feast of St. Fermin and write a book about it called "Yo, Pamploma: A Philly Kid in Spain". But my bike legs pulled me northward...because the challenge was there. Now I was whimpering like a baby and calling for my mommy. It was probably hypothermia because as soon as I drank a bottle of water and downed two or three peanut butter and jelly sandwiches, I came to my senses.

At the top of one rather steep hill I gave a battle yell in triumph, but the emptiness of the surroundings seemed to suck the sound right into the air and my throat hurt. What the heck... "There's no place like home...there's no place like home...I guess I'll have to bike it all the way back to Kansas."

Looking down I could see ants and worms and a brown butterfly or two went by. They live here and probably like it. I had really come here to see just why anyone would like it here. I wondered what this land had done to people through the centuries to make them so fierce that my own ancestors, the great Romans who ruled the civilized world for five hundred years, had to build a wall from sea to sea to keep these peoples from over-running their empire? Why did Vikings sail across an inhospitable sea to try to conquer nothing but a wet wasteland?

Straddled over my old B.S.A. at the top of that hill on the Isle of Skye in the North of Scotland I looked around and saw how beautiful it really was. It was a big beautiful diamond that was very coveted, but literally useless. I wouldn't have seen that from a warm, sheltered tourist coach.

LABOR DAY CENTURY

SEPTEMBER 5th, 1988

HOST: Hanover Cyclers



IN THE SPIRIT OF NATIONAL CENTURY MONTH, WE WELCOME ALL CYCLISTS TO RIDE WITH US ON THE HANOVER CYCLERS CENTURY/METRIC/HALF CENTURY/QUARTER CENTURY RIDES FOR 1988. THE RIDES, ALL ON WELL MARKED AND PAVED ROADS THROUGH THE FLAT TO ROLLING COUNTRYSIDE OF SOUTHERN PENNSYLVANIA AND NORTHERN MARYLAND, PROVIDE SOME OF THE BEST CYCLING ANYWHERE. THE MODERATE TEMPERATURES OF SEPTEMBER LEND THEMSELVES TO A PLEASANT RIDE. ADVANCE REGISTRATION IS ENCOURAGED.

MEET: AT THE SOUTH STREET RECREATION PARK, MCSHERRYSTOWN, PA. ROUTE 116 RUNS DIRECTLY THROUGH TOWN. TURN AT MCSHERRYSTOWN FIRE COMPANY WHERE SIGNS WILL BE POSTED. FOLLOW SIGNS ABOUT 1/5 MILE TO PARK ENTRANCE. (PARK IS HIDDEN FROM PUBLIC VIEW) REST ROOM AVAILABLE.

TIME: REGISTRATION BEGINS AS EARLY AS 6:30 A.M. RIDE STARTS AT 7:00 A.M. FOR THE CENTURY; UP TO 10:00 A.M. FOR METRIC AND HALF CENTURY; UP TO 12:00 NOON FOR THE QUARTER CENTURY.

COST: REGISTRATION BEFORE AUGUST 28, 1988 - \$5.00. AFTER AUGUST 28, 1988 - \$6.00. FEE INCLUDES CUE SHEETS, MARKED ROUTE, AND REFRESHMENTS AT REGISTRATION CENTER. APPROPRIATE L.A.W. PATCHES WILL BE AVAILABLE AT AN ADDITIONAL COST OF \$2.00 EACH.

INSTRUCTION: PLEASE CHECK IN AT REGISTRATION DESK WHEN YOU HAVE DECIDED TO CALL IT A DAY. WE WOULD LIKE TO BE ASSURED YOU HAD A SAFE RIDE.

TOM GREENHOLT
409 MAIN STREET
MCSHERRYSTOWN, PA. 17344
(717) 632-7551

MAKE CHECKS PAYABLE TO: HANOVER CYCLERS

Bike tours of China and Tibet

Chicago Tribune

For a different way to see the Far East, Speedtravel-East & West Tour offers cycling trips in China and Tibet.

Itineraries — cycling portions average 35 miles a day — are designed to avoid conventional busy routes and instead explore the rustic villages of the countryside, where tourists are seldom seen.

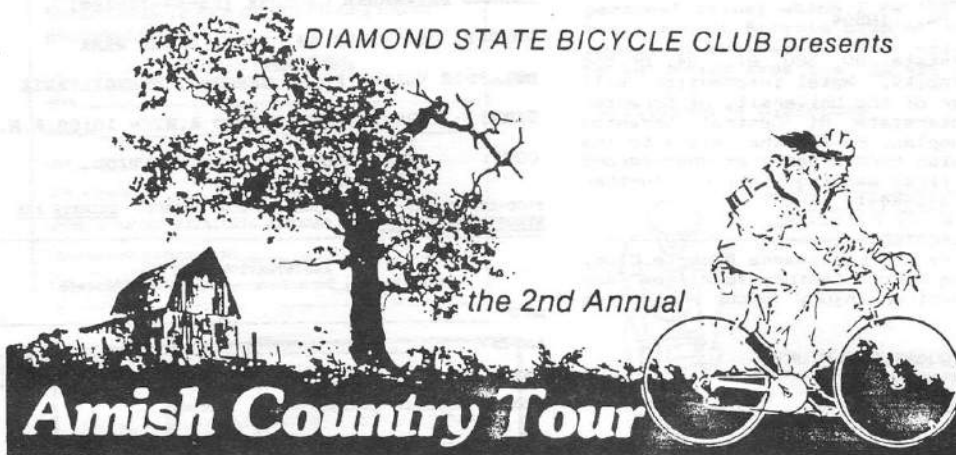
Trip selections include the Southern China Tour that travels from Guangzhou (Canton) to Guilin; the Grand Canal Expedition, which visits Shanghai, Suzhou and Nanjing, and the Tibet Adventure, which begins in Lhasa and ends in Kathmandu. Departures are throughout 1988 and 1989.

Excluding air fare to Hong Kong (where trips begin and end), the cost is \$580 for seven days in southern China, \$1,450 for a 16-day trip there and \$2,300 for the 20-day Grand Canal trip. The 25-day cycling tour in Tibet costs \$2,550.

Tours include hotel and sightseeing in Hong Kong before and after the bike trips, lodging while on the cycling tour, three meals daily, use of a 12-speed mountain bike (except for the Tibet trip, where cyclists have to take their own bikes), bus transportation for those who need a break from cycling, air travel within China and return to Hong Kong, and English-speaking guides.

For more information, contact Speedtravel-East Meets West Tour, 933 Pico Blvd., Santa Monica, Calif. 90405; 800-888-5898.

DIAMOND STATE BICYCLE CLUB presents



8:00 a.m., Saturday, September 10, 1988

Distance: 25, 50 or 100 miles

Location: Legislative Mall
Dover, Delaware

Registration: Begins at 7 a.m. Start at 8 a.m. (Ride will be held rain or shine)

Directions: Route 13 to Dover. Turn west onto Court Street. Follow for approximately one half mile. Turn left at second stop sign (Federal St.). Registration booth will be on the right near the Visitor's Information Center (marked by blue signs with "??")

Fee: \$6.00 (\$8.00 after 9/1/88). Includes map, marked route, sag wagon, patch (LAW patches for 1/4, 1/2 and full century will be available also), and food stop at an Amish schoolhouse.

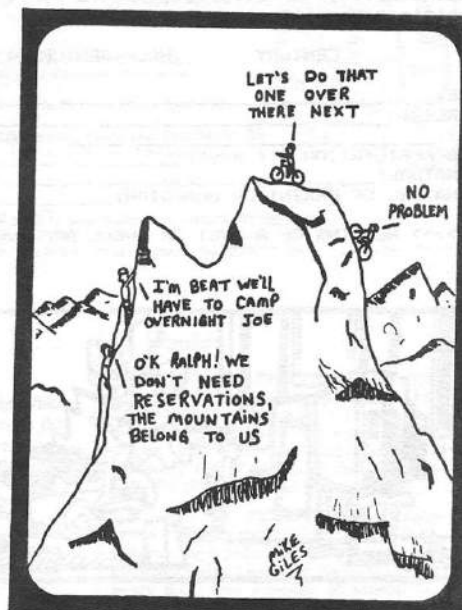
Information: Tom Hartley (302) 697-0430, Dan Phelan (302) 734-4248

This century is part of the LAW/Bicycling Magazine Century Challenge

Make checks payable to Diamond State Bicycle Club.
Mail to Tom Hartley, DSBC, P.O. Box 1729, Dover DE 19903.

10 Saturday

★Lebanon, Pa.; No Baloney Century; 7:30 a.m. at South Hills Park; 25, 50, 75, 100 mi.; rolling; \$6 till Sept. 1, then \$8; incl. map, patch, sag, route markings, food; L.A.W. patches; Lebanon Valley B.C., Stephen Detweiler, 429 N. 11th St., Lebanon, PA 17042; (717) 274-2084.



SPECIAL EVENTS

SEPTEMBER

JOIN   DVAC

WHEN WRITING FOR INFORMATION ABOUT ANY OF THE LISTED SPECIAL EVENTS, PLEASE SEND A SASE- SELF-ADDRESSED-STAMPED-ENVELOPE.

ANNOUNCING THE FOURTEENTH ANNUAL POCONO CENTURY TOUR

The LACKAWANNA BICYCLE CLUB would like to introduce you to the beautiful Pocono Mountains. The Pocono Century Tour has grown to be one of the most popular scenic bicycle tours in the Northeast. This route covers 100 miles of country roads lined with woods, farmlands and lakes.

Just picture yourself on a bright September day cycling through the Pennsylvania countryside. This is truly the Pocono Century Tour. And, as in the past, there will also be both half-century and quarter-century rides. These routes will be equally as picturesque, offering varied challenges to any bicycle enthusiast.

There will be three sign-in points along the 100 mile route; one checkpoint on the fifty mile route; and one on the twenty-five mile route. Refreshments will be available at each checkpoint. All routes are radio patrolled and sagwagon service will be provided. Restroom facilities will be available. Showers are also available at the Long Center so bring your towel!

Tour Date: SUNDAY, SEPTEMBER 11, 1988 --Rain or Shine--

Starting Point: University of Scranton, John Long Center, Scranton, PA.

Registration: Century 6am. / Half-Century 7am. / Quarter-Century 7:30am.

Starting Time: Century Tour 7:00am Ride must be completed in 12 hours.

Half-Century 8:00am Ride must be completed in 6 hours.

Quarter-Century 8:30am Ride must be completed in 3 hours.

The Pocono Century Tour is sanctioned by BICYCLE USA (LAW) and offers something for cyclists of every ability. Trophies will be awarded.

ENTRY FEES:	Up to Aug. 31	After Aug. 31
Century Tour	\$5.00	\$6.00
Half-Century or Quarter-Century	\$3.00	\$4.00

All riders participating in the Tour will receive a patch and a certificate.

Make checks payable to: Lackawanna Bicycle Club, Inc.

Entries should be mailed to: Beth Gallagher
309 13th Ave.
Scranton, PA. 18504

Scranton can be easily reached via Interstate 80, 380, 81, 84, or the Northeast Extension of the Pennsylvania Turnpike. Hotel information will be sent upon request. The John J. Long Center of the University of Scranton may be reached by taking exit 53 off of Interstate 81 (Central Scranton Expressway) to the Spruce Street Bridge Complex. Follow the signs to the University of Scranton. At the first stop sign turn right; at the second stop sign turn right. Turn left into the first parking lot. For further information please call Fred Griffin (717) 346-4441.

----- THIS FORM MAY BE DUPLICATED -----

My signature on the entry form below releases the Lackawanna Bicycle Club, other riders and any party concerned with the Pocono Century Tour from any responsibility or liability should an accident or injury occur while I am participating in the event.

____CENTURY ____HALF-CENTURY ____QUARTER-CENTURY

NAME: _____ AGE: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

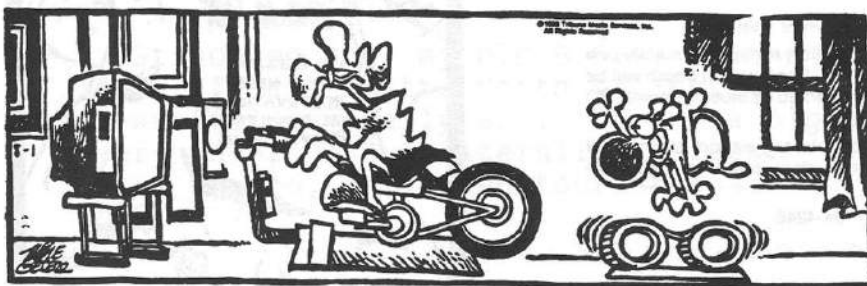
CLUB AFFILIATION (if any): _____ PHONE: _____

SIGNATURE: _____

SIGNATURE OF PARENT OR GUARDIAN: _____

(For participant under age 18)

>>>> WEARING OF A ANSI OR SNELL APPROVED HELMET IS MANDATORY <<<<



Fri - Sun Sept 16 - 18 ROANOKE VALLEY
RIDE FESTIVAL with the Blue Ridge Bicycle
Club. Write the Blue Ridge Bicycle Club,
P.O. Box 20587, Roanoke VA 24018 or call
Carolyn Branscom 703-774-3156.

September 17th - BEAST OF THE EAST METRIC AND
DOUBLE METRIC CENTURY, sponsored by the Outdoor
Club of South Jersey. This club dares you to experience the Pine
Barrens. Great riding on lightly traveled roads. \$7/\$8. Incl. cue,
lunch, sag, patch, and a BEAST water bottle. Write: Don
Villanova, 583 Ridgewood Terrace, Mt. Laurel, NJ 08054, Call:
(609) 235-2457.

September 17th - BIKE TO THE BEACON CENTURY, spon-
sored by the Shore Cycle Club. 100 mi.; flat; \$8/\$9.50; incl.
patch, water bottle or cap, food, tools, map, sag. Write: Joe
McGahn, 5008 Pine Oak Drive, Mays Landing, NJ 08330. Call:
609-653-0491.

September 18th - COLONIAL CENTURY, sponsored by the
York Cycle Company. 100 mi.; rolling to very hilly; \$4.25, incl.
map, sag, food. Write: York B.C., Harry Minna, P.O. Box 1541,
York, PA 17405. Call: (717) 843-5863.

September 18th - GOLDEN APPLE CENTURY, sponsored
by the Country Cycle Club, Purchase, NY. 25,50,75,100 mi. \$8,
incl. map, sag, food; helmet required. Write: Country Cycle
Club, Morty Marks, 360 Claremont Ave., Mount Vernon, NY
10552. Call: (914) 664-7930.



HARRISBURG PENNSYLVANIA
Bicycle Club

RAIN OR SHINE

ANNUAL SEPTEMBER CENTURY (25-50-75-100)

SUNDAY, SEPTEMBER 18, 1988, SHANK PARK

BULLFROG VALLEY ROAD, HERSHEY, PENNSYLVANIA

TIME: REGISTRATION 7:00 A.M. - 10:00 A.M.

COST: \$6.00 ADVANCED REGISTRATION
\$8.00 DAY OF RIDE

FOOD-CUE SHEETS-MARKED HIGHWAYS-ROAD PATROL. HELMETS ARE
STRONGLY RECOMMENDED. PATCHES AVAILABLE

REGISTRATION FORM
(One Person To a Form - May Be Duplicated)

NAME _____

ADDRESS _____

PHONE: (H) _____ (W) _____

NAME OF EMERGENCY CONTACT _____ PHONE _____

PLAN TO RIDE: ____100 ____75 ____50 ____25

ADVANCED REGISTRATION \$6.00. SEND CHECKS PAYABLE TO HBC TO
DENNIS MAJOR, 318 WEST KELLER STREET, MECHANICSBURG, PA 17055

RELEASE: In signing this release for myself (or the named
entrant, if under age 18), I acknowledge that I understand the
intent hereof, and hereby agree to and absolve and hold
harmless the Harrisburg Bicycle Club and the Township of Derry,
their managers, supervisors, officers, members, and any others
connected with this event in any way whatsoever, singly and
collectively, from and against liability, for any misadventure,
injury, harm, loss, inconvenience or damage suffered or
sustained as the result of participation in this event or in
any activities associated therewith. I hereby consent to and
permit emergency medical treatment in the event of injury or
illness. I shall abide by the traffic laws and regulations,
and practice courtesy and safety in cycling.

Signature _____ Date _____

Parent/Guardian, if under 18 _____



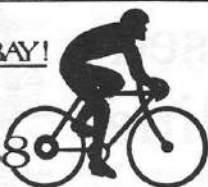
SPECIAL EVENTS

SEPTEMBER

JOIN     DVAE

BIKE TO THE BAY!

MS 150 '88
SEPTEMBER 24 & 25



LOOKING FOR A
CHALLENGE AND
ADVENTURE?

MEET NEW PEOPLE...
EXPLORE DELAWARE...
WIN GREAT PRIZES

SIGN UP FOR THE 1988 MS
150 BIKE TO THE BAY
A TWO-DAY BIKE TOUR TO
DELAWARE BAY IN LEWES

HELPING PEOPLE WITH MS
IN DELAWARE
FOR MORE DETAILS CALL
(302) 571-9800 OR 734-5471.

Tear off and send in with \$15.00
Registration fee to the MS Society, 30 B
Trolley Square, Wilmington, DE 19806.
Registration deadline is Sept. 16, 1988.
Cyclist must raise a minimum of \$150 in
pledges to ride.

REGISTRATION

NAME _____
ADDRESS _____
CITY _____ STATE _____ ZIP _____
WORK PHONE # _____ HOME PHONE # _____
SCHOOL OR EMPLOYER _____
I WANT TO SIGN UP A TEAM NAMED _____
T-SHIRT SIZE _____ I can't ride but want to volunteer _____



12TH ANNUAL WBC FALL CENTURY

presented by
WILLIAMSPORT BICYCLE CLUB

SATURDAY, SEPT 24

Registration 7-10 am
Nicely Park
Montoursville, PA

Williamsport Bicycle Club invites you to join us in our 12th annual Fall Century through some of the most scenic areas of Lycoming and Sullivan counties. This year's event offers your choice of 25, 50, 75, or 100 mile routes. Terrain included in the longer routes is challenging.

Register early (by Sept 16) and your registration is only \$5. After that date registration is \$7.

All of our routes are clearly marked with DAN HENRY-type (C) arrows painted on the road surface and color keyed to the routes. Each rider will receive a detailed map and cue sheet with mileage indicated.

LUNCH

Your registration fee includes a lunch stop. Sandwiches, fruit, drinks, and the world famous WBC chili will be available.

SAG SUPPORT

Sagwagons will be provided to transport riders back to registration in the event of mechanical, or physical, breakdowns.

PARTICIPANT'S RELEASE

In consideration of the acceptance of my entry I do hereby for myself, my heirs, executors, and administrators waive, release, and forever discharge any and all rights and claims for property damage and/or personal injury which I may have or which may occur to me, against the Williamsport Bicycle Club or any of their officers, members, sponsors, agent, or representatives, arising out of traveling to, participating in, or returning from the '88 WBC Fall Century, Sept 24, 1988.

Participant's Signature _____

Parent/Guardian (if under 18) _____

JERSEY DEVIL CENTURY AND HALF CENTURY

SATURDAY, SEPTEMBER 24, 1988

8:00 a.m. — Registration Opens
NO RAIN DATE

PARVIN STATE PARK (Thundergust Lake)
Route 540 and Parvin Mill Road, Centerton, New Jersey

Half and Full Century Riders Ride First 50 Miles Together.

Same Good Food at Lunch, Sag Wagon, Maps and Patches to All
(First 150 riders will receive patches on the day of the event.)

Pre-Register — \$6.00 Day of Event — \$8.00

For The Best In South Jersey Century Riding!

Write: South Jersey Wheelmen • P.O. Box 2705 • South Vineland, NJ 08360-2705

Liability Waiver Required



25 Sunday

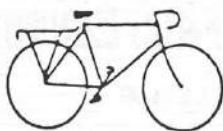
Philadelphia, Pa.; River's Edge Century; 7 a.m. at #1 Boathouse Row; 100 mi., 100 km; flat; \$6 till Sept. 13, then \$8; incl. patch, sag, route markings, food, cue sheet; L.A.W. patches; Bicycle Club of Philadelphia, Marti Bowditch, 627 W. Sedgwick St., Philadelphia, PA 19119; (215) 843-1997.

★Belvidere, N.J.; Hillier Than Thou Century and Metric Century; 7-10 a.m. at A&P; 62, 100 mi.; very hilly; incl. map, sag, route markings; helmet required; SASE to Central Jersey B.C., Joan Joselson, 40 Moffett St., Fords, NJ 08863; (201) 738-8696.

Sept. 24th - SAVAGE CENTURY, sponsored by the White Clay Bicycle Club. "...one of the toughest centuries in the East." Rolling hills, tough climbs. \$7/\$8, map, food, patch. Write: White Clay Bicycle Club, 405 West 13th Street, Wilmington, DE 19801; Call: (302) 654-6579.

Sept. 24th-25th - MS 150 BIKE TOUR, from Philadelphia to Ocean City, NJ. Sponsored by the National Multiple Sclerosis Society. Sponsor for \$1/mi. needed to participate. Write: MS 150, NMSS, 117 S. 17th St., Suite 300, Phil. PA 19103 or call 215 963-0100.

BCP



Bicycle Club Of Philadelphia
P.O. Box 30235
Philadelphia, PA 19103
(215) 735-2774

The Bicycle Club of Philadelphia (BCP) is sponsoring it's annual century (100 mile or 100 kilometer your option) on September 2nd, 1988. This years almost flat centuries travel through several of the many, diverse neighborhoods of historic Philadelphia. The route continues up the Delaware river, passing through such quaint towns as Bristol, Edgely and Tullytown. Picturesque Van Sciver lake is seen just before reaching Pennsbury Manor (the turn around point for the 100 kilometer) in scenic Bucks County. The century then loops around Yardly-Newtown (slightly rolling), stopping at Goodnoes' Restaurant (famous for their ice cream) and returns to Philadelphia via Pennsbury Manor. All interested people- (not just BCP members) are invited. The centuries start at Plaisted Hall (#1 Boathouse Row, Kelly Drive, Philadelphia) with registration and check-in from 7-8 A.M. There is a snack at Pennsbury Manor. Both rides end at Plaisted Hall with a feeling of great accomplishment, light refreshment and your official L.A.W. patch.

The registration fee in advance (by Sept.13) is \$6.00 and on century day \$8.00. The fee includes cue sheet, sag, food and patch.

For further information write or call:

Marti Bowditch
627 West Sedgwick Street
Philadelphia, Pa. 19119
Phone: 843-1997

BCP River's Edge Century Registration Form

Send this signed registration form (one per person) with the registration fee to: BCP Century, c/o Marti Bowditch, 627 W. Sedgwick Street, Philadelphia, PA 19119. The registration fee is \$6.00 until September 13, and \$8.00 from then until the day of the ride.

I understand that participation in this Bicycle Club of Philadelphia activity is at my own risk and that Club policy is to obey all traffic laws and to encourage wearing of hard shell helmets. My participation in this Club activity constitutes my representation that I am able to operate my bicycle properly and that my bicycle is in good mechanical condition, and my acknowledgment that the officers and ride coordinators of this Century, and Bicycle Technology and its owners and employees, cannot assume any liability for personal injury or property loss sustained during this Club activity. By my signature below, I fully release those individuals and entities from any liability, specifically including but not limited to liability for their negligent acts, stemming from or relating to this Club's Century ride.

I have read and understood this notice and release, and intend to be legally bound by it.

Signature: _____ (Parent or Guardian if under 18 years old)

Name: _____ Phone: _____

Address: _____ BCP member: Yes No

Intend to ride: Metric Century Full Century

Amount of Payment enclosed: _____ (Make checks payable to Bicycle Club of Philadelphia)

Unused rail line to become a trail

By David Lieber
Inquirer Staff Writer

Nature enthusiasts, bicyclists, runners and hikers may have a new playground to call their own in western Delaware County.

The county council voted 5-0 Tuesday to buy a 9-mile-long abandoned railroad line that stretches from Middletown Township to Chadds Ford with the intent of turning it into a recreational trail.

The purchase price for the county is \$1.

The railroad line, called the Octoraro branch line, stretches from the Wawa station, through part of Middletown, Chester Heights, Concord and Birmingham, to Route 100.

It has not been used since a heavy rainstorm in 1971 washed out some of the line's bridges, Octoraro Railway Inc. board chairman Albert J. Derr said.

Before 1971, the Octoraro branch used to carry freight trains, Derr said.

The county has no plans on how to convert the old railroad bed into a usable trail, but county leaders said they intend to begin the long process of applying for government grants to pay for a master plan and then, ultimately, the conversion of the line to a trail.

County council member Mary Ann Arty dubbed it "Delaware County's Appalachian trail."

The line is currently owned by SEPTA, but Octoraro, which still operates freight trains in Chester County, intends to assume ownership soon, Derr said. The county purchase price of \$1 amounts to a donation, county officials said.

Council member John W. Taylor Jr., recalled last week how, 50 years ago when he was a teenager, the rail line carried trains loaded with fertilizer for the area's mushroom farms.

Lois A. Binder, the county's deputy director for planning, said that a federal law called the National Trail System Act provides for the conversion of unused rail lines into recreational trails.

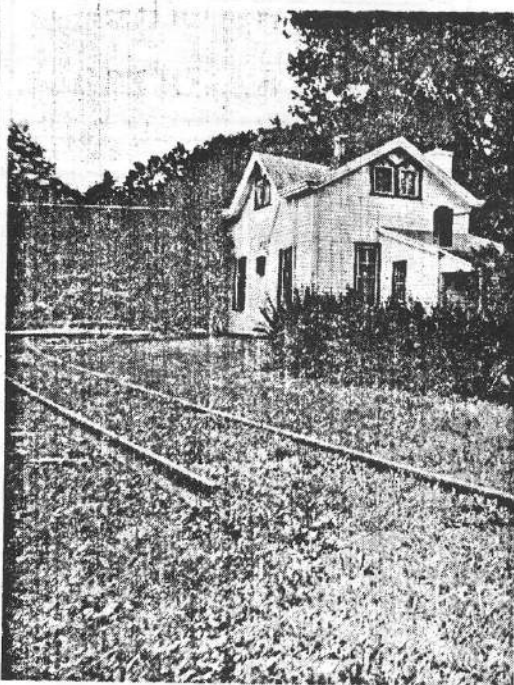
Octoraro will remove the abandoned tracks for salvage before the trail is built, she said.

"The specifics of how the county goes from here remains to be seen," she said. "This presented itself as an opportunity. But I don't see a trail being developed tomorrow or next year."

"I hope it happens," she said. "It's really a golden opportunity. But a lot of questions remain unanswered. Who is going to do what? We have to see as we go along. It's going to take local support to make it happen."

8-DC Sunday, Aug. 14, 1988 The Philadelphia Inquirer

GOVERNMENT



The county will turn this railroad line into a recreational trail



Hunt Valley Hundred

October 1st

We welcome cyclists to this end of Summer bicycling challenge, the annual Hunt Valley Hundred. The tour consists of loop routes between 12 and 50 miles in length so riders can progress in stages towards their attempt to complete a century in 12 hours or less. Executive One Plaza serves as the place of rejuvenation between stages where everyone can enjoy some refreshment, rest, and encouragement among friends and new acquaintances. The moderately hilly to hilly loop routes take in the picturesque scenery north of Baltimore; pastoral farm land, gorgeous woods, old country homes and small, often quaint, towns. The moderate temperatures of early October lend themselves to a pleasant, possibly sweatless effort at completing a century. We encourage you to advance register by September 17, 1988.

DATE: Saturday, October 1, 1988

RAINDATE: Sunday, October 2, 1988

TIME: Registration begins as early as 6:30 a.m. Ride from start as early as 7:00 a.m. The ride ends promptly at 7:00 p.m.

COST: Registered before September 17, 1988 - \$6.00. After September 17, 1988 - \$7.00. Fee includes map packet with cue sheets, marked route, refreshments.

MEET: At Hunt Valley Executive One Parking Lot, second driveway, Shawan Road, i.e. Take exit 20A, Shawan Road east off of Interstate 83 (North of the Baltimore Beltway 695). Immediately look for driveway just past the Marriott's Hunt Valley Inn.

INSTRUCTION: One registration form per person. This form may be duplicated. Please check in at the registration desk when you have decided to call it a day. We would like to be assured that you had a safe tour, so we strongly recommend that you wear a helmet.

MAIL REGISTRATION FORM TO: Tom Lawrence
6212 Brook Avenue
Baltimore, MD 21206
(301) 426-8730

MAKE CHECK PAYABLE TO: BALTIMORE BICYCLING CLUB

NAME _____ CLUB _____

STREET _____ CITY _____ STATE _____

TELEPHONE _____ ZIP CODE _____

In event of an emergency, please notify: _____ PHONE _____

Circle your preferences for the food table:

Apples Bananas Oranges Plums Raisins Peanut Butter Jelly Cheese Cream Cheese

In signing this release for myself (or for the named entrant, if under age 18), I acknowledge that I understand the intent hereof, and hereby agree to and absolve and hold harmless the Baltimore Bicycling Club, Inc. and their officers, members, and any others connected with this event in any way whatsoever, singly and collectively, from and against liability, for any misadventure, injury, harm, loss, inconvenience, or damage suffered or sustained as the result of participation at Hunt Valley Hundred. I hereby consent to and permit emergency medical treatment in the event of injury or illness. I shall abide by the traffic laws and regulations, and practice courtesy and safety in cycling.

Signature _____ Date _____

Parent/Guardian, if under 18 _____

I plan to ride 25 50 100 miles.

On Saturday, October 1 the Haverford High School Junior Class will sponsor a benefit bicycle tour for the Easter Seals society. The tour is being dubbed "THE RIDE" and will offer three routes of 10, 15, and 30 miles. The rides all begin at the high school and continue through the historic and very scenic Main Line. The cost is \$10.00 for a t-shirt, mapped and patrolled routes, and a complimentary hot dog. Information is available from Matt Zemon at 649-6020. Matt is a DVBC member and ran last spring's benefit ride at Haverford.

Oct. 1st - ANNUAL HUNTINGTON'S DISEASE BENEFIT BICYCLE TOUR, sponsored by the Central Jersey Bike Club, for the NJ chap. of Huntington's Disease Society of America. 25, 50 and 100 mi. tour starting at Raritan Valley Community College. \$8/\$10 fee w/o sponsor, \$1 fee with minimum of \$30 pledge, incl. maps, lunch, sag. Write: HD Soc. of America, NJ chpt., 100 Jersey Ave., New Brunswick, NJ 08901. Call: Elaine Schwartz, 201-828-3070.

Oct. 9-12th, PRO BIKE 88, Tucson, AZ. The 5th International Conference on Bicycle Programs and Promotions, sponsored by the Bicycle Federation of America, Wash. DC. Pro Bike, bicycling's biennial conference, brings together cycling professionals and advocates from North America and overseas to share experiences and information on how to raise public and governmental awareness of bicycling. Learn fund-raising techniques, fighting bicycle restrictions, building state and city bicycle programs, mapping for cyclists, using computers in the club, creating rails-trails, involving corporations, etc.. \$195, incl. meals. Hotel extra. Write: The Bicycle Federation of America, 1818 R St., N.W., Washington, D.C. 20009. Call: (202) 332-6986.

June 16-19th, 1989 - GEAR UP '89, Skidmore College, Saratoga Springs, NY, sponsored by LAW, hosted by Mohawk-Hudson Wheelmen, contact: GEAR '89 SARATOGA, PO Box 127, Albany, NY 12260, or Mohawk-Hudson Wheelmen, P.O. Box 5230, Albany, New York 12205.

TOUR DE CANA (Bicycle Tours of the Caribbean and Central America). Three tours are planned. Nov. 19-27th, Nicaragua by Mountain Bike; Early Dec., Mexico, Belize, and Honduras by Boat and Bicycle; Mar. 24-Apr. 2, Jamaica by Bicycle and River Raft. SASE for brochure: Tour de Cana, P.O. Box 7293, Phila, PA 19101. Call: 215-222-1253.

DENNIS THE MENACE



"My bike is gonna feel real SKINNY after this!"

SAVE MONEY

SAVE MONEY BY JOINING THE DEL-AWARE VALLEY BICYCLE CLUB!!! MOST OF THE ADVERTISERS IN THIS NEWSLETTER ISSUE OFFER DISCOUNTS ON THEIR MERCHANDISE TO DVBC MEMBERS! JOIN!

WHEN WRITING FOR INFORMATION ABOUT ANY OF THE LISTED SPECIAL EVENTS, PLEASE SEND A SASE- SELF-ADDRESSED-STAMPED-ENVELOPE.

Aspen Fall Color Tour 1988

BACK BY POPULAR DEMAND, the Colorado Tandem Club hosts a rally in Aspen September 24th and 25th during the high country leaf season. We will do a 27 mile ride on Saturday from Basalt to the base of Ruedi Dam. Energetic twicers can continue on the steep 1 mile climb to Ruedi reservoir and the rolling hills beyond. Some of last year's riders were treated to a special vision at Ruedi as bright yellow leaves blown by high altitude winds filled the sky, sparkling and disappearing as they tumbled through the sunshine. A catered picnic lunch will be served at a campground at the base of Ruedi dam alongside the Frying Pan River—that well-known delight of anglers and bikers. Saturday afternoon there's a tandem cruise around Aspen then east to the base of Independence Pass.

Sunday's ride is from Carbondale to Redstone, a 36 mile round trip. Hardcore pedalers can continue up the road to the base of McClure Pass or further up the challenging 3 mile climb. We can enjoy Sunday brunch at the Redstone Inn, a buffet with so many items that no one can sample them all. Both of the main rides are up then back down scenic mountain valleys and feature spectacular views, easy grades, grading on a curve, great food for the occasionally hungry rider, funny-looking company and tailwinds in both directions. Support vehicles will follow the two main rides and Colorado blue sky has been ordered.

FOR EARLY ARRIVALS, there's a Friday afternoon 3:00 ride from Aspen to Ashcroft up the recently resurfaced Castle Creek Road. The 13 mile trip to a ghost town and cross-country ski area is a challenging climb. But equal to the work is the reward of mountain beauty and fresh air, not to mention the downhill back to town. For those in less than Olympic condition, a granny chaining or 34-tooth freewheel is recommended for this ride.

REGISTRATION includes T-shirts printed on your choice of shirt, sweatshirt, etc., MAX sportdrink available free on rides, Sunday brunch, and group rate lodging at the Grand Aspen Hotel. The Grand Aspen is the remodeled Continental Inn open with new ownership. It is located at the base of Aspen Mountain next to the downtown mall and has a swimming pool. Children under 12 may stay in a room with parents at no charge.

OTHER ACCOMMODATIONS are available at a variety of fine lodges and hotels from the new to splendidly restored Victorian. Between Aspen's busy summer and winter seasons, lodging rates are discounted up to 38%. Call the Aspen Resort Association for information on

accommodations and reservations. ARA telephone numbers are: 1-800-421-7145 in Colorado, 1-800-262-7736 nationwide.

CHILD CARE will be available at extra cost Saturday and Sunday from 9:00 to 5:00. Call Harvey for details.

We will provide transportation to the rides starting in Basalt and Carbondale for people who do not drive to Aspen. The banquet Saturday night will include salad, main course, vegetables, rice, bread, dessert, choice of beverage, and cash bar. Vegetarians and all others will be happy with the meals. Participants should bring cool weather riding gear and clothes, and raingear—if you bring it, you won't need it. ANSI-approved helmets are recommended for all participants on all rides. For rally participants, there are bike shop facilities available and also a sale on biking and skiing equipment and clothing at the Aspen Ski Mart. For further information on rides, sights, details, etc., call rally organizers Ken Reid, (303) 925-7201 or Harvey Hopkins, (303) 925-5842.

Please fill out the registration form and the release of liability on the back and mail with check (made payable to "Colorado Tandem Rally") to:

Colorado Tandem Rally
c/o Hopkins
Box 9334
Aspen, CO 81612

MULTIPLE... CHOICE



- ☐ Independent coasting
- ☐ Multiple cadences
- ☐ Comfort and vision
- ☐ All of the above

Send SASE to:
Counterpoint Conveyance Ltd.
PO Box 33475, Seattle, WA 98133

Aspen Fall Color Tour Registration Application

Stoker _____ name _____

Captain _____ name _____

Address _____ street _____ apt. # _____

city _____ state _____ zip _____

Telephone _____ home _____ work _____

Number of participants in your party _____

Number of people needing transportation to rides _____

Child care participants:

Name _____

Age _____ Sat. ☐ Sun. ☐

Name _____

Age _____ Sat. ☐ Sun. ☐

Name _____

Age _____ Sat. ☐ Sun. ☐

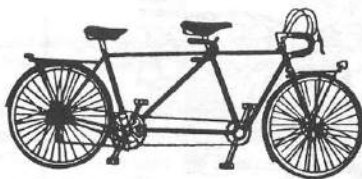
For those who wish to arrive early or stay later than the weekend, reduced lodging rates are available. Call ARA for details and reservations.

Independent accommodations registration is \$170.00 per couple. Grand Aspen Hotel registration is \$260.00 per couple. Registrations postmarked after July 15 will be \$190.00 and \$280.00 respectively.

Total enclosed _____

Be sure to read and sign release form on back. Please make your check or money order payable to: Colorado Tandem Rally. Thank you.

Tandems — Bikes Built for Two



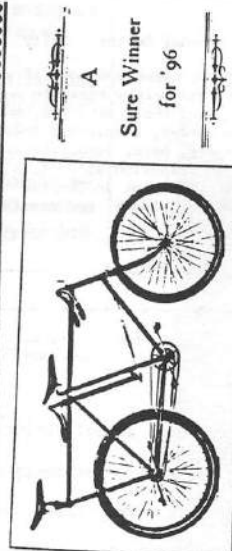
Colorado
Tandem Club
and
Aspen Resort
Association

present

Aspen
Fall Color
Tour

September 24 and 25,
1988

THE CYCLE KING IS WHAT EVERYONE SAYS WHEN THEY SEE THE TALLY-HO TANDEM



Something
New and
Original

A
Sure Winner
for '96

52 INCH WHEEL BASE

Made in Two Models: Model "A" for two Gentlemen, and
Model "B" for Lady and Gentleman

WRITE FOR CIRCULARS GIVING FULL SPECIFICATIONS

If you want the AGENCY for a Tandem that WILL SELL AT SIGHT,
drop us a line.

THE TALLY-HO TANDEM COMPANY, - TOLEDO, OHIO

TEAM Casual

Challenges Competitors to "Follow The Leader"

TIME TRIAL RESULTS

DVBC AUGUST 14th 5 MILE TIME TRIAL

Rusty Potts	12:37	31 yrs. old
Joe Freiberg	13:13	25 yrs. old
Don Patterson	13:57	58 yrs. old
Joe Pless	13:04	29 yrs. old
Chris Behr	12:49	31 yrs. old
John Kaufmann	13:31	19 yrs. old
John Freiberg	13:53	27 yrs. old
Chris Ward	14:22	14 yrs. old
Bunky Webb	12:38	28 yrs. old
Mark Spangler	14:08	33 yrs. old
Jim Jackson	15:24	46 yrs. old
Bob Smith	15:32	25 yrs. old
Bruce Bowen	14:01	29 yrs. old
Bud Gerhab	12:57	45 yrs. old
Tom Nyborg	13:25	28 yrs. old
John Gibbons	15:26	31 yrs. old
Andy D'Ascenzo	15:09	23 yrs. old
Craig Pierce	15:57	41 yrs. old
Jim Nyborg	14:20	33 yrs. old

Course: Goshen, Sugartown, and Providence Roads

Time keeping: Rollin' Rich Patterson
(215) 622-2954

Total # of riders: 19

Average Age: 31 Avg. Time: 14:02

WITHSTAND THE TOUGHEST TEST OF ALL-
THE TEST OF TIME!

Please be ready to start
at 9:15 AM SHARP!

For information about DVBC's
TEAM Casual, PBC's BIKES
BIKYLE Team, Bike Tech's
QCW Team, BBC's ALAN's
Team, or Team Bike Line,
call DVBC's Mr. Time Trials
Rollin' Rich Patterson
at 215-622-2954!

The
competition
hates our
guts.

TENTATIVE TEAM DELAWARE VALLEY BICYCLE CLUB TIME TRIAL SCHEDULE

AUG 14, 9:15 AM
SEP 5, 9:15 AM
OCT 30, 9:15 AM
NOV 24, Time tba.
DE 10 MILE TT.

WITHSTAND THE
TOUGHEST TEST OF
ALL- THE TEST OF
TIME!

WEAR A HELMET!!

WITHSTAND THE TOUGHEST
TEST OF FALL -
THE TEST OF TIME

EXPERIENCE RACING
LIKE NEVER BEFORE

Sponsored by: High Speed Cyclists and the Schenectady City Merchants Council

FOR INFORMATION CALL: (518) 785-4716 1-00 INSURANCE SURCHARGE PER CLASS ENTERED

A challenging 1/2 mile loop in historic downtown Schenectady, N.Y. Be part of the Festival for MDA.

Tour of Schenectady Bike Race for MDA

\$10,000 in Prizes
Saturday, September 3, 1988 12:00 pm
USCF SANCTIONED CRITERIUM
Maximum Field Limit: 80 Per Category/50 Citizens

CLASS	ENTRY FEE	DISTANCE	NO. PRIZES	PRIZE VALUE
PRO 1 & 2	\$25	40 miles	20	\$6,000
WOMEN	\$17	25 miles	20	\$2,500
CAT 3 & 4	\$12	25 miles	15	\$1,500
MEN'S & VETERANS citizens	\$10	5 miles	10	Medals
WOMEN'S & JUNIORS citizens	\$10	5 miles	10	Medals



MARKET STREET SPRINTS - SATURDAY, SEPTEMBER 17, 1988

CLASS	CATEGORY	PRIZE	PLACES	ENTRY FEE
SR MEN	1, 2, 3	\$ 350	8	\$ 5
SR WOMEN		\$ 150	4	\$ 5

RACING: 7-9 PRIZE: \$500
COURSE: TWO BLOCK MATCH SPRINT ON
DOWNTOWN STREETS

TOUR de CORNING ROAD RACE - SUNDAY SEPTEMBER 18, 1988

CLASS	CATEGORY	CASH & MSDE	DIS	PLACES	ENTRY FEE	STARTING
SR MEN	1, 2, 3	\$1250	7 LAPS	15	\$11	3:15
SR MEN	4	\$ 300	4 LAPS	10	\$ 5	1:45
SR WOMEN		\$ 550	3 LAPS	10	\$ 5	11:15
JR MEN		\$ 300	3 LAPS	10	\$ 5	12:30
VET MEN		\$ 250	3 LAPS	7	\$ 5	11:15
CITIZEN		MSDE	1 LAP		\$ 4	10:00

RACING: 10-5 PRIZE: \$2,650
COURSE: MODERATELY HILLY 5.9 MILES.
EYE OPENING DOWN HILL.

★ ★ PLUS \$1.00 INSURANCE SURCHARGE.
\$1.00 UNATTACHED RIDERS. AND
\$1.00 NUMBER DEPOSIT PER RACE.
ENTRIES FOR BOTH RACES MUST BE
POSTMARKED BY SEPT. 12th. POST
ENTRIES PLUS \$3.00.

SEND STANDARD ENTRY FORM TO:
CORNING BIKE CLUB
96 E. MARKET ST.
CORNING, NY 14830 607-962-7831
USCF RULES AND PERMITS

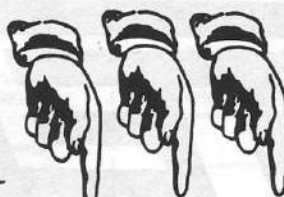
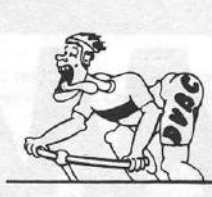
SPONSORED BY: BURGER KING, COORS, CORNING BIKE WORKS, CORNING
ENTERPRISES, CORNING INTOWN PROMOTIONS, KZ-106, PEPSI COLA,
PIZZA HUT, AND STEUBEN.

DELAWARE VALLEY BICYCLE CLUB

P.O. Box 497
Media, PA 19063

**FIRST CLASS MAIL**

MEETING NOTICE: DO NOT DELAY DELIVERY

**PLEASE
AFFIX
POSTAGE**

(NEW SUPPLY OF CLUB T-SHIRTS IS IN!)

Place Label Here

The above mailing label constitutes a DVBC membership card expiring 60 days past postmark.

experience dictates
the use of helmets



The DVBC is a non-profit corporation formed to educate the public as to the safe use of the bicycle through lectures, seminars, planned rides, and other activities promoting the bicycle as an efficient and enjoyable means of exercise, recreation, and transportation.

Non-members are welcome on rides, but are urged to consider their ability and experience when selecting a ride. (See Ride Guidelines.) All rides are subject to cancellation due to weather. If in doubt about the weather or level of difficulty of the ride, please call the ride leader. Though the use of safety equipment, particularly helmets, is strongly urged, the club cannot accept responsibility for accidents or injury while participating in a DVBC event.

Application for 1988 DVBC Membership

(Expires 2/28/89)

Name: _____ Phone: _____

Address: _____ Age: _____

City: _____ State: _____ Zip: _____

Membership Type: ☐ Individual - \$10 ☐ Family - \$14

Membership includes: DVBC Newsletter Magazine, discounts at most Club sponsors, Club subsidized events, and free Bicycle Touring Newsletter published quarterly (\$3 value). Family membership includes two adults and up to two children. Your membership attracts advertisers and helps influence local government decisions concerning bicycle issues.

INTEREST SURVEY**Ride Pace**

- ☐ Class D: slow
☐ Class C: average
☐ Class B: brisk
☐ Class A: fast
☐ Off-Road

I'll volunteer for:

- ☐ Ride Leader
☐ Sag Wagon Driver
☐ Tour Food Stop
☐ Newsletter Editor
☐ Newsletter Typist
- ☐ Newsletter Collator
☐ Advertising Coordinator
☐ Newsletter Co-editor
☐ Newsletter Delivery
☐ Triathlon Editor

Please send your check or money order to:

Delaware Valley Bicycle Club
P.O. Box 497
Media, PA 19063

The DVBC Safety Foundation is established to promote bicycle safety in the Delaware Valley using posters, flyers, bumper stickers and rewards.

I wish to donate to the DVBC Safety Foundation:

☐ \$1 ☐ \$2 ☐ \$5 ☐ \$10 ☐ \$15 ☐ \$20 ☐ \$25**Membership to DVBC Subdivisions**

You must join the main organization (left half of this form) in order to be able to join a DVBC subdivision.

☐ \$7.00 DVBC-Team Drexel Hill (Road Racing)
Drexel Hill Cyclery

☐ \$5.00 Team Delaware Valley Bicycle Club
Team Casual! (Road Racing)

☐ \$5.00 DVBC Triathlon Div.

☐ \$5.00 DVBC Tandem Div.

Total Amount Enclosed